

February 2012

Upper Room
EMMAUS
of the Greater Fredericksburg Area

Gatherings *(2nd Saturday of each month)*

February 11th	Chancellor Christian Church
March 10th	TBD
April 14th	TBD

Board meeting at 1:30 pm
Fellowship at 3:30 pm
Gathering at 4:00 pm
Please bring snack food to share during fellowship time.

We are looking for churches to host Gatherings for 2012.
If you are your church's Point of Contact for hosting,
please email our CLD Dawn Kendall at
queendawn@juno.com so arrangements can be made.



Directions to Chancellor Christian Church
11409 Brock Road
Spotsylvania, VA 22553

From Central Park in Fredericksburg: Take Route 3 West approx 12 miles.
Make a left onto Brock Road. The church is about 1/2 mile down the road
on the left.

From the Pilgrim Registrar

Time is getting short to sponsor pilgrims for the upcoming Spring walks FE-86 and FE-87. Currently, we have five men and five women pilgrim applications. We have room for twenty-four pilgrims on each walk. Please consider being a sponsor and sharing the Agape Love that you experienced on your walk. Pilgrim applications are available on the Fredericksburg Emmaus website, Fredwalk.org, and will also be available at the gatherings. You can either mail the application to the mailing address on the application, or to expedite the registration process, you can bring them to the February and March gatherings and give them to Ralph or Sandy Williams.

UPCOMING EMMAUS WEEKENDS

Walk #	Dates	Weekend Lay Director
FE-86 (M)	March 22 - 25, 2012	Ralph Williams
FE-87 (W)	April 26 - 29, 2012	Sharon Smith

From the Community Lay Director

HELLO. Grace and peace to you in the name of our Savior Jesus Christ.

PILGRIMS WANTED!! It is time to send those pilgrim applications in for the spring walks. Sponsorship guidance is included in this newsletter. Please consider sponsoring a friend, family member, co-worker, or church worker. Pilgrim applications are available online at www.fredwalk.org.

FE-86 AND 87. Weekend Lay Directors Ralph Williams and Sharon Smith are now leading their team training. Please support these teams in prayer, service, agape and sponsorship.

AGAPE. We will have an agape collection box available at all Gatherings between now and the spring walks. If it is tough for you to get to Camp Happyland on Thursday night to take agape for the pilgrims, this is a time when you can bring it to the Gathering for delivery on the weekend. Information about agape is included in this newsletter. "They will know we are Christians by our love."

GATHERINGS. Our February 11 Gathering will be at Chancellor Christian Church. Fellowship begins at 3:30 and

worship begins at 4. We look forward to seeing all our Emmaus family! In March and April, we will be commissioning our spring teams and in April and May, we will be hearing pilgrim testimonies. Mark your calendars now for the second Saturday in each month to be part of these experiences.

LOVE YOUR NEIGHBOR. If you are in touch with members that have been away from our community, please invite them to an upcoming Gathering. Take them to lunch before or dinner afterwards. Let them know that they are loved and missed. If there is a community member that is in need, please reach out to them; remind them that they are not forgotten. Remember, we are family.

DECOLORES! Happy February, ya'll!

Dawn Kendall

FE-54, Table of Peace

Fourth Day Testimony

Where do I start? Since starting my 4th day I have been a part of numerous small group teachings. I have co-lead two of those small groups. I have served on the Emmaus servant team for FE-82 and Asst. table leader for FE-84. I am also a part of the Emmaus team for FE-86. I have dug into the Bible a lot more since my 4th day started. My church family has been very supportive and encouraging in my spiritual journey/awakening. I have also been able to minister to several people. At times it has taken me way outside my comfort zone but it turned out ok and worthwhile. So to wrap this up, my 4th day has been amazing, wonderful, fulfilling, and an awesome journey that just keeps going.

God Bless,

Mike Mason, Fairview at River Club, FE-80, Table of Matthew

From the Community Spiritual Director

So, I have been sitting here most of the day switching back and forth between my emails, study material, and the Rivals College Football Recruiting website. For those who are uninitiated, or really don't care, today, February 1st, was National Letter of Intent Signing Day—the first day of the year that college seniors could sign letters of intent to play athletics (primarily football) at the college of their choice in exchange for a full-ride scholarship. If you are not a college football fan this means absolutely nothing to you, but if you are—and have a specific team that you live and die accordingly to their success on the gridiron you know that this day is one of the most important of the year. It is the success of the various colleges on this day that goes a long way toward determining the future of that school's football program. The ultimate goal is to sign the players needed to propel one's school to the top of the polls and a National Championship. Thus, I spent the entire day riveted in anticipation to learn the decision of various 18 or 19 year old high school seniors and experiencing alternately jubilation when my team would win the recruiting battle, or extreme disappointment when one of these young men whom we coveted so much would choose another school over the one that I hold so dear. At one point during the day I was waiting, along with all of the fans of three different schools to await the announcement of one particular highly regarded recruit. I found myself not able to

concentrate on anything else until the announcement finally came.

