

December 2012

Upper Room
EMMAUS
of the Greater Fredericksburg Area

Gatherings *(2nd Saturday of each month)*

December 8th Hillcrest UMC
January 12th Fairview Baptist Charlotte St

*Fourth Day Follow Up:
Dec 1st at Fairview at River Club at 9 am*

Board meeting at 1:30 pm
Fellowship at 3:30 pm
Gathering at 4:00 pm
Please bring snacks to share during fellowship time.

We are looking for churches to host Gatherings for 2013. If you are your church's Point of Contact for hosting, please email our CLD Chris Campbell at chris@ewg.org so arrangements can be made.



Directions to Hillcrest UMC
2208 Lafayette Boulevard
Fredericksburg, Virginia 22401

From Route 1 South & I-95:
Take Route 1 North, (from Spotsylvania Exit 126 on I-95), to Four-Mile Fork.
Turn right onto Lafayette Blvd. Continue on Lafayette Blvd. to Hillcrest UMC on the left.

UPCOMING EMMAUS WEEKENDS

Walk #	Dates	Weekend Lay Director
FE-90 (W)	April 18 - 21, 2013	Dawn Kendall
FE-91 (M)	TBD	Steve LiCalzi

From the Community Lay Director

What a wonderful two Walks we had this Fall. They were both God-filled and it was apparent on Sunday that God had been at work both weekends. Hopefully the new members of our community will be able to come to the Gathering on December 8 at Hillcrest UMC and meet the rest of the community. Come on out and recharge a little – make some plans with some Emmaus friends to head out to dinner after.

The next Fourth Day Follow-up Training is December 1 at Fairview at River Club at 9:00am. Park out front and follow the signs – we will be meeting on the lower level. If you are a recent pilgrim or maybe a person that walked a while ago and wants to get involved, this Fourth Day Follow-up is for you. You will learn more about the weekend. This training is required to be on an Emmaus team or to sponsor a pilgrim for a Walk to Emmaus.

I do have a bit of bad news to report this month. We will not be having a Spring Men's Walk in 2013. Our original weekend was unfortunately taken from us. The only other available weekends at Camp Happyland spanned Palm Sunday, Memorial Day weekend, or were just too early to get the team meetings done in time for the Walk. But on a positive note, you have more time to find men for the Fall

Men's Walk. So start praying about the men that you know that could benefit from a Walk to Emmaus.

And speaking of praying for potential pilgrims, the Spring Women's Walk is still on (April 18-21). Coincidentally, we need pilgrims for that Walk too. Get those applications in and start praying for the women that will be called to go on that walk. The team is forming now and will start team meetings in 2013. It will be upon us quickly.

We will have many opportunities to serve on that Walk – praying for an hour, praying for a speaker, making agape, providing snacks, and coming out to help on the weekend. If you are interested in serving, set some time aside and put it on your calendar. More details to come.

Lastly, let me wish you and your family a Merry Christmas.

De Colores,

Chris Campbell

Fairview at River Club

FE-70

Table of Peter

Prayer Requests from November Gathering

David – lost everything due to Hurricane Sandy

Jim – recovery from stroke

Alice and Pat – healing from cancer

FE-89 – pilgrims, sponsors and team

For those who have yet to respond to God's grace

Hillcrest UMC Men – guidance and focus

Renewal of the Church in USA

Shannon – non-believer to come to Christ

Tim and Nikki - salvation

Marriage troubles

Jamie

Revival of the Nation

Employment for husband

Kathleen – healing

Healing for our Nation

Mickie – heart pacemaker

Recovery from stroke

God's guidance for our leaders

From the Community Spiritual Director

Acts 1:8 "But you shall receive power, after that the Holy Ghost is come upon you: and ye shall be witnesses unto me both in Jerusalem, and in all Judea, and in Samaria, and unto the uttermost part of the earth."

