

# Upper Room Emmaus of the Greater Fredericksburg Area

## Gatherings (2nd Sat of the month):

Oct 12th	St Matthias UMC
Nov 9th	Camp Happyland Candlelight
Nov 16th	Fourth Day Follow Up Training



## Upcoming Emmaus Walks:

Walk #	Dates	Weekend Lay Director
FE-91 (M)	Oct 24 - 27, 2013	Steve LiCalzi
FE-92 (W)	Nov 7 - 10, 2013	Cam Noden
FE-93 (M)	Feb 27 - Mar 2, 2014	TBA
FE-94 (W)	Mar 6 - 9, 2014	TBA

### Gathering Info

Board meeting at 2:30 pm

Fellowship at 3:30 pm

Gathering at 4:00 pm

Please bring snacks to share during fellowship time.

If your church can host a gathering, please email the CLD Mary Lee Hensel at [mlhensel59@gmail.com](mailto:mlhensel59@gmail.com)

### Gathering Directions

To: St. Matthias UMC  
426 Deacon Rd  
Fredericksburg, VA 22405

From Fredericksburg: Take Route 1 North to right on Butler Rd. Continue on Butler approximately 1.5 miles then turn left at the third light onto Deacon Rd. Follow Deacon Road approximately 2 miles, then turn right onto Edwards Drive. The parking lot entrance is the first right.

## From the Community Lay Director

Please be in prayer for the upcoming walks. We are in need of pilgrims though - lots of pilgrims. Would you pray for lots of pilgrims for the upcoming walks?

While you are praying, would you try to think of someone that you believe would benefit from the walk?

Please, go ask them. The dates for the Men's walk are October 24-27. The Women's walk is November 7-10. They are coming up soon! Fill our mailbox with applications.

Being a sponsor is an awesome experience. Here is what you need to do: first, you have to find a pilgrim. Once they have agreed to fill out an application – get it mailed in. If it is for a male, email to me at Kb8qcj@yahoo.com. Then, start to pray for them - that they will hear or see God on their weekend and that they will open up to let God speak to them.

For the weekend - You will need to get them to Camp Happyland on Thursday. Pray for them Thursday night after they go into the talk room and then again at Candlelight on Saturday night. They may not want to leave, but you need to bring them home on Sunday. You also get the honor of organizing their Sunday letters. Do you remember what an awesome blessing yours were?

To be a sponsor you also need to have gone to a Fourth Day Follow-up Training, (previously called a Day of Deeper Understanding). For those of you that have not gone to one – we are having one on November 16th. If you have not attended one, and have someone you would like to sponsor, find someone from your church that will help with being the “official” sponsor, and then plan to attend in November.

Team selection has started for the Spring Walks since we have so many Holidays between the end of the Fall Walks and the Spring Walks. Don't forget that the Spring Walks are early in 2014 – Men's FE 93 is Feb. 27 – Mar. 2. And the Women's FE 94 is Mar. 6 – 9. Not much time between Fall and Spring. If you are interested in being a team member, please get your application in.

To be on the team or servant team, you also have to have been to a Fourth Day Follow-up Training session. We have one of those coming up in November.

Please be in prayer for the Walks, the Teams, and the Pilgrims.

Decolores,  
Mary Lee Hensel  
FE-44

### Prayer Requests from September Gathering

Carolyn in hospital – pneumonia, diabetes

Ken- knee surgery

Larry – job – medical billing field

Food for kids program – funding has been cut

Praise for answered prayers

Families of fallen soldiers

Yoder family

FE – 91 and FE – 92

Possible pilgrims – pray that the

Holy Spirit moves them to walk

Elizabeth – college

Bonnie – recovering from back surgery, struggles

Daughter and son-in-law – finances

Nelly – lower back

Enough pilgrims for both walks

Granddaughter – tumor removed pray for healing

Brian – moving

Job to continue

Finances

Katrina

Pray for marriages as God intended them to be

Steve – work

Safe delivery for Sarah's baby next month

Pray for our elected leaders to lean on the Lord

For each of us to get closer to the Lord

Stronger walks

Maranatha

Jake – job

## *From the Community Spiritual Director*

### **WELCOME AUTUMN!**

To everything there is a season, and a time for every purpose under heaven. Ecclesiastes 3:1

These words of the teacher of Ecclesiastes remind me that another season is upon us. Autumn is my most favorite season of the year! Some of my family and friends can't understand my love of this season. They consider autumn a sad time for they say that nature is dying with the leaves changing colors and then turning brown and then falling from the trees. I don't see autumn that way.