You might be asking right about now why this is so important that it is part of an Emmaus newsletter. Because, right in the middle of all of the excitement and fanfare of National Signing Day the thought struck me that we get so excited for various events of temporal significance—whether a particular athlete chooses your school, whether or not your team is in the Super Bowl, who wins the Golden Globe, Nobel Peace Prize, or whatever your passion is—but do not get excited enough for the things that really matter. These things are all temporal, they come and they go, but there is a matter that is of eternal importance, the matter of one's soul. The Apostle Paul, in Romans 9:3 said, "For I could wish that I myself were accursed and cut off from Christ for the sake of my brothers, my kinsmen according to the flesh." He was speaking specifically of their need to follow Christ and had such a burden on his heart for these who were lost that if he had been able to give up his own salvation that they all might be saved he would do so. Friends, that is the kind of passion that we need. We need to get more excited for the soul of one who is signed to God's team than we do for one who is selected for our favorite sports team. May God give each of us a burden and passion for Christ and may we act on that passion for God's Kingdom.

Jim

Schedule for Men's Emmaus #86

<i>Date</i>	<i>Time</i>	<i>Activity at Camp Happyland</i>
Thur. 3/22/12	6:30 - 7:00 pm	Pilgrim check-in followed by Sponsor's Hour
Sat. 3/24/12	7:30 pm	Candlelight - Community will gather for praise, Communion & fellowship. Please bring flowers for the team to use Sunday morning!
Sun. 3/25/12	4:00 pm	Closing Service

Men's Emmaus #86 Team List

Name	Church	Assignment
Art Blankenship	Fairview Baptist Church	Table Floater, Reading
Dan Bowman	Open Door Community Church	SD, Obstacles to Grace
Lake Cowart	Melrose UMC	ALD, Priority
Richard Dean	Woodbridge Christian Church	TL, Grow Through Study
Rick Dillard	Chancellor Christian Church	SD, Sanctifying Grace
Tony Fortune	Shepherds UMC	ATL, Changing Our World
Matt Green	Register Chapel UMC	Music Team, Reading
Randy Harding	Melrose UMC	ATL, Reading
John Helsley	Lifepoint Church	Music Director, Reading
Doc Holladay	Hillcrest UMC	TL, Life of Piety
Tony Innocenti	Melrose UMC	TL, Discipleship
Ron Jennings	Fairview Baptist Church	TL, Body of Christ
Steve Makely	First Christian Church	ATL, Reading
Mike Mason	Fairview at River Club	TL, Priesthood of all Believers
Mike McDonald	Stafford Crossing Community Ch	ALD, 4th Day
Jim Reamy	Bethany Baptist Church	SD, Preventive Grace
Stan Rembisz	Bethany Baptist Church	ATL, Christian Action
Michael Remington	First Christian Church	Board Representative
Willard Sawyer	Fairview Baptist Church	LSD, Means of Grace
Mike Selph	Wrights Chapel UMC	ALD, Reading
Wilfred Usher	Maranatha SDA Church	SD, Justifying Grace
Chris Wells	Mt. Horeb UM	ATL, Reading
Ralph Williams	Fairview at River Club	WLD, Perseverance

Snack Agape

Snack agape, (baked goods, brownies, goodies), is needed for the Men's Walk. You may bring packaged goods to the Gathering on February 11th and give to Lisa Green.

*Before the Men's Walk, please check our website at www.fredwalk.org, for the Pilgrim List.



