

# Upper Room Emmaus of the Greater Fredericksburg Area

## Gatherings & Training:

Nov 9th	Camp Happyland Candlelight
Nov 16th	Fourth Day Follow Up Training Fairview at River Club
Dec 14th	Epic Life



## FE-92 Schedule

<b>Date</b>	<b>Time</b>	<b>Activity at Camp Happyland</b>
Thur. 11/07/13	6:30 - 7:00 pm	Pilgrim check-in followed by Sponsor's Hour
Sat. 11/09/13	7:30 pm	Candlelight – Community will gather for praise, Communion & fellowship. Please bring flowers for the team to use Sunday!
Sun. 11/10/13	4:00 pm	Closing Service

## Upcoming Emmaus Walks:

<b>Walk #</b>	<b>Dates</b>	<b>Weekend Lay Director</b>
FE-92 (W)	Nov 7 - 10, 2013	Cam Noden
FE-93 (M)	Feb 27 - Mar 2, 2014	Randy Harding
FE-94 (W)	Mar 6 - 9, 2014	TBA

### Gathering Info

Board meeting at 2:30 pm

Fellowship at 3:30 pm

Gathering at 4:00 pm

Please bring snacks to share during fellowship time.

If your church can host a gathering, please email the CLD Mary Lee Hensel at [mlhensel59@gmail.com](mailto:mlhensel59@gmail.com)

### Gathering Directions to Camp Happyland

21457 Happyland Drive

Richardsville, VA 22736

From Central Park in Fredericksburg: Drive 7.5 miles west on Route 3. Turn right (North) on Route 610, Elys Ford Road. Drive 9 miles north on Route 610. Just prior to the green Richardsville sign, turn right (East) on Route 619, Richards Ferry Road. Drive 1.3 miles to Happyland Drive. You will see a large Camp Happyland sign on the right side of the road. Turn right into the Camp and proceed to the parking area. Total distance is approximately 18 miles.

## Thoughts from the Community Lay Director

Emmaus 91 has come and gone and 16 men testified to what the Emmaus experience meant to them...and how they hope it will change their lives. I remember being on that stage and saying some of the same words, along with about 23 other women. Some of those women I have seen at Gatherings, Teaming and Candlelights. Some I have not seen since we walked.

I know that some may have moved away, some may have passed away, but some are still here in the area, but haven't gotten involved with our Emmaus Community.

I mentioned a number of times at Closing, that we are not your church. We are here to build and strengthen the volunteers for your church. I pray that those from my walk and every walk, are very active in their home churches, are still on fire like we were that day sitting on that stage.

I pray daily for our Community, that more people want to be involved, that we touch the hearts of the new pilgrims and they come to the 4th Day Follow-up, and become new Sponsors, and Team members and Board Members. We have a 4th Day Follow-up scheduled for Nov. 16th. It is being held at Fairview at River Club, from 9 – 12. I am praying that many of the

men who just walked and women who will be walking this month attend.

To keep this Community growing and on fire we need to keep our commitments that we make to the community. If you are on the Board of Directors, come to the monthly meetings. If you are on a committee, participate in the work of that committee. Listen to the fourth day talks at the gatherings. How uplifting to hear how our friends are growing.

Come to the gatherings, candlelight services, and support the walks. It is my conviction that one of the most important things you may ever do is sponsor someone on an Emmaus walk. When it is properly and prayerfully done it can change the world!

Have you ever considered how many people are touched when you sponsor a pilgrim on an Emmaus weekend? That person is touched and will never be the same. This affects their family, their church, their work place. A large percentage of people that participate in the walk to Emmaus enter the clergy. These people do and will touch untold numbers of people.

I feel very blessed to be a part of such a Community and pray that each of you feel the same.

