

AUGUST

2015

UPPER ROOM EMMAUS

of the Greater Fredericksburg Area

FE-99 (M)
Nov 5-8, 2015
Dan See

FE-100 (W)
Nov 19-22, 2015
Mary Lee Hensel

UPCOMING WALKS
AT CAMP HAPPYLAND

SHARE ABOUT YOUR 4TH DAY

What is God doing in your 4th day? How has He used your Emmaus experience to change your life? Please email your testimony to Mary Lee Hensel at mlhensel59@gmail.com to be included in this monthly newsletter.

GATHERING DIRECTIONS:

Melrose UMC
1317 Lewisetta Rd.
Lottsburg, VA 22511

Take Route 3 East from I-95 for 3 miles. Take the exit for US-17/VA-2 which is on the right. After 5 miles, turn left onto US-17 and continue for 40 miles. Turn left onto US-360 (Queen Street) and continue for 18 miles. Turn right onto Northumberland way (still US-360) and continue for 2 miles. Turn left onto Lewisetta Rd. The church is on the left, less than a mile down the road.

2ND SATURDAYS

GATHERINGS:

August 8th

Melrose UMC

September 12th

St. Matthias

October 10th

First Christian

SCHEDULE:

2:30 pm Board meeting

3:30 pm Fellowship

4:00 pm Gathering

Please bring snacks to share during fellowship time.

If your church can host a gathering, please email the CLD Terry Cook at mktyck@gmail.com

FROM THE COMMUNITY LAY DIRECTOR

Dear Fredericksburg Emmaus Community,

I hope that everyone is having a wonderful summer! BREAKING NEWS..... by popular demand Fredericksburg Emmaus has increased its presence on SOCIAL MEDIA!!!! You can now connect with the community on multiple popular social media sites: Instagram, Twitter, Tumbler and Facebook. Now, please let me reassure you that NO PICTURES of the weekends or teaming will be posted on any of the sites. These social media streams are there to help you easily connect with the greater community in the way that you feel most comfortable. We will use these outlets to encourage you on a regular basis and to remind you of upcoming events and gatherings. You don't need to join all of the social media sites to get the benefit – the data will be replicated to each of the various sites at the same time. We encourage everyone to go to the social media outlets you use, connect with the Fredericksburg presence there, and send out invites for your fellow Emmaus sisters and brothers to join. Our goal is to be a positive, uplifting place for you. Help us spread the word. You can find all the links in the newsletter. DON'T DELAY JOIN TODAY!

Another exciting event that we hope to do in October is celebrate our 99th and 100th walk for the Fredericksburg Emmaus Community. Although the 99th and 100th walks will not be held until November, the first walk was held October 10-13, 1991. We are hoping that we will have all the particulars by mid-August. I look forward to seeing each of you at the gathering on Saturday, August 8 at Melrose United Methodist Church. Remember that fellowship begins at 3:30 and the gathering at 4:00pm.

DeColores,
Terry Cook



TEAM MEMBERS NEEDED:

We are looking for more team members for upcoming walks. If you would like to be on a team, please attend the next 4th day follow-up, if you haven't attended one, and fill out and send in a team application. There are team applications available at the Gatherings, and one can also be downloaded from the fredwalk.org website.

If you are interested in being on the music team, please let us know. I am sure there are many of you who are very talented and would bless the music team and pilgrims, but if we don't know about your gift, we don't know to ask you to be a member.

Blessings to all of you,
Mary Lee FE - 44

Stay tuned for
more info about
our October
Community
Celebration of our
99th and 100th
Walks to Emmaus!!

WHY SERVE ON AN EMMAUS TEAM?

During my last teaming one of the pilgrims asked why I volunteer to serve teams. To be honest I had never really thought about it much so was taken aback a bit. I thought for a moment and said the first thing that came to mind - "it makes me feel happy." The pilgrim smiled a little and said "I thought you did it to make us feel happy" and asked for a little clarification. What I told him surprised me a bit.

