

MARCH

2015

UPPER ROOM EMMAUS

of the Greater Fredericksburg Area

2ND SATURDAYS

GATHERINGS:

March 14th

**Hillcrest UMC -
Come hear more details
about our upcoming
combined walks!**

April 11th

Camp Happyland

May 9th

Dahlgren UMC

SCHEDULE:

2:30 pm Board meeting

3:30 pm Fellowship

4:00 pm Gathering

Please bring snacks to share during fellowship time.

If your church can host a gathering, please email the CLD Doc Holladay at doc.holladay@wildblue.net

FE-97 (M)
April 9-12, 2015
Shane Smith

FE-98 (W)
April 9-12, 2015
Lynda Swanlund

FE-99 (M)
Nov 5-8, 2015

FE-100 (W)
Nov 19-22, 2015

UPCOMING WALKS

AT CAMP HAPPYLAND

SHARE ABOUT YOUR 4TH DAY

What is God doing in your 4th day? How has He used your Emmaus experience to change your life? Please email your testimony to Mary Lee Hensel at mlhensel59@gmail.com to be included in this monthly newsletter.

GATHERING DIRECTIONS:

Hillcrest UMC
2208 Lafayette Blvd
Fredericksburg, VA 22401

From Route 1 South & I-95: Take Route 1 North, (from Spotsylvania Exit 126 on I-95), to Four-Mile Fork. Turn right onto Lafayette Blvd. Continue on Lafayette Blvd. to Hillcrest UMC on the left.

**FE-97 &
FE-98
HAVE BEEN
COMBINED!**

Get details at
the gathering

FROM THE COMMUNITY LAY DIRECTOR

Well it is March and with a little bit of luck we may have seen the last major storm of this season. I am writing this piece on the Wednesday prior to the originally scheduled Men's Walk which was postponed as of today. Some of you will probably agree with this decision and some of you probably won't. The bottom line for myself and others was that due to the best information we were able to gather about the upcoming weather, not only would many of the Emmaus community be at risk on dangerous roads, but also, would probably have resulted in very reduced turnouts. Additionally, Camp Happyland's policy is not to bring their staff in to work under such circumstances.

On the plus side of the equation – this will, out of necessity, allow us an opportunity

to experiment with a combined Men's/Women's walk – something that has not been done before within this Emmaus Community. Who knows? If we can pull this off in April without too many complications it may become something we want to explore doing intentionally in the future. We are in somewhat of a unique position to actually pull this off – primarily because of our relationship with Camp Happyland and their fine facilities which are both large and versatile enough to allow for the needed physical separation of two teams.

Just so nobody gets the wrong idea, every opportunity throughout the walks where the two teams can be separated/ segregated, they will be. Separate billeting, separate talk rooms, separate chapel, etc... However, there will be some activities that

may need to be consolidated out of either necessity or because it involves the community members i.e. Sponsors hour, Candle Light, Closing, etc...

There actually are numerous positive aspect that could be realized from a combined walk. Conversely, there will be hurdles that we will have to deal with. I am confident that we have enough strong leadership within our Community that whatever hurdles we run up against - we will find a work around. I am reminded that just like with a normal walk – each time we do one - we find little ways to make the next one even better. I suspect that the upcoming combined walks will be no different in that respect. So let's all lean into it and make it so!

Doc Holladay – CLD

WHY SERVE ON AN EMMAUS TEAM?

My name is Mary Lee Hensel, I attend Lake of the Woods Church, I walked on FE-44 and sat at the Table of Faithfulness.

When I walked on FE-44, it was very hard to get used to being on the receiving end, and having people take care of me, and do things for me. I had for many years been the one doing, not receiving, after raising my children on my own for many years. I realized there were many other people out there, both men and women, who I was sure were feeling the same. That was why I started teaming. I wanted others to be reminded of how important they are to God, and that they need to be refreshed

in body and spirit, if they want to continue to serve God to the best of their ability.

I found that serving on an Emmaus team was as rewarding and refreshing as being a Pilgrim was. There is time and work that goes into each weekend, but seeing the faces of the Pilgrims on each Walk is worth everything. It reminds me of childbirth. You go through all the discomfort and work, but when you see that face, you forget all the rest and are reminded how miraculous God is.

DeColores,
Mary Lee FE - 44

FROM THE COMMUNITY SPIRITUAL DIRECTOR

This week has been like a few Sundays that have occurred over the past years I have served as a pastor. You work for a week or more to put together what you hope will be a great sermon and on the way to church God gives you a new message to share and a new direction to go in life.

