

M A R C H

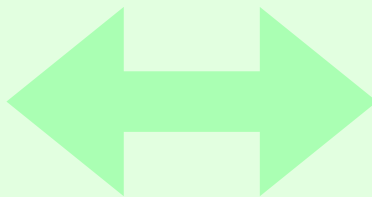
EMMAUS 2018

UPPER ROOM EMMAUS OF GREATER FREDERICKSBURG AREA

FREDERICKSBURG EMMAUS, P.O. BOX 42094 FREDERICKSBURG, VA 22404 | WWW.FREDWALK.ORG

✧ Gatherings ✧

MAR 10TH
APR 14TH
MAY 12TH



FAIRFIELDS BAPTIST CH
NEW HOPE UMC
ANDREW CHAPEL

If your church can host a gathering,
please email the CLD Chris
Campbell at chris@ewg.org

- The Board meets at 2:00 pm
- Bring snacks to share during Fellowship time at 3:30 pm
- Gatherings start at 4:00 pm

Fairfields Baptist Church
15213 Northumberland Hwy
Burgess, VA 22432

Take Route 2 South to Left onto Rt 17 South. Continue on Rt 17 S approximately 40 miles to Left turn onto Queen St/US-360 E. Continue on US-360 E approximately 19 miles to Right turn onto Northumberland Hwy/US-360 E. Continue on US-360 E approximately 15 miles then church will be on your Left.

✧ Upcoming Walks ✧

FE-109 (M)	FE-110 (W)	FE-111 (M)	FE-112 (W)
Mar 22-25, 2018	Apr 19-22, 2018	Nov 1-4, 2018	Nov 15-18, 2018
Butch Farley	Judy Britt	Tony Innocenti	Anne Hutcheson



March is upon us and Spring is on the way. I have daffodils popping around my trees and the grass is starting to get greener. The temperature hit almost 80 one day in February. I was going to wear shorts to work but I had a meeting that day. Spring also ushers in our walks led by Butch Farley and Judy Britt – and we need pilgrims.

I couldn't think of a topic for this month's article, I tried Spring but didn't get very far so I will pick something I like to write about – although I don't have anything against Spring. Hey, I waited until March and if you know me – you know what is coming.

I gave a Fourth Day talk a few years ago and there were three major parts. The first part I talked about how much my reunion group has meant to me. How it builds me up. How I have learned from all the wisdom in the room. And how much I value everyone in the group and how they are role models to me. If you aren't in a reunion group – you should get in one or make one. Talk to Jen Bumbrey if you want to start one.

The talk then turned to the excuses I left at the cross on my Walk to Emmaus which I wrote about last month. You can find that on fredwalk.org

And then I turned to a common Old Testament practice of memorializing an event with a physical act – it may have been building an altar – or it might have been as simple as a pile of rocks. And that is where bacon comes in.

Bacon serves as a commonly seen – easily found – and tasty physical reminder

to leave those excuses at the foot of the cross and to get outside my comfort zone to do ministry with the gifts that God has given me. To me, bacon is entirely biblical – you can read about it in the January 2013 newsletter on the website.

I did have a wonderful lady come up to me after the talk particularly concerned with my cholesterol level. Bacon is near and dear to my heart – and possibly my arteries - but as Karen would say – I don't get to eat as much bacon as I'd like too. She is right that I don't get to eat as much bacon as I would like to because that would be a lot and all the time. But I do try to remember that my excuses need to stay at the foot of the cross and bacon – whether eaten, smelled, or thought of – reminds me to check my excuses at the door when it comes to doing stuff for God.

This year is looking like a particularly bacon-filled year for me, not just with Emmaus, but also with a mission trip to Peru and other things going on in my church. Another thing I have learned with Emmaus is that if you are going out to change the world, you have to stay grounded and know yourself so I am making it a priority this year to stay in the Word. Pull out your notes from your walk and revisit your Growth Through Study talk.