I think that there are many reasons I serve but the first, and undoubtedly the most important, is that I serve to glorify God. Peter says in 1 Peter 4:10 "Each of you should use whatever gift you have received to serve others" and I find that when I do this I feel closer to God. For me, my giving back tends to be in the form of music. In fact, the reason I learned to play the guitar was so that I could glorify God more than I could with my words alone. When I sing to God I feel like I am praying to him with vigor. Within the Emmaus community there are a myriad of ways to glorify God and I think it is incumbent on each of us to find our own way. I can guarantee you that if you are a table leader, board members, servant or prayer partner you will glorify our Father and others around you will take notice. It is impossible to serve on a team without changing from the inside and be that candle burning in the darkness.

The second reason I serve is because I want to give back to the community. When my wife and I agreed to walk we, like so many others, thought Emmaus was a retreat where we would do a little hiking. As we can all attest, we were very wrong. I never imagined that in just a few days my entire relationship with God would change so dramatically. For the first time in my

life I felt connected with God - not just a bystander. I have the Emmaus community to thank for this life changing event, and I vowed at closing that I would do all I could to help support the program. When you have so much joy in your heart you can't help but want not give it to others.

My third reason for serving is because it has brought me closer than ever to my wife. We both are active in the community and this has become a cornerstone of our relationship. This is something that we can do to support each other and gives us a common ground with which to look at life. I can think of no better way for a marriage to thrive than to base it on a mutual relationship with God, and supporting each other during the teaming process helps us achieve this. I can not tell you how much fun we have working together to make agape or planning for the event.

Teaming also gives me a chance to be with friends. Every single teaming event is like a family reunion. I look forward each week, and on the weekend, to be able to work with close friends and rejoice in the Lord with a singular objective - make the weekend the best that it can be. We laugh, we pray, we cry, we work, and we have a great time. It is rare that men have a chance to really let loose and bond with each other and I think we all appreciate this opportunity. At the end of the weekend I leave feeling tired but refreshed.

My list could go on and on but in the end I guess my initial response sums up why serve - "it makes me feel happy."

Matt Green

JULY BOARD NOTES

The Board of the Upper Room Emmaus of Greater Fredericksburg Area met on Saturday, July 11, 2015.

Treasurer's Report: An audit was run on the last two Treasurer's "reigns" and the books balanced. A question was asked about the teaming/pilgrim fee. Terry Cook, CLD, said she would bring to the next meeting the figures that the Board used to justify raising the fee (Camp Happyland raised their rates, etc.). It was noted that the Treasurer must make a \$4,500 deposit per walk two weeks prior to each Weekend and that another \$4,500 (or close to that amount) is due the day the Weekend begins.

Gatherings: Terry asked for Board member feedback on what makes them want to attend Gatherings. Answers included fellowship (seeing the people they shared the weekend with) and a rekindling of what made the weekend special to

them, the music, the talks, etc. All are encouraged to invite an Emmaus friend to attend monthly Gatherings with them.

Social Media: Terry introduced the idea of using social media to promote our Emmaus Community, to inform those who are members of the community about important upcoming events, such as Fourth Day Follow-Up Training session, Candlelights, Gatherings, Weekend dates, etc. Matt Green agreed to look into Instagram, Twitter, Tumbler and Facebook. A Facebook page exists; community members are encouraged to "LIKE" us on Facebook! More information on social media opportunities is forthcoming.

Diana Farrar
Secretary to the Board

WALK FEES AND DUE DATES

Application Fee \$25 – Due when you submit the completed application. If this fee is not included with the application the application will not be counted as valid until fee is received.

Sponsorship Fee \$220 – Due, (not mailed, but in the Treasurer's hands), no later than one week before the Walk, but preferably earlier. It is not acceptable to bring the Sponsorship Fee on the night the Walk starts. A check must be written to Camp Happyland the morning of the Walk and is deposited the next day. Therefore, for Emmaus to be good stewards and to be in line with strong business practices, you must send your fees in a minimum of one week before the walk. This fee is tax-deductible, (because you personally are not receiving anything tangible in return). You will be sent a letter, showing your donation, in January of the following year.

Team Fee - \$220 – Due, (not mailed, but in Treasurer's hands), no later than one week before the Walk, but preferably earlier. It is preferable that this is given to the Board Rep, for your Walk, during teaming.

Mail to: - All payments, applications, fees, correspondence, etc... should be mailed to P.O. Box 42094, Fredericksburg, VA 22404

If you have any questions or concerns please feel free to contact me at DHBLiss@cox.net or 540-371-4886.
DeColores, Debbie H. Bliss/FE-63 Table of Victorious Violets

REUNION GROUPS

Are you interested in joining or starting a new reunion group?