The weather this week has given the Fredericksburg Emmaus Community a new challenge and a great opportunity to do something different and exciting. We are going to be combining the Men's Walk (FE-97) and the Women's Walk (FE-98) into the same weekend in April. We have never done anything like this before and now we can choose to either let it become a millstone around our necks or decide it provides us a

chance to do a new and amazing thing in the name of our risen Lord.

No doubt about it, this new format will be a big challenge, but it also offers some incredible opportunities. Think of the impact of Candlelight with community and supporters of both walks spreading out beneath the deck at Camp Happyland! Imagine the size and sense of celebration at the combined Closing Service on Sunday afternoon! What new and amazing things will God show us as we break new ground and try new things? Just remember, wherever we go on this new journey, God has gone before us, Jesus goes with us, and the Holy Spirit will lead us.

While I cannot be sure about this, but this delay in the Men's Walk may allow us to offer

this walk to still more men. For our brother and sisters who travel long distances to bring pilgrims, this could allow them to reduce the number of trips they make to support the weekend activities. What other opportunities will we find as we take this new journey together? Let us be truly willing to listen to the voice of the Holy Spirit, to set aside old concepts and look at new opportunities, to come together as Christians and hear the voice of God from Revelation 21:5, "See, I am making all things new."

Let us join together and take this opportunity to change lives for Jesus in a new and exciting way.

Godspeed and De Colores!
Chris Fair

FROM THE TREASURER

Well it's been quite a winter, but I think I smell spring in the air! We have an exciting weekend coming up and there is still room for pilgrims on both walks. There still seems to be some confusion on fees, applications and when everything is due. The fees and due dates are as follows:

Application Fee \$25 – Due when you submit the completed application. If this fee is not included with the application the application will not be counted as valid until fee is received.

Sponsorship Fee \$220 – Due, (not mailed, but in the Treasurer's hands), no later than one week before the Walk, but preferably earlier. It is not acceptable to bring the Sponsorship Fee on the night the Walk starts. A check must be written to Camp Happyland the morning of the Walk and is deposited the next day. Therefore, for Emmaus to be good stewards and to be in line with strong business practices, you must send your fees in a minimum of one week before the walk. This fee is tax-deductible, (because you personally are not receiving anything tangible in return). You will be sent a letter, showing your donation, in January of the following year.

Team Fee - \$220 – Due, (not mailed, but in Treasurer's hands), no later than one week before the Walk, but preferably earlier. It is preferable that this is given to the Board Representative, for your Walk, during teaming.

P.O. Box 42094, Fredericksburg, VA 22404 – All applications, fees, correspondence, etc... should be sent to this address.

If you have any questions or concerns please feel free to contact me at DHBLiss@cox.net or 540-371-4886.
DeColores,

Debbie H. Bliss

FE-63 Table of Victorious Violets

PRAYER REQUESTS

Al – back issues
 Amy's High School graduation
 Anna – Surgery on Feb. 19, 2015
 Asa Myers – healing from hand surgery
 – possible cancer in stomach or small
 intestines
 Barbara – resolution to health issues
 Ben Wood – healing after surgery
 Bethel UMC
 Bible study teaching opportunity
 Bonnie's parents in Honduras visiting
 Brad Hedrick in need of heart
 transplant
 Brian – VCU student
 Brother, Greg, healing from heart
 problems
 Brother-in-law
 Chris – Reports coming out in 2 weeks
 Christopher attending pilgrim youth
 retreat
 Clyde Hambrick – surgery
 Compressor for heat
 Cousin's health
 Daphne – Bethel UMC
 Debbie B - health
 Debbie – recovery from double
 mastectomy and reconstruction
 Diane's health and visit to the
 specialist
 Diana – kids in Alaska, Joshua's new
 job and her grandchildren
 Doc – healing from tooth surgery
 Drew getting married
 Father-in-law – hand surgery tests and
 tests that are being done
 FE-97 and FE-98 Team and Pilgrims

Friend to receive freedom from the
 desire to smoke
 George – Hip replacement
 Grandkids
 Greg Bashore – brother for healing
 Hayden – my 2 year old neighbor who
 has Down Syndrome and has been
 diagnosed with Leukemia
 Heather – healing of broken foot
 Holy Spirit upon New Hope UMC
 Homeless in our area and the
 challenges they face
 HOPE3 Ministry
 Jesus come into every heart
 Jill
 Jill and family going back to church
 Judy – good health
 Julie – testing and gallbladder surgery
 Kat – Kathy's mom
 Kathleen – new diet for health and
 healing from surgery and back pain
 Kathy's mom who had a stroke
 Ken's cousin – Ronnie Carrou
 Kurt
 Lynn
 Mason – in the Marine Corps
 Marriages
 Mitch – pray for composure at work
 Mom and Dad recovering from
 Bronchitis
 Mother-in-law visiting
 My profession – I do not want to be
 tired, I want to use my energy to serve
 God
 Music Team FE-97

