

December 2012

Upper Room  
**EMMAUS**  
of the Greater Fredericksburg Area

## Gatherings *(2nd Saturday of each month)*

December 8th                      Hillcrest UMC  
January 12th                      Fairview Baptist Charlotte St

*Fourth Day Follow Up:  
Dec 1st at Fairview at River Club at 9 am*

Board meeting at 1:30 pm  
Fellowship at 3:30 pm  
Gathering at 4:00 pm  
Please bring snacks to share during fellowship time.

We are looking for churches to host Gatherings for 2013. If you are your church's Point of Contact for hosting, please email our CLD Chris Campbell at [chris@ewg.org](mailto:chris@ewg.org) so arrangements can be made.



**Directions to                      Hillcrest UMC**  
**2208 Lafayette Boulevard**  
**Fredericksburg, Virginia 22401**

From Route 1 South & I-95:  
Take Route 1 North, (from Spotsylvania Exit 126 on I-95), to Four-Mile Fork.  
Turn right onto Lafayette Blvd. Continue on Lafayette Blvd. to Hillcrest UMC on the left.

## UPCOMING EMMAUS WEEKENDS

<b>Walk #</b>	<b>Dates</b>	<b>Weekend Lay Director</b>
FE-90 (W)	April 18 - 21, 2013	Dawn Kendall
FE-91 (M)	TBD	Steve LiCalzi

# From the Community Lay Director

What a wonderful two Walks we had this Fall. They were both God-filled and it was apparent on Sunday that God had been at work both weekends. Hopefully the new members of our community will be able to come to the Gathering on December 8 at Hillcrest UMC and meet the rest of the community. Come on out and recharge a little – make some plans with some Emmaus friends to head out to dinner after.

The next Fourth Day Follow-up Training is December 1 at Fairview at River Club at 9:00am. Park out front and follow the signs – we will be meeting on the lower level. If you are a recent pilgrim or maybe a person that walked a while ago and wants to get involved, this Fourth Day Follow-up is for you. You will learn more about the weekend. This training is required to be on an Emmaus team or to sponsor a pilgrim for a Walk to Emmaus.

I do have a bit of bad news to report this month. We will not be having a Spring Men's Walk in 2013. Our original weekend was unfortunately taken from us. The only other available weekends at Camp Happyland spanned Palm Sunday, Memorial Day weekend, or were just too early to get the team meetings done in time for the Walk. But on a positive note, you have more time to find men for the Fall

Men's Walk. So start praying about the men that you know that could benefit from a Walk to Emmaus.

And speaking of praying for potential pilgrims, the Spring Women's Walk is still on (April 18-21). Coincidentally, we need pilgrims for that Walk too. Get those applications in and start praying for the women that will be called to go on that walk. The team is forming now and will start team meetings in 2013. It will be upon us quickly.

We will have many opportunities to serve on that Walk – praying for an hour, praying for a speaker, making agape, providing snacks, and coming out to help on the weekend. If you are interested in serving, set some time aside and put it on your calendar. More details to come.

Lastly, let me wish you and your family a Merry Christmas.

De Colores,

Chris Campbell

Fairview at River Club

FE-70

Table of Peter

## Prayer Requests from November Gathering

David – lost everything due to Hurricane Sandy

Jim – recovery from stroke

Alice and Pat – healing from cancer

FE-89 – pilgrims, sponsors and team

For those who have yet to respond to God's grace

Hillcrest UMC Men – guidance and focus

Renewal of the Church in USA

Shannon – non-believer to come to Christ

Tim and Nikki - salvation

Marriage troubles

Jamie

Revival of the Nation

Employment for husband

Kathleen – healing

Healing for our Nation

Mickie – heart pacemaker

Recovery from stroke

God's guidance for our leaders

# From the Community Spiritual Director

Acts 1:8 "But you shall receive power, after that the Holy Ghost is come upon you: and ye shall be witnesses unto me both in Jerusalem, and in all Judea, and in Samaria, and unto the uttermost part of the earth."

How often do you sit and ponder the awesomeness of God? Have you often tried to examine the full measure of God's goodness to us? The Bible says that "while we were yet sinners Christ died for us." Imagine that! The evaluation of men by God found in Exodus (both pre and post flood) is that "even the imaginations of the heart are continually wicked all the time." In other words, under our own power, left to our own devices we are incapable of being truly good. Even the thoughts that we think are evil—continually. Quite an indictment against the so-called "goodness" of man. And to think that God, who is holy, who cannot look upon evil, chose from the very nature of His love to love us to the point of dying to reconcile some to Him is beyond comprehension. "For He made Him who knew to sin to be sin for us that we might become the righteousness of God in Him." God became sin that we might become righteous. Moreover, he proceeded to woo us back into relationship with Him, by His grace provided the very motivation or inspiration that we required to see our need, and then—as if that wasn't enough—gave us the very power to believe. There is no power within us, no quality in us that we should glory in our salvation, it is entirely the work of God.

