

# Upper Room Emmaus

## Of the Greater Fredericksburg Area

[www.fredwalk.org](http://www.fredwalk.org)

Vol. 5

May 2008

### UPCOMING EMMAUS WEEKENDS

<b>Walk #</b>	<b>Dates</b>	<b>Lay Director</b>
Emmaus 71 (F)	May 1 – 4, 2008	Rosemary Blankenship
Emmaus 72 (M)	Oct 16 – 19, 2008	Mark Lawrence
Emmaus 73 (F)	Nov 13 – 16, 2008	Dianne Philipp

### ***The next Gatherings***

*(Second Saturday of each month)*

May 10<sup>th</sup> ..... Fairview Baptist Ch  
June 14<sup>th</sup> ..... First Christian Ch  
July 12<sup>th</sup> ..... Fairview Baptist Ch\*  
Aug 9<sup>th</sup> ..... Fairview Baptist Ch\*

Fellowship 5:30-6:00 pm & 8:00–8:30 pm  
Gathering at 6:00 pm

Chrysalis Steering Committee at 4:45 pm

Board will meet at 3:30 pm

**\*New facility at River Club**

***Please bring snack food to share  
during fellowship time***

### ***Are you interested in teaming?***

Please submit your application now if you would like to team any time within the next two years. You will no longer need to submit your application after each walk, but you need to give us a fresh application NOW or when you are ready to be considered for a team. Please download a new application off our website, ([www.fredwalk.org](http://www.fredwalk.org)) or see Mark Lawrence at the next gathering.

### ***Snack Agape Notice***

Please call Mike Shiflett at 540-371-5585 if you would like to arrange a pick up or drop off of snacks before FE #71.

### ***4th Day committee members needed***

Your 4th Day Ministry meets monthly and has working groups that work planning and transformation issues for the Board. Please contact Dick Barnett at [k4guj@aol.com](mailto:k4guj@aol.com) if you are interested in serving on the committee.

### ***Help Wanted***

The Fredericksburg Emmaus Community is looking for a volunteer to fill the Childcare Coordinator position. If you are interested, please contact the Gathering Support Coordinator, Jane Carwell, at 703-969-4019 or [tjcarwell@yahoo.com](mailto:tjcarwell@yahoo.com)

### ***4th Day speakers wanted***

If you have a burning desire to share what the Walk to Emmaus has done for you, please contact Mark Lawrence to schedule an opportunity to give a 4<sup>th</sup> day witness. 540-373-1110 (w) [mark@greatuncledad.com](mailto:mark@greatuncledad.com)

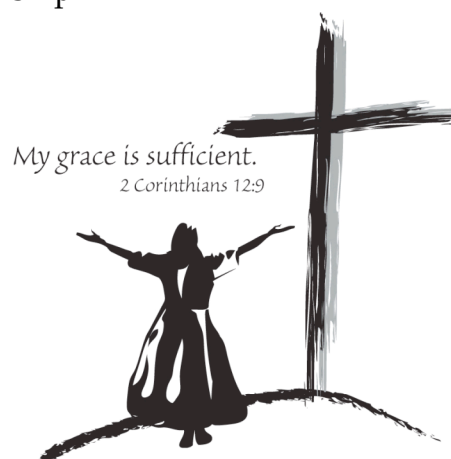
### ***AGAPE BAGS... Sew Beautiful!***

Remember when you saw your agape bag for the first time? God filled that eye-catching bag with love letters just for you. Will you help make a pilgrim's walk special? You can buy brightly colored rainbow striped fabric, (check the craft section at your local fabric store or WalMart), cording, and bright shoelaces to donate. Or you can make agape bags; they are sew simple to make, (12" wide and 15" tall, please). Say "I'll help" by calling Diana Farrar at 540-372-7535 or email her at [HRHDiana@juno.com](mailto:HRHDiana@juno.com)

