

Upper Room Emmaus of the Greater Fredericksburg Area

Gatherings (2nd Sat of the month):

Aug 10th	Mt Horeb UMC
Sept 14th	Antioch UMC



Upcoming Emmaus Walks:

Walk #	Dates	Weekend Lay Director
FE-91 (M)	Oct 24 - 27, 2013	Steve LiCalzi
FE-92 (W)	Nov 7 - 10, 2013	Cam Noden

Gathering Info

Board meeting at 2:30 pm

Fellowship at 3:30 pm

Gathering at 4:00 pm

Please bring snacks to share during fellowship time.

If your church can host a gathering, please email the CLD Mary Lee Hensel at mlhensel59@gmail.com

Gathering Directions

To: Mt Horeb UMC
10867 Elk Run Rd
Catlett, VA 20119

From Fredericksburg: Take I-95 North to Exit 133 US-17N toward Warrenton. Follow 6.7 miles to Right onto Co Rd 705/Hartwood Church Rd. Take slight right onto State Route 612/Hartwood Rd. Follow 6.7 miles then continue onto Co Rd 616/Poplar Rd. Follow 7.7 miles to right onto St Rt 806/Elk Run Rd. Church is on right.

From the Community Lay Director

Hello, Community!

I missed my first Board meeting and Gathering as CLD. Not on purpose, I was in the hospital, but God has a plan with every event in our life, and this hospital stay was one of His events.

First let me tell you that I am fine, recovering nicely, and thank you all that were keeping me in prayer, I really appreciated it and felt it.

But there is more than one God story in this adventure. I had gallstones, one of those wonderful little guys decided he wanted to go the wrong direction, and planted himself in my pancreas. Don't know how many of you have ever had gallstones, or had one go where they aren't supposed to, but it is not a fun time. They do give you very strong drugs, until it moves out. Under the influence of these drugs, I couldn't tell the nurses my name, my birthday, or any other information, but I did get my daughter to understand that she needed to reach Doc or Chris, to let them know I was not going to be at the Board meeting or Gathering. We still haven't figured out how she understood what I was trying to say, so it had to be God at work.

This adorable nurse, Joni came to take blood while I was still in the ER, and apologized over and over, because she needed to take blood from an

artery. She kept telling me that I had to stay still and she was sorry because it was going to be painful. She did her stick, I didn't move and she asked my daughter how I kept so still? My daughter looked at her said we were both praying, God took care of it. That phlebotomist came to my room 4 different times while I was there, but only to talk, she didn't have to take blood again, she just had lots of questions and Missy and I shared our faith. God had a different plan for me for the weekend of my first Gathering as CLD.

The team selection committee met with the upcoming Weekend Lay Directors on the 16th. Teaming assignments were made and approved. Teaming for the Walks will begin soon, and the Fall Walks will be upon us before we know it.

Please be in prayer about sponsoring a Pilgrim. If you aren't sure who to sponsor, ask your Pastor to identify a church member who should walk. Consider co-sponsoring to share the cost. Prayerfully, consider how you might be able to serve during either of the walks.

De Colores,

Mary Lee Hensel, LOWC, FE 44,
Table of Faithfulness

From the Community Spiritual Director

SOME WORDS OF WISDOM FROM "PEANUTS"

A dear pastor friend of mine and I have enjoyed the comic strip Peanuts and the philosophy of Charles Schulz, its creator, since we were in college. My friend sent me this "quiz" which is a portion of the "Peanuts Philosophy." I agree with it, I believe it, and I know from experience that it is true. I hope it speaks to you, too!

Here's the quiz. You don't have to actually answer the questions. Just ponder on them and you'll get the point.

1. Name the five wealthiest people in the world.
2. Name the last five Heisman trophy winners.
3. Name the last five winners of the Miss America pageant.
4. Name ten people who have won the Nobel or Pulitzer Prize.
5. Name the last half dozen Academy Award winners for best actor/actress.
6. Name the last decade's worth of World Series winners.

