

Greater Fredericksburg Emmaus Community Newsletter

March 2024

Important updates and announcements:

4th Day Training-This Saturday, March 9th at 1:30 pm at Fairview Baptist Church, Fredericksburg, VA

For anyone who has walked an Emmaus walk or participated in a Face 2 Face Encounter or flew on a prior Chrysalis flight and is interested in learning more about how they can be involved in the community, especially through sponsorship or team service. If you have been out of the community for a while or have come from another community, it is also a great refresher and opportunity to connect to the community.

New Newsletter timing: Starting in March, we will be sending out a message the week after the gathering with community updates and prayer requests from the meeting. We will also start sending our newsletter out 2 weeks before the gatherings with a reminder message the week of the gathering.

Board challenge: The board of our Fredericksburg community asks that each of you invite an Emmaus friend you haven't seen in a while to join us at the gatherings. It is a great opportunity to fellowship and worship with your Emmaus family, learn more about ways to serve and the prayer needs of our community. Now, more than ever before, we can help our churches by promoting participation in an Emmaus weekend or Face 2 Face Encounter.



Upcoming gatherings:

Mark your calendar! Our community gatherings are held on the second Saturday of each month. The Board meetings are at 2, followed by a time of fellowship from 3:30-4 and the gathering begins at 4 pm. If you would be interested in hosting a gathering at your church, please reach out to Mike Wilson at wilsoninfred@gmail.com or 540-226-2259.

- March 11th--March board meeting/Gathering--Fairview Baptist Church, Fredericksburg, VA
- April 13th--April board meeting/Gathering-- Liberty UMC, Bealton, VA
- May 11th--May board meeting/Gathering— Olivet Methodist Church, Spotsylvania, VA
- June 8th--June board meeting/Gathering--Blue Mountain Ministries--Summer Picnic Gathering-times TBD
- July 13th—July board meeting/Gathering—Melrose UMC, Lottsburg, VA
- August 10th—Rehoboth UMC, Beaverdam, VA

Community events:

Day Four Restore

YOU NEED THIS!!! Nothing can replace the feelings created during your walk--that fire, that desire. The further you remove yourself from your walk, the possibility exists that those feelings will diminish. The DAY FOUR RESTORE is designed to help rekindle that fire. *Please plan to attend our DAY FOUR RESTORE on June 1!*

Who: YOU

What: DAY FOUR RESTORE

When: SATURDAY, JUNE 1 from 9:00 am – 3:00 pm

Where: FREDERICKSBURG UMC

Why: BECAUSE YOUR SPIRIT NEEDS THIS!

Click here to register: [Day Four Restore Signup \(google.com\)](#)

Questions: Rhett Lowery at rhettlowery@comcast.net or 540-760-3635



Greetings from Kay Phillips, Face to Face Encounter #4 Lay Director

Have you ever thought about the fact that your invitation to attend an Emmaus event (weekend or encounter) is a gift? Why do we give gifts? The best answer I can think of is because we love the person. 1 John 4: 10-11 reads this way: ¹⁰This is love: not that we loved God, but that he loved us and sent his Son as an atoning sacrifice for our sins. ¹¹Dear friends, since God so loved us, we also ought to love one another.

In this way, I challenge you to think of dear friends to whom you might want to give the gift of an Emmaus Face to Face experience? Think about how special your experience was and how much this person would grow in his/her faith and love for Jesus and the world.

Our Face to Face Encounter will be held April 30, May 2, May 7 and May 9, 10:00 AM – 4:30 PM at Fredericksburg UMC. Registration forms are available from Kay Phillips (Encounter Lay Director) 757-615-3996 or Bob Pickett (Board Representative) 540-834-3068. The form and \$30.00 registration fee can be mailed to the address on the form. A

Pilgrim can have a sponsor or can sponsor themselves. We love for our Pilgrims to have sponsors to help with agape and for their support but this is not a requirement.

WHAT CAN THE EMMAUS COMMUNITY DO:

- Pray for the team
- Pray that God will lift up Pilgrims; talk to individuals or Senior Adult church groups; consider who in your circle of friends should receive this gift
- Make agape and write letters to the Pilgrims and team
- Attend Candlelight and Closing (Dates and times to be in future newsletters)
- PRAY – PRAY – PRAY

De Colores,

Kay Phillips, ELD F2F#4



Reunion Groups

Why not start your own reunion group? These do not have to be big clubhouse affairs; three or four people can be an ideal size for sharing our faith journey along the way. You can have a church-based reunion group, a team-based reunion group, or a reunion group of people you met on your walk. The possibilities are endless. I belong to a reunion group of four people. We meet once a week (most of the time) and share our faith journeys.

If you have a reunion group and would welcome new participants, or you are interested in starting your own group at your church, in your neighborhood, or virtually, please contact me at patricia@imperialnavy.net, or text me at 757-695-0160. I would be glad to help publicize your new Emmaus Reunion Group!

DeColores,
Patricia Sjöberg
FE96, Table of Anna

Monthly newsletter and other communications

If you have information you would like to share with our community, please reach out to Joanne Wilson at wilsoninfred@verizon.net or 540-220-1299.

Our website is www.fredwalk.org and our Facebook page is Greater Fredericksburg VA Emmaus--
<https://www.facebook.com/fredvaemmaus>. If you have suggestions for either page, please let me know!