

# UPPER ROOM EMMAUS OF THE GREATER FREDERICKSBURG AREA

## Upcoming Walks:

FE-95 (M)  
Oct. 2-5, 2014  
Gary Adkins

FE-96 (W)  
Nov. 13-16, 2014  
Lisa Green

## Gathering Directions

To: **Lake of the Woods Church**

1 Church Lane

Locust Grove, VA 22508

From Fredericksburg: Take Route 3 West approximately 15 miles. Turn left onto Lake of the Woods Way. Turn left onto Lakeview Pkwy. Continue for 2 miles to left onto Church Lane. There is a slight right to stay on Church Ln. The church will be on the right.

## GATHERINGS

### June 14th

Lake of the Woods Church

### July 12th

Bethel UMC

### August 9th

First Christian

### September 13th

St Matthias UMC

## Gathering Info

2:30 pm Board meeting

3:30 pm Fellowship & 4:00 pm Gathering

Please bring snacks to share during fellowship time.

If your church can host a gathering, please email the CLD Mary Lee Hensel at [mlhensel59@gmail.com](mailto:mlhensel59@gmail.com)

## From the Community Lay Director

Dear Community,

It doesn't seem like a year has passed, next month this letter will have the new Community Lay Director's name at the bottom. It has been a great year!

I want to express my sincere thanks to all of the board members, to all of the churches and all of the Ministers who have been so gracious throughout the year. I have been so blessed to be able to serve this wonderful community with their help.

I also want to ask that everyone please share your appreciation and thanks to the 5 board members who are stepping down after their terms of service. They are: Chris Campbell, Tom Dempsey, Lisa Green, Ava Hanger and Nancy McDaniel. They have served our community well and have done a superb job. I will miss them deeply.

We are excited for the new board members to step onto the board; they are Terry Cook, Beth McBride, Dan See, Michael Selph and Gregg Snyder. We are greatly honored that they have accepted this commitment to our community.

I look forward to my final year as a board member and thank the community for the fantastic year as CLD. It has been enlightening, busy, entertaining and a lot of hard work that I enjoyed immensely.

The truest blessings come from serving others.

De Colores,

Mary Lee Hensel  
FE-44 Table of Faithfulness

## Prayer Requests

Al – healing of back	Kathleen and Doc
Angela – high risk pregnancy (update 5-23-2014)	Leah & Dave's adoption – Ready    Completed Studies
Angela and Annabelle Leigh are doing great)	Jody
Ankron family - healing	Jon and Kittie Mann – successful sale of our house (6-2-2014 update – it sold!)
Barbara – nasty bug problem – Please pray for release from being bitten – only God can help!	Marie – lump in breast
Cazzens Family	Matt
Daughter – healing and job	Nelly - Health
Gerri – new job	Spaghetti Church
Health for all	Stonehouse Ministries
Henry – Afghanistan	Tandrica – torn muscles
Jennifer, Spencer and Chelsea	

## From the Community SD

### A SUMMER TALE

Many of you will probably be heading to the beach this summer to enjoy the “sand, sun, and sea.” As you walk along the beach, I hope you’ll remember this little story that has made its way to me during a spiritual retreat, in some of my friends’ newsletters, and over the Internet. Its message is powerful for it reminds us of our ministry and mission in the world.

Once upon a time there was a wise man who used to go to the ocean to do his writing.

He had a habit of walking on the beach before he began his work. One day he was walking along the shore. As he looked down the beach, he saw a human figure moving like a dancer. He smiled to himself to think that someone would dance to the day.

So he began to walk faster to catch up. As he got closer, he saw that it was a young man and the young man wasn’t dancing but instead he was reaching down to the shore, picking up something and very gently throwing it into the ocean.

As he got closer, he called out, “Good Morning! What are you doing?” The young man paused, looked up, and replied, “Throwing starfish in the ocean.” “Why are you throwing starfish in the ocean?” the man asked. The young man answered, “The sun is up and the tide is going out, and if I don’t throw them in, they’ll die.” The older man replied, “But young man, don’t you realize that there are miles and miles of beach and

starfish all along it. You can’t possibly make a difference.”

The young man listened politely. Then he bent down, picked up another starfish, threw it into the sea past the breaking waves and said, “It made a difference for that one.”

