

UPPER ROOM EMMAUS OF THE GREATER FREDERICKSBURG AREA

Upcoming Walks:

FE-93 (M)
Feb. 27 - Mar 2, 2014
Randy Harding

FE-94 (W)
Mar. 6 - 9, 2014
Debbie Bliss

Gathering Directions

To: Fairview Baptist Church
 900 Charlotte St Fredericksburg, VA 22401

Directions from I-95: Take Exit 130A heading Rt. 3 East. After the Rt. 1 overpass, turn left at the next stop light which intersects Route 3 & William St. Continue on William St. to the second stop light and turn Right onto Littlepage Street. Fairview is on the right at the corner of Littlepage St. and Charlotte St.

Directory Update Request

Please fill out the below and either email to Mary Lee at mlhensel59@gmail.com or mail to Fredericksburg Emmaus PO Box 42094 Fredericksburg, VA 22404. Thank you!

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Cell: _____

Email: _____

Walk: _____ Attended 4th Day Follow-up? _____

Church: _____

Gathering Info

2:30 pm Board meeting

3:30 pm Fellowship & 4:00 pm Gathering

Please bring snacks to share during fellowship time.

If your church can host a gathering, please email the CLD Mary Lee Hensel at mlhensel59@gmail.com

GATHERINGS

January 11th

Fairview at Charlotte St

February 8th

Hillcrest UMC

March 8th

Camp Happyland Candlelight

April 12th

St Matthias UMC

Fourth Day Testimony

WOW! I was asked to share my experience as a first time teamer in the talk room on FE-91.

I really got to know the other teamers well and develop a caring bond with my brothers-in-Christ.

The part I can't forget, (and I forget a lot), is the time spent with the pilgrims. Seeing God work in crazy, crazy ways in their lives in just 3 days and seeing the light bulb go on when they've got it!! It's so great to be used by God to help develop others. It's unforgettable. As I teamed God was also working in my life by remembering the talks and transforming my life. If you've ever wanted to team or thought about teaming, DO IT NOW! Before you forget about it.

God's working in your life to make Him real in the lives of others. God is counting on you and you are counting on Him.

DeColores!

Steve Noden, Fairview at River Club, FE-67, table of Mark

Thoughts from the Community Lay Director

I hope you all had a wonderful Christmas.

I love that Christmas comes right before the start of a New Year. My focus is on Jesus, and his birth, why God sent him to the earth. Then I start to think of what I want to work harder on for the New Year. I don't necessarily make resolutions, but I do write in my journal what I want to improve through the next year that God has given us.

Between Christmas and the New Year, I go back and look at the things that I had listed for last year, I see how I have progressed, what things still need work, what things God has taken care of that I had not paid attention to. That happens more than you would think.

I had an English teacher in high school that recommended keeping a journal, for a semester he demanded we keep a journal. It was 75% of our grade. That was the beginning of a habit that became life long.

As you enter 2014, think about the things in your life that are between you and God. We all have those things that we could do differently, more time in the Bible, getting involved in a new or different ministry at your church, learn something new, or more quiet time with God. I could make a long list of the things that I would like to improve.

This year for Christmas, my daughter gave me a new violin. She is a very accomplished player, I on the

other hand have not touched a violin in more years then I would like to confess . She was very thoughtful though, she bought an electric violin, so that when I am practicing, I can put in the ear phones, and I am the only one that can hear what I am playing. I think she was afraid I would practice when she was visiting. That present added relearning the violin on my list of things to do this year.

As you enter the New Year, I pray that it is a happy, healthy and productive year for each of you.

Please don't forget that the Spring Walks are coming soon. We need each of you to pray about sponsoring a pilgrim. Pastor Joe Reed prayed for a specific amount of pilgrims at the last Gathering. I have been repeating that prayer each day, that God would meet and increase the pilgrims, now we need to listen to what God is asking of each of us. Has he laid it on your heart to sponsor this Spring, to be his hands and feet to meet this prayer?

