

# UPPER ROOM EMMAUS OF THE GREATER FREDERICKSBURG AREA

August



## Upcoming Walks

FE-103 (M)  
Oct 27-30, 2016  
Chris Campbell

FE-104 (W)  
Nov 10-13, 2016  
Karen Campbell

FE-105 (M)  
Mar 23-26, 2017  
Tom Wells

FE-106 (W)  
Apr 20-23, 2017  
Kathleen Holladay

FE-107 (M)  
Sept 21-24, 2017  
TBD

FE-108 (W)  
Oct 26-29, 2017  
TBD

## Gathering Directions

.....  
Andrew Chapel UMC  
1732 Brooke Road  
Stafford VA 22554

Take exit 140 off I-95 and go east on Courthouse Road - 630. Continue on Courthouse Road for 8 miles (cross over US Route 1 and pass Brooke Point HS). Make a right onto Andrew Chapel Rd. After crossing under the train tracks, make a left and an immediate right into the church parking lot.

.....

## Gatherings 2nd Sat of the month

2:00 pm Board meeting  
3:30 pm Fellowship  
4:00 pm Gathering

Please bring snacks to share during fellowship time.

Aug 13th: Andrew Chapel UMC  
Sept 10th: St. Matthias UMC  
Oct 8th: River Club Church  
Nov 12th: Camp Happyland  
Dec 10th: Peace UMC

If your church can host a gathering, please email the ACLD Terry Cook at [mktyck@gmail.com](mailto:mktyck@gmail.com)

## From the CLD

### “Why Are We Here?”

16 “You did not choose me but I chose you. And I appointed you to go and bear fruit, fruit that will last, so that the Father will give you whatever you ask him in my name”. –John 15:16

What do you think about concerning Emmaus? Is it your Walk or the ongoing progression of Walks; a Team or Teams you have served on; the Gatherings? What images does Emmaus raise in your mind?

For many of us, the Emmaus Community revolves around our Walks. When we go to Candlelight and see the faces of our Pilgrims or attend Closing and listen to their witness, it’s hard not to focus on the Walks as the reason for Emmaus. I would invite you, however, to consider the mission of the Fredericksburg Emmaus Community as expressed in our By-Laws and the mission and vision of Emmaus from The Upper Room with whom we have a covenant relationship.

Our purpose according to the By-Laws “... is to inspire, challenge, and equip church members for Christian action, in their homes, churches, places of work, and the world community through the Emmaus experience.” We see a much broader purpose for our Community than just holding those wonderful and life changing Walks.

And if we look at the mission and vision of Emmaus espoused by The Upper Room we see a mission of “Empowering Leaders to be the hands and Feet of Christ” with a vision of “Fourth Day Leaders Embodying Jesus Christ”.

So our purpose is much more than the individual, oftentimes life changing experiences of our Walks. According to John’s Gospel, we are appointed “...to go and bear fruit, fruit that will last...” and God has promised to give us whatever we ask in His name.

Each month at our Board meetings, we read the purpose, mission, and vision statements to remind ourselves what we are about. Our Walks, our Gatherings, our Teams, our Reunion Groups, and our Prayer vigils are important tools to help us bear fruit for Christ. The ultimate expression of Emmaus, however, is all that we do to inspire, challenge and equip each of us to be Fourth Day Leaders embodying Jesus Christ. That doesn’t begin, nor does it end on our Walks.

I pray that you will continue to be a part of, and support our Community in all that we do.

DeColores,  
John Mann  
Community Lay Director

**Purpose of the Upper Room:** The purpose of Emmaus is to renew the church as the body of the risen Christ in the world through the renewal of Christians as faithful and committed Disciples of Christ.

**Purpose of the Fredericksburg Community (per bylaws):** The purpose of Fredericksburg Emmaus shall be to inspire, challenge, and equip church members for Christian action, in their homes, churches, places of work, and the world community through the Emmaus experience.

Greetings, my brother and sisters in Christ!

It seems like summer is flying by, and fall is just around the corner. This is a good time to be in prayer about sponsoring a pilgrim on FE-103 or FE-104. We are all members of this community of faith because someone loved us enough and took discipleship seriously, to send us on the Walk that has led to our Fourth Days. While this is not a responsibility to be taken lightly, it is truly an experience we should try to be a part of. Is God calling you to share the Emmaus blessings with someone? If you have questions about sponsoring of any kind – please contact one of us on the Board, we will help you, answer your questions, or find someone who can.

