

Upper Room Emmaus of the Greater Fredericksburg Area

# EMMAUS 2017

March 2017

[www.fredwalk.org](http://www.fredwalk.org)

DAILY INTERNET  
PRAYER CHAIN  
email Debbie Bliss at  
dhbliss@cox.net or  
fredemmausprayers@  
yahoo.com

DAILY PRAYER  
WARRIOR  
email Chris Campbell  
at chris@ewg.org

## Upcoming Walks

FE-105 (M)  
Mar 23-26, 2017  
Tom Wells

FE-106 (W)  
Apr 20-23, 2017  
Kathleen Holladay

FE-107 (M)  
Sept 21-24, 2017  
Gregg Snyder

FE-108 (W)  
Oct 26-29, 2017  
Jennifer Taylor

## Volunteers Needed

Please contact John Mann at [slowjet@outlook.com](mailto:slowjet@outlook.com) if you are interested in helping the Emmaus community through any of the following various volunteer positions listed.

## Gatherings

Andrew Chapel UMC  
1732 Brooke Road  
Stafford VA 22554

Take exit 140 off I-95 and go east on Courthouse Road - 630. Continue on Courthouse Road for 8 miles (cross over US Route 1 and pass Brooke Point HS). Make a right onto Andrew Chapel Rd. After crossing under the train tracks, make a left and an immediate right into the church parking lot.

- The Board meets at 2:00 pm
- Bring snacks to share during Fellowship time at 3:30 pm
- Gatherings start at 4:00 pm


**Mar 11th:**  
Andrew Chapel UMC

**Apr 8th:**  
Fredericksburg UMC

### Fourth Day Follow-Ups:

Saturday, April 8th at 9:00 am at Andrew Chapel UMC  
Monday, May 8th at 6:30 pm at Andrew Chapel UMC

If your church can host a gathering, please email the CLD John Mann at [slowjet@outlook.com](mailto:slowjet@outlook.com)



### “Mediocre to Passionate”

“They said to each other, ‘Were not our hearts burning within us while he was talking to us on the road, while he was opening the scriptures to us?’” Luke 24:32 (NRSV)

I love our Gatherings!

Although it’s been almost 19 years since my Walk, Gatherings always take me back to that time. Fellowship, singing, Communion, food, Fourth-Day Witness, prayer; I love all of it. The Fourth-Day Witness, in particular, almost always speaks to me.

At the February Gathering, we were blessed to hear the Fourth-Day Witness from Laney Walton (FE-104) of St. Matthias UMC. She spoke without notes and gave a powerful witness. She was honest and courageous about her faith journey and her emotions were raw. One comment that Laney made really resonated with me. She described being on her knees pleading to God saying “please take me from mediocre to passionate.”

“Mediocre to passionate.” I’ve reflected on that comment a lot over the last few days. The more I thought about the phrase, “mediocre to passionate”, the more I realized that it is the very

essence of the Emmaus experience. The Upper Room® says that we sponsor Pilgrims to “bring spiritual revitalization to Christians who, in turn, will bring new life and vision to the work of the church in the congregation.” We take Pilgrims from wherever they are on their spiritual journey and move them into an even closer relationship with Jesus Christ. For me, that truly began from mediocre and I pray that I am becoming more and more passionate in my relationship with Christ with each passing day.

Laney prayed for God to take her from mediocre to passionate and with the help of Emmaus, I believe she is well on her way. Moreover, I pray that Emmaus is, and will continue to be, a vehicle that moves all of us in our Emmaus Community toward passionate, with “our hearts burning within us”. For me, my passion ebbs and flows, but over the last 19 years I’ve discovered, and rediscovered, that our Emmaus Gatherings keep me moving forward.

I love our Gatherings!

DeColores,

John Mann

Fredericksburg UMC, FE-029, Table of Luke

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### ***Camp Happyland 21457 Happyland Drive Richardsville, VA 22736***

From Central Park in Fredericksburg: Drive 7.5 miles west on Route 3. Turn right (North) on Route 610, Elys Ford Road. Drive 9 miles north on Route 610. Just prior to the green Richardsville sign, turn right (East) on Route 619, Richards Ferry Road. Drive 1.3 miles to Happyland Drive. You will see a large Camp Happyland sign on the right side of the road. Turn right into the Camp and proceed to the parking area. Total distance is approximately 18 miles.