## Women's Emmaus #71 Pilgrim List

### *My Grace is Sufficient (2 Cor 12:8)*

Joan Balderson..... Ebenezer UMC  
 Rae Beach..... Hopewell UMC  
 Teresa Christian..... Fburg UMC  
 Danielle Compton..... Alum Spring Baptist  
 Rosa DeLoach-Hogue..... St. Mathias UMC  
 Teresa English..... Ebenezer UMC  
 Temple Ferrell..... Kingdom Baptist  
 Kiera French..... Promised Land Praise & Worship  
 Patsy Godley..... Ni River Comm Ch  
 Lisa Green..... Salem UMC  
 Lil Guy..... Hopewell UMC  
 Amber Hanback..... Kingdom Baptist  
 Mardy Harding..... Fairview Baptist  
 Nicole Hungate..... Fairview Baptist  
 Gayle Jones..... Remington UMC  
 Becky Love..... North Stafford Baptist  
 Shelley Moncure..... Salem UMC  
 Deb Myers..... Mt. Horeb UMC  
 Bernadine Parrish..... Shiloh Baptist New Site  
 Pam Reffner..... Faith Christian Fellowship  
 Donna Sisk..... Grace UMC - Hartwood  
 Lynda Swanlund..... Dahlgren UMC  
 Betty Veitenheimer..... Liberty UMC  
 Bonnie Wells..... Woodbridge Christian Church



### Schedule for Women's Emmaus #71

Date	Time	Activity at Camp Happyland
Thur. 05/01/08	6:30 – 7:00 pm	Pilgrim check-in followed by Sponsor's Hour
Sat. 05/03/08	7:30 pm	Candlelight – Community will gather for praise, Communion & fellowship. Please bring flowers for the team to use Sunday morning!
Sun. 05/04/08	4:00 pm	Closing Service

### Directions to Camp Happyland:

21457 Happyland Drive  
 Richardsville, VA 22736

From Central Park in Fburg: Drive 7.5 miles west on Route 3. Turn right (North) on Route 610, Elys Ford Road. Drive 9 miles north on Route 610. Just prior to the green Richardsville sign, turn right (East) on Route 619, Richards Ferry Road. Drive 1.3 miles to Happyland Drive. You will see a large Camp Happyland sign on the right side of the road. Turn right into the Camp and proceed to the parking area. Total distance from Central Park is about 18 miles.

## Women's Emmaus #71 Team List

***My Grace is Sufficient (2 Cor 12:8)***

<b>Team Member</b>	<b>Church</b>	<b>Assignment</b>
Emelda August .....	Holy Family .....	TL Deborah / Priesthood of All Believers
Debbie Avis.....	Woodbridge Christian.....	Music Director
Rosemary Blankenship .....	Fairview Baptist .....	WLD / Perseverance
Linda Bonshire .....	Fredericksburg UMC .....	Assistant Cha / Reading
Dawn Cobb .....	Ladysmith Baptist.....	ATL Miriam / Lord, I have time
Sandra Coney .....	Tower of Deliverance	
Kate Cook.....	West Hanover UMC .....	TL Sarah / Life of Piety
Cindy Flickinger .....	Ebenezer UMC .....	Music Team
Maria Fortune .....	Shepherds UMC.....	Music Team / Body of Christ
Carol Grimes .....	Promised Land.....	Asst SD / Prevenient Grace
Mary Lee Hensel.....	LOW Church .....	Table Angel / Discipleship
Phyllis Howze .....	Rehoboth UMC .....	Asst. Agape Cha / Reading
Marcy Liepelt .....	Chancellor Christian .....	Board Rep
Jennifer McDaniel.....	Promised Land.....	ATL Sarah / Christian Action
Lola McDonald .....	Woodbridge Christian.....	ALD Sunday / Priority
Colleen McGrath .....	Bowling Green UMC.....	TL Elizabeth / Changing Our World
Cathy Mudre .....	Fairview Baptist .....	ATL Deborah / Reading
Jim Muhlenkamp .....	North Stafford Baptist.....	Lead SD/ Justifying Grace & Obstacles to Grace
Kathy Neiswander.....	Music Team .....	Please hear what I'm not saying
Cam Noden .....	Fairview Baptist .....	TL Ruth / Reading
Sarah Oliveri .....	Promised Land.....	ATL Ruth / Reading
Dianne Philipp.....	First Christian .....	ALD Thursday / 4th Day
LaZalia Richardson .....	Shiloh Baptist.....	TL Miriam / Grow through Study
Becky Thode.....	Chancellor Christian .....	Agape Cha
Ralph Thomas.....	Tower of Deliverance.....	Asst. SD / Mean of Grace & Sanctifying Grace
Christine Tillman .....	Stafford Crossing.....	ALD Saturday
Heather Uhlick.....	Salem Fields .....	Cha Coordinator
Mary Usher.....	Maranatha SDA .....	ATL Elizabeth / Reading
Monica Warne.....	Chancellor Christian .....	TL Mary / Reading
Marian Weadon .....	Fairview Baptist .....	ATL Mary / Who, me?
Sandy Williams.....	Fairview Baptist .....	Asst. Agape Cha