How often do you sit and ponder the awesomeness of God? Have you often tried to examine the full measure of God's goodness to us? The Bible says that "while we were yet sinners Christ died for us." Imagine that! The evaluation of men by God found in Exodus (both pre and post flood) is that "even the imaginations of the heart are continually wicked all the time." In other words, under our own power, left to our own devices we are incapable of being truly good. Even the thoughts that we think are evil—continually. Quite an indictment against the so-called "goodness" of man. And to think that God, who is holy, who cannot look upon evil, chose from the very nature of His love to love us to the point of dying to reconcile some to Him is beyond comprehension. "For He made Him who knew to sin to be sin for us that we might become the righteousness of God in Him." God became sin that we might become righteous. Moreover, he proceeded to woo us back into relationship with Him, by His grace provided the very motivation or inspiration that we required to see our need, and then—as if that wasn't enough—gave us the very power to believe. There is no power within us, no quality in us that we should glory in our salvation, it is entirely the work of God.

And, it does not stop there. God commands us to "be ye holy as I am holy" and to be witnesses for God. How can we who are inherently evil all the time become witnesses for God and even begin to live holy. By the power of God in us.

God, in His grace, sends His power in the person and presence of the Holy Spirit to indwell powerless men. He infuses us with His power and begins a regeneration process within us to change us from the inside out. The Holy Spirit within us, placed there by God's grace, brings to our lives a moral power and ability to heed our God that we otherwise would be incapable of. It is this Spirit of God that speaks to us in our weakness and urges us away from sin. It is the Spirit of God in us that convicts us of our failures and brings us again to repentance that we might commune with God freely.

Understand that it is not your willpower that will enable you to avoid temptation and sin. It is not your mental gymnastics or self-discipline of the body that will keep you from sin and moving forward in relationship with God. It is the indwelling power of the Holy Spirit of God. This is a spiritual power. The very kind of power that God is. It gives to us the ability to be more and more holy, to achieve spiritual and moral goals. And its ultimate effect is to create in us more Godlike character who are by our very nature evil creatures. In one of my favorite declarations of the Bible, Paul said "I am persuaded that He who began a good work in me will complete it to the day of redemption." This is the idea. God, through His Holy Spirit power is working in you and I to make us more and more like Him and He is faithful to continue that work until we meet Him face to face.

The Christmas season is upon us. In the hustle and bustle of this time of year, let us reflect upon, and rejoice in the goodness, the awesomeness of our Amazing God!

Jim

4th Day Testimony

Ecclesiastes 3:1-9 Several years ago, my "season" with Emmaus came to a close, not because anything happened or I didn't think it was a good community, but more because of my children's involvement in activities. Emmaus was a huge part of our family's life from the fall of 2000 until around 2007.

Over the years, I so wanted to be involved, but as I prayed, it was clear that the season had not come for me to be a part of the community again. This past year, I felt the tugging to get involved again with Emmaus. Serving on the team and the weekend awakened my spirit again. There is just something about serving through Emmaus that I can't explain.

I feel truly blessed that I was welcomed back with open arms to the Emmaus family. It truly is a community of people who love God and want to serve humbly.

There is a season for everything in our lives. I am so glad that at this moment God has allowed me to come back to a season that is very dear to my heart! Thank you Emmaus community for being such a blessing to me and my family.

Decolores,

Terry Cook, FE-39, Table of Gentleness

Elected Community Officers: (Thru June 30, 2013)

Community Lay Director.....Chris Campbell
Assistant Community Lay DirectorMary Lee Hensel
Community Spiritual Director.....Jim Muhlenkamp
Debbie Bliss Lisa Green
Doc Holladay Chris Wells
Agape Coordinator.....Tom Dempsey
Secretary.....Ava Hanger
Treasurer.....Carol Burke
Manuals Coordinator/HistorianMike Remington
Spiritual Director.....Gayle Porias
Spiritual Director.....Nancy McDaniel

Community Volunteers: (Sept 1, 2012 - Aug 31, 2013)

