

Upper Room Emmaus of the Greater Fredericksburg Area

Gatherings (2nd Sat of the month):

March 9th	Antioch UMC
March 11th	Hillcrest UMC 7 pm Fourth Day Followup Training
April 13th	Hillcrest UMC
May 11th	Fairview at River Club



Upcoming Emmaus Walks:

Walk #	Dates	Weekend Lay Director
FE-90 (W)	April 18 - 21, 2013	Dawn Kendall
FE-91 (M)	Oct 24 - 27, 2013*	Steve LiCalzi
FE-92 (W)	Nov 7 - 10, 2013*	TBA

*Still awaiting final confirmation from Camp on Fall Walk dates

Gathering Info

Board meeting at 1:30 pm
Fellowship at 3:30 pm
Gathering at 4:00 pm
Please bring snacks to share during fellowship time.
If your church can host a gathering, please email the CLD Chris Campbell at chris@ewg.org

Gathering Directions

To: Antioch UMC
138 Kellogg Mill Rd
Fredericksburg, VA 22406

From Fredericksburg: Take I-95 North to exit 133, Rt 17 towards Warrenton. Follow Rt 17 approx 5 miles then make a right turn onto Co Rd 616/Poplar Rd. Follow approx 1.5 miles then turn right onto Co Rd 651/Kellogg Mill Rd. Church will be on your left.

From the Community Lay Director

As it starts getting warmer and thoughts turn to Spring I start thinking of a few things. One is that I really need to fix my smoker so that I can cook up a nice brisket or some pulled pork. Another is that I need to get ready to plant some more tomatoes. They do go well with bacon after all. But enough about bacon – it is making me hungry.

Also on my mind is the Spring Women's Walk. The team is preparing for the Walk and they need a few things. Like all Emmaus weekends, the Walk needs prayer - it runs on prayer. We need 72 people to pray for each hour of the Walk. We need 15 speakers prayed over before, during, and after their talks. If you want to help pray, email me at news@list.fredwalk.org and I will get you in touch with the right person

Like all other weekends, this walk is going to need people to come help out during the weekend to take care of logistics. Setting up rooms and events, cleaning up stuff, and helping to serve meals. If you can help, we have a need for you.

We are going to need people at Candlelight. Open up your smart phone and block off 7:30pm to 9:30pm on April 20. You need to be at Camp

Happyland. You have been to at least one Candlelight – come see it from the other side.

Also like all other weekends, this walk is going to need pilgrims. We have applications for a handful but we need a lot more. The women's weekend can fill up rather quickly so please send in your applications soon.

If you have ever helped out on a Women's weekend, you know that the pilgrims have an awesome God-filled time. One of those pilgrims could be sponsored by you. You can pass on the joy you had on your weekend to someone else. Being a sponsor is great fun. It is a little bit of work, but the blessings you receive throughout the weekend are worth it. You can email me if you need more details on sponsoring (news@list.fredwalk.org).

De Colores,

Chris Campbell

Fairview at River Club

FE-70

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Agape Bags

Remember when you saw your agape bag for the first time? God filled that eye-catching bag with love letters just for you. Will you help make a pilgrim's walk special? You can buy brightly colored rainbow striped fabric, (check the craft section at your local fabric store or WalMart), cording, and bright shoelaces to donate. Or you can make agape bags; they are sew simple to make, (12" wide and 15" tall, please). Say "I'll help" by calling Karen Campbell - 540-658-0468 or email her at campbells_6@yahoo.com

From the Community Spiritual Director

“...I know that through your prayers and the help given by the Spirit of Jesus Christ, what has happened to me will turn out for my deliverance. I eagerly expect and hope that I will in no way be ashamed, but will have sufficient courage so that now as always Christ will be exalted in my body, whether by life or by death. For me, to live is Christ and to die is gain. If I am to go on living in the body, this will mean fruitful labor for me. Yet what shall I choose? I do not know! I am torn between the two: I desire to depart and be with Christ, which is better by far, but it is more necessary for you that I remain in the body. (Philippians 1:19 – 24)

By the time that you receive this newsletter March will have arrived and with it the promise of new life is springing up all around us. The long winter is over and soon we will be surrounded by glorious colors of God’s creation. Additionally, the end of this month marks one of the high holy days of the Christian Church – Easter Sunday. A time when Christians celebrate the resurrection of our Lord and Savior.

So, this morning during my meditation time I was thinking about the significance of that resurrection and first I was reminded of Paul’s assertion that without that resurrection you and I would have no hope for the future. Unless Christ be resurrected there would be no resurrection and we would all die in our trespasses and sins. God then brought into my mind thoughts of Paul’s statements concerning the significance of his own life in relation to that blessed hope.