***Please pray for these other upcoming Emmaus community Walks:***

South Africa: Port Elizabeth (M #37) May 1-4  
 South Africa: Port Elizabeth (W #38) May 8-11  
 Australia: Perth Australia (W) May 1-4  
 Australia: Far No. Coast New South Wales (M #81) May 22-25  
 Australia: Far No. Coast New South Wales (W #82) May 29-June 1  
 Texas: Dallas (W) June 5-8  
 Texas: Denton (M) June 12-15



*From the Community Lay Director...*

**The Blacksmith's Shop** *by Max Lucado*

In the shop of a blacksmith, there are three types of tools. There are tools on the junk pile: *outdated, broken, dull, rusty*. They sit in the cobwebbed corner, useless to their master, oblivious to their calling. There are tools on the anvil: *melted down, molten hot, moldable, changeable*. They lie on the anvil, being shaped by their master, accepting their calling. There are tools of usefulness: *sharpened, primed, defined, mobile*. They lie ready in the blacksmith's tool chest, available to their master, fulfilling their calling. Some people lie useless: *lives broken, talents wasting, fires quenched, dreams dashed*. They are tossed in with the scrap iron, in desperate need of repair, with no notion of purpose. Others lie on the anvil: *hearts open, hungry to change, wounds healing, visions clearing*. They welcome the painful pounding of the blacksmith's hammer, longing to be rebuilt, begging to be called. Others lie in their Master's hands: *well tuned, uncompromising, polished, productive*. They respond to their Master's forearm, demanding nothing, surrendering all.

We are all somewhere in the blacksmith's shop. We are either on the scrap pile, in the Master's hands on the anvil, or in the tool chest. (Some of us have been in all three.) From the shelves to the workbench, from the water to the fire...I'm sure that somewhere you will see yourself.

Paul spoke of becoming "an instrument for noble purposes." And what a becoming it is! The rubbish pile of broken tools, the anvil of recasting, the hands of the Master- it's a simultaneously joyful and painful voyage. And for you who make the journey--who leave the heap and enter the fire, dare to be pounded on God's anvil, and doggedly seek to discover your own purpose--take courage, for you await the privilege of being called "God's chosen instruments." (End of Quote)

As I have surveyed the Emmaus landscape over the past few weeks, it would seem that many are on the anvil. I know I have been feeling some heat and taking a little pounding lately, but I am not alone.

The Community as a whole is also being shaped and molded to fit God's purposes. I hear some messages of gloom and doom, some messages of apprehension and fear. But take heart, this is God's Community and He is able. Isaiah said His arm is not short or His ear dull. God knows what we need, we are the Body of Christ, a tool in God's own hand and I do not believe that He will allow the nub of a finger, or the most insignificant tool to fail.

We are about to embark on a new era, new board members, new challenges and new members to the Community. I'm excited to see what God is going to do next.

Mark Lawrence

**Board Candidate Biographies**

**Dick Barnett**

Dick walked in the Spring of 1993 at Camp Easter Seal (#7) - after his wife Patty walked on Emmaus #6 the previous Fall. Since then Dick has Teamed many times, served a term on the Emmaus Board, been Weekend Lay Director on Walk #29, and served as Community Lay Director - a true "Old Buffalo". Dick is currently serving with wife Patty as your Pilgrim registrar and leads the 4th Day Ministry. The 4th Day Ministry has played a key role in helping the Emmaus Board transform Teaming training, DDU and Gathering formats over the past few years.

Emmaus has meant a lot to Dick over the years and he truly enjoys service to the local Emmaus Community. Dick is retiring from the volunteer positions of Pilgrim Registrar and 4th Day Ministry leader after six years and looks forward to serving on the local Board if elected by the Community.

**Ruth Thomas**

Walked on Fredericksburg Emmaus # 50. Served on E54 & E65 on the Music Team and had various readings.

I attend Tower of Deliverance Church where I serve as a missionary and also serve as an ordained Deaconess.

**Board Candidate Biographies (continued)****Rosemary Blankenship**

I attend Fairview Baptist Church and walked on E-34 in November 1999. At Fairview, I serve on the worship planning team and the media team. I also play hand bells with "Ringers for the King."

I served on the Emmaus board from 2003-2006 and currently serve with the Fourth Day Ministry team. I have served on several teams and regularly attend gatherings and serve as a cha on weekends.