Many of you know Nancy McDaniel, retired pastor at Rhoadesville Baptist Church and former community spiritual director of our Fredericksburg Emmaus community. Several years ago, Nancy introduced me to the song “Emmaus” by Steve Green. The song is a beautiful compliment to the scripture passage in Luke 24 that we all know so well. Both the scripture and the song tell the story of meeting people where they are:

“Somewhere between where you are and Emmaus

A stranger wants to come and walk with you.

Somewhere along the way your heart will be burning,

drawn into the holy flame of truth.

Some ask Him in to stay as night falls on their own Emmaus Road.

Some push Him away and never see the mystery unfold.

But those who take to heart the word that has been spoken

as he breaks the bread of life their eyes will open.”

I suspect that we may recognize in ourselves the different reactions described in the song –

both during our particular Emmaus walk as well as during our journey throughout our lives.

Perhaps you have been the one who pushes Him way – the one who can’t quite bring yourself to take the risk to believe – the risk to recognize the One who has appeared to walk with you. Because it is a risk. Recognizing who Jesus is and that He wants to walk along with you will change your life – perhaps radically. It might feel safer to push Him away because once we are drawn into that holy flame of truth – WOW! – anything can happen!

Or perhaps you have been the one who looks closely at the One who has been walking with you – and you saw – something – and BAM! Your eyes were opened wide and you know that this is not a stranger at all but the One who has loved you from the beginning of time – the One who is both God and man, both savior and friend.

May we each “take to heart the word that has been spoken.” May our eyes be opened anew to His love and grace each day. And may we share that holy flame of truth with others as we journey.

Rosemary Blankenship

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**Purpose of the Upper Room:** The purpose of Emmaus is to renew the church as the body of the risen Christ in the world through the renewal of Christians as faithful and committed Disciples of Christ.

**Purpose of the Fredericksburg Community (per bylaws):** The purpose of Fredericksburg Emmaus shall be to inspire, challenge, and equip church members for Christian action, in their homes, churches, places of work, and the world community through the Emmaus experience.

### **Walk to Emmaus® Covenant for 2017**

Each year Emmaus communities around the world are required to enter into a covenantal relationship with The Upper Room®. The Upper Room® ‘owns’ the Emmaus program and all manuals, Talks, logo’s, and other Emmaus specific materials. By entering into the Covenant (a 15-page document), among many other things, Fredericksburg Emmaus agrees to remain faithful to the Emmaus model, protect the intellectual property (manuals, Talks, schedule, logos, Worship Book), and within our Community to promote openness to diversity and theological balance and foster a spirit of Christian acceptance and unity. In exchange, the Emmaus Office, among other things, makes the Emmaus materials and the Walk to Emmaus® trademarks available for our use and grants permission for Fredericksburg Emmaus to conduct our Walk to Emmaus® weekends for 2017.

During January and February all members of the Fredericksburg Emmaus Board of Directors signed the Covenant. At the February Gathering, the Community Spiritual Director, Rosemary Blankenship, and the Community Lay Director, John Mann, added the last two signatures to the Covenant in front of the Gathering as a visible sign of this Covenant and our pledge to be faithful to the spirit and intent of the Emmaus movement.

### **Fourth Day Follow-Up**

Additional Fourth-Day Follow-Up sessions will likely be scheduled in May or June in the Fredericksburg area and we are looking at scheduling one in the Northern Neck area in April or May.

### **“Sing and Make Music from Your Heart to the Lord” Ephesians 5:19 (NIV)**

We’ve given ourselves silly names like the “Rainbow Butterfly Unicorn Chickens” or the “Holy Hawaiians”, but we’re not an exclusive bunch. ALL Fredericksburg Emmaus musicians are welcoming to anyone who wishes to work within a group and share their love of our Lord through music.

Music is a very important part of our Emmaus experience. God created us to be instruments with the ability to praise His name through song. Paul tells us in Ephesians to, “Sing and make music from your heart to the Lord”. I think I speak for all our Emmaus musicians when I say there is no greater feeling of being filled with the Holy Spirit than helping to lead worship through song at a Gathering or on a Walk.