How did you do? The point is...none of us remember the headliners of yesterday. These are no second-rate achievers. They are the best in their fields. But the applause dies...awards tarnish, achievements are forgotten. Accolades and

certificates are buried with their owners.

Here's another quiz. See how you do on this one:

1. List a few teachers who aided your journey through school.
2. Name three friends who have helped you through a difficult time.
3. Name five people who have taught you something worthwhile.
4. Think of a few people who have made you feel appreciated and special.
5. Think of five people you enjoy spending time with.

Easier? The lesson: The people who make a difference in your life are not the ones with the most credentials, the most money, or the most awards. They simply are the ones who care the most. That's what Charles Schulz says. And I would add that those of us who claim the name of Christ have a wonderful model of loving and caring in the person of our Lord Jesus. As His disciples, we must love and care about others as He has shown and taught. When we do, we will make a difference in others' lives for their good and for His glory. And the most amazing thing is that we will be blessed, too!

Blessings,
Nancy McDaniel
Southwest Virginia Walk to Emmaus 33,
Table of Naomi

Prayer Requests from July Gathering

FE91 and FE92	Debbie	Connie's brother – healing
Emmaus community	Recovery after stroke	Ellen, Jimmy & family
The unchurched	Carol	Surgery - hip replacement
Work issues	John and Connie	Bill – job and place to live
Dean	Drew's job search	Nigel
New leadership of Emmaus	Maranatha	New grandkid in September
David and Jandrica	Billy	Sandy
For all those doing mission work	Bethel UMC – new Central Garage Plans and Praise Team	Custody for Dakota Lynn
Angela – medical	Lou – son in Afghanistan	Custody hearing for Nelly's daughter
Ken and Trina	Sandy's grandson	Carol and Eli – medical
Jill	Daughter and her family go	Nelly - healing
John	back to church	Colleen
Simon - healing	Rider's grandson - healing	Hope3
Kathleen - healing	Job decision	Daphne and George
Al – back and knee problems	Mary	Grace – safe travels on her adventure
Jacob	Angie's health	

4th Day Testimony

In 1999 a dear friend said to me, "Rosemary, my daughters are making me go on this Emmaus walk. If I have to go, you have to go with me." I responded, "Sure." I had never heard of Emmaus and had no idea what an Emmaus walk was all about so this was completely contrary to my usual response to life. I always want to know who, what, when, where and why about everything. All too soon I found myself riding down a dark road on a November evening – after having given up my watch and cell phone – with a group of people who were enjoying my discomfort way too much. When we arrived at Camp Easter Seals I was greeted with the words "Welcome, Pilgrim." Pilgrim?!? What's that all about? By the end of the weekend I realized that I am indeed a pilgrim – a traveler on a sacred journey – and that Christ walks with me every step of the way. I have found that the journey is not always easy and the path is not always clear but I am never alone on the path. In my 4th day I have had the privilege of serving on several Emmaus teams and participating in a variety of ministries through my church. Four years ago I accepted God's call to seminary and vocational ministry. In May I graduated from Baptist Theological Seminary at Richmond and will soon begin a hospital chaplain residency program. I look forward to continuing to serve God with my Emmaus community. Remember – Christ is counting on you – and on me. De Colores!

Rosemary Blankenship, FE 34, Table of Faithfulness

Elected Community Officers: (Thru June 30, 2014)

Community Lay Director.....Mary Lee Hensel

Assistant Community Lay Director.....Doc Holladay

Community Spiritual DirectorNancy McDaniel

Chris Campbell Karen Campbell
Diana Farrar Lisa Green
Ed Hayner Ron Jennings Chris Wells

Agape CoordinatorTom Dempsey

Secretary.....Ava Hanger

TreasurerDebbie Bliss

Manuals Coordinator/HistorianDoc Holladay

Spiritual Director.....Gayle Porias

Spiritual Director.....Chris Fair

Community Volunteers: (Sept 1, 2013 - Aug 31, 2014)