My Emmaus weekend was a life-changing event for me and I enjoy helping make it possible for others to have a similar experience.

**Jennifer McDaniel**

I am an active member of my church's praise team and help to lead worship each Sabbath. I have assisted with the treasury and planning seasonal programs (e.g. our Christmas and Memorial Day programs) and other special events that come up during the year. I am a current member of the Sacred Dance Ensemble of Fredericksburg, which ministers through music and dance to various churches in the greater Fredericksburg area. Since my walk to Emmaus (April 2007), I have assisted as a cha for FE68 and FE69 and am serving on the FE 71 team as an assistant table leader and the Christian Action speaker. I look forward to being more involved with the Emmaus community as I see the great value it has for strengthening churches.

**William J. Moore (Bill)**

Bill walked on National Capitol Emmaus #45 in 1992. He has since teamed on many Loudoun Valley Emmaus and National Capitol Crysallis Weekends since then. He served on the NCA Crysallis Board for the period of 2002 - 2005 and as Asst Lay Director in 2003.

Since moving to Lottsburg, VA in 2005, Bill has continued to team and has been on five Fredericksburg weekends. He is currently a member at large on the Team Selection Committee and serves there as the secretary.

Bill is a member of Melrose UMC and is married to Rev. Edna F. Moore, the pastor at Melrose. He has three grown children and four grandchildren. He teaches high school Sunday School and is active in the choir.

**Maria Fortune**

I walked on Fredericksburg Emmaus #32 in 1999. I have teamed on eleven walks with various duties including Weekend Lay Director on Walk #61. I also served on the Emmaus Board as Board Treasurer.

I worship at Shepherds UMC where I currently serve as church treasurer, a member of our witness/evangelism committee, and the Elementary Sunday School teacher.

**Mike McDonald**

Mike McDonald attends Woodbridge Christian Church, walked on Fredericksburg Emmaus #25, and sat at the table of Matthew. He has teamed on Fredericksburg Emmaus #64, #66, #68 and most recently #70.

Mike has been a member at Woodbridge Christian Church for 13 years. He served as a deacon, was on the missions board and was fellowship ministry leader. He currently assists in the youth department for Sunday morning Jr. High Worship and Wednesday evening youth group/bible study and is active in the men's ministry. His wife Lola and son Marc are also active in the Fredericksburg Emmaus community and at their church.

**Michael Selph**

Michael Selph attends Bowling Green United Methodist Church, walked on Fredericksburg Emmaus # 62 and sat at the Table of Peter. He has been an active member of the Fredericksburg Community since then; serving as Cha, attending Candlelight, sponsoring Pilgrims, providing agape and, of course, participating in the prayer vigils. He served as Assistant Table Leader at Table of John and read Please Hear What I Am Not Saying at Dying Moments on E- 68. He is teaming on E-70 and will serve as the Table Leader for Table of John and will give the Life in Piety talk. He gave his Fourth Day Talk at the January 2008 Gathering. - "I believe that Emmaus is one of God's most powerful tools and I am humbled to be a part of this ministry. May we all strive to be reflections of the risen Christ."

***Please pray for:***

Mark Lawrence & family  
My Daughter & baby, my son his baby & daughter-in-law  
Mom & Charlie, healing mercies & better attitudes  
Lauren's salvation  
Jack's health and his salvation  
To keep from overeating  
Lindsey traveling back to Germany  
Brother Chris & Fenely  
E-71 team and first-time teamers  
E-71 walk & pilgrims  
Lee who is struggling with her blood pressure  
John's family in the Midwest  
Sister Augusta with health and financial issues  
Father that has memory issues  
My grandson Zak, may his eyes be opened  
Will for guidance, William for direction, Pop for healing  
Ronda, backsliding & divorced parents  
Nephew in Iraq  
Wellness business will continue to grow and prosper  
Deb & Charlie, alcoholic & unsaved  
My brothers & sisters health  
Tyler, grandson, Latin family  
FE-71 Pilgrims  
Economy and slowdown of our construction business  
Alum Spring Baptist Church  
Iraq war and our country in general  
Sister, Linda Buraker – cancer  
Steve Smith – cancer surgery  
Child, CJ Sutphin – cancer  
George improving with his physical problems  
Christy & TJ and touch their hearts  
Mary, John, Christopher, Shari, Christian