My mother, Dot Bennett – Mercy for
 her and all her children, their spouse,
 her grandchildren and great-
 grandchildren to draw near to the Lord
 Jesus Christ
 Nephew – loss of dog that he had for 11
 years
 New job starting in consulting
 Pat – loss of husband
 Peace around the world
 People in the path of the snow storms
 Philipp's family
 Robbie Cushing – Eye surgery needed
 because of a paintball injury – pray for
 full recovery of vision
 Ruth Redding – healing from open
 heart surgery
 Service men and women and our
 country
 Son and daughter-in-law in China
 Son-in-law's heart and ego
 Tami Myers – continued prayers for
 guidance in finding a teaching position
 Teaching position as elementary
 teacher
 The Lost – that they will be rekindled
 in The Church
 Those who think they are Christians
 Tina – Ronny Carroll for bladder
 cancer surgery and healing
 T.O.H.L. Bible Study
 Tristan
 Tyler and Logan – college
 Unchurched
 Vicky Orr in Honduras for career
 Yoga – Beth and Diana

FE-97 & FE-98 SCHEDULE

Date	Time	Activity at Camp Happyland
Thur. 4/9/14	6:30 - 7:00 pm	Pilgrim check-in followed by Sponsor's Hour
Sat. 4/11/14	7:30 pm	Candlelight – Community will gather for praise, Communion & fellowship. Please bring flowers for the team to use Sunday!
Sun. 4/12/14	4:00 pm	Closing Service

FE-97 MEN'S TEAM

<i>Name</i>	<i>Church</i>	<i>Assignment</i>
Robbie Fulkerson	Wallers Baptist	Assistant Table Leader
David Garland	Fairview Baptist	Assistant Table Leader
Tony Innocenti	Melrose UMC	Assistant Lay Director
Carlton Jackson	First Baptist of Glenarden	Servant
Ron Jennings	Fairview Baptist	Servant
Steve Makely	First Christian Church	Servant
George Masten	Bethel UMC	Music Team
Matt McBride	St Matthias UMC	Table Leader
Marc McDonald	Stafford Crossing	Table Leader
William Mitchell	Stafford Crossing	Music Team
Jim Muhlenkamp	North Stafford Baptist	Weekend Spiritual Director
Steve Noden	Fairview @ Riverclub	Table Leader
Mike Remington	First Christian Church	Lead Servant
Jake Riley	Stafford Crossing	Table Leader
Ken Roark	Bethel UMC	Music Director
Bart Routh	Andrew Chapel UMC	Assistant Table Leader
Pete Schatz	Fairview Baptist	Floater
Clint Scott	Chancellor Christian Church	Table Leader
Dan See	Stafford Crossing	Assistant Lay Director
Michael Selph	Risen Hope Church	Assistant Spiritual Director
Betty Jo Sims	Mizpah UMC	Assistant Spiritual Director
Shane Smith	Fairview Baptist	Weekend Lay Director
Gregg Snyder	Andrew Chapel UMC	Board Rep
Felicia Taylor	Mt Olive Baptist	Assistant Spiritual Director
Tommy Thompson	Fairport Baptist	Servant
Tommy Ward	Mizpah UMC	Assistant Table Leader
Rick Waters	First Christian Church	Servant
Tom Wells	Common Ground	Assistant Lay Director
Don Wissinger	Risen Hope Church	Assistant Table Leader

FE-97 PILGRIM LIST

Matthew Bounds	Wallers Baptist	Jerry Manning	New Life Community
Andy Donahue	Bethel UMC	Mark McCelland	St. Matthias UMC
Lenny Grove	Risen Hope/North	Sean McDonald	Stafford Crossing
	Stafford Baptist	Joe Pantaleo	Stafford Crossing
David Gursky	Stafford Baptist	Craig Petrie	Wallers Baptist
Gregg Jennings	Common Ground	Paul Song	Tabernacle UMC
Brandon Keene	St. Matthias UMC	Billy Wood	Bethel UMC
Damon Lowery	Fairview Baptist		