Philippians is identified as one of the prison epistles written by Paul during the time that he was imprisoned in Rome. He makes clear that even in his own mind his fate is unsure but his number one hope is that if he is chosen for martyrdom that he will not “be ashamed but will have sufficient courage so that now as always Christ will be exalted in my body.”

I pray that you will think about that statement for a moment. Here was a man who, in his own mind, might be in peril of torture and death and the thought foremost in his mind is that he will not shame Christ but that Christ would be exalted by his death. What is it that gives men such courage? It is that very hope of the resurrection of Christ that assures us of our own resurrection.

It is this very assurance that causes Paul to then write that while he is alive and in the flesh he will serve Christ, because it is Christ’s desire that he do so, but his desire is to go home to be with the Lord, which is far better.

Clearly, Paul expected that his death in the flesh would mark the beginning of his eternal life with Christ and that this existence would be far better than anything this world has to offer. “For me to die is gain...”

The Psalmist wrote in Psalm 16:5; 9-11 “Lord, you have assigned me my portion and my cup; You have made my lot secure... Therefore my heart is glad and my tongue rejoices; my body also will rest secure, because you will not abandon me to the grave, nor will you let your Holy One see decay. You have made known to me the path of life; you will fill me with joy in your presence, with eternal pleasures at your right hand.”

What absolute joy to rest in the knowledge that our lives, both in this world and the next are in the hands of Jesus. He will not leave us in the grave but, because He has risen, He will raise up in the last day that we might be forever with our God and our King.

It is my sincere prayer that this Easter season, and beginning even now, that each of you will take time out of your lives and your schedules to reflect on the great significance of the glorious resurrection of our Lord. Moreover, some of us will face extreme trials during the remainder of this year. It is my prayer that we might meet these trials with the courage of knowing our lives are secure in the hands of God.

Psalm 16 was a favorite psalm of Ken’s that he had requested to be read at his memorial service. He agreed with the psalmist David who said that there was no treasure more valuable than a personal relationship with God (vv.2,5). With the Lord as his refuge, David also knew that the grave does not rob believers of life. He said, “You will not leave my soul in Sheol [the grave]” (v.10). Neither Ken nor anyone else who knows Jesus as Savior will be abandoned in death.

Because of Jesus’ own death and resurrection, we too will rise one day (Acts 2:25-28; 1 Cor. 15:20-22). And we will find that “at [God’s] right hand are pleasures forevermore” (Ps. 16:11).

“In the Beloved” accepted am I,
Risen, ascended, and seated on high;
Saved from all sin through His infinite grace,
I am accorded in heaven a place.
—Civilla Martin. © Renewal 1958. Hope Publishing.

God is our treasure now, and being with Him in heaven will bring pleasures forever.

Jim

Prayer Requests from February Gathering

Grandfather	Cindy – work issues
Christian	Wilfred
Budget concerns - government	Fredericksburg Emmaus
Vehicle	God to bring son home soon
Mary	Michelle for custody of Rose
Contract status	Jordan DuPriest – fighting cancer
Mother	Job for Wayne
FE90	Mike to be healed of prostate cancer
David and Jandrica to be married	Kathleen – arm and back
Family and friends	Karen – children and health
John	Help with medical bills
Elisabeth and Jenna	Langston
Beltran family – loss of child	Storm victims
Wellness ministry	Mission project – Melanie and Ami
Uncle	Job for Ryan
David and Dakota	

4th Day Testimony

I was saved at the young age of 4 yrs. old. I thought I had it all together. Then a Sunday in Sunday school, I heard a real good friend at church talking about this thing called Emmaus. He briefly told me about it, and asked me if it was something that I might be interested in. I said sure! They began telling me about the weekend that I would attend. Every since that weekend, my life has totally changed!! I am involved more in my church and other community functions, I am more spiritually healthy too!! It has taught me to read my Bible and at least one devotional every day! I would recommend this opportunity to any and all of my friends!

It has given me a lot of opportunities to be involved with the monthly fellowships that we have, and to participate in other aspects of the Emmaus weekends. I meet with a bunch of Emmaus Brothers each week on Saturday Morning, where we have fellowship and even sometimes coffee and donuts. We discuss things going on in the community; some Missions projects and the needs of people at our two Church sites. Now, there are not many weekends somewhere in the Emmaus Community and others close by where there's not something going on. We are heavily involved in the annual Oyster Roast at White Oak Equipment every first Saturday in March and various other community and Church related events. I am soo happy to be involved in Emmaus!!

This is not something that comes before your regular Church family and activities though.