Decolores,  
Mary Lee Hensel  
FE-44

## Prayer Requests from October Gathering

Mary, Wilfred, John & Christopher  
Maranatha  
Financial Assistance  
Faith – 11 year old with cancer  
Clayton – cancer treatments  
For all the people walking on the  
breast cancer 3 day walk  
Brenda – healing from cancer  
All people affected by Gov. shut  
down  
Comfort for children affected by  
divorce  
Cija, Marcie, Dawn for healing  
Carol for residents to come to  
her home for residential care  
Eli – for full recovery  
Other Nations

FE -91 and FE -92, for pilgrims,  
teams, and families  
Blake - for healing  
For my grandson  
For my great grandson Jeff  
Health of my parents in Ohio  
Praise for finding a job and place  
to live  
Family adjusting to many changes  
Our Government Officials  
Jennifer and Matt – safe journey  
home  
Barb and Charles  
Seth & Ying  
Ben & Jamie – healing, financial  
and relationship  
For our Government  
Judy – healing

Family members to know Jesus  
Those that the Lord wants us to  
reach – International Students at  
U. of Mary Wash  
Ellen – cancer found in leg – pray  
for healing  
For those lost, wounded and  
affected by the Navy Yard  
Shooting  
Annie & Chris – joys in their new  
life together and having family  
together to share and celebrate  
For wife's continued recovery  
from kidney transplant  
Safe travels for Henry coming  
home from Afghanistan for 2  
weeks

## *From the Community Spiritual Director*

### **THANK YOU, LORD**

Thanksgiving Day will be here soon. We will enjoy family, friends, football, and food. I hope we will also take time to count our blessings and be thankful. Perhaps this story will be a good reminder to all of us of what thanksgiving is all about.

I dreamed I went to heaven and an angel was showing me around. We walked side-by-side inside a large workroom filled with angels. My angel guide stopped in front of the first section and said, "This is the Receiving Section. Here, all petitions to God said in prayer are received." I looked around in this area, and it was terribly busy with so many angels sorting out petitions written on voluminous paper sheets and scraps from people all over the world.

Then we moved on down a long corridor until we reached the second section. The angel then said to me, "This is the Packaging and Delivery Section. Here, the graces and blessings the people asked for are processed and delivered to the persons who asked for them." I noticed again how busy it was there. There were many angels working hard at that station, since so many blessings had been requested and were being packaged for delivery to Earth.

Finally at the farthest end of the long corridor, we stopped at the door of a very small station. To my great surprise, only one angel was seated there, idly doing nothing. "This is the 'Acknowledgment Section,'" my angel friend quietly admitted to me. He seemed embarrassed. "How is it that there is no work going on here?" I asked. The angel answered, "After people receive the blessings that they asked for, very few send back acknowledgments." "How does one acknowledge God's blessings?" I asked. "Simple," the angel answered, "just say, 'thank you, Lord.'"

Truth be told, we have so many blessings to acknowledge. If we have food in the refrigerator, clothes on our backs, a roof over our heads, and a place to sleep, we are richer than 75% of this world. We are blessed, and we need to thank the One from whom all blessings flow, our wonderful Lord. The psalmist wrote: Give thanks to the Lord, for he is good. His steadfast love endures forever. (Psalm 136:1) This Thanksgiving and always, let us acknowledge God's blessings and with grateful hearts, simply say, "Thank you, Lord."

Blessings,  
Nancy

### *Fourth Day Testimony*

Thanks to the team, pilgrims, sponsors and the community for the support of FE-91.

Through my 4th Day experience I have found that there are many ups and downs but you need to stay focused on God and what you received on your Walk to Emmaus. I walked on FE-53 and if I hadn't, my life would be upside down. I enjoy being a servant to others and to set the example that Jesus set for us to follow. My 4th Day has not been easy every day but I know that God takes care of the hard stuff for me. I have learned that I need to keep focused on Christ and keep Christ in my heart always. The gatherings give me the punch I need to keep God first as well as assisting with the walks themselves. I hope your 4th Day is as pleasant as possible.

DeColores  
Steve LiCalzi WLD/FE-91

## Women's FE-92 Partial Pilgrim List

<b>Name</b>	<b>Church</b>
Nikki Henderson.....	Rehoboth UMC
Donna Magruder.....	Peace UMC
Amy Martin.....	Liberty UMC
Stormy George.....	Asbury Methodist
Patti Fleming.....	Byrd Chapel UMC
Christie Reid.....	Maple Grove UMC
Hope Weimer.....	Byrd Chapel UMC
Jenn Ward.....	Mispah UMC
Janet Cornell.....	Grace UMC
Susan Wicker.....	North Stafford Baptist
Marian Lynch.....	St Matthias UMC
Kathy Cundiff.....	Salvation Army
Diane Ovadia.....	First Christian Church
Joann McLaughlin.....	Belmont Baptist

### *Agape Placemat Coordinator Needed*

Please contact our CLD

Mary Lee Hensel at

[mlhensel59@gmail.com](mailto:mlhensel59@gmail.com) if you

would like to become the Agape

Placemat Coordinator.