Sometimes we think that we can’t possibly make a difference in the world, for the world is so big, and we are so small. But if we are willing to touch one life because we have shared our faith in Christ with someone who does not know Him, then we have made a difference. For then that one will start sharing his faith or that one will start sharing her love for Christ; and before you know it the world will be a better place, because it will have even more people who love and serve the Lord. So this summer and beyond, remember the story of the starfish, and make a difference in someone’s life with the love of Christ.

Blessings,

Nancy McDaniel

Community Spiritual Director

A Note of Thanks: Thank you for allowing me to serve as Community Spiritual Director this year. It has been a blessing and a pleasure to serve alongside such committed Christians in this Emmaus Community. God bless you all and keep you in His care.

## Fourth Day Testimony

Since my walk to Emmaus, I'm much more aware of what God is using me for. Even though I still dream to work in a "Old folks home" or a Homeless-shelter, God guided me and my Church Family in a different direction. We started a "Spaghetti-Church" and spontaneously connected with another church in need of a church home. The connection off course is the Frederickburg Walk to Emmaus. I'm also aware that God started a Food pantry and a Clothes pantry just by putting a desire in our heart to help. It is truly amazing what God can do through willing servants. All comes down to the Glory of God our Father in Heaven; because it is HE who does all the work through us! Amen.

If we as Children of God are aware of God's presence, then it is easy to invite our Brothers and Sisters in Christ to work with us, and give God the Glory. Amen.

Then it is NOT my Clothes pantry, or Food pantry and I can trust in God, that He will provide all for the needy people! Ask and it will be given to you! Seek and you shall find. Knock and it will be opened to you.

I realize more and more how God uses all of us for His Glory!

So many Years of service to God and I never realized that it is and always was to His Glory! When people asked me why I do certain things, like visiting people who don't even remember that I am there or forget that I have been there, I could NOT answer..... or my answer was: "I don't know". Today I KNOW I do everything in Jesus's Name to the Glory of God. Amen.

In His service with Love,  
Nelly Waetjen  
House of Prayer @ NSBC  
F.E.89 Table of Love

## Elected Community Officers: (Thru June 30, 2014)

Community Lay Director .....	Mary Lee Hensel.....	<a href="mailto:kb8qcj@yahoo.com">kb8qcj@yahoo.com</a>	
Assistant Community Lay Director.....	Doc Holladay.....	<a href="mailto:doc.holladay@wildblue.net">doc.holladay@wildblue.net</a>	
Community Spiritual Director .....	Nancy McDaniel.....	<a href="mailto:nancysmcdaniel@aol.com">nancysmcdaniel@aol.com</a>	
Chris Campbell.....	<a href="mailto:chris@ewg.org">chris@ewg.org</a>	Karen Campbell.....	<a href="mailto:campbells_6@yahoo.com">campbells_6@yahoo.com</a>
Diana Farrar .....	<a href="mailto:hrhdiana@yahoo.com">hrhdiana@yahoo.com</a>	Lisa Green.....	<a href="mailto:lisagreencfa@yahoo.com">lisagreencfa@yahoo.com</a>
Ed Hayner.....	<a href="mailto:ed.hayner@aol.com">ed.hayner@aol.com</a>	Ron Jennings.....	<a href="mailto:jrjennings@verizon.net">jrjennings@verizon.net</a>
Chris Wells.....	<a href="mailto:cdwells50@gmail.com">cdwells50@gmail.com</a>		
Agape Coordinator.....	Tom Dempsey.....	<a href="mailto:tom.dempsey@urs.com">tom.dempsey@urs.com</a>	
Secretary.....	Ava Hanger.....	<a href="mailto:ahanger@va.metrocast.net">ahanger@va.metrocast.net</a>	
Treasurer.....	Debbie Bliss.....	<a href="mailto:dhbliss@cox.net">dhbliss@cox.net</a>	
Manuals Coordinator/Historian .....	Doc Holladay		
Spiritual Director .....	Gayle Porias.....	<a href="mailto:gd.porias@verizon.net">gd.porias@verizon.net</a>	
Spiritual Director.....	Chris Fair.....	<a href="mailto:ckfair@wildblue.net">ckfair@wildblue.net</a>	