So, is it time to flip that old bushel basket and place your light on a stand? Step right up and join us if you sing or play the guitar, piano, drums, tambourine, stump fiddle or Flu Flooper. Don’t be shy. None of us are professionals. Strap on some rainbow tie-dye and a smile and join us during rehearsal 30-45 minutes before the next Gathering.

We have room for those of you with no musical talent, too. Maybe you’re a whiz at creating beautiful PowerPoints, flipping slides or setting up electronic equipment. Contact me and I’ll put you to work!

Beth McBride, FE-89  
bethmcb24@verizon.net



Please pray for my daughter Janis, to come to know Jesus as her Lord and savior.

Eleanor Brandy (mother of Patricia Sjöberg)

Family relationships (new marriage, etc.)

Lorraine Snyder – hope the scheduled surgery will help her feel better and be her old self.

Gramé Shannon – praise – will not be on maintenance therapy for blood cancer.

Pray for Crossroads Mission Center as we do mission work with the King Willard County Community.

Jody – Letting go – loves prayer. Pray for her. New relationship. Christian – pray for a softer heart.

Ed and Jayne Manger

Paula's mom health

Our children and grand kids

FredCamp

FE-105 and FE-106

Ann-Marie Francis (Oyster Roast Beneficiary)

Mary health, John, Wilfred, Maranatha!

Please pray for my son and his counselor – he's in prison. Due to come home 3/10/17 and she is standing in the way.

Prayers for Monica Warne and Jason Sully in their job search.

St. Matthias UMC for hosting our Gathering!!

Leadership & Vision & Obedience

Bill Spicer (Beth's Dad) – Health

Al Doughty's family & friends – Al passed away 2/2/17

Coastal Carolina Chrysalis Boys Flight – Nephew Bownian

FBC – Deacons – Leadership

Paula's mom

Al's family

Ed & Jayne

Susan's Daughter

Gathering Host Church signups!