One of the things we are trying to stress more is that Emmaus is a Fourth Day ministry. While it is easy to become overly focused on the Walk Weekend, that event is really intended to serve as the launching point for a re-energized and ongoing walk with Christ in the company of fellow Christians. As with all things, our lives are our best witnesses to how God is working in our lives. Living into the gifts and graces of our Fourth Day means staying connected, being part of Covenant Group where we can both hold each other up and hold each other accountable. We need to look at our lives and find where we can be active Disciples

for Jesus in the world – in our churches, at our jobs, in the Emmaus community and especially out in the world. How we live our lives and what we do with the blessing God has given each of us will “preach” a sermon better than any given from the pulpit! Make your Fourth Day important, make your Fourth Day sing, let your Fourth Day change your world.

Lastly, it is hard to miss the tension and fear that seems to fill the air these days.

It seems everywhere we turn we see violence, hatred, death and sorrow.

We seem to see the world around us building walls so much faster than building bridges. Remember, we as Christians are called “to be in the world but not of the world”, so we have a call to be something different, hopefully something better. In 1 John 4:18 we are reminded that, “There is no fear in love, but perfect love casts out fear”, and Jesus was constantly reminding us to “fear not”. Let us as children of God continue to reach out in love, mercy, hope and forgiveness in the face of those who preach doom and gloom. In the word of Jesus, “love one another as I have loved you”.  
Godspeed and DeColores!

Chris Fair

Antioch UMC

FE-47, Table of Mark



From  
the CSD



## Elections for the Board

Because of the recent changes to our By-Laws, the elections to our Board of Directors for 2017 will take place at the Gathering this November. We have a total of seven positions that are open this year, one each from the 2017 and 2018 classes and five for the 2019 class (to replace the 2016 class that is completing its third year). Following are the positions:

2017: One Spiritual Director.

2018: One lay woman.

2019: One Spiritual Director, two lay women, and two lay men.

Those elected in the November elections will be invited to attend the December Board meeting as observers and will then take their places on January 1st, 2017. We won't steer you wrong, service on the Board requires a lot of work and dedication, but it is an extremely rewarding experience. It's an opportunity to be a part of the leadership for a Community of hundreds of the most wonderful people.

Please prayerfully consider submitting your name in consideration for service on the Board. You can let one of the current Board members know of your interest or send regular mail to the Emmaus post office address. We'd love to have a true cross section of our Community reflected in our Board membership.

DeColores, Emmaus Board of Directors

Annie Self – severe back problems

Bill - health

Crossroads Mission Center

Friend who is going through some difficult times

Godly leaders

Health and finances for our family

Josh Hardy – in St. Judes Hospital – asking for complete healing

Impact Virginia – as they do God's bidding to help others in need

Kennedy family

Melanie Sully - financial situation – that I will find a job and we will get the car situation taken care of

Paul

Patty

Tim – brain cancer

T.O.H.L. Bible Study

Will

William

Wisdom from God for all families



We are looking for more team members for upcoming walks. If you would like to be on a team, please attend the next 4th day follow-up, if you haven't attended one, and fill out and send in a team application. There are team applications available at the Gatherings, and one can also be downloaded from the fredwalk.org website.

If you are interested in being on the music team, please let us know. I am sure there are many of you who are very talented and would bless the music team and pilgrims, but if we don't know about your gift, we don't know to ask you to be a member.

Blessings to all of you, Mary Lee FE - 44

## ARE YOU INTERESTED IN JOINING OR STARTING A NEW REUNION GROUP?

EMAIL CHRIS WELLS AT [CDWELLS50@GMAIL.COM](mailto:cdwells50@gmail.com)

SUNDAY	MONDAY	TUESDAY	THURSDAY
<p>Bethel UMC Men's Group 7:30 am Bethel UMC Woodbridge, Va POC: Brian Lewis 703-590-9343 <a href="mailto:bb3253@aol.com">bb3253@aol.com</a></p> <p>St. Matthias Reunion Group 1st Sunday of each month 12:15 - 1:30 pm St. Matthias Social Hall POC: Tammi Ellis</p>	<p>Ladies in Waiting Meets every other Monday in Falmouth POC: Vonda LiCalzi 540-446-2682</p> <p>Rainbow Group (Women) First Monday of month 10:00 am Lake of the Woods Location varies POC: Barbara Miller 540-972-7418</p>	<p>Lord's Lions &amp; Lambs Group 6:00 pm First Christian Church POC: Mike Remington 540-373-7716 <a href="mailto:first.christian.church@verizon.net">first.christian.church@verizon.net</a></p> <p>Great Is Thy Faithfulness 7:30 pm Prince of Peace UMC Manassas, Va POC: Lloyd Biller 703-590-1512</p> <p>Reunion Bible Study 10:00 am North Stafford Baptist POC: Karen Campbell 540-658-0468 <a href="mailto:campbells_6@yahoo.com">campbells_6@yahoo.com</a></p>	<p>His Joyful Croakers 9:00 am Hillcrest UMC POC: June Riel 540-710-5949</p> <p>His Seekers (Women) 7:30 pm Home of Jane Carwell POC: Sandy Crossley 703-221-6977 POC: Jane Carwell 703-969-4019 <a href="mailto:tjcarwell@yahoo.com">tjcarwell@yahoo.com</a></p> <p>Uptown Bristersburg Believers 2nd and 4th Thursdays 7:00 pm Mt. Horeb UMC POC: Chris Wells 540-788-3068 <a href="mailto:cdwells50@gmail.com">cdwells50@gmail.com</a></p>