Email Chris Wells at cdwells50@gmail.com

S Bethel UMC Men's Group
7:30 am

Bethel UMC Woodbridge, Va

POC: Brian Lewis

703-590-9343

bb3253@aol.com

St. Matthias Reunion Group

1st Sunday of each month

12:15 - 1:30 pm

St. Matthias Social Hall

POC: Tammi Ellis

M Ladies In Waiting
Meets Every Other
Monday

In Falmouth

POC: Vonda LiCalzi

540-446-2682

Rainbow Group
(Women)

First Monday Of Month

10:00 Am

Lake Of The Woods

Location Varies

POC: Barbara Miller

540-972-7418

T Great Is Thy Faithfulness
7:30 Pm

Prince Of Peace UMC

Manassas, Va

POC: Lloyd Biller

703-590-1512

Reunion Bible Study

10:00 Am

North Stafford Baptist

POC: Karen Campbell

540-658-0468

campbells_6@yahoo.com

Lord's Lions & Lambs Group

6:00 Pm

First Christian Church

POC: Mike Remington

540-373-7716

first.christian.church@verizon.net

Th

His Joyful Croakers

9:00 Am

Hillcrest UMC

POC: June Riel

540-710-5949

His Seekers
(Women) 7:30 Pm

Home Of Jane Carwell

POC: Sandy Crossley

703-221-6977

POC: Jane Carwell

703-969-4019

tjcarwell@yahoo.com

Uptown Bristersburg
Believers

2nd And 4th

Thursdays 7:00 Pm

Mt. Horeb UMC

POC: Chris Wells

540-788-3068

cdwells50@gmail.com

**ELECTED OFFICERS:
(THRU JUNE 30, 2016)**

Board of Directors:

Terry Cook (2017) - Community Lay Director

John Mann (2018) - Assistant Community Lay Director

Chris Fair (2016) - Community Spiritual Director

Diana Farrar (2016) - Secretary

Stephanie Serrett (2018) - Treasurer

Members At Large:

Karen Campbell (2016)

Gregg Snyder (2017)

Dan See (2017)

Ron Jennings (2016)

Ed Hayner (2016)

Tammi Ellis (2018)

Matt Green (2018)

Rosemary Blankenship (2018)

Billy Showers (2017)

Beth McBride (2017)

Note: Year in parenthesis indicates the year the individual comes off the board.

VOLUNTEERS NEEDED:

Please contact Terry Cook at mktyck@gmail.com if you are interested in helping the Emmaus community through any of the various volunteer positions listed for the period of Aug 2015 - Sept 2016.

To send a prayer request to our daily internet prayer chain, email Debbie Bliss at dhbliss@cox.net or fredemmausprayers@yahoo.com

To become a Daily Prayer Warrior, email Chris Campbell at chris@ewg.org

**COMMUNITY VOLUNTEERS:
(SEPT 1, 2014 - AUG 31, 2015)**

Communications Support Coordinator:

Mary Lee Hensel

Website & Database Administrator:

Chris Campbell

Newsletter: Brooke Ferguson

Daily Prayer Chain Coordinator: Debbie Bliss

Fourth Day Support Coordinator: OPEN

Fourth Day Advisory Committee:

Mary Lee Hensel & OPEN

Fourth Day Follow-Up Coordinator: Gregg Snyder

Reunion Group Coordinator: Chris Wells

Team Selection Committee: Ed Hayner

Team Registrars: Chris & Karen Campbell

Pilgrim Registrar: Debbie Bliss

Gathering Support Coordinator: Mary Lee Hensel

Hospitality Coordinator: OPEN

Music/Equipment Coordinator: Mitch Mitchell

Weekend Support Coordinator: Debbie Bliss

Community Servant Coordinator: Doc Holladay

Community Baker: Sandie Makely

Supplies/Transportation Coordinators:

Chris & Karen Campbell

Prayer Vigil Coordinator: OPEN

Placemat Coordinators:

Mary Lee Hensel & Diana Farrar

Snack Agape Coordinator: OPEN

Agape Bag Coordinator: Karen Campbell

Name Badge Coordinators:

Gary Adkins & Dianna Wells

Fourth Day Packets: Diana Farrar