

Upper Room Emmaus of the Greater Fredericksburg Area

Gatherings (2nd Sat of the month):

April 13th	Hillcrest UMC
May 11th	Fairview at River Club
June 8th	TBD
July 13th	TBD
Aug 10th	TBD

Newsletter Revisions:

- Pg 5: Pilgrim List
- Pg 6: Added Board Bios for nominations

Upcoming Emmaus Walks:

Walk #	Dates	Weekend Lay Director
FE-90 (W)	April 18 - 21, 2013	Dawn Kendall
FE-91 (M)	Oct 24 - 27, 2013*	Steve LiCalzi
FE-92 (W)	Nov 7 - 10, 2013*	TBA

*Still awaiting final confirmation from Camp on Fall Walk dates

Gathering Info

Board meeting at 1:30 pm
 Fellowship at 3:30 pm
 Gathering at 4:00 pm
 Please bring snacks to share during fellowship time.
 If your church can host a gathering, please email the CLD Chris Campbell at chris@ewg.org

Gathering Directions

To: Hillcrest UMC
 2208 Lafayette Boulevard
 Fredericksburg, Virginia 22401
 (540) 898-2180

From Route 1 South & I-95: Take Route 1 North, (from Spotsylvania Exit 126 on I-95), to Four-Mile Fork. Turn right onto Lafayette Blvd. Continue on Lafayette Blvd. to Hillcrest UMC on the left.

From the Community Lay Director

A few weekends ago my church assisted a mission team going to Cambodia by building 91 bunk beds that will be assembled in some orphanages there. We started with stacks of lumber that were delivered on Saturday and about 15 of us got things set up and cut the lumber to length. On Sunday, we had over 100 people show up to do the major part of the work – drilling, routing, sanding and getting the completed bunk beds into a shipping container.

It was great to see the body of Christ come together to make the bunk beds a reality. We had kids carrying boards from station to station. People running sanders and getting covered in dust. There were routers and drills running for hours straight. People were aiding those running power tools by bringing wood to them and taking the finished wood from them. It was an amazing sight to see the parking lot full of people (and sawdust).

The weekend reminds me – although without the sawdust – of an Emmaus weekend. There is a small group of people that do the preparation for the weekend. I am, of course, talking about the team. They prepare the way for the big work that is to come which is the weekend.

And just like the bunk bed project, a larger group of people come together over the weekend

to assemble the parts needed for the weekend. Pilgrims need to be brought to the weekend. Agape needs to be made and delivered. Prayers need to be prayed. Speakers give their talks. Beds need to be made. Meals need to be served. Rooms get set up with tables and chairs. Candles need to be lit. And everything needs to get put away. The body of Christ comes together to make the weekend a reality.

If you are looking to be involved in the upcoming weekend, we still need people. We have slots on the prayer vigil that need filling. Some speakers still need people to come pray for them at Camp Happyland. We need people to sign up to come be community servants for the weekend (especially Friday and Sunday). We need you to come light a candle on Saturday night. Please email me (respond to the newsletter email) and I will get you in touch with the right person.

De Colores,

Chris Campbell
Fairview at River Club
FE-70
Table of Peter

New Agape Opportunity

You may have seen the email but we are opening up a new opportunity to members of the Community to make placemats that are to be used on the walks. Debbie Bliss (email: dhbliss@cox.net) is the coordinator and will be happy to fill you in on the details and sign you up for a meal's worth of placemats. Placemats can be done by individuals or by reunion groups. For each meal, we need 50 placemats. You can make them on legal (8.5 x 14) or ledger (11 x 17) paper or anywhere in between. You can use crayons, markers, laser printer, stamps, paint, or your favorite decorating technique. The medium and design is up to you.

From the Community Spiritual Director

I borrowed portions of the following from a devotional that I read this week that really struck me about something that has been on my mind a lot lately about the Church today. I struggle with the idea of Sunday morning Christians. Those who are pious on Sunday and worldly the rest of the week. It seems to me that when the Church becomes like the world, when you cannot tell the professing Christian apart from the unsaved beside them, then one of them ceases to be relevant. Christ expected the Church to impact the world by being peculiar from it. There is to be a differentness about the believer that immediately identifies them without their needing to declare their identity.

The believer who is living effectively for Christ does not need to shout "I am a Christian" because their lives, their deeds, their words are shouting it for them. If we desire people to desire our Christ do we not need to demonstrate by our lives the difference that He has made in us? Otherwise, why bother. So, it is in that vein that I share with you the following:

"God did extraordinary miracles through Paul, so that even handkerchiefs and aprons that had touched him were taken to the sick, and their illnesses were cured and the evil spirits left them" (Acts 19:11-12).