## Community Volunteers: (Sept 1, 2013 - Aug 31, 2014)

Communications Support Coordinator .....	Mary Lee Hensel
Website & Database Administrator.....	Chris Campbell
Newsletter .....	Brooke Ferguson
Daily Prayer Chain Coordinator .....	Debbie Bliss
Fourth Day Support Coordinator .....	Chris Wells
Fourth Day Advisory Committee .....	Mary Lee Hensel
.....	Cam Noden
Fourth Day Follow-Up/Reunion Group Coordinator.....	Chris Wells
Team Selection Committee.....	Chris Campbell
Team Registrar .....	Chris Campbell
Pilgrim Registrars .....	Chris & Karen Campbell
Gathering Support Coordinator .....	Mary Lee Hensel
Hospitality Coordinator.....	Kathleen Holladay
Music/Equipment Coordinator.....	Mitch Mitchell
Weekend Support Coordinator.....	Debbie Bliss
Community Servant Coordinator .....	Doc Holladay
Community Baker .....	Sandie Makely
Supplies/Transportation Coordinators .....	Chris & Karen Campbell
Prayer Vigil Coordinator .....	Lisa Green
Placemat Coordinator.....	VACANT
Snack Agape Coordinator .....	Lisa Green
Agape Bag Coordinator .....	Karen Campbell
Name Badge Coordinators .....	Gary Adkins
.....	Dianna Wells
Fourth Day Packets.....	Diana Farrar

## Daily Internet Prayer Chain

We have Prayer Warriors praying daily for the needs and praises of the Emmaus Community. Our Daily Prayer Chain Coordinator is Debbie Bliss, Hillcrest UMC, FE-63, table of Victorious Violets. Simply email Debbie at [fredemmausprayers@yahoo.com](mailto:fredemmausprayers@yahoo.com) or [dhbliss@cox.net](mailto:dhbliss@cox.net) with your prayer request and our Prayer Warriors will be in prayer for you! Urgent prayer requests will be handled as quickly as we receive them. If you would like to be a Daily Prayer Warrior, email our website administrator Chris Campbell at [chris@ewg.org](mailto:chris@ewg.org) and ask to be included as a Prayer Warrior.

## Sunday

Bethel UMC Men's Group  
7:30 Am  
Bethel UMC Woodbridge, Va  
POC: Brian Lewis  
703-590-9343  
Bb3253@aol.com

St. Matthias Reunion Group  
1st Sunday Of Each Month  
12:15 - 1:30 Pm  
St. Matthias Social Hall  
POC: Tammi Ellis

## Monday

Ladies In Waiting  
Meets Every Other Monday  
In Falmouth  
POC: Vonda LiCalzi  
540-446-2682

Rainbow Group (Women)  
First Monday Of Month 10:00 Am  
Lake OfThe Woods  
Location Varies  
POC: Barbara Miller  
540-972-7418

*Are you interested in joining  
or starting a new*  
**Reunion Group?**  
Email Chris Wells at  
[cdwells50@gmail.com](mailto:cdwells50@gmail.com)

## Tuesday

Great Is Thy Faithfulness 7:30 Pm  
Prince Of Peace UMC  
Manassas, Va  
POC: Lloyd Biller  
703-590-1512

Reunion Bible Study 10:00 Am  
North Stafford Baptist  
POC: Karen Campbell  
540-658-0468  
[campbells\\_6@yahoo.com](mailto:campbells_6@yahoo.com)

Lord's Lions & Lambs Group  
6:00 Pm  
First Christian Church  
POC: Mike Remington  
540-373-7716  
[first.christian.church@verizon.net](mailto:first.christian.church@verizon.net)

## Thursday

His Joyful Croakers 9:00 Am  
Hillcrest UMC  
POC: June Riel  
540-710-5949

His Seekers (Women) 7:30 Pm  
Home Of Jane Carwell  
POC: Sandy Crossley  
703-221-6977  
POC: Jane Carwell  
703-969-4019  
[tjcarwell@yahoo.com](mailto:tjcarwell@yahoo.com)

Uptown Bristersburg Believers  
2nd And 4th Thursdays 7:00 Pm  
Mt. Horeb UMC  
POC: Chris Wells  
540-788-3068  
[cdwells50@gmail.com](mailto:cdwells50@gmail.com)

## 4th Day Testimony Request

The Emmaus community wants to hear about your 4th Day! They don't have to be long, just tell us what God's doing in your 4th day, or how teaming, sponsoring, being involved in a reunion group, or attending monthly gatherings has changed your life. We post one person's 4th Day experience in the Newsletter each month. So if you'd like to share with us how God has used your Emmaus experience in any of these areas, please email your testimony to Cam Noden at: [twonodens@juno.com](mailto:twonodens@juno.com). Can't wait to hear what God has been doing!