Veteran working at cell phone store – being

redeployed – has no church family to pray for him

Praise for my health

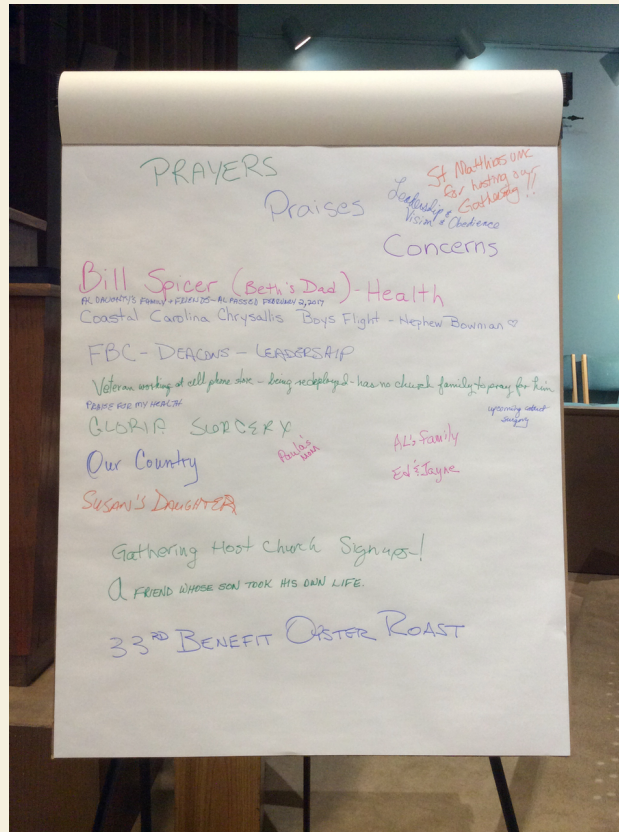
Upcoming cataract surgery

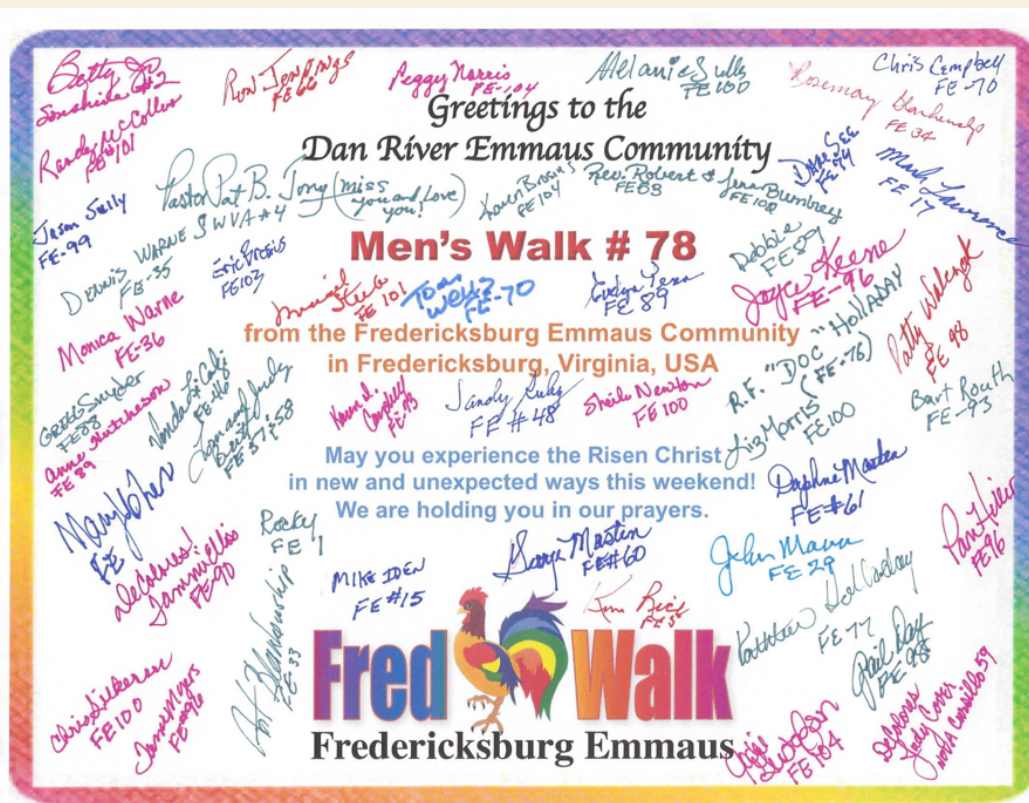
Gloria surgery

Our Country

A friend whose son took his own life.