De Colores,
Chris Campbell

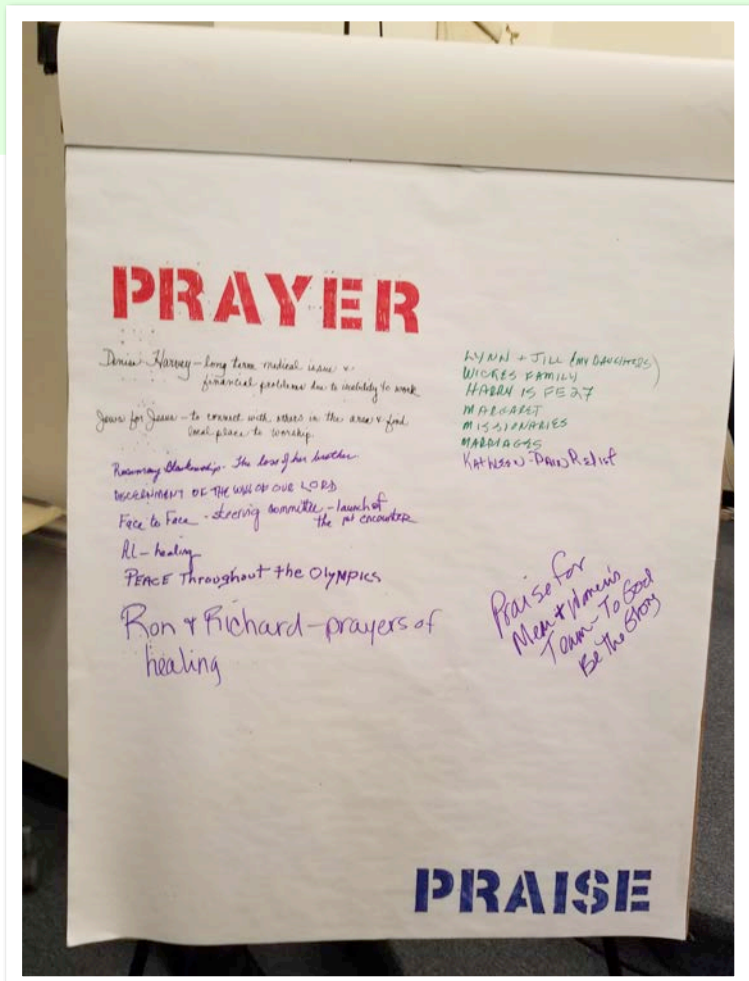
River Club Church, FE-70, Table of Peter
Community Lay Director

All of us who enter into any kind of agreement want to confirm the agreement by getting it in writing. Whether we buy a house, a car, or need something repaired we want to get it in writing. The same is true in God's word.

Do you remember when Bibles had the words of Jesus in red? You might still have one of those Bibles. When we see the words of Jesus whether they be red or not, we see letters of love written there. Words of wisdom, beauty, and truth. Pull it out again and again. Open it again and again. These are words written for you and me. The prophet Jeremiah in the midst of turmoil both in his life and what was going in the world around him wrote these words, "Your word is a joy to me." I want to ask all of us: "Is God's word a joy in our lives in the midst of our joys and in our concerns is God's word center in our lives?"

All of life seems right now to be in an upheaval. Things are changing all the time. Technology is speeding life up so much. It seems that we can't nail anything down. What in the world can we do about it? I love the words of a woman named Pam Kidd that strike to the core of the power of God's message in the Bible, "Father, we have it in writing. All is well." All is well. All is well. We're going to make it. All is well. De Colores.

Brad Phillips TW 42.
Community Spiritual Director



Agape

Bob Peckell FE-51
Mark Dunn FE #3
Phong S. Kim FE 101
Patricia Sjoberg FE 96
Beth McBride FE-89
"Doc" Holladay FE-76
Dee Colares
Dianne Kemmis FE-104
John Mann FE 29
Kathleen K. Holladay FE 77
Mike Romington FE-80
Joyce Keene FE-96
Daphne Masten FE 61
Liz Morris FE 100
Melanie Judy FE 100

Greetings to the
Hi Sky Emmaus Community
from the Fredericksburg Emmaus Community
in Fredericksburg, Virginia, USA

Women's Walk # 236

May you experience the Risen Christ
in new and unexpected ways this weekend!
We are holding you in our prayers.

Fred Walk
Fredericksburg Emmaus

Wilfred A. & Mary Usher FE-62 FE-63
Luz W. Masten FE 60
Chris Subkarska FE 110
Tom Britt FE 58
Kamrul Campbell FE-93
July Br. FE 57
Heather B FE-108
Diane S FE 90
Michelle Johnson FE-106
Halle W. FE 103
Kathryn Sweet FE 26
Diane S FE 90
Kim Phillips SLO 1055
Steve Douglas FE 101
Carm Noden FE-67
Sue Marvix FE 108
Mike & Vicki FE 1506
Ken Roark FE-13
Misty FE-91
Mona Kosh FE 66
Mike & Vicki FE 1506
Sue Marvix FE 108
Ken Roark FE-13
Misty FE-91
Mona Kosh FE 66
Mike & Vicki FE 1506
Sue Marvix FE 108
Ken Roark FE-13
Misty FE-91
Mona Kosh FE 66