Communications Support Coordinator.....Mary Lee Hensel

Website & Database AdministratorChris Campbell

Newsletter.....Brooke Ferguson

Daily Prayer Chain Coordinator.....VACANT

Fourth Day Support Coordinator.....Chris Wells

Fourth Day Advisory Committee.....VACANT

Cam Noden

Fourth Day Follow-Up/Reunion Group Coordinator.....Chris Wells

Team Selection Committee.....Chris Campbell

Team RegistrarChris Campbell

Pilgrim RegistrarsVACANT

Gathering Support Coordinator.....VACANT

Hospitality CoordinatorKathleen Holladay

Music/Equipment Coordinator.....Mitch Mitchell

Weekend Support CoordinatorDebbie Bliss

Community Servant CoordinatorDoc Holladay

Community BakerSandie Makely

Supplies/Transportation Coordinators.....Chris & Karen Campbell

Prayer Vigil CoordinatorLisa Green

Placemat Coordinator.....Debbie Bliss

Snack Agape CoordinatorLisa Green

Agape Bag CoordinatorKaren Campbell

Name Badge Coordinators.....Gary Adkins
Dianna Wells

Fourth Day Packets.....VACANT

Daily Internet Prayer Chain

We have Prayer Warriors praying daily for the needs and praises of the Emmaus Community. Our Daily Prayer Chain Coordinator is Teresa Smith, Fairview at River Club, FE-37, Table of Patience. Simply email Teresa at fredemmausprayers@yahoo.com with your prayer request and our Prayer Warriors will be in prayer for you! Urgent prayer requests will be handled as quickly as we receive them. If you would like to be a Daily Prayer Warrior, email our website administrator Chris Campbell at chris@ewg.org and ask to be included as a Prayer Warrior.

4th Day Testimony Request

The 4th day committee wants your 4th day testimonies. They don't have to be long, just tell us what God's doing in your 4th day, or how teaming, sponsoring, being involved in a reunion group, or attending monthly gatherings has changed your life. We will review it and if accepted, include it in the newsletter on a monthly basis. So if you'd like to share with us how God has used your Emmaus experience in any of these areas, please email your testimony to Cam Noden at: twonodens@juno.com for review. I'll be looking forward to hearing from you!

Monday

Ladies In Waiting
Meets Every Other Monday
In Falmouth
POC: Vonda LiCalzi
540-446-2682

Rainbow Group (Women)
First Monday Of Month 10:00 Am
Lake OfThe Woods
Location Varies
POC: Barbara Miller
540-972-7418

Tuesday

Great Is Thy Faithfulness 7:30 Pm
Prince Of Peace UMC
Manassas, Va
POC: Lloyd Biller
703-590-1512

Lakeside Group (Men) 8:00 Pm
Lake OfThe Woods
Call For Location
POC: Vic Larson
540-972-1928

Thursday

His Joyful Croakers 9:00 Am
Hillcrest UMC
POC: June Riel
540-710-5949

His Seekers (Women) 7:30 Pm
Home Of Jane Carwell
POC: Sandy Crossley
703-221-6977
POC: Jane Carwell
703-969-4019
tjcarwell@yahoo.com

Amazing Grace Group 8:30 Pm
Hillcrest UMC
POC: Ed McAdam
540-898-3625
emcadam@cox.net

Reunion Bible Study 10:00 Am
North Stafford Baptist
POC Karen Campbell
540-658-0468
campbells_6@yahoo.com

Uptown Bristersburg Believers
2nd And 4th Thursdays 7:00 Pm
Mt. Horeb UMC
POC: Chris Wells
540-788-3068
cdwells50@gmail.com

Wednesday

Lord's Lions & Lambs Group
6:30 Pm
First Christian Church
POC: Joe Reed
540-373-7716
first.christian.church@verizon.net

Friday

Koinonia Group (Women) 9:00 Am
Lake OfThe Woods
Call For Location
POC: Barbara Larson
540-972-1928

Sunday

Bethel UMC Men's Group
7:30 Am
Bethel UMC Woodbridge, Va
POC: Brian Lewis
703-590-9343
Bb3253@aol.com

*Are you interested in joining or
starting a new*

Reunion Group?

Email Chris Wells at
cdwells50@gmail.com