And, it does not stop there. God commands us to "be ye holy as I am holy" and to be witnesses for God. How can we who are inherently evil all the time become witnesses for God and even begin to live holy. By the power of God in us.

God, in His grace, sends His power in the person and presence of the Holy Spirit to indwell powerless men. He infuses us with His power and begins a regeneration process within us to change us from the inside out. The Holy Spirit within us, placed there by God's grace, brings to our lives a moral power and ability to heed our God that we otherwise would be incapable of. It is this Spirit of God that speaks to us in our weakness and urges us away from sin. It is the Spirit of God in us that convicts us of our failures and brings us again to repentance that we might commune with God freely.

Understand that it is not your willpower that will enable you to avoid temptation and sin. It is not your mental gymnastics or self-discipline of the body that will keep you from sin and moving forward in relationship with God. It is the indwelling power of the Holy Spirit of God. This is a spiritual power. The very kind of power that God is. It gives to us the ability to be more and more holy, to achieve spiritual and moral goals. And its ultimate effect is to create in us more Godlike character who are by our very nature evil creatures. In one of my favorite declarations of the Bible, Paul said "I am persuaded that He who began a good work in me will complete it to the day of redemption." This is the idea. God, through His Holy Spirit power is working in you and I to make us more and more like Him and He is faithful to continue that work until we meet Him face to face.

The Christmas season is upon us. In the hustle and bustle of this time of year, let us reflect upon, and rejoice in the goodness, the awesomeness of our Amazing God!

Jim

## 4th Day Testimony

Ecclesiastes 3:1-9 Several years ago, my "season" with Emmaus came to a close, not because anything happened or I didn't think it was a good community, but more because of my children's involvement in activities. Emmaus was a huge part of our family's life from the fall of 2000 until around 2007.

Over the years, I so wanted to be involved, but as I prayed, it was clear that the season had not come for me to be a part of the community again. This past year, I felt the tugging to get involved again with Emmaus. Serving on the team and the weekend awakened my spirit again. There is just something about serving through Emmaus that I can't explain.

I feel truly blessed that I was welcomed back with open arms to the Emmaus family. It truly is a community of people who love God and want to serve humbly.

There is a season for everything in our lives. I am so glad that at this moment God has allowed me to come back to a season that is very dear to my heart! Thank you Emmaus community for being such a blessing to me and my family.

Decolores,

Terry Cook, FE-39, Table of Gentleness



# REUNION GROUPS

## Sunday

Bethel UMC Men's Group  
7:30 am  
Bethel UMC Woodbridge,  
Va  
POC: Brian Lewis  
703-590-9343  
[bb3253@aol.com](mailto:bb3253@aol.com)

## Wednesday

Lord's Lions & Lambs Group  
6:30 pm  
First Christian Church  
POC: Joe Reed  
540-373-7716  
[first.christian.church@verizon.net](mailto:first.christian.church@verizon.net)

## Friday

Koinonia Group (Women)  
9:00 am  
Lake of the Woods  
Call for location  
POC: Barbara Larson  
540-972-1928

## Monday

Ladies in Waiting  
Meets every other Monday  
in Falmouth  
POC: Vonda LiCalzi  
540-446-2682

Rainbow Group (Women)  
First Monday of month  
10:00 am  
Lake of the Woods  
Location varies  
POC: Barbara Miller  
540-972-7418

## Thursday

His Joyful Croakers  
9:00 am  
Hillcrest UMC  
POC: June Riel  
540-710-5949

His Seekers (Women)  
7:30 pm  
Home of Jane Carwell  
POC: Sandy Crossley  
703-221-6977  
POC: Jane Carwell  
703-969-4019  
[tjcarwell@yahoo.com](mailto:tjcarwell@yahoo.com)

## Tuesday

Great Is Thy Faithfulness  
7:30 pm  
Prince of Peace UMC  
Manassas, Va  
POC: Lloyd Biller  
703-590-1512

Lakeside Group (Men)  
8:00 pm  
Lake of the Woods  
Call for location  
POC: Vic Larson  
540-972-1928

Amazing Grace Group  
8:30 pm  
Hillcrest UMC  
POC: Ed McAdam  
540-898-3625  
[emcadam@cox.net](mailto:emcadam@cox.net)

Uptown Bristersburg  
Believers  
2nd and 4th Thursdays  
7:00 pm  
Mt. Horeb UMC  
POC: Chris Wells  
540-788-3068

Are you interested in  
joining or starting a  
new reunion group?

Email Chris Wells at  
[wells50@wildblue.net](mailto:wells50@wildblue.net)