Patricia Sjoberg FE 96
Beth McBride FE-89
Tom Fortana FE 106
Amy & Joy Sueken FE 108
Sue Marvix FE 108
Mark Dunn FE #3
"DOC" HOLLADAY FE-76
Dee Colares
Kathleen K. Holladay FE 77
CRAIG GOO BLESS YOU
Randy McCallum FE-101
Blessings
Wilfred A. & Mary Usher FE-62 FE-63
Luz W. Masten FE 60
Kitty FE 92
Joyce Keene FE-96
Daphne Masten FE 61
Liz Morris FE 100
Melanie Judy FE 100

Greetings to the
Hi Sky Emmaus Community
from the Fredericksburg Emmaus Community
in Fredericksburg, Virginia, USA

Men's Walk # 235

May you experience the Risen Christ
in new and unexpected ways this weekend!
We are holding you in our prayers.

Fred Walk
Fredericksburg Emmaus

Tom Britt FE 58
John Mann FE 29
Kamrul Campbell FE-93
July Br. FE 57
Diane S FE 90
Doreen "Friends" FE 104
Dianne Kemmis FE-104
Phong S. Kim FE 101
Bonnie M. McCall FE 77
Steve Douglas FE 101
Carm Noden FE-67
Sue Marvix FE 108
Mike & Vicki FE 1506
Ken Roark FE-13
Misty FE-91
Mona Kosh FE 66
Mike & Vicki FE 1506
Sue Marvix FE 108
Ken Roark FE-13
Misty FE-91
Mona Kosh FE 66
Mike & Vicki FE 1506
Sue Marvix FE 108
Ken Roark FE-13
Misty FE-91
Mona Kosh FE 66

FE-109 Team

John Blosser.....Fredericksburg UMC
Jesse Blythe.....Wicomico UMC
Robert E. BumbreyHillcrest UMC
Chris CampbellRiver Club Church
Jimmy DefnallMt Horeb UMC
Steve Douglas.....Fredericksburg UMC
Butch Farley.....Fairview Baptist Church
Randy HardingMelrose UMC
Larry Jr. Jenkins.....Ebenezer UMC (Oldhams)
Ron JenningsFairview Baptist Church
Pat Lonergan.....Saint Matthias UMC
George W. MastenFairmount Christian Church
Matt McBrideSaint Matthias UMC
Randy McCollum.....Fairfields Baptist
Marc McDonaldStafford Crossing Community Church
Steve NodenRiver Club Church
Timothy A. Patrick.....River Club Church
Robert L. Pickett.....Fredericksburg UMC
Michael RemingtonFirst Christian Church (Fredericksburg)
Jacob Lee Riley.....Stafford Crossing Community Church
Ken RoarkOak Grove Wesleyan Church
Bart Routh.....Andrew Chapel MC
Willard Sawyer.....Fairview Baptist Church
Daniel F. SeeStafford County Christian Church
Thomas Wells.....River Club Church
Ralph WilliamsRiver Club Church
Gregg Snyder.....Andrew Chapel UMC
Chris Czubowicz.....Hillcrest UMC
Thomas L. Dempsey.....First Christian Church (Fredericksburg)
Richard MarvinPeace UMC
William Mitchell.....Stafford Crossing Community Church
Bob Silkensen.....Fredericksburg UMC
Rocky WarnerChancellor Christian Church

Walk Info

Schedule:

Date	Time	Activity at Camp Happyland
Thur	6:30 - 7:00 pm	Pilgrim check-in followed by Sponsor's Hour
Sat.	7:30 pm	Candlelight – Community will gather for praise, Communion & fellowship. Please bring flowers for the team to use Sunday!
Sun.	4:00 pm	Closing Service

Agape Instructions:

- General Agape should be for all Pilgrims and all Team Members and it should be anonymous.
- Please Pre-Sort Agape into a labeled bag for Pilgrims and Team Members for the three Agape events: Friday afternoon Agape Bag, Friday night Bed Agape and Saturday night Bed Agape.
- If any agape has a cord or chain, (lanyards/crosses), please individually wrap them in small baggies otherwise we may have to untangle each one.
- Pilgrim Sponsors need to get 8-10 Personal Agape letters and separate them from all other Agape.