There is an expression that we use today to indicate the genuineness of someone: "He's the real deal." The idea that we are expressing is that the person of whom we are speaking is really who they are appearing to be. They are not putting on an act, not trying to be someone whom they are not, not trying to convince you or I that they are something that they are not. It is an assertion that the person is the same when no one is watching as they are when the whole world is watching. They are not putting on airs so to speak. To me it is a compliment when someone says "You are the real deal." It means you are not a hypocrite or trying to be someone you are not.

The apostle Paul was the real deal. God began using Paul in amazing ways as recorded in the book of Acts. When God began to use Paul in such amazing ways there arose people who saw this power who also wanted to do the same acts as Paul. The problem was they were not the real deal. They were trying to be someone they were not. They were trying to appropriate the same Power Source as Paul without ever having a relationship with the Power Source. It nearly killed them.

"Some Jews who went around driving out evil spirits tried to invoke the name of the Lord Jesus over those who

were demon-possessed. They would say, 'In the name of Jesus, whom Paul preaches, I command you to come out.' Seven sons of Sceva, a Jewish chief priest, were doing this. [One day] the evil spirit answered them, 'Jesus I know, and I know about Paul, but who are you?' Then the man who had the evil spirit jumped on them and overpowered them all. He gave them such a beating that they ran out of the house naked and bleeding" (Acts 19:13-16).

There are great numbers in the Church today who are putting on an act. As the Scriptures put it "...they have a form of godliness but are denying the power thereof..." God is not interested in our hollow professions, or our works of righteousness. He doesn't care if you say you are a Christian, He wants you to be a Christian.

There is an undeniable power in the Gospel of Christ. It is an overwhelming power that overtakes the life of one who has placed their trust in Christ. It is a power that begins to change the genuine believer from the inside out. The Christian begins to think differently, then to talk differently, then to walk differently until they become genuinely peculiar people from those in the world.

Jesus said to His disciples that the world would hate them, just as they had hated Christ. Why, because of the power that was in them. Because in the walk of a genuine believer there is a quality of life that confronts the unsaved with their lostness. They don't like that feeling, they want to feel good about themselves in the midst of their sin and so they hate and persecute the believers.

The demons were not fooled by the Seven sons of Sceva. They lacked the power in their lives that comes with the indwelling of the Holy Spirit. And they are not fooled by any of us who are walking in our own power apart from the Holy Spirit. Friends, it is impossible to be the real deal without tapping into the real Power Source. The Holy Spirit is our Power Source.

So, I ask you once again to consider your lives. Consider the testimony of your walk. Is there a genuineness and power about your Christian walk? If you were in a lineup with unbelievers would someone be able to pick you out of the crowd? Have you surrendered to the power of the Holy Spirit in your life? I believe that we are drawing perilously close to the end time, to the coming of our Lord and Savior to gather in His Church. Therefore, I also believe that it is time to stop playing church and start being the Church. Not denying the power of God, but living in its fullness.

Women's FE-90 Team Roster

Debbie Avis.....	Table Leader : Joy	Changing our World
Debbie Bliss	ALD	Priority
Carol Burke.....	Table Leader: Love	Life in Piety
Diana Farrar.....	Music Director	Ecclesiastes 3:1-15
Cindy Flickinger.....	Asst Table Leader: Faithfulness	Priesthood of all Believers
Connie Garman	Asst Table Leader: Joy	Prayer of St. Francis
Lisa Green	Board Rep	Psalms 23
Ava Hangar.....	Music Team.....	Psalms 100
Kathleen Holladay.....	Asst Table Leader: Peace.....	Christian Action
Caryl Kaus.....	Asst Table Leader: Love.....	Body of Christ
Dawn Kendall.....	WLD.....	Perseverance
Vonda LiCalzi	Floater	Growth through Study
Jennifer McDaniel.....	Table Leader: Faithfulness.....	Discipleship
Can Noden	ALD	Fourth Day
Carol Orlando.....	Music Team.....	Colossians 3:1-14
Lynda Swanlund.....	ALD	Matthew 22:34-40
Mary Usher	Table Leader: Peace.....	Signing
Betty Jo Sims	Weekend Lead Spiritual Director.....	Means of Grace
Carol Grimes.....	Spiritual Director.....	Justifying Grace
Michael Selph	Spiritual Director.....	Prevenient Grace
Felicia Taylor	Spiritual Director.....	Obstacles to Grace
Ralph Thomas.....	Spiritual Director.....	Sanctifying Grace
Terry Cook.....	Lead Servant	
Gloria Elder.....	Servant team	
Mona Lamb.....	Servant team	
Beth McBride.....	Servant team	
Nelly Waetjen	Servant team	
Kim Weakley	Servant team	

Directions to Camp Happyland

21457 Happyland Drive Richardsville, VA 22736

From Central Park in Fredericksburg: Drive 7.5 miles west on Route 3. Turn right (North) on Route 610, Elys Ford Road. Drive 9 miles north on Route 610. Just prior to the green Richardsville sign, turn right (East) on Route 619, Richards Ferry Road. Drive 1.3 miles to Happyland Drive. You will see a large Camp Happyland sign on the right side of the road. Turn right into the Camp and proceed to the parking area. Total distance is approximately 18 miles.