I pray that 2014 is a blessing for each of you, and that God walks through this year with you. May each of us remember to rely on him and to praise him.

Happy New Year!

Mary Lee Hensel

FE-44

Table of Faithfulness

From the CSD

A NEW YEAR OF BLESSINGS

As I write these words, there are only 9 days remaining in 2013! Where has this year gone? I have heard that comment from so many people—young and older alike. It has been a fast and full year with lots of blessings and lots of memories made. There have been happy times and sad times. There have been times of celebration and times of struggle. Now we are embarking on the new year of 2014. We don't know what this new year holds, but we know who holds the future, for we love and serve a God who is for us and who holds us in the palm of His hand.

One of my favorite verses of scripture is Jeremiah 29:11: "For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future." God spoke these words through the prophet Jeremiah to the people of Israel in exile in Babylon. Though they felt helpless and hopeless far away from their homeland, God was giving them hope and telling them that they had a future. God was assuring them that He was with them and that He would keep His promises to His people. In verses 12 and 13, God tells the Israelites, "Then you will call upon me and come and pray to me, and I will listen to you. You will seek me and find me when you seek me with all your heart."

These words to the people of Israel through the prophet Jeremiah are good words to us as we begin a new year. God is with us and knows all about us. God has a future and a hope for us. God wants a relationship with us as we call upon Him and pray to Him and seek Him day by day. God promises that we will find Him when we seek Him with all our heart.

Many of us may be making New Year's resolutions. I hope that those resolutions will include renewed or deepening commitments to our Lord and His church. God has blessed us so abundantly in the past, and He will bless us in the future. God loves us with an everlasting love. He showed us the full extent of His love in the gift and sacrifice of His Son Jesus. Let us enter this new year with confidence and assurance, for we have God's promise of a future and a hope!

Blessings,
Nancy McDaniel

Note: I shared this article with my church family in our January newsletter. I wanted to share it with my Emmaus family, too. Happy New Year!

Prayer Requests

Ist Healing, Restoration CC / Mt. Hermon same as 1st CC

Amy - prayer for her healing and Mickey to conceive

Angela for healing of Chiara and high risk pregnancy

Anger

Bruce - Lou Gehrig disease (Emmaus brother)

Caryl's husband for his health

Diane - transplant

For all my son-in-laws who are trying to find jobs that will pay for their families' needs

Geneva's healing and release from pain

Grandchildren - Scarlet and Dakota

Healing of knees

HOPE3 Ministries launch

Jake - job searching is a priority and health concerns

Jill and family to get into a church

Jordan in hospice - prayers he will find the Lord

Laura- Pray for healing and release from cancer

Leah and Dave - Fertility

Marriages-John, Amy, Tim & Nicki

Mike K. - wife, Amy, health & greater measure of faith & trust

Paul Self - healing

Relationship with Danielle

Repair of automobile

Shawn - Employment

Surgery for gallbladder

Son-in-law, Henry, who has gone back to Afghanistan

Spaghetti church, at North Stafford Baptist Church, will be able to serve those in need and to preach towards SALVATION to the lost is Stafford

Walks FE-93 and FE-94

Physical & emotional stress and upcoming doubts that the devil wants to put in my head about confidence

Mitch - Technical equipment issues with band at church

PRAISES

Blessings of Grandchildren

Blessings of Family

For work

Elected Community Officers: (Thru June 30, 2014)

Community Lay Director.....Mary Lee Hensel

Assistant Community Lay Director.....Doc Holladay

Community Spiritual DirectorNancy McDaniel

Chris Campbell Karen Campbell

Diana Farrar Lisa Green

Ed Hayner Ron Jennings Chris Wells

Agape CoordinatorTom Dempsey

Secretary.....Ava Hanger

TreasurerDebbie Bliss

Manuals Coordinator/HistorianDoc Holladay

Spiritual Director.....Gayle Porias

Spiritual Director.....Chris Fair

Daily Internet Prayer Chain

We have Prayer Warriors praying daily for the needs and praises of the Emmaus Community. Our Daily Prayer Chain Coordinator is Debbie Bliss, Hillcrest UMC, FE-63, table of Victorious Violets.