FE-98 WOMEN'S TEAM

<i>Name</i>	<i>Church</i>	<i>Assignment</i>
Debbie Avis	Woodbridge Christian	Music
Debbie Bliss	Hillcrest UMC	Board Rep
Tom Britt	Chancellor Christian Church	Servants SD
Carol Burke	Stafford Crossing	Assistant Lay Director
Karen Campbell	Fairview @ Riverclub	Assistant Lay Director
Nancy Compher	Zion UMC	SD
Terry Cook	Life Point	Lead Agape
Kim Dietzen	Liberty UMC	Servant
Angie Dye	Stafford Crossing	Assistant Table Leader
Tammi Ellis	St. Matthias UMC	Table Leader
Chris Fair	Antioch UMC	SD
Ashley Goodwyn	Rappahannock Church of Christ	Assistant Table Leader
Lisa Green	Fairview @ Riverclub	Lead Servant
Ava Hanger	Dalghren UMC	Music Director
Alice Harding	Melrose UMC	Floater
Judy Harford	St. Matthias UMC	Servant
Mary Lee Hensel	Lake of the Woods Church	Assistant Lay Director
Anne Hutcheson	Mizpah UMC	Assistant Table Leader
Caryl Kaus	Liberty UMC	Table Leader
Joyce Keene	St. Matthias UMC	Servant
Kitti Mann	Fredericksburg UMC	Floater
Beth McBride	St. Matthias UMC	Music
Tami Myers	Fredericksburg UMC	Servant
Thea Oliver	Shady Grove UMC	Servant
Gayle Porias	Mt. Horeb UMC	WSD
Jennifer Pritchett	Fredericksburg UMC	Assistant Table Leader
Stephanie Serrett	Hillcrest UMC	Table Leader
Betty Jo Sims	Mizpah UMC	SD
Donna Sisk	Grace UMC - Hartwood	Table Leader
Debbie Snyder	Andrews Chapel UMC	Servant
Lynda Swanlund	Fredericksburg UMC	WLD
Ralph Thomas	Tower of Deliverance	SD
Monica Warne	Common Ground	Assistant Table Leader
Bonnie Wells	Common Ground	Table Leader

TEAM MEMBERS NEEDED: We are looking for more team members for upcoming walks. If you would like to be on a team, please attend the next 4th day follow-up, if you haven't attended one, and fill out and send in a team application. There are team applications available at the Gatherings, and one can also be downloaded from the fredwalk.org website.

If you are interested in being on the music team, please let us know. I am sure there are many of you who are very talented and would bless the music team and pilgrims, but if we don't know about your gift, we don't know to ask you to be a member.

Blessings to all of you,
Mary Lee FE - 44

Agape

INSTRUCTIONS

- General Agape should be for all Pilgrims and all Team Members and it should be anonymous.
- Please Pre-Sort Agape into a labeled bag for Pilgrims and Team Members for the three Agape events: Friday afternoon Agape Bag, Friday night Bed Agape and Saturday night Bed Agape.
- If any agape has a cord or chain, (lanyards/crosses), please individually wrap them in small baggies otherwise we may have to untangle each one.
- Pilgrim Sponsors need to get 8-10 Personal Agape letters and separate them from all other Agape.
- There will be an Agape Box available at the Gatherings

BAGS

Will you help make a pilgrim's walk special? You can buy brightly colored rainbow striped fabric, cording, and bright shoelaces to donate or you can make them yourself, (12" wide and 15" tall, please). Please contact Karen Campbell at 540-658-0468 or campbells_6@yahoo.com

PLACEMATS

If you would like to make walk placemats, please email either Mary Lee Hensel or Diana Farrar for the details and to sign you up for a meal's worth of placemats. Placemats can be done by individuals or by reunion groups. For each meal, we need 50 placemats. You can make them on legal (8.5 x 14) or ledger (11 x 17) paper or anywhere in between.

LINK TO PRAYER VIGIL SIGN UP:

[Prayer Vigil - Prayer Vigil Sign-up Sheet](#)

CAMP HAPPYLAND:

21457 HAPPYLAND DRIVE RICHARDSVILLE, VA 22736

From Central Park in Fredericksburg: Drive 7.5 miles west on Route 3. Turn right (North) on Route 610, Elys Ford Road. Drive 9 miles north on Route 610. Just prior to the green Richardsville sign, turn right (East) on Route 619, Richards Ferry Road. Drive 1.3 miles to Happyland Drive. You will see a large Camp Happyland sign on the right side of the road. Turn right into the Camp and proceed to the parking area. Total distance is approximately 18 miles.

REUNION GROUPS

Are you interested in joining or starting a new reunion group?

