

Greater Fredericksburg Emmaus Community Newsletter

February 2024

February is a month we typically associate with Valentine's Day. This year, Valentine's Day and Ash Wednesday occur on the same day as we begin Lent on February 14th. It is the prayer of our community that these days of preparation for the death and resurrection of our Savior will be days of reflection and coming closer to God. We hope to see you Saturday at River Club church for our monthly gathering.

Upcoming gatherings:

Our community gatherings are held on the second Saturday of each month. The Board meetings are at 2, followed by a time of fellowship from 3:30-4 and the gathering begins at 4 pm. If you would be interested in hosting a gathering at your church, please reach out to Mike Wilson at wilsoninfred@gmail.com or 540-226-2259.

- **February 10th--February board meeting/Gathering—River Club Church, Fredericksburg, VA**
- March 11th--March board meeting/Gathering--Fairview Baptist Church, Fredericksburg, VA
- April 13th--April board meeting/Gathering--Olivet GMC, Spotsylvania, VA
- May 11th--May board meeting/Gathering—TBD—Tentatively Liberty UMC, Bealton, VA
- June 8th--June board meeting/Gathering--Blue Mountain Ministries--Summer Picnic Gathering-times TBD
- July 13th—July board meeting/Gathering—Melrose UMC, Lottsburg, VA

Community events:

Day Four Restore

YOU NEED THIS!!! Nothing can replace the feelings created during your walk--that fire, that desire. The further you remove yourself from your walk, the possibility exists that those feelings will diminish. The DAY FOUR RESTORE is designed to help rekindle that fire. *Please plan to attend our DAY FOUR RESTORE on June 1!*

Who: YOU

What: DAY FOUR RESTORE

When: SATURDAY, JUNE 1 from 9:00 am – 3:00 pm

Where: FREDERICKSBURG UMC

Why: BECAUSE YOUR SPIRIT NEEDS THIS!

On-line signup coming soon! Please check the newsletter monthly for updates!

Questions: Rhett Lowery at rhettlowery@comcast.net or 540-760-3635

Greetings from Face to Face Encounter #4 Lay Director

As an Emmaus community member, we all know the power of prayer. Prayer is our way of communicating with God and coming ever closer to Him. Prayer undergirds everything that happens in the Emmaus community. The F2F team feels your prayers combined with ours as we pray for unity, wisdom and clarity of thought. We solicit your prayers to help us in our journey and to lift up the names of those individuals God places on your hearts as Pilgrims. To this end, some of you have asked for “talking points” about Face to Face to share with your friends. SO, here goes:

WHAT: Face to Face is an experience in the tradition of Walk to Emmaus for folks age 60 and older. It is for both men and women. It is called an Encounter instead of Walk.

WHEN: April 30, May 2, 7 and 9 --- 10:00 AM – 4:30 PM (no overnights)

WHERE: Kobler Hall --- Fredericksburg UMC, 308 Hanover Street

REGISTRATION: Registration forms are available from Kay Phillips (Encounter Lay Director) 757-615-3996 or Bob Pickett (Board Representative) 540-834-3068. The form and \$30.00 registration fee can now be accepted. A Pilgrim can have a sponsor or can sponsor themselves. We love for our Pilgrims to have sponsors to help with agape and for their support but this is not a requirement.

WHO SHOULD ATTEND: Men and Women who are seeking a deeper, more meaningful relationship with Jesus; those who wish to make a deeper impact on the world and their community of faith by living a life centered on Christ (open to Christians of all denominations). Face to Face seeks to empower leaders to be the hands and feet of Christ.

WHAT HAPPENS AT A FACE TO FACE ENCOUNTER: Fellowship, singing, food, spiritual talks by clergy and laity, table discussions, Holy Communion, prayer and more.

WHAT CAN THE EMMAUS COMMUNITY DO:

- Pray for the team
- Pray that God will lift up Pilgrims; talk to individuals or Senior Adult church groups
- Make agape and write letters to the Pilgrims and team
- Attend Candlelight and Closing (Dates and times to be in future newsletters)
- PRAY – PRAY – PRAY

De Colores,

Kay Phillips, ELD F2F#4



Reunion Groups

Why not start your own reunion group? These do not have to be big clubhouse affairs; three or four people can be an ideal size for sharing our faith journey along the way. You can have a church-based reunion group, a team-based reunion group, or a reunion group of people you met on your walk. The possibilities are endless. I belong to a reunion group of four people. We meet once a week (most of the time) and share our faith journeys.

If you have a reunion group and would welcome new participants, or you are interested in starting your own group at your church, in your neighborhood, or virtually, please contact me at patricia@imperialnavy.net, or text me at 757-695-0160. I would be glad to help publicize your new Emmaus Reunion Group!

DeColores,
Patricia Sjöberg
FE96, Table of Anna

Monthly newsletter and other communications

If you have information you would like to share with our community, please reach out to Joanne Wilson at wilsoninfred@verizon.net or 540-220-1299. Our newsletter is sent each month, the Monday before our gathering.

Our website is www.fredwalk.org and our Facebook page is Greater Fredericksburg VA Emmaus--
<https://www.facebook.com/fredvaemmaus>. If you have suggestions for either page, please let me know!