I see the beauty of the white clouds against a brilliant blue sky. I feel the crispness of the cooler air and love the freshness that it brings. I love the beautiful mums and pumpkins decorating people's yards. I love going to the pumpkin patch with the children of our church and choosing a pumpkin, getting some gourds and apples, having a hayride, and walking in the hay maze. I love to see the brilliance of the sunrise and sunset in the autumn sky. I love to think of bonfires and roasting marshmallows and sitting by the fire as the air gets cooler--things I rarely do in the heat of the summer. I love to see the leaves changing to colors of magnificent reds and yellows and purples and

oranges as God paints beauty across the canvas of His world. I am amazed by it all.

These autumn days often make me break out into a song of praise, most often this song of my college days which, if I remember correctly, is also a poem by E. E. Cummings:

I thank you God for this most amazing day.

I thank you God; God thanks a lot

For the leaping greenly spirit of trees and the true blue dream of the sky,

And for everything, which is natural, which is infinite, which is YES.

I've had several family members and friends rethink their feelings about autumn as I have shared some of these thoughts with them. All I know is that I am thankful to God for all that this season brings—including our Fall Emmaus Walks, and I can echo the words of the teacher of Ecclesiastes:

He has made everything beautiful in his time.  
(Ecclesiastes 3:11)

Blessings,

Nancy

Community Spiritual Director

### *Instructions for Agape*

- General Agape should be for all Pilgrims and all Team Members and it should be anonymous.
- Please Pre-Sort Agape into a labeled bag for 24 Pilgrims and 26 Team Members for the three Agape events: Friday afternoon Agape Bag, Friday night Bed Agape and Saturday night Bed Agape.
- If any agape has a cord or chain, (lanyards/crosses), please individually wrap them in small baggies otherwise we may have to untangle each one.
- Pilgrim Sponsors need to get 8-10 Personal Agape letters and separate them from all other Agape.
- There will be an Agape Box available at the Gatherings

## Men's FE-91 Team

Name	Church	Assignment	Talk/Reading
Gary Adkins	Fairview Baptist	Assistant Lay Director	Priority
Paul Bartman	Holy Family	Assistant Table Leader (Mark)	Reading: Ecclesiastes 3:1-15
Tom Britt	Chancellor Christian	Spiritual Director	Obstacles to Grace Justifying Grace
Chris Campbell	Fairview Baptist	Board Representative	
Chris Fair	Antioch UMC	Lead Spiritual Director	Prevenient Grace Sanctifying Grace Means of Grace
Matt Green	Fairview river Club	Music Team	Reading: Prayer of St. Francis
Doc Holladay	Hillcrest UMC	Table Leader (Paul)	Priesthood of All Believers
Ron Jennings	Fairview Baptist	Assistant Lay Director	Changing Our World
Steve LiCalzi	Antioch UMC	Weekend Lay Director	Perseverance
Bill Lyon	Risen Hope	Assistant Table Leader (Paul)	Grow Through Study
Steve Noden	Fairview River Club	Assistant Table Leader (John)	Reading: Psalm 100
Spence O'Connor	Promised Land	Table Leader (Luke)	Body of Christ
Gene Philipp	Stafford Crossing	Lead Music Director	
Mike Remington	First Christian Church	Table Leader (John)	Reading: Matthew 22:34-40
Jake Riley	Stafford Crossing	Table Leader (Peter)	Life in Piety
Clint Scott	Chancellor Christian	Table Leader (Mark)	Discipleship
Dan See	Stafford Crossing	Assistant Lay Director	Reading: Luke 24:13-35
Harry Tillman	Stafford Crossing	Floater	Fourth Day
Dennis Warne	Common Ground	Music Team	Reading: Colossians 3:1-14
Richard Wells	Fairview Baptist	Assistant Table Leader (Luke)	Reading: Psalm 23
Tom Wells	Common Ground	Assistant Table Leader (Peter)	Christian Action