## *Agape Bags*

Remember when you saw your agape bag for the first time? God filled that eye-catching bag with love letters just for you. Will you help make a pilgrim's walk special? You can buy brightly colored rainbow striped fabric, (check the craft section at your local fabric store or WalMart), cording, and bright shoelaces to donate. Or you can make agape bags; they are sew simple to make, (12" wide and 15" tall, please). Say "I'll help" by calling Karen Campbell - 540-658-0468 or email her at: [campbells\\_6@yahoo.com](mailto:campbells_6@yahoo.com)

## *Instructions for Agape*

- General Agape should be for all Pilgrims and all Team Members and it should be anonymous.
- Please Pre-Sort Agape into a labeled bag for 24 Pilgrims and 26 Team Members for the three Agape events: Friday afternoon Agape Bag, Friday night Bed Agape and Saturday night Bed Agape.
- If any agape has a cord or chain, (lanyards/crosses), please individually wrap them in small baggies otherwise we may have to untangle each one.
- Pilgrim Sponsors need to get 8-10 Personal Agape letters and separate them from all other Agape.
- There will be an Agape Box available at the Gatherings

## Women's FE-92 Team

Name	Church	Assignment
Gerri Bartman	Holy Family	TL/Elizabeth
Rosemary Blankenship	Fairview Baptist	ASD
Debbie Bliss	Hillcrest UMC	ALD
Karen Campbell	Fairview at River Club	ALD
Sandra Coney	Tower of Deliverance	TL/Sarah
Gloria Elder	Lifepoint Church	ATL/Elizabeth
Blanca Griffin	Chancellor Christian	TL/Ruth
Ava Hanger	Dahlgren UMC	Board Rep
Vonda LiCalzi	Antioch UMC	Floater
Beth McBride	St. Mathias	ATL/Ruth
Nancy McDaniel	Rhoadesville Baptist	ASD
Lola McDonald	Stafford Crossing	Lead Music Director
Kathy Neiswander	Woodbridge Christian	Music
Cam Noden	Fairview at River Club	WLD
Dana Peebles	Belmont Baptist	ATL/Sarah
Susan Perkins	Peace UMC	TL/Mary
Gayle Porias	Mt. Horeb UMC	ASD
Teresa Richards	Rhoadesville Baptist	ATL/Naomi
LaZalia Richardson	Shiloh Baptist	ALD
Betty Jo Sims	Mizpah UMC	WSD
Christine Tillman	Stafford Crossing	Music
Nelly Waetjen	N. Stafford Baptist	ATL/Mary
Monica Warne	Common Ground	Floater
Bonnie Wells	Common Ground	TL/Naomi

***Please be in prayer for the Servant Team, who will remain anonymous.***

### Directory Update Request

Please fill out the below and either email to Mary Lee at [mlhensel59@gmail.com](mailto:mlhensel59@gmail.com) or mail to Fredericksburg Emmaus PO Box 42094 Fredericksburg, VA 22404. Thank you!

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Email: \_\_\_\_\_

Walk: \_\_\_\_\_ Attended 4th Day Follow-up?      YES      NO

Church: \_\_\_\_\_

## Elected Community Officers: (Thru June 30, 2014)

Community Lay Director.....Mary Lee Hensel

Assistant Community Lay Director.....Doc Holladay

Community Spiritual Director .....Nancy McDaniel

Chris Campbell	Karen Campbell	
Diana Farrar	Lisa Green	
Ed Hayner	Ron Jennings	Chris Wells