There will be an Agape Box available at the Gatherings

Placemats:

If you would like to make walk placemats, please email Mary Lee Hensel for the details and to sign you up for a meal's worth of placemats. Placemats can be done by individuals or by reunion groups. For each meal, we need 50 placemats. You can make them on legal (8.5 x 14) or ledger (11 x 17) paper or anywhere in between.

Agape Bags:

Will you help make a pilgrim's walk special? You can buy brightly colored rainbow striped fabric, cording, and bright shoelaces to donate or you can make them yourself, (12" wide and 15" tall, please). Please contact Karen Campbell at 540-658-0468 or campbells_6@yahoo.com

Camp Happyland 21457 Happyland Drive Richardsville, VA 22736

From Central Park in Fredericksburg: Drive 7.5 miles west on Route 3. Turn right (North) on Route 610, Elys Ford Road. Drive 9 miles north on Route 610. Just prior to the green Richardsville sign, turn right (East) on Route 619, Richards Ferry Road. Drive 1.3 miles to Happyland Drive. You will see a large Camp Happyland sign on the right side of the road. Turn right into the Camp and proceed to the parking area. Total distance is approximately 18 miles.

As described by The Upper Room® :

“An adaptation of The Walk to Emmaus, Face to Face is specifically crafted to meet the needs

and life-stages of older adults. The program seeks to invite men and women, ages 60 and older, to experience Jesus through a 4 or 8 session journey, covering subjects such as discipleship, mission, grief, and end-of-life issues. The highly flexible schedule allows participants the freedom to engage in structured Bible study and prayer in a church setting or other community space. Led by clergy and lay leaders, Face to Face strengthens and renews followers of Christ and bolsters the spiritual life of individuals, families, and congregations everywhere. Face to Face is open to members of any Christian denomination who want to strengthen their spiritual lives, discover answers to their questions about faith, and are open to understanding the responsibility of living a Christian lifestyle.

Face to Face gives seniors the opportunity to rediscover Christ's presence in their lives, to gain fresh understanding of God's transforming grace and to form friendships that foster their faith after the Face to Face experience.”

Face to Face

A lot has happened since the January Board meeting when the Board gave approval to stand up a Face to Face Steering Committee. John Mann and Brad Phillips were elected to be the Board representatives. A Steering Committee of eight individuals was formed and began meeting. The Steering Committee consists of John Mann, Brad Phillips, Allison Harbick, Kathleen Holladay, Mary Anne Lowery, Kay Phillips, Bob Pickett, and Wilfred Usher.

While Emmaus has a Walk that occurs over 72 hours at a retreat, Face to Face has what is called an “Encounter” that consists of eight, three-hour sessions for 24 total hours. The session schedule is customizable to occur within a two to eight-week timeframe.

We have scheduled our first Encounter using the two-week model. It will be held this year on August 14th, 16th, 21st, and 23rd. Each day will begin at 9:00 am and end at 4:30 pm. The Encounter will be held at Fredericksburg UMC in downtown Fredericksburg.

Holding the first Encounter in August may be a bit ambitious, but we didn't want to impact our normally scheduled Emmaus Walks in the Fall and Spring. They remain our primary ministry.

In advance of our first Encounter, we have scheduled Face to Face training for the Steering Committee and anyone else in our Community who would like to attend. Two representatives from The Upper Room® will come to Fredericksburg to provide that training. The training has been scheduled for Friday, April 6th, from 10:00 am to 3:00 pm. It will be conducted at Fredericksburg UMC. The Upper Room will invite other nearby Emmaus communities to attend with us, but at this point we don't have any information on which communities or how many will attend.

So, we covet your prayers. Prayers for our Emmaus Community, for the Face to Face Steering Committee, for the tasks before us as we plan for the first Encounter, for the members of our community who will be called to Team, and most important, for the Pilgrims that will be a part of our first Encounter.

We'll continue to provide information in the Emmaus Newsletter and via email, so stay tuned. Remember:
Training Date: April 6th, 10:00 am – 3:00 pm, at Fredericksburg UMC. All are invited.
Encounter 01: August 14th, 16th, 21st, 23rd, 9:00 am – 4:30 pm, at Fredericksburg UMC.

If you want to get involved, please email John Mann at slowjet@outlook.com.