***Please be in prayer for the Servant Team, who will remain anonymous.***

### Men's FE-91 Partial Pilgrim List



Name	Church
Robert Reed	Rehoboth UMC
Dale Griggs	Rehoboth UMC
Randy Lee	Mt. Horeb UMC
Matt McBride	St. Matthias UMC
Wade Hall	Mila UMC
David Danner	Epic Life Church
Matt Guentner	Epic Life Church
Tommy Ward	Mispah UMC
Jon Baker	Epworth UMC
Mark Payne	Ni River Community

## Women's FE-92 Team

Name	Church	Assignment
Gerri Bartman	Holy Family	TL/Elizabeth
Rosemary Blankenship	Fairview Baptist	ASD
Debbie Bliss	Hillcrest UMC	ALD
Karen Campbell	Fairview at River Club	ALD
Sandra Coney	Tower of Deliverance	TL/Sarah
Gloria Elder	Lifepoint Church	ATL/Elizabeth
Blanca Griffin	Chancellor Christian	TL/Ruth
Ava Hanger	Dahlgren UMC	Board Rep
Vonda LiCalzi	Antioch UMC	Floater
Beth McBride	St. Mathias	ATL/Ruth
Nancy McDaniel	Rhoadesville Baptist	ASD
Lola McDonald	Stafford Crossing	Lead Music Director
Kathy Neiswander	Woodbridge Christian	Music
Cam Noden	Fairview at River Club	WLD
Dana Peebles	Belmont Baptist	ATL/Sarah
Susan Perkins	Peace UMC	TL/Mary
Gayle Porias	Mt. Horeb UMC	ASD
Teresa Richards	Rhoadesville Baptist	ATL/Naomi
LaZalia Richardson	Shiloh Baptist	ALD
Betty Jo Sims	Mizpah UMC	WSD
Christine Tillman	Stafford Crossing	Music
Nelly Waetjen	N. Stafford Baptist	ATL/Mary
Monica Warne	Common Ground	Floater
Bonnie Wells	Common Ground	TL/Naomi

***Please be in prayer for the Servant Team, who will remain anonymous.***

### Agape Placemats

If you would like to make walk placemats, please email the coordinator Debbie Bliss at [dhbliss@cox.net](mailto:dhbliss@cox.net) for the details and to sign you up for a meal's worth of placemats. Placemats can be done by individuals or by reunion groups. For each meal, we need 50 placemats. You can make them on legal (8.5 x 14) or ledger (11 x 17) paper or anywhere in between. You can use crayons, markers, laser printer, stamps, paint, or your favorite decorating technique. The medium and design is up to you.

### FE-91 Schedule

Date	Time	Activity at Camp Happyland
Thur. 10/24/13	6:30 - 7:00 pm	Pilgrim check-in followed by Sponsor's Hour
Sat. 10/26/13	7:30 pm	Candlelight – Community will gather for praise, Communion & fellowship. Please bring flowers for the team to use Sunday!
Sun. 4/27/13	4:00 pm	Closing Service

### Agape Bags

Remember when you saw your agape bag for the first time? God filled that eye-catching bag with love letters just for you. Will you help make a pilgrim's walk special? You can buy brightly colored rainbow striped fabric, (check the craft section at your local fabric store or WalMart), cording, and bright shoelaces to donate. Or you can make agape bags; they are sew simple to make, (12" wide and 15" tall, please). Say "I'll help" by calling Karen Campbell - 540-658-0468 or email her at: [campbells\\_6@yahoo.com](mailto:campbells_6@yahoo.com)

## Elected Community Officers: (Thru June 30, 2014)

Community Lay Director.....Mary Lee Hensel

Assistant Community Lay Director.....Doc Holladay

Community Spiritual Director .....Nancy McDaniel

Chris Campbell	Karen Campbell	
Diana Farrar	Lisa Green	
Ed Hayner	Ron Jennings	Chris Wells

