

Upper Room Emmaus of the Greater Fredericksburg Area

Gatherings (2nd Sat of the month):

Sept 14th	Antioch UMC
Oct 12th	St Matthias UMC
Nov 9th	Camp Happyland Candlelight



Upcoming Emmaus Walks:

Walk #	Dates	Weekend Lay Director
FE-91 (M)	Oct 24 - 27, 2013	Steve LiCalzi
FE-92 (W)	Nov 7 - 10, 2013	Cam Noden

Gathering Info

Board meeting at 2:30 pm

Fellowship at 3:30 pm

Gathering at 4:00 pm

Please bring snacks to share during fellowship time.

If your church can host a gathering, please email the CLD Mary Lee Hensel at mlhensel59@gmail.com

Gathering Directions

To: Antioch UMC
138 Kellogg Mill Rd
Fredericksburg, VA 22406

From Fredericksburg: Take I-95 North to exit 133, Rt 17 towards Warrenton. Follow Rt 17 approx 5 miles then make a right turn onto Co Rd 616/Poplar Rd. Follow approx 1.5 miles then turn right onto Co Rd 651/Kellogg Mill Rd. Church will be on your left.

From the Community Lay Director

I just finished a daily devotional, Holiness, Day by Day, by Jerald Bridges. I love when a devotional gives you scripture to refer to on all that it discusses. I tend to not finish any that I start, that seem to be more the writer's thoughts, with no biblical reference. This devotional hit all the marks – it lifting me up, and also brought me to tears in some places. Gave me lots to pray about, was a wonderful testimony and shined with God's Grace.

I love devotionals. They give me another's view of different Bible verses, and expand my knowledge of biblical times and geography. I will never know enough about the Bible and about God, so each one furthers my education. Most of all they strengthen me and guide me to be a better person, so that God can use me where he wants me.

Where are you letting God use you? Are you being used in your home church, in your neighborhood, with your family, in Emmaus? Are you teaming this fall? Sponsoring a pilgrim? Have you

thought about volunteering in the Emmaus Community? Do you know who makes the communion bread for the walks? The banners? The lanyards? Who draws all of the beautiful placemats? All are done by volunteers. Why not consider attending some of the Walk events, we have Candlelight on Saturday night and Closing on Sunday afternoon. Or come and be a servant during the Walk.

If you need more ideas there are a few volunteer positions still looking for a home.

We need a music coordinator and a pilgrim registrar.

If God is leading you to one of these positions please contact me or any of the board members.

Please pray about sponsoring a pilgrim for the Fall Walks, lets share the wonderful experience we had on our walk with others.

DeColores,
Mary Lee Hensel
FE-44, Table of Faithfulness

Prayer Requests from August Gathering

Bob & Teggin

Janet

Eleanor

Bernard & Evelyn

Neely

FE-91 & FE-92

Vonda – job

Dave Brown – Grandmother
passed away

Janet B – Chemo Treatments
Pray for our daughter and
granddaughter

Carol's children – Godly husband
for her daughter, son helping to
start a new church

Gina health

Gloria Woods passed away –
pray for family

Bill's - children

Ed's –children and his health

Juanita struggling

Debbie – children's health and
daughter back in a church

Ken – healing from a bad knee
injury

Nancy – continued healing for a
total shoulder replacement

My sister, Deb, foreclosure on
her house

Healing for Pastor James
Muhlenkamp for surgery

Amy – her mission

Being able to babysit grandkids
and keep them under control
Success with Food Pantry and
Cloth Pantry

Nelly's grandchildren - May God
touch these hearts that they can
see HIS LOVE through me (now
they are ill behaved)

Pilgrims for FE-91 & 92

Natural disaster victims

Bobby & Gina would sell their
store

Cam – car repairs

AMI Mission in Sri Lanka

From the Community Spiritual Director

THERE'S WORK FOR ALL OF US!!!

At the beginning of this month of September, we are celebrating Labor Day. It is a day “dedicated to the social and economic achievement of American workers and is a yearly tribute to the contributions workers have made to the strength, prosperity, and well-being of our country.” I believe that the Lord has work for all of us to do—individually and as an Emmaus Community. Speaking of Labor Day and work, I love this old story. You have probably heard it, but it is worth hearing (or reading) again.