Email Chris Wells at cdwells50@gmail.com

S Bethel UMC Men's Group
7:30 am
Bethel UMC Woodbridge, Va
POC: Brian Lewis
703-590-9343
bb3253@aol.com

St. Matthias Reunion Group
1st Sunday of each month
12:15 - 1:30 pm
St. Matthias Social Hall
POC: Tammi Ellis

Lord's Lions & Lambs Group
6:00 Pm
First Christian Church
POC: Mike Remington
540-373-7716
first.christian.church@verizon.net

Th

His Joyful Croakers
9:00 Am
Hillcrest UMC
POC: June Riel
540-710-5949

M Ladies In Waiting
Meets Every Other
Monday
In Falmouth
POC: Vonda LiCalzi
540-446-2682

Rainbow Group
(Women)
First Monday Of Month
10:00 Am
Lake Of The Woods
Location Varies
POC: Barbara Miller
540-972-7418

T Great Is Thy Faithfulness
7:30 Pm
Prince Of Peace UMC
Manassas, Va
POC: Lloyd Biller
703-590-1512

Reunion Bible Study
10:00 Am
North Stafford Baptist
POC: Karen Campbell
540-658-0468
campbells_6@yahoo.com

His Seekers
(Women) 7:30 Pm
Home Of Jane Carwell
POC: Sandy Crossley
703-221-6977
POC: Jane Carwell
703-969-4019
tjcarwell@yahoo.com

Uptown Bristersburg
Believers
2nd And 4th
Thursdays 7:00 Pm
Mt. Horeb UMC
POC: Chris Wells
540-788-3068
cdwells50@gmail.com

**ELECTED OFFICERS:
(THRU JUNE 30, 2015)**

Community Lay Director:

Doc Holladay: doc.holladay@wildblue.net

Assistant Community Lay Director:

Terry Cook: mktyck@gmail.com

Community Spiritual Director:

Chris Fair: ckfair@wildblue.net

Spiritual Directors:

Betty Jo Sims: bsims@feedmore.org

Michael Selph: thegoodchef@gmail.com

Secretary:

Diana Farrar: hrhdiana@yahoo.com

Treasurer:

Debbie Bliss: dhbliss@cox.net

Manuals Coordinator/Historian:

Beth McBride: Bethmcb24@verizon.net

Agape Coordinator:

OPEN

Board Members:

Karen Campbell: campbells_6@yahoo.com

Gregg Snyder: gregg_snyder@juno.com

Dan See: daniel.see@bowheadsupport.com

Ron Jennings: jrjennings@verizon.net

Mary Lee Hensel: mlhensel59@gmail.com

Ed Hayner: ed.hayner@aol.com

Chris Wells: cdwells50@gmail.com

VOLUNTEERS NEEDED:

Please contact Doc Holladay at doc.holladay@wildblue.net if you are interested in helping the Emmaus community through any of the various volunteer positions listed for the period of Aug 2014 - Sept 2015.

To send a prayer request to our daily internet prayer chain, email

Debbie Bliss at dhbliss@cox.net or fredemmausprayers@yahoo.com

To become a Daily Prayer Warrior, email Chris Campbell at chris@ewg.org

**COMMUNITY VOLUNTEERS:
(SEPT 1, 2014 - AUG 31, 2015)**

Communications Support Coordinator:

Mary Lee Hensel

Website & Database Administrator:

Chris Campbell

Newsletter: Brooke Ferguson

Daily Prayer Chain Coordinator: Debbie Bliss

Fourth Day Support Coordinator: Chris Wells

Fourth Day Advisory Committee:

Mary Lee Hensel & OPEN

Fourth Day Follow-Up/Reunion Group Coordinator:

Chris Wells

Team Selection Committee: Ed Hayner

Team Registrars: Chris & Karen Campbell

Pilgrim Registrar: Lynda Swanlund

Gathering Support Coordinator: Mary Lee Hensel

Hospitality Coordinator: OPEN

Music/Equipment Coordinator: Mitch Mitchell

Weekend Support Coordinator: Debbie Bliss

Community Servant Coordinator: Doc Holladay

Community Baker: Sandie Makely

Supplies/Transportation Coordinators:

Chris & Karen Campbell

Prayer Vigil Coordinator: OPEN

Placemat Coordinators:

Mary Lee Hensel & Diana Farrar

Snack Agape Coordinator: OPEN

Agape Bag Coordinator: Karen Campbell

Name Badge Coordinators:

Gary Adkins & Dianna Wells

Fourth Day Packets: Diana Farrar