33rd Benefit Oyster Roast

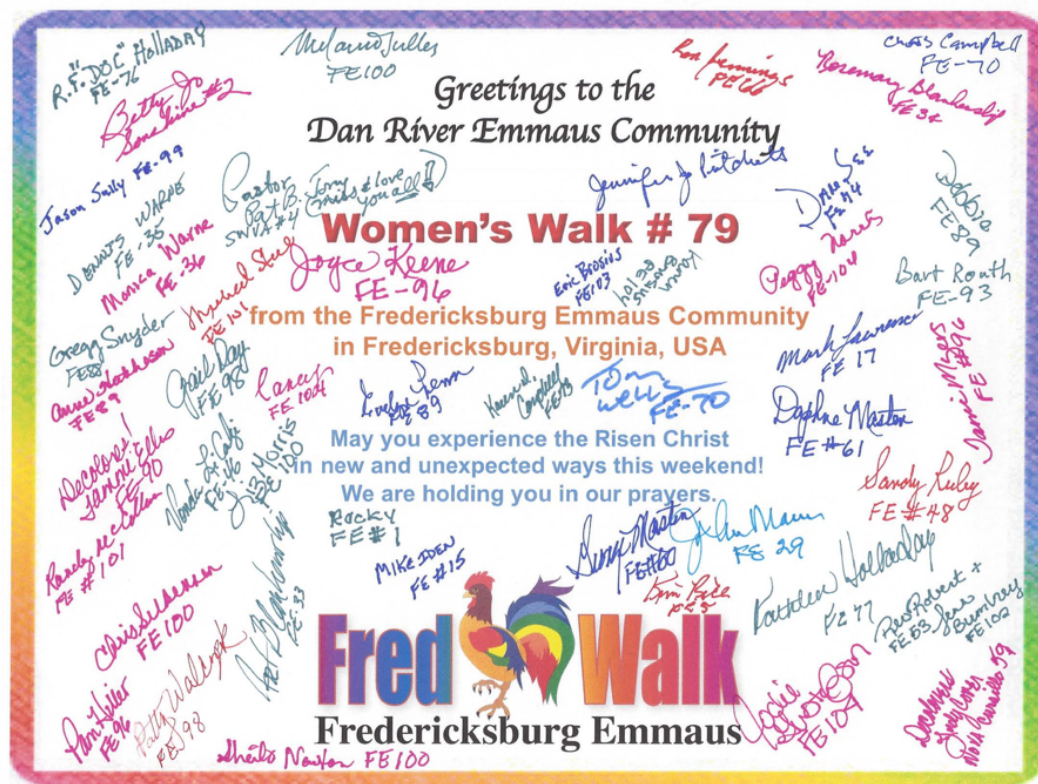




**Signed Agape sent  
to the Dan River  
Emmaus  
Community in  
Danville, VA.**

# Men's Walk #78, March 16-19, 2017

**Women's Walk  
#79, March 30-  
April 2, 2017.**



## Walk Placemats

If you would like to make walk placemats, please email Mary Lee Hensel for the details and to sign you up for a meal's worth of placemats. Placemats can be done by individuals or by reunion groups. For each meal, we need 50 placemats. You can make them on legal (8.5 x 14) or ledger (11 x 17) paper or anywhere in between.

## Agape Bags

Will you help make a pilgrim's walk special? You can buy brightly colored rainbow striped fabric, cording, and bright shoelaces to donate or you can make them yourself, (12" wide and 15" tall, please). Please contact Karen Campbell at 540-658-0468 or campbells\_6@yahoo.com

## Walk Schedule

| <i><b>Date</b></i> | <i><b>Time</b></i> | <i><b>Activity at Camp Happyland</b></i>                                                                                 |
|--------------------|--------------------|--------------------------------------------------------------------------------------------------------------------------|
| Thur               | 6:30 - 7:00 pm     | Pilgrim check-in followed by Sponsor's Hour                                                                              |
| Sat.               | 7:30 pm            | Candlelight – Community will gather for praise, Communion & fellowship. Please bring flowers for the team to use Sunday! |
| Sun.               | 4:00 pm            | Closing Service                                                                                                          |

## Agape Instructions

- General Agape should be for all Pilgrims and all Team Members and it should be anonymous.
- Please Pre-Sort Agape into a labeled bag for Pilgrims and Team Members for the three Agape events: Friday afternoon Agape Bag, Friday night Bed Agape and Saturday night Bed Agape.
- If any agape has a cord or chain, (lanyards/crosses), please individually wrap them in small baggies otherwise we may have to untangle each one.
- Pilgrim Sponsors need to get 8-10 Personal Agape letters and separate them from all other Agape.
- There will be an Agape Box available at the Gatherings



## Board of Directors:

### Class of 2017

Terry Cook

Beth McBride

Dan See

Betty Jo Sims (SD)

Gregg Snyder

### Class of 2018

Rosemary Blankenship (CSD)

Tammi Ellis

Matt Green

John Mann (CLD)

Chris Silkensen (Treasurer)

### Class of 2019

Chris Campbell (ACLD)

Butch Farley

Joyce Keene (Secretary)

Vonda LiCalzi

Randy McCollum (SD)

## Prayer Requests:

To send a prayer request to our **daily**

**internet prayer chain**, email

Debbie Bliss at [dhbliss@cox.net](mailto:dhbliss@cox.net) or

[fredemmausprayers@yahoo.com](mailto:fredemmausprayers@yahoo.com)

To become a **Daily Prayer Warrior**, email

Chris Campbell at [chris@ewg.org](mailto:chris@ewg.org)