This is the story of four people: Everybody, Somebody, Anybody, and Nobody. There was an important job to be done and Everybody was so sure that Somebody would do it. Anybody could have done it but Nobody did it. Somebody got angry because it was Everybody's job. Everybody thought that Somebody would do it. But Nobody asked Anybody. It ended up that the job wasn't done and Everybody blasted Somebody when actually Nobody asked Anybody.

This story speaks to me because I believe that many of us think that people will volunteer to do the Lord's work when actually they may just be waiting to be asked. If asked, people are usually willing. But we can't assume that everything will just get done because Somebody will do it. Think of all the places of service we have in Emmaus. Most of

the time, we are honored to be asked to serve on a team, and it is a joy to serve during the weekends. But how about making agape, helping to plan and lead Fourth Day follow-up meetings or orientation meetings, or serving on the Board? How about setting up and cleaning up for weekends? How about sponsoring a pilgrim? How about being there for send off and candlelight and closing? There is work for us to do in the Emmaus community and this is a part of Kingdom work. We are all called to work that God's kingdom may come on earth as it is in heaven. There are needs all around us, and so there is work to be done. **IT IS KINGDOM WORK.** And we must all be working.

God has many ministries for us to do as an Emmaus community. There are other ministries in our own families, our churches, our communities, our state, and even around the world. Everybody may think it needs to be done, and they might think that Anybody could do it and that Somebody will do it. And, in that case, maybe Nobody will do it. It's up to all of us to be the Somebody with a face and a name and a heart to do the Lord's work.

Blessings and De Colores,

Nancy

Community Spiritual Director

4th Day Testimony

My name is Gayle Porias and I worship at Mount Horeb UMC. I walked on National Capital Emmaus #109 and sat at the Table of Kindness.

As I think back to my Walk to Emmaus weekend as a pilgrim there was one talk that stood out above all the rest: the Priorities talk. The woman who gave the talk finished with a skit depicting a very busy woman and a visit from Jesus in the midst of her busyness. In the middle of her very busy day, there is a knock at the door. Irritated, she answers the door: there is Jesus wanting to come in. Reluctantly, she lets him in and proceeds to find a room where she can "put" Jesus until she has time to talk to him. The skit made us laugh as she tried, unsuccessfully, to keep Jesus confined to a room- a room where she was not planning to be. As she would exit the room, Jesus would follow her. Finally, in exasperation, she "nails" Jesus hands to the wall to keep him from following and annoying her. The last part just hit me in my heart! My choice to respond or not to respond to God's call was not just about me. It was about Jesus and me and our relationship.

That weekend I realized that I had been putting Jesus off, making excuses, finding other things to be

busy with than the ministry to which God was calling me. Jesus calls us to discipleship in which we grow in holiness, becoming more Christ-like. But it goes beyond our personal holiness. We are called into ministry and mission. The Holy Spirit equips us with spiritual gifts that enable us to fulfill the ministries to which we have been called. Samson, a tragic figure from the Book of Judges, is an example of not using the gifts that God has given to us. Gifted with super human strength to rescue his people, the Israelites, from their enemy, the Philistines, he instead chooses to use his gift to fulfill his own wants and desires. In the end, God is still able to use him but just think how much more God could have used him if he would have allowed God to do so.

What great things could have been done through him if he would have submitted himself and the gift God gave him to God's purposes? What would God accomplish through us if we allowed God to use our talents, skills, experience, and gifts for God's purposes?

DeColores!

Elected Community Officers: (Thru June 30, 2014)

Community Lay Director.....Mary Lee Hensel

Assistant Community Lay Director.....Doc Holladay

Community Spiritual DirectorNancy McDaniel

Chris Campbell	Karen Campbell	
Diana Farrar	Lisa Green	
Ed Hayner	Ron Jennings	Chris Wells

Agape CoordinatorTom Dempsey

Secretary.....Ava Hanger

TreasurerDebbie Bliss

Manuals Coordinator/HistorianDoc Holladay

Spiritual Director.....Gayle Porias

Spiritual Director.....Chris Fair

Community Volunteers: (Sept 1, 2013 - Aug 31, 2014)