Agape Coordinator .....Tom Dempsey

Secretary.....Ava Hanger

Treasurer .....Debbie Bliss

Manuals Coordinator/Historian .....Doc Holladay

Spiritual Director.....Gayle Porias

Spiritual Director.....Chris Fair

## Community Volunteers: (Sept 1, 2013 - Aug 31, 2014)

Communications Support Coordinator.....Mary Lee Hensel

Website & Database Administrator .....Chris Campbell

Newsletter.....Brooke Ferguson

Daily Prayer Chain Coordinator.....VACANT

Fourth Day Support Coordinator.....Chris Wells

Fourth Day Advisory Committee.....VACANT

Cam Noden

Fourth Day Follow-Up/Reunion Group Coordinator.....Chris Wells

Team Selection Committee.....Chris Campbell

Team Registrar .....Chris Campbell

Pilgrim Registrars .....VACANT

Gathering Support Coordinator.....VACANT

Hospitality Coordinator .....Kathleen Holladay

Music/Equipment Coordinator.....Mitch Mitchell

Weekend Support Coordinator .....Debbie Bliss

Community Servant Coordinator .....Doc Holladay

Community Baker .....Sandie Makely

Supplies/Transportation Coordinators.....Chris & Karen Campbell

Prayer Vigil Coordinator .....Lisa Green

Placemat Coordinator.....Debbie Bliss

Snack Agape Coordinator .....Lisa Green

Agape Bag Coordinator .....Karen Campbell

Name Badge Coordinators.....Gary Adkins  
Dianna Wells

Fourth Day Packets.....VACANT

## Daily Internet Prayer Chain

We have Prayer Warriors praying daily for the needs and praises of the Emmaus Community. Our Daily Prayer Chain Coordinator is Debbie Bliss, Hillcrest UMC, FE-63, table of Victorious Violets. Simply email Debbie at [fredemmausprayers@yahoo.com](mailto:fredemmausprayers@yahoo.com) or [dhbliss@cox.net](mailto:dhbliss@cox.net) with your prayer request and our Prayer Warriors will be in prayer for you! Urgent prayer requests will be handled as quickly as we receive them. If you would like to be a Daily Prayer Warrior, email our website administrator Chris Campbell at [chris@ewg.org](mailto:chris@ewg.org) and ask to be included as a Prayer Warrior.

## 4th Day Testimony Request

The 4th day committee wants your 4th day testimonies. They don't have to be long, just tell us what God's doing in your 4th day, or how teaming, sponsoring, being involved in a reunion group, or attending monthly gatherings has changed your life. We will review it and if accepted, include it in the newsletter on a monthly basis. So if you'd like to share with us how God has used your Emmaus experience in any of these areas, please email your testimony to Cam Noden at: [twonodens@juno.com](mailto:twonodens@juno.com) for review. I'll be looking forward to hearing from you!

## Monday

Ladies In Waiting  
Meets Every Other Monday  
In Falmouth  
POC: Vonda LiCalzi  
540-446-2682

Rainbow Group (Women)  
First Monday Of Month 10:00 Am  
Lake OfThe Woods  
Location Varies  
POC: Barbara Miller  
540-972-7418

## Tuesday

Great Is Thy Faithfulness 7:30 Pm  
Prince Of Peace UMC  
Manassas, Va  
POC: Lloyd Biller  
703-590-1512

Lakeside Group (Men) 8:00 Pm  
Lake OfThe Woods  
Call For Location  
POC: Vic Larson  
540-972-1928

## Thursday

His Joyful Croakers 9:00 Am  
Hillcrest UMC  
POC: June Riel  
540-710-5949

His Seekers (Women) 7:30 Pm  
Home Of Jane Carwell  
POC: Sandy Crossley  
703-221-6977  
POC: Jane Carwell  
703-969-4019  
tjcarwell@yahoo.com

Reunion Bible Study 10:00 Am  
North Stafford Baptist  
POC Karen Campbell  
540-658-0468  
campbells\_6@yahoo.com

Uptown Bristersburg Believers  
2nd And 4th Thursdays 7:00 Pm  
Mt. Horeb UMC  
POC: Chris Wells  
540-788-3068  
cdwells50@gmail.com

## Wednesday

Lord's Lions & Lambs Group  
6:30 Pm  
First Christian Church  
POC: Joe Reed  
540-373-7716  
first.christian.church@verizon.net

## Friday

Koinonia Group (Women) 9:00 Am  
Lake OfThe Woods  
Call For Location  
POC: Barbara Larson  
540-972-1928

## Sunday

Bethel UMC Men's Group  
7:30 Am  
Bethel UMC Woodbridge, Va  
POC: Brian Lewis  
703-590-9343  
Bb3253@aol.com

*Are you interested in joining or  
starting a new*

**Reunion Group?**

Email Chris Wells at  
cdwells50@gmail.com