## Community Volunteers:

Communications Support Coordinator: Mary Lee Hensel

Website & Database Administrator: Chris Campbell

Newsletter: Brooke Ferguson

Daily Prayer Chain Coordinator: Debbie Bliss

Fourth Day Support Coordinator: OPEN

Fourth Day Advisory Committee: Mary Lee Hensel & OPEN

Fourth Day Follow-Up Coordinator: Gregg Snyder Reunion

Group Coordinator: OPEN

Team Selection Committee: Ed Hayner

Team Registrars: Chris & Karen Campbell

Pilgrim Registrar: Debbie Bliss

Gathering Support Coordinator: Mary Lee Hensel

Hospitality Coordinator: OPEN

Music/Equipment Coordinator: Mitch Mitchell

Weekend Support Coordinator: Debbie Bliss

Community Servant Coordinator: Doc Holladay

Community Baker: Sandie Makely

Supplies/Transportation Coordinators:

Chris & Karen Campbell

Prayer Vigil Coordinator: OPEN

Placemat Coordinator: Mary Lee Hensel

Snack Agape Coordinator: OPEN

Agape Bag Coordinator: Karen Campbell

Name Badge Coordinators:

Gary Adkins & Dianna Wells

Fourth Day Packets: OPEN



# REUNION GROUPS & WALK FEES

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Are you interested in joining or starting a new reunion group?  
Email Chris Wells at [cdwells50@gmail.com](mailto:cdwells50@gmail.com)

| SUNDAY                                                                                                                                                                                                                                                                                                        | MONDAY                                                                                                                                                                                                                                                               | TUESDAY                                                                                                                                                                                                                                                                                                                                           | THURSDAY                                                                                                                                                                                                                                                                                                      |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>Bethel UMC Men's Group<br/>7:30 am<br/>Bethel UMC<br/>Woodbridge, Va<br/>POC: Brian Lewis<br/>703-590-9343<br/><a href="mailto:bb3253@aol.com">bb3253@aol.com</a></p> <p>St. Matthias Reunion Group<br/>1st Sunday of each month<br/>12:15 - 1:30 pm<br/>St. Matthias Social Hall<br/>POC: Tammi Ellis</p> | <p>Ladies in Waiting<br/>Meets every other Monday<br/>in Falmouth<br/>POC: Vonda LiCalzi<br/>540-446-2682</p> <p>Rainbow Group (Women)<br/>First Monday of month<br/>10:00 am<br/>Lake of the Woods<br/>Location varies<br/>POC: Barbara Miller<br/>540-972-7418</p> | <p>Lord's Lions &amp; Lambs Group<br/>6:00 pm<br/>First Christian Church<br/>POC: Mike Remington<br/>540-373-7716<br/><a href="mailto:first.christian.church@verizon.net">first.christian.church@verizon.net</a></p> <p>Great Is Thy Faithfulness<br/>7:30 pm<br/>Prince of Peace UMC<br/>Manassas, Va<br/>POC: Lloyd Biller<br/>703-590-1512</p> | <p>His Joyful Croakers<br/>9:00 am<br/>Hillcrest UMC<br/>POC: June Riel<br/>540-710-5949</p> <p>His Seekers (Women)<br/>7:30 pm<br/>Home of Jane Carwell<br/>POC: Sandy Crossley<br/>703-221-6977<br/>POC: Jane Carwell<br/>703-969-4019<br/><a href="mailto:tjcarwell@yahoo.com">tjcarwell@yahoo.com</a></p> |

**Application Fee** \$25 – Due when you submit the completed application. If this fee is not included with the application the application will not be counted as valid until fee is received.

**Sponsorship Fee** \$200 – Due, (not mailed, but in the Treasurer's hands), no later than one week before the Walk, but preferably earlier. It is not acceptable to bring the Sponsorship Fee on the night the Walk starts.

A check must be written to Camp Happyland the morning of the Walk and is deposited the next day.

Therefore, for Emmaus to be good stewards and to be in line with strong business practices, you must send your fees in a minimum of one week before the walk.

**Team Fee** - \$200 – Due, (not mailed, but in Treasurer's hands), no later than one week before the Walk, but preferably earlier. It is preferable that this is given to the Board Rep, for your Walk, during teaming.

**Mail to:** - All payments, applications, fees, correspondence, etc... should be mailed to P.O. Box 42094, Fredericksburg, VA 22404