Agape Bags

Remember when you saw your agape bag for the first time? God filled that eye-catching bag with love letters just for you. Will you help make a pilgrim's walk special? You can buy brightly colored rainbow striped fabric, (check the craft section at your local fabric store or WalMart), cording, and bright shoelaces to donate. Or you can make agape bags; they are sew simple to make, (12" wide and 15" tall, please). Say "I'll help" by calling Karen Campbell - 540-658-0468 or email her at: campbells_6@yahoo.com

Women's FE-90 Pilgrims (Revised)

Rebecca Bowling.....North Stafford Baptist Church
 Mary Beth Bova.....Life Point Church
 Milly Crickenberger.....Byrd Chapel UMC
 Debbie Davis.....St Matthias UMC
 Julie Dixon.....St Matthias UMC
 Tammi Ellis.....St Matthias UMC
 Linda GriggsRehoboth UMC
 Judy HarfordSt Matthias UMC
 Susan JensenMizpah UMC
 Peg Jones.....St Matthias UMC
 Sherry KingSt Matthias UMC
 Brenda KremerChancellor Christian Church
 Connie Kuykendall.....Promised Land Praise and Worship
 Geri MolinaRisen Hope Fellowship
 Pat Montrief.....Ferry Farm Baptist Church
 Karen ReedRehoboth UMC
 Margie Ryder.....Grace UMC
 Diane StevensChancellor Christian Church
 Belinda Wissinger.....Risen Hope Fellowship

Instructions for Agape

- General Agape should be for all Pilgrims and all Team Members and it should be anonymous.
- Please Pre-Sort Agape into a labeled bag for 24 Pilgrims and 26 Team Members for the three Agape events: Friday afternoon Agape Bag, Friday night Bed Agape and Saturday night Bed Agape.
- If any agape has a cord or chain, (lanyards/crosses), please individually wrap them in small baggies otherwise we may have to untangle each one.
- Pilgrim Sponsors need to get 8-10 Personal Agape letters and separate them from all other Agape.
- There will be an Agape Box available at the Gatherings

FE-90 Schedule

Date	Time	Activity at Camp Happyland
Thur. 4/18/13	6:30 - 7:00 pm	Pilgrim check-in followed by Sponsor's Hour
Sat. 4/20/13	7:30 pm	Candlelight – Community will gather for praise, Communion & fellowship. Please bring flowers for the team to use Sunday!
Sun. 4/21/13	4:00 pm	Closing Service

Board Election - May Gathering

Below you will find the nominees put forth by the Nominating Committee for the 5 open slots which will be opening in July 2013, (1 SD, 2 men and 2 women slots are open). The election will be held during the May Gathering at Fairview at River Club, (gathering starts at 4:00). There will be a separate email with instructions for those that would like to vote via mail if they are not able to attend the Gathering. Per the community by-laws, If you would like to be on the Board, you can nominate yourself or have someone nominate you from the floor at the May Gathering. You have to be present at the May Gathering to accept the nomination and be included on the ballot. Votes will be tallied and the new Board members will be announced at the May Gathering. New Board members will serve starting July 1, 2013.

Spiritual Director Candidate:

Chris Fair: I am a bi-vocational pastor currently serving in my eighth year at Antioch United Methodist Church in the Hartwood area of Stafford. During the week I also work as a naval architect in Washington DC. My wife of 37 years, Karol (FE-46, my sponsor when I walked) and I live in the Todd's Tavern area of Spotsylvania County, have two married children and four grandchildren. I walked as a lay-person on FE-47 in 2002 and have served on a number of weekends as a Spiritual Director or Lead Spiritual Director. I am offering to serve on the Board in response to all that the Community has done for me, both personally and as a pastor. Having been greatly blessed by the Fredericksburg Emmaus Community I feel called to respond in service to that community.

Women Candidates:

Karen Campbell: I worship at Fairview at River Club, walked on FE-73 and sat at the Table of Ruth. I have served on many Emmaus teams and am an active Emmaus community member. I serve as a leader on my church's hospitality teams and I teach a quilting group within the church. I lead a Bible study reunion group on Thursday mornings.