Langston, Wilfred, Defontis Maranatha, Evangelism  
Daughter, Becky Dealing with depression  
Families of E-71 team, Roy Brickey  
Family to be open to Lord's guidance  
Chris's health, first baby, Tom, thankful god bless  
James, express thanks  
Brother & sister-in-law , for new daughter and their sanity  
Jane's, out speaking for God  
My wife will go on the fall Emmaus walk  
Daughter Brenda on deployment  
Peace & calmness for E-71 team  
Safe travel for our children  
Guidance from God as I work with young teens  
Mark & Sally Lawrence, Jill & Lynn, Barry, Mark & Brian  
Derek & Mickey Sharp  
E-70 & E-71  
My husband and myself as we continue to work on our ministry  
Daughter Ellie, that she will work in God's path and find it in her heart to forgive me and let me in her life again  
Grandson and his family, Carl with heart cath  
Kevin and his family, that someday they will find you and become closer to God  
John Balles's continued health  
Rosemary Blankenship, WLD E-71  
Kathy & Steve, her health issues, and wisdom, perseverance and strength for both  
Mary and her family situation, that God will walk beside them and meet their needs  
Hulon's healing, and our family's healing  
Haddie, mother-in-law's health, wife Martha, 1 Cor. 13

***Please give praises for:***

Husband's new job  
For all God is doing in my life

## *Active Reunion Groups in the Fredericksburg Emmaus Community*

### SUNDAY

**Bethel UMC Men's Group** 7:30 am  
Bethel UMC  
Woodbridge  
Brian Lewis 703-590-9343  
bb3253@aol.com

**Interested in joining or starting a new reunion group?**

Call Sandy Crossley at  
703-221-6977 or email her at  
slcrossley13@msn.com

### TUESDAY

**Great Is Thy Faithfulness** 7:30 pm  
Prince of Peace UMC  
6299 Token Forest Drive  
Manassas, VA  
Lloyd Biller 703-590-1512

**Pastor's Weekly Meeting** 7:30 am  
Call for location  
Mark Dunn 540-786-4025

**Lakeside Reunion Group (Men)** 8:00 pm  
Lake of the Woods – Call for location  
Vic Larson 540-972-1928

### WEDNESDAY

**Lord's Lions & Lambs Reunion Group** 6:30 pm  
First Christian Church  
Gary Staddan 540-373-7716  
[firstchristianchurch@verizon.net](mailto:firstchristianchurch@verizon.net)

### THURSDAY

**Amazing Grace Reunion Group** 8:30 pm  
Hillcrest UMC  
Ed McAdam 540-898-3625  
emcadam@cox.net

**His Joyful Croakers** 9:00 am  
Hillcrest UMC  
June Riel 540-710-5949

(ALTERNATE THURSDAYS)  
**Rainbow Reunion Group (Women)** 10:00 am  
Lake of the Woods – Call for location  
Barbara Miller 540-972-7418

**His Seekers (Women)** 7:30 pm  
Home of Jane Carwell – Woodbridge  
Sandy Crossley 703-221-6977 or  
Jane Carwell 703-969-4019 or email: tjcarwell@yahoo.com

### FRIDAY

**Koinonia Women's Reunion Group** 9:00 am  
Lake of the Woods – Call for location  
Barbara Larson 540-972-1928

Upper Room Emmaus of the  
Greater Fredericksburg Area  
PO Box 42094  
Fredericksburg, VA 22404

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**Check out our website!**

[www.fredwalk.org](http://www.fredwalk.org)

- Find Community, Board, Walk & Gathering information.
- Post prayer concerns & praises for all of the community to see.
- View and/or download the monthly Newsletter.

**Subscribe to our email list!**

Email: [listserv@list.fredwalk.org](mailto:listserv@list.fredwalk.org)

In the email body, type: *subscribe news*

- Receive the monthly Newsletter via email about a week before your copy arrives in the mail.
- Receive other information such as the final Pilgrim roster for each Walk.

**Help keep our mailing costs down!** Email: [webmaster@fredwalk.org](mailto:webmaster@fredwalk.org)

- Update any changes to your mailing address.
- Opt to just receive an email copy of the Newsletter in lieu of both the electronic & paper copy.

**Directions to Fairview Baptist Church:**

900 Charlotte Street  
Fredericksburg, VA 22401

From I-95: Take Exit 130A (Rt. 3 East). Go to the stop light that intersects Route 3 and William St and turn Left onto William Street. Go to the second stop light and turn Right onto Littlepage Street. Fairview Baptist Church is on the right at the corner of Littlepage St & Charlotte St.