Communications Support Coordinator.....Mary Lee Hensel

Website & Database AdministratorChris Campbell

Newsletter.....Brooke Ferguson

Daily Prayer Chain Coordinator.....VACANT

Fourth Day Support Coordinator.....Chris Wells

Fourth Day Advisory Committee.....VACANT

Cam Noden

Fourth Day Follow-Up/Reunion Group Coordinator.....Chris Wells

Team Selection Committee.....Chris Campbell

Team RegistrarChris Campbell

Pilgrim RegistrarsVACANT

Gathering Support Coordinator.....VACANT

Hospitality CoordinatorKathleen Holladay

Music/Equipment Coordinator.....Mitch Mitchell

Weekend Support CoordinatorDebbie Bliss

Community Servant CoordinatorDoc Holladay

Community BakerSandie Makely

Supplies/Transportation Coordinators.....Chris & Karen Campbell

Prayer Vigil CoordinatorLisa Green

Placemat Coordinator.....Debbie Bliss

Snack Agape CoordinatorLisa Green

Agape Bag CoordinatorKaren Campbell

Name Badge Coordinators.....Gary Adkins
Dianna Wells

Fourth Day Packets.....VACANT

Daily Internet Prayer Chain

We have Prayer Warriors praying daily for the needs and praises of the Emmaus Community. Our Daily Prayer Chain Coordinator is Teresa Smith, Fairview at River Club, FE-37, Table of Patience. Simply email Teresa at fredemmausprayers@yahoo.com with your prayer request and our Prayer Warriors will be in prayer for you! Urgent prayer requests will be handled as quickly as we receive them. If you would like to be a Daily Prayer Warrior, email our website administrator Chris Campbell at chris@ewg.org and ask to be included as a Prayer Warrior.

4th Day Testimony Request

The 4th day committee wants your 4th day testimonies. They don't have to be long, just tell us what God's doing in your 4th day, or how teaming, sponsoring, being involved in a reunion group, or attending monthly gatherings has changed your life. We will review it and if accepted, include it in the newsletter on a monthly basis. So if you'd like to share with us how God has used your Emmaus experience in any of these areas, please email your testimony to Cam Noden at: twonodens@juno.com for review. I'll be looking forward to hearing from you!

Monday

Ladies In Waiting
Meets Every Other Monday
In Falmouth
POC: Vonda LiCalzi
540-446-2682

Rainbow Group (Women)
First Monday Of Month 10:00 Am
Lake OfThe Woods
Location Varies
POC: Barbara Miller
540-972-7418

Tuesday

Great Is Thy Faithfulness 7:30 Pm
Prince Of Peace UMC
Manassas, Va
POC: Lloyd Biller
703-590-1512

Lakeside Group (Men) 8:00 Pm
Lake OfThe Woods
Call For Location
POC: Vic Larson
540-972-1928

Thursday

His Joyful Croakers 9:00 Am
Hillcrest UMC
POC: June Riel
540-710-5949

His Seekers (Women) 7:30 Pm
Home Of Jane Carwell
POC: Sandy Crossley
703-221-6977
POC: Jane Carwell
703-969-4019
tjcarwell@yahoo.com

Amazing Grace Group 8:30 Pm
Hillcrest UMC
POC: Ed McAdam
540-898-3625
emcadam@cox.net

Reunion Bible Study 10:00 Am
North Stafford Baptist
POC Karen Campbell
540-658-0468
campbells_6@yahoo.com

Uptown Bristersburg Believers
2nd And 4th Thursdays 7:00 Pm
Mt. Horeb UMC
POC: Chris Wells
540-788-3068
cdwells50@gmail.com

Wednesday

Lord's Lions & Lambs Group
6:30 Pm
First Christian Church
POC: Joe Reed
540-373-7716
first.christian.church@verizon.net

Friday

Koinonia Group (Women) 9:00 Am
Lake OfThe Woods
Call For Location
POC: Barbara Larson
540-972-1928

Sunday

Bethel UMC Men's Group
7:30 Am
Bethel UMC Woodbridge, Va
POC: Brian Lewis
703-590-9343
Bb3253@aol.com

*Are you interested in joining or
starting a new*

Reunion Group?

Email Chris Wells at
cdwells50@gmail.com