Diana Farrar: I walked on National Capital #36 in 1989 and sat at the Table of the Awakening Wildflowers. I worship at Ebenezer UMC in Stafford and sing in the music ministry there. I have served on many Emmaus, Chrysalis and Epiphany teams in just about every capacity but clergy and feel that this service is part of my Christian worship.

Vonda LiCalzi: I walked on FE-46. I have teamed multiple times as well as being the WLD for FE-75. I served on the board several years ago. I love Emmaus

and will do what I can do make it the best experience possible for all pilgrims and our entire community.

Men Candidates:

Ed Hayner: Ed walked on FE 76 sat at the table of Peter. Teamed on FE 78 as an Agape Servant. Teamed on FE 80 as Assistant Table Leader. Teamed on FE 84 as Table Leader and gave the Growth Through Study Talk. Teamed on FE 88 as a Table Leader gave the Body of Christ Talk. Ed attends Promise Land Praise and Worship Center and also volunteers with Store House Ministries with food distribution. Ed works at Stafford County Utilities as a Manager and has worked for Stafford County for 22 years as a public servant. Ed also attended Shenandoah Valley Academy and Graduated in 1976.

Ron Jennings: Worship at Fairview Baptist Church, walked on FE-66. I have teamed on 6 walks serving as ATL, TL, and ALD on FE88, and served as a servant on 2 walks. I am currently serving my church as a Deacon, and actively participate in a weekly Accountability Group. I feel that it would be an honor to serve the Community as a board member in order to give back the support that I have received.

Jake Riley: I attend Stafford Crossing Community church, I walked on Emmaus 78, and sat at the Table of Luke. I have teamed five times on Epiphany and Emmaus and have given two talks. I served on the Board from July '11 to June '12 as the Weekend Support Coordinator & Secretary and have served as Child Support Coordinator since December '10. I attend Stafford Crossing every Sunday and teach a 2nd grade class in our children's church. I am also involved with an accountability group that meets on Tuesday nights at the Chick-Fil-A on Route 17.

Prayer Requests from March Gathering

FE90

Angie's migraines and health

Son's engagement

Wilfred

Jeff

Jill and Lynn

Family without power

David and Jandrica (marriage, place, family)

Granddaughter's eye appointment

John

My husband and my health

Jill – come back to church

More Emmaus Spiritual Directors

Finances

Margaret

Patience at work

Son in prison

Grandmother's life situation

Darby

Forgiveness between family members

Travel mercies

Permanent position

Myla – 6 yr old facing wheelchair

Aging grandmother's health

Willie (cancer)

Karen's sister Kelly

Family's loss

Al's family

Mary

Christopher

Those impacted by sequester

Our government

Al's back and knee

Rebecca

Christian and Langston

4th Day Testimony

My fourth day began in the early morning hours on the Monday after Fredericksburg Emmaus walk #44 where I sat at the table of Love. I awoke that morning physically exhausted yet feeling energized in a new way within. In my early morning thoughts came three questions. First, what am I doing up so early, how do I get off of Emmaus time? Second came the question of how had I ended up at the table of love, did someone secretly know that love was what I felt most void in my life? Or, had God, as I had heard, really planned that weekend out for me? Third, I heard the question from Sunday closing, "What will you do with it?" Oh my, what would I do? Would I now give the love which I had finally found and wanted to trust?

Since that morning I have found my journey to be one that is deeply connected to Christ through love and trust. I continue to stretch beyond the limits which I had set for myself as I seek to reach out to others and walk with them as they seek to discover Christ in their lives. In these years since my first fourth day I have watched how Emmaus touches others and then changes their lives through a new understanding of their relationship with Christ. As they begin their first fourth day, I have seen how the Emmaus weekend impacts the way they respond to the church and world around them through a new love, a brotherly/sisterly love and a reflection of Christ love. May we of the Emmaus Community open the door for another, walk with them and watch as they discover "What they will do with it."