**Application Fee** \$25 – Due when you submit the completed application. If this fee is not included with the application the application will not be counted as valid until fee is received.

**Sponsorship Fee** \$200 – Due, (not mailed, but in the Treasurer's hands), no later than one week before the Walk, but preferably earlier. It is not acceptable to bring the Sponsorship Fee on the night the Walk starts.

A check must be written to Camp Happyland the morning of the Walk and is deposited the next day. Therefore, for Emmaus to be good stewards and to be in line with strong business practices, you must send your fees in a minimum of one week before the walk.

**Team Fee** - \$200 – Due, (not mailed, but in Treasurer's hands), no later than one week before the Walk, but preferably earlier. It is preferable that this is given to the Board Rep, for your Walk, during teaming.

**Mail to:** - All payments, applications, fees, correspondence, etc... should be mailed to P.O. Box 42094, Fredericksburg, VA 22404



## **ELECTED OFFICERS:**

**(THRU DEC 31, 2016)**

## **BOARD OF DIRECTORS: (INTERIM)**

John Mann (9/30/16) - Community Lay Director

Terry Cook (9/30/16) - Assistant Community Lay Director

TBA (2016) - Community Spiritual Director

Joyce Keene (2016) - Secretary

Monica Warne (2018) - Treasurer

## **MEMBERS AT LARGE:**

Carol Burke (2016)

Butch Farley (2016)

Tommy Thompson (2016)

Gregg Snyder (2017)

Dan See (2017)

Tammi Ellis (2018)

Matt Green (2018)

Rosemary Blankenship (2018)

Billy Showers (2017)

Beth McBride (2017)

*Note: Year in parenthesis indicates the year the individual comes off the board.*

## **VOLUNTEERS NEEDED:**

Please contact John Mann at [slowjet@live.com](mailto:slowjet@live.com) if you are interested in helping the Emmaus community through any of the various volunteer positions listed.

## **PRAYER REQUESTS:**

To send a prayer request to our **daily internet prayer chain**, email Debbie Bliss at [dhbliss@cox.net](mailto:dhbliss@cox.net) or [fredemmausprayers@yahoo.com](mailto:fredemmausprayers@yahoo.com)

To become a **Daily Prayer Warrior**, email Chris Campbell at [chris@ewg.org](mailto:chris@ewg.org)

## **COMMUNITY VOLUNTEERS:**

Communications Support Coordinator:

Mary Lee Hensel

Website & Database Administrator:

Chris Campbell

Newsletter: Brooke Ferguson

Daily Prayer Chain Coordinator: Debbie Bliss

Fourth Day Support Coordinator: OPEN

Fourth Day Advisory Committee:

Mary Lee Hensel & OPEN

Fourth Day Follow-Up Coordinator: Gregg Snyder

Reunion Group Coordinator: OPEN

Team Selection Committee: Ed Hayner

Team Registrars: Chris & Karen Campbell

Pilgrim Registrar: Debbie Bliss

Gathering Support Coordinator: Mary Lee Hensel

Hospitality Coordinator: OPEN

Music/Equipment Coordinator: Mitch Mitchell

Weekend Support Coordinator: Debbie Bliss

Community Servant Coordinator: Doc Holladay

Community Baker: Sandie Makely

Supplies/Transportation Coordinators:

Chris & Karen Campbell

Prayer Vigil Coordinator: OPEN

Placemat Coordinator: Mary Lee Hensel

Snack Agape Coordinator: OPEN

Agape Bag Coordinator: Karen Campbell

Name Badge Coordinators:

Gary Adkins & Dianna Wells

Fourth Day Packets: OPEN