Communications Support Coordinator.....Mary Lee Hensel
Website & Database Administrator.....Chris Campbell
Newsletter.....Brooke Ferguson
Daily Prayer Chain CoordinatorTeresa Smith
Fourth Day Support CoordinatorRichard Leeper
Fourth Day Advisory CommitteeArt Blankenship
Cam Noden
Fourth Day Follow-Up/Reunion Group Coordinator.....Chris Wells
Upper Room Guidelines Implementation.....Dawn Kendall
Pilgrim/Team Support Coordinator.....Carol Burke
Team Selection Committee.....Chris Campbell
Team RegistrarDick Barnett
Pilgrim Registrars.....Steve and Sandie Makely
Gathering Support Coordinator.....Dawn Kendall
Childcare Coordinator.....
Hospitality Coordinator.....Kathleen Holladay
Music/Equipment Coordinator.....Mitch Mitchell
Weekend Support Coordinator.....Debbie Bliss
Community Servant Coordinator.....Doc Holladay
Community Baker.....Sandie Makely
Supplies/Transportation Coordinators.....Chris & Karen Campbell
Prayer Vigil Coordinator.....Lisa Green
Placemat Coordinator.....Debbie Bliss
Snack Agape Coordinator.....Lisa Green
Agape Bag Coordinator.....Karen Campbell
Name Badge Coordinators.....Gary Adkins
Dianna Wells
Fourth Day Packets.....Wilfred and Mary Usher

Daily Internet Prayer Chain

We have Prayer Warriors praying daily for the needs and praises of the Emmaus Community. Our Daily Prayer Chain Coordinator is Teresa Smith, Fairview at River Club, FE-37, Table of Patience. Simply email Teresa at fredemmausprayers@yahoo.com with your prayer request and our Prayer Warriors will be in prayer for you! Urgent prayer requests will be handled as quickly as we receive them. If you would like to be a Daily Prayer Warrior, email our website administrator Chris Campbell at chris@ewg.org and ask to be included as a Prayer Warrior.

4th Day Testimony Request

The 4th day committee wants your 4th day testimonies. They don't have to be long, just tell us what God's doing in your 4th day, or how teaming, sponsoring, being involved in a reunion group, or attending monthly gatherings has changed your life. We will review it and if accepted, include it in the newsletter on a monthly basis. So if you'd like to share with us how God has used your Emmaus experience in any of these areas, please email your testimony to Cam Noden at: twonodens@juno.com for review. I'll be looking forward to hearing from you!

REUNION GROUPS

Sunday

Bethel UMC Men's Group
7:30 am
Bethel UMC Woodbridge,
Va
POC: Brian Lewis
703-590-9343
bb3253@aol.com

Wednesday

Lord's Lions & Lambs Group
6:30 pm
First Christian Church
POC: Joe Reed
540-373-7716
first.christian.church@verizon.net

Friday

Koinonia Group (Women)
9:00 am
Lake of the Woods
Call for location
POC: Barbara Larson
540-972-1928

Monday

Ladies in Waiting
Meets every other Monday
in Falmouth
POC: Vonda LiCalzi
540-446-2682

Rainbow Group (Women)
First Monday of month
10:00 am
Lake of the Woods
Location varies
POC: Barbara Miller
540-972-7418

Thursday

His Joyful Croakers
9:00 am
Hillcrest UMC
POC: June Riel
540-710-5949

His Seekers (Women)
7:30 pm
Home of Jane Carwell
POC: Sandy Crossley
703-221-6977
POC: Jane Carwell
703-969-4019
tjcarwell@yahoo.com

Tuesday

Great Is Thy Faithfulness
7:30 pm
Prince of Peace UMC
Manassas, Va
POC: Lloyd Biller
703-590-1512

Lakeside Group (Men)
8:00 pm
Lake of the Woods
Call for location
POC: Vic Larson
540-972-1928

Amazing Grace Group
8:30 pm
Hillcrest UMC
POC: Ed McAdam
540-898-3625
emcadam@cox.net

Uptown Bristersburg
Believers
2nd and 4th Thursdays
7:00 pm
Mt. Horeb UMC
POC: Chris Wells
540-788-3068

Are you interested in
joining or starting a
new reunion group?

Email Chris Wells at
wells50@wildblue.net