DeColores,

Felicia G. Taylor, Rhoadesville Baptist, FE-44, Love

Elected Community Officers: (Thru June 30, 2013)

Community Lay Director.....	Chris Campbell
Assistant Community Lay Director.....	Mary Lee Hensel
Community Spiritual Director	Jim Muhlenkamp
Debbie Bliss	Lisa Green
Doc Holladay	Chris Wells
Agape Coordinator	Tom Dempsey
Secretary.....	Ava Hanger
Treasurer	Carol Burke
Manuals Coordinator/Historian	Mike Remington
Spiritual Director.....	Gayle Porias
Spiritual Director.....	Nancy McDaniel

Community Volunteers: (Sept 1, 2012 - Aug 31, 2013)

Communications Support Coordinator.....	Mary Lee Hensel
Website & Database Administrator	Chris Campbell
Newsletter	Brooke Ferguson
Daily Prayer Chain Coordinator.....	Teresa Smith
Fourth Day Support Coordinator	Richard Leeper
Fourth Day Advisory Committee.....	Art Blankenship Cam Noden
Fourth Day Follow-Up/Reunion Group Coordinator.....	Chris Wells
Upper Room Guidelines Implementation.....	Dawn Kendall
Pilgrim/Team Support Coordinator	Carol Burke
Team Selection Committee.....	Chris Campbell
Team Registrar	Dick Barnett
Pilgrim Registrars	Steve and Sandie Makely
Gathering Support Coordinator.....	Dawn Kendall
Childcare Coordinator	
Hospitality Coordinator	Kathleen Holladay
Music/Equipment Coordinator.....	Mitch Mitchell
Weekend Support Coordinator	Debbie Bliss
Community Servant Coordinator	Doc Holladay
Community Baker	Sandie Makely
Supplies/Transportation Coordinators.....	Chris & Karen Campbell
Prayer Vigil Coordinator	Lisa Green
Placemat Coordinator.....	Debbie Bliss
Snack Agape Coordinator	Lisa Green
Agape Bag Coordinator.....	Karen Campbell
Name Badge Coordinators.....	Gary Adkins Dianna Wells
Fourth Day Packets.....	Wilfred and Mary Usher

Daily Internet Prayer Chain

We have Prayer Warriors praying daily for the needs and praises of the Emmaus Community. Our Daily Prayer Chain Coordinator is Teresa Smith, Fairview at River Club, FE-37, Table of Patience. Simply email Teresa at fredemmausprayers@yahoo.com with your prayer request and our Prayer Warriors will be in prayer for you! Urgent prayer requests will be handled as quickly as we receive them. If you would like to be a Daily Prayer Warrior, email our website administrator Chris Campbell at chris@ewg.org and ask to be included as a Prayer Warrior.

4th Day Testimony Request

The 4th day committee wants your 4th day testimonies. They don't have to be long, just tell us what God's doing in your 4th day, or how teaming, sponsoring, being involved in a reunion group, or attending monthly gatherings has changed your life. We will review it and if accepted, include it in the newsletter on a monthly basis. So if you'd like to share with us how God has used your Emmaus experience in any of these areas, please email your testimony to Cam Noden at: twonodens@juno.com for review. I'll be looking forward to hearing from you!

Monday

Ladies In Waiting
Meets Every Other Monday
In Falmouth
POC: Vonda LiCalzi
540-446-2682

Rainbow Group (Women)
First Monday Of Month 10:00 Am
Lake OfThe Woods
Location Varies
POC: Barbara Miller
540-972-7418

Tuesday

Great Is Thy Faithfulness 7:30 Pm
Prince Of Peace UMC
Manassas, Va
POC: Lloyd Biller
703-590-1512

Lakeside Group (Men) 8:00 Pm
Lake OfThe Woods
Call For Location
POC: Vic Larson
540-972-1928

Thursday

His Joyful Croakers 9:00 Am
Hillcrest UMC
POC: June Riel
540-710-5949

His Seekers (Women) 7:30 Pm
Home Of Jane Carwell
POC: Sandy Crossley
703-221-6977
POC: Jane Carwell
703-969-4019
Tjcarwell@yahoo.com

Amazing Grace Group 8:30 Pm
Hillcrest UMC
POC: Ed McAdam
540-898-3625
Emcadam@cox.net

Reunion Bible Study 10:00 Am
North Stafford Baptist
POC Karen Campbell
540-658-0468
Campbells_6@yahoo.com

Uptown Bristersburg Believers
2nd And 4th Thursdays 7:00 Pm
Mt. Horeb UMC
POC: Chris Wells
540-788-3068

Wednesday

Lord's Lions & Lambs Group
6:30 Pm
First Christian Church
POC: Joe Reed
540-373-7716
First.christian.church@verizon.net

Friday

Koinonia Group (Women) 9:00 Am
Lake OfThe Woods
Call For Location
POC: Barbara Larson
540-972-1928

Sunday

Bethel UMC Men's Group
7:30 Am
Bethel UMC Woodbridge, Va
POC: Brian Lewis
703-590-9343
Bb3253@aol.com

*Are you interested in joining or
starting a new*

Reunion Group?

Email Chris Wells at
wells50@wildblue.net