Agape Coordinator .....Tom Dempsey

Secretary.....Ava Hanger

Treasurer .....Debbie Bliss

Manuals Coordinator/Historian .....Doc Holladay

Spiritual Director.....Gayle Porias

Spiritual Director.....Chris Fair

## Community Volunteers: (Sept 1, 2013 - Aug 31, 2014)

Communications Support Coordinator.....Mary Lee Hensel

Website & Database Administrator .....Chris Campbell

Newsletter.....Brooke Ferguson

Daily Prayer Chain Coordinator.....Debbie Bliss

Fourth Day Support Coordinator.....Chris Wells

Fourth Day Advisory Committee.....Mary Lee Hensel

Cam Noden

Fourth Day Follow-Up/Reunion Group Coordinator.....Chris Wells

Team Selection Committee.....Chris Campbell

Team Registrar .....Chris Campbell

Pilgrim Registrars .....Chris & Karen Campbell

Gathering Support Coordinator.....Mary Lee Hensel

Hospitality Coordinator .....Kathleen Holladay

Music/Equipment Coordinator.....Mitch Mitchell

Weekend Support Coordinator .....Debbie Bliss

Community Servant Coordinator .....Doc Holladay

Community Baker .....Sandie Makely

Supplies/Transportation Coordinators.....Chris & Karen Campbell

Prayer Vigil Coordinator .....Lisa Green

Placemat Coordinator.....VACANT

Snack Agape Coordinator .....Lisa Green

Agape Bag Coordinator .....Karen Campbell

Name Badge Coordinators.....Gary Adkins

Dianna Wells

Fourth Day Packets.....Diana Farrar

## Daily Internet Prayer Chain

We have Prayer Warriors praying daily for the needs and praises of the Emmaus Community. Our Daily Prayer Chain Coordinator is Debbie Bliss, Hillcrest UMC, FE-63, table of Victorious Violets.

Simply email Debbie at [fredemmausprayers@yahoo.com](mailto:fredemmausprayers@yahoo.com) or [dhbliss@cox.net](mailto:dhbliss@cox.net) with your prayer request and our Prayer Warriors will be in prayer for you! Urgent prayer requests will be handled as quickly as we receive them. If you would like to be a Daily Prayer Warrior, email our website administrator Chris Campbell at [chris@ewg.org](mailto:chris@ewg.org) and ask to be included as a Prayer Warrior.

## Sunday

Bethel UMC Men's Group  
7:30 Am  
Bethel UMC Woodbridge, Va  
POC: Brian Lewis  
703-590-9343  
Bb3253@aol.com

## Wednesday

Lord's Lions & Lambs Group  
6:30 Pm  
First Christian Church  
POC: Joe Reed  
540-373-7716  
first.christian.church@verizon.net

*Are you interested in joining  
or starting a new*

### **Reunion Group?**

Email Chris Wells at  
[cdwells50@gmail.com](mailto:cdwells50@gmail.com)

## Monday

Ladies In Waiting  
Meets Every Other Monday  
In Falmouth  
POC: Vonda LiCalzi  
540-446-2682  
  
Rainbow Group (Women)  
First Monday Of Month 10:00 Am  
Lake OfThe Woods  
Location Varies  
POC: Barbara Miller  
540-972-7418

## Thursday

His Joyful Croakers 9:00 Am  
Hillcrest UMC  
POC: June Riel  
540-710-5949

His Seekers (Women) 7:30 Pm  
Home Of Jane Carwell  
POC: Sandy Crossley  
703-221-6977  
POC: Jane Carwell  
703-969-4019  
[tjcarwell@yahoo.com](mailto:tjcarwell@yahoo.com)

Reunion Bible Study 10:00 Am  
North Stafford Baptist  
POC Karen Campbell  
540-658-0468  
[campbells\\_6@yahoo.com](mailto:campbells_6@yahoo.com)

## 4th Day Testimony Request

The 4th day committee wants your 4th day testimonies. They don't have to be long, just tell us what God's doing in your 4th day, or how teaming, sponsoring, being involved in a reunion group, or attending monthly gatherings has changed your life. We will review it and if accepted, include it in the newsletter on a monthly basis. So if you'd like to share with us how God has used your Emmaus experience in any of these areas, please email your testimony to Cam Noden at: [twonodens@juno.com](mailto:twonodens@juno.com) for review. I'll be looking forward to hearing from you!

## Tuesday

Great Is Thy Faithfulness 7:30 Pm  
Prince Of Peace UMC  
Manassas, Va  
POC: Lloyd Biller  
703-590-1512

Uptown Bristersburg Believers  
2nd And 4th Thursdays 7:00 Pm  
Mt. Horeb UMC  
POC: Chris Wells  
540-788-3068  
[cdwells50@gmail.com](mailto:cdwells50@gmail.com)