Simply email Debbie at

fredemmausprayers@yahoo.com or

dhbliss@cox.net with your prayer

request and our Prayer Warriors will be in prayer for you! Urgent prayer requests will be handled as quickly as we receive them. If you would like to be a Daily Prayer

Warrior, email our website administrator Chris Campbell at

chris@ewg.org and ask to be

included as a Prayer Warrior.

Community Volunteers: (Sept 1, 2013 - Aug 31, 2014)

Communications Support Coordinator.....Mary Lee Hensel

Website & Database AdministratorChris Campbell

NewsletterBrooke Ferguson

Daily Prayer Chain Coordinator.....Debbie Bliss

Fourth Day Support CoordinatorChris Wells

Fourth Day Advisory Committee.....Mary Lee Hensel

Cam Noden

Fourth Day Follow-Up/Reunion Group Coordinator.....Chris Wells

Team Selection Committee.....Chris Campbell

Team RegistrarChris Campbell

Pilgrim RegistrarsChris & Karen Campbell

Gathering Support Coordinator.....Mary Lee Hensel

Hospitality CoordinatorKathleen Holladay

Music/Equipment Coordinator.....Mitch Mitchell

Weekend Support CoordinatorDebbie Bliss

Community Servant CoordinatorDoc Holladay

Community BakerSandie Makely

Supplies/Transportation Coordinators.....Chris & Karen Campbell

Prayer Vigil CoordinatorLisa Green

Placemat Coordinator.....VACANT

Snack Agape CoordinatorLisa Green

Agape Bag CoordinatorKaren Campbell

Name Badge Coordinators.....Gary Adkins

Dianna Wells

Fourth Day Packets.....Diana Farrar

Sunday

Bethel UMC Men's Group
7:30 Am
Bethel UMC Woodbridge, Va
POC: Brian Lewis
703-590-9343
Bb3253@aol.com

St. Matthias Reunion Group
1st Sunday Of Each Month
12:15 - 1:30 Pm
St. Matthias Social Hall
POC: Tammi Ellis

Tuesday

Great Is Thy Faithfulness 7:30 Pm
Prince Of Peace UMC
Manassas, Va
POC: Lloyd Biller
703-590-1512

Reunion Bible Study 10:00 Am
North Stafford Baptist
POC: Karen Campbell
540-658-0468
campbells_6@yahoo.com

Thursday

His Joyful Croakers 9:00 Am

Hillcrest UMC
POC: June Riel
540-710-5949

His Seekers (Women) 7:30 Pm
Home Of Jane Carwell
POC: Sandy Crossley
703-221-6977
POC: Jane Carwell
703-969-4019
tjcarwell@yahoo.com

Monday

Ladies In Waiting
Meets Every Other Monday
In Falmouth
POC: Vonda LiCalzi
540-446-2682

Rainbow Group (Women)
First Monday Of Month 10:00 Am
Lake Of The Woods
Location Varies
POC: Barbara Miller
540-972-7418

Wednesday

Lord's Lions & Lambs Group
6:30 Pm
First Christian Church
POC: Joe Reed
540-373-7716
first.christian.church@verizon.net

*Are you interested in joining
or starting a new
Reunion Group?*

Email Chris Wells at
cdwells50@gmail.com

4th Day Testimony Request

The 4th day committee wants your 4th day testimonies. They don't have to be long, just tell us what God's doing in your 4th day, or how teaming, sponsoring, being involved in a reunion group, or attending monthly gatherings has changed your life. We will review it and if accepted, include it in the newsletter on a monthly basis. So if you'd like to share with us how God has used your Emmaus experience in any of these areas, please email your testimony to Cam Noden at: twonodens@juno.com for review. I'll be looking forward to hearing from you!