Volunteers

Prayer Requests:

To send a prayer request to our **daily internet prayer chain**, email Debbie Bliss at 1973.bliss.debbie@gmail.com or fredemmausprayers@yahoo.com

To become a **Daily Prayer Warrior**, email Chris Campbell at chris@ewg.org

Volunteer & Board Chair Positions:

Board of Directors:

Class of 2018

Rosemary Blankenship (SD)

Tammi Ellis

Matt Green

John Mann

Chris Silkensen (Treasurer)

Class of 2019

Chris Campbell (CLD)

Butch Farley

Joyce Keene (Secretary)

Vonda LiCalzi

Randy McCollum (SD)

Class of 2020

Jenn Bumbrey

Pat Lonergan

Kitti Mann (ACLD)

Brad Phillips (CSD)

Tom Wells

WLD Committee Chair – Chris Campbell

Team Selection Committee Chair – Pat Lonergan

- Team Registrar – Karen Campbell

Pilgrim Selection Committee Chair – Chris Campbell

- Pilgrim Registrar – Debbie Bliss

Nominating Committee Chair – Vonda LiCalzi

Fourth Day Training Chair - John Mann

Communications Chair – Tom Wells

- Website – Chris Campbell
- Database – Chris Campbell/Mary Lee Hensel
- Email – Chris Campbell
- Newsletter – Brooke Ferguson
- Daily Prayer Chain – Debbie Bliss
- Social Media – Chris Czubowicz

Weekend Supplies Chair – Chris Campbell

- Trailer – Chris and Karen Campbell
- Name Badge – Gary Adkins
- Fourth Day Packets - Joyce Keene

Agape Chair – Vonda LiCalzi

- Agape Bag Coordinator – Karen Campbell
- Prayer Vigil – Mary Lee Hensel/Chris Campbell
- Snack Agape - Open
- Agape Book – Mary Lee Hensel
- Community Baker – Kitti Mann
- Placemats – Mary Lee Hensel

Gatherings Chair – Kitti Mann

- Scheduling Coordinator – Tammi Ellis
- Music Coordinator – Tom Wells

Group Reunions Chair – Jenn Bumbrey

Manuals Chair – Tom Wells

Volunteers Needed

Please contact Chris Campbell at chris@ewg.org if you are interested in helping the Emmaus community through any of the various volunteer positions listed.

Are you interested in joining or starting a new reunion group?

Email Jenn Bumbrey at livsnana3111@aol.com

Groups

SUNDAY	MONDAY	TUESDAY	THURSDAY
<p>Bethel UMC Men's Group 7:30 am Bethel UMC Woodbridge, Va POC: Brian Lewis 703-590-9343 bb3253@aol.com</p>	<p>Ladies in Waiting Meets every other Monday in Falmouth POC: Vonda LiCalzi 540-446-2682</p>	<p>Lord's Lions & Lambs Group 6:00 pm First Christian Church POC: Mike Remington 540-373-7716 first.christian.church@verizon.net</p>	<p>His Joyful Croakers 9:00 am Hillcrest UMC POC: June Riel 540-710-5949</p>
<p>St. Matthias Reunion Group 1st Sunday of each month 12:15 - 1:30 pm St. Matthias Social Hall POC: Tammi Ellis</p>	<p>Rainbow Group (Women) First Monday of month 10:00 am Lake of the Woods Location varies POC: Barbara Miller 540-972-7418</p>	<p>Great Is Thy Faithfulness 7:30 pm Prince of Peace UMC Manassas, Va POC: Lloyd Biller 703-590-1512</p>	<p>His Seekers (Women) 7:30 pm Home of Jane Carwell POC: Sandy Crossley 703-221-6977 POC: Jane Carwell 703-969-4019 tjcarwell@yahoo.com</p>

Fees

Application Fee \$25 – Due when you submit the completed application. If this fee is not included with the application the application will not be counted as valid until fee is received.

Sponsorship Fee \$200 – Due, (not mailed, but in the Treasurer's hands), no later than one week before the Walk, but preferably earlier. It is not acceptable to bring the Sponsorship Fee on the night the Walk starts.

A check must be written to Camp Happyland the morning of the Walk and is deposited the next day. Therefore, for Emmaus to be good stewards and to be in line with strong business practices, you must send your fees in a minimum of one week before the walk.

Team Fee - \$200 – Due, (not mailed, but in Treasurer's hands), no later than one week before the Walk, but preferably earlier. It is preferable that this is given to the Board Rep, for your Walk, during teaming.

Mail to: - All payments, applications, fees, correspondence, etc... should be mailed to P.O. Box 42094, Fredericksburg, VA 22404