Mark Lewis

Fairview Baptist Church

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Elected Community Officers: (Thru June 30, 2013)

Community Lay Director.....	Chris Campbell
Assistant Community Lay Director.....	Mary Lee Hensel
Community Spiritual Director	Jim Muhlenkamp
Debbie Bliss	Lisa Green
Doc Holladay	Chris Wells
Agape Coordinator	Tom Dempsey
Secretary.....	Ava Hanger
Treasurer	Carol Burke
Manuals Coordinator/Historian	Mike Remington
Spiritual Director.....	Gayle Porias
Spiritual Director.....	Nancy McDaniel

Community Volunteers: (Sept 1, 2012 - Aug 31, 2013)

Communications Support Coordinator.....	Mary Lee Hensel
Website & Database Administrator	Chris Campbell
Newsletter	Brooke Ferguson
Daily Prayer Chain Coordinator.....	Teresa Smith
Fourth Day Support Coordinator	Richard Leeper
Fourth Day Advisory Committee.....	Art Blankenship Cam Noden
Fourth Day Follow-Up/Reunion Group Coordinator.....	Chris Wells
Upper Room Guidelines Implementation.....	Dawn Kendall
Pilgrim/Team Support Coordinator	Carol Burke
Team Selection Committee.....	Chris Campbell
Team Registrar	Dick Barnett
Pilgrim Registrars	Steve and Sandie Makely
Gathering Support Coordinator.....	Dawn Kendall
Childcare Coordinator	
Hospitality Coordinator	Kathleen Holladay
Music/Equipment Coordinator.....	Mitch Mitchell
Weekend Support Coordinator	Debbie Bliss
Community Servant Coordinator	Doc Holladay
Community Baker	Sandie Makely
Supplies/Transportation Coordinators.....	Chris & Karen Campbell
Prayer Vigil Coordinator	Lisa Green
Placemat Coordinator.....	Debbie Bliss
Snack Agape Coordinator	Lisa Green
Agape Bag Coordinator.....	Karen Campbell
Name Badge Coordinators.....	Gary Adkins Dianna Wells
Fourth Day Packets.....	Wilfred and Mary Usher

Daily Internet Prayer Chain

We have Prayer Warriors praying daily for the needs and praises of the Emmaus Community. Our Daily Prayer Chain Coordinator is Teresa Smith, Fairview at River Club, FE-37, Table of Patience. Simply email Teresa at fredemmausprayers@yahoo.com with your prayer request and our Prayer Warriors will be in prayer for you! Urgent prayer requests will be handled as quickly as we receive them. If you would like to be a Daily Prayer Warrior, email our website administrator Chris Campbell at chris@ewg.org and ask to be included as a Prayer Warrior.

4th Day Testimony Request

The 4th day committee wants your 4th day testimonies. They don't have to be long, just tell us what God's doing in your 4th day, or how teaming, sponsoring, being involved in a reunion group, or attending monthly gatherings has changed your life. We will review it and if accepted, include it in the newsletter on a monthly basis. So if you'd like to share with us how God has used your Emmaus experience in any of these areas, please email your testimony to Cam Noden at: twonodens@juno.com for review. I'll be looking forward to hearing from you!

Monday

Ladies In Waiting
Meets Every Other Monday
In Falmouth
POC: Vonda LiCalzi
540-446-2682

Rainbow Group (Women)
First Monday Of Month 10:00 Am
Lake OfThe Woods
Location Varies
POC: Barbara Miller
540-972-7418

Tuesday

Great Is Thy Faithfulness 7:30 Pm
Prince Of Peace UMC
Manassas, Va
POC: Lloyd Biller
703-590-1512

Lakeside Group (Men) 8:00 Pm
Lake OfThe Woods
Call For Location
POC: Vic Larson
540-972-1928

Thursday

His Joyful Croakers 9:00 Am
Hillcrest UMC
POC: June Riel
540-710-5949

His Seekers (Women) 7:30 Pm
Home Of Jane Carwell
POC: Sandy Crossley
703-221-6977
POC: Jane Carwell
703-969-4019
Tjcarwell@yahoo.com

Amazing Grace Group 8:30 Pm
Hillcrest UMC
POC: Ed McAdam
540-898-3625
Emcadam@cox.net

Reunion Bible Study 10:00 Am
North Stafford Baptist
POC Karen Campbell
540-658-0468
Campbells_6@yahoo.com

Uptown Bristersburg Believers
2nd And 4th Thursdays 7:00 Pm
Mt. Horeb UMC
POC: Chris Wells
540-788-3068

Wednesday

Lord's Lions & Lambs Group
6:30 Pm
First Christian Church
POC: Joe Reed
540-373-7716
First.christian.church@verizon.net

Friday

Koinonia Group (Women) 9:00 Am
Lake OfThe Woods
Call For Location
POC: Barbara Larson
540-972-1928

Sunday

Bethel UMC Men's Group
7:30 Am
Bethel UMC Woodbridge, Va
POC: Brian Lewis
703-590-9343
Bb3253@aol.com

*Are you interested in joining or
starting a new*

Reunion Group?

Email Chris Wells at
wells50@wildblue.net