Community Notes

AGAPE

Agape is our way of telling the pilgrims how much they are loved. Agape on the weekend progresses from general, anonymous agape to the extremely personal letters received on Sunday afternoon. Here are some thoughts about weekend agape:

- The community should provide general agape for all pilgrims and all talk room team members, particularly bag agape, as the pilgrims can tell when they get more “stuff” than the teamers. Bed agape need not be as abundant for the teamers.
- General agape should be anonymous. Although pilgrims frequently ask “who gave all this?” as an expression of God’s love, agape isn’t about us, it’s about HIM!
- Please pre-sort agape into a labeled bag for 24 pilgrims and 25 team members for the three agape events:
 - Friday afternoon agape bag
 - Friday night bed agape
 - Saturday night bed agape
- If you have no preference when your general agape is delivered, please mark it “as needed.”
- If any agape has a cord or chain (lanyards/crosses/necklaces/glowsticks), please individually wrap them in small baggies so that servants do not have to untangle the items.
- Sponsors need to solicit 8-12 personal agape letters for Sunday. It is most important that the pilgrim’s name is on each piece/envelope. Also, please mark the individual letters in the upper right hand corner with the person it is from (husband, child, parent, etc). Please provide this agape separate from all other agape in an individual bag or envelope.
- Packages other than letters delivered as “Sunday Personal Agape” will be placed with the pilgrim’s belongings to take home, not given in the talk room. Better still, this type of agape is perfect for delivery by the sponsor to the pilgrim over dinner on Sunday evening after closing as a “welcome to the community” gift.

WEEKEND PRAYER OPPORTUNITIES

The Emmaus walk weekend is supported by prayer. There are various opportunities to participate in the weekend through prayer.

- Overall prayer. Pray any time during the weekend as you are led.
- Sponsor’s hour. Come to Camp Happyland on Thursday night, see the pilgrims and team off to start the weekend, and attend the prayer service for the pilgrims, praying over each pilgrim’s cross. Communion is also given at this service.
- 72-hour Prayer Vigil. Sign up to pray at a designated time during the 72-hour walk weekend. You may pray wherever you are at that time.
- Prayer Partners. Come to Camp Happyland to pray with and for a team member giving a talk. Join the speaker in prayer before and after their talk and remain in the prayer chapel during the talk.
- Candlelight. Come to Camp Happyland on Saturday night to pray for the pilgrims by name. This is a time of community worship and Communion is given prior to the Candlelight stroll.
- Closing. Come to Camp Happyland on Sunday to hear the testimony of the pilgrims and to celebrate God’s work. This fellowship service includes Communion.

Community Notes continued

SPONSORSHIP

Sponsorship is a vital part of the Emmaus ministry. It is, at heart, a form of agape for our friends and neighbors. Sponsorship is a serious commitment and requires considerable time and prayer.

The sponsor commits to paying the pilgrim fees, taking the pilgrim to Camp Happyland on Thursday, participating in the 72-Hour Prayer Vigil, attending Sponsor's Hour, Candlelight, and Closing, and supporting the pilgrim's family during the walk weekend.

The sponsor completes part of the pilgrim form and seeks approval from the pilgrim's pastor. The sponsor then approaches the pilgrim to complete the application. The sponsor recruits family and friends to write 8-12 personal letters for Sunday agape.

A good sponsor understands the criteria of a good pilgrim. A good pilgrim candidate is someone with leadership or leadership potential. The Emmaus weekend is not a time to fix, convert, or otherwise interfere with the local church. Our intention is to return the pilgrim fired up for service in that local church. Strong pilgrim candidates include:

- Church leaders who need renewal
- Those able to bring back new vision, commitment and understanding
- Dependable church members – the backbone of the church
- Those needing awareness of grace rekindled and commitments renewed
- Christians wanting to grow spiritually
- Those representing a cross section of the church
- Those whose participation, support, and leadership encourage others
- Members of diverse congregations, denominations and other groups

Emmaus is not for everyone, including:

- Non-Christians: Emmaus is a Christian organization. It is not our intention to convert others—that is the purpose of the local church and the Body of Christ. Non-Christians are not prepared to receive the message Emmaus provides.
- Incompatible theology and practices and theological restrictions or celebrations: Emmaus is a mainstream Protestant movement. Significant differences in theology may cause discomfort for people on the walk. There are other retreats and experiences for those whose faith requirements are incompatible with Emmaus.
- Those needing to defend the uniqueness of their beliefs: Emmaus is led by the Holy Spirit and relies on Biblical principles. The walk is not the time for people to justify their unique personal beliefs.
- Church Hoppers and Soap Boxers: The purpose of Emmaus is to build Christian leaders. Those without a steady church home may not have a place to serve. Those who want to “preach” their personal beliefs to the group are not suited for an event that requires them to receive.
- Persons looking for another spiritual high: Emmaus is three-phased program. The walk is a mountain top experience for many people but should not be used as a one-time-only tool. There are other retreats for renewal that do not seek additional commitment.
- Persons undergoing an emotional crisis: Emmaus is a time to learn more about God's grace, mercy, and love. An emotional crisis may block the message for the pilgrim and may cause them to dominate table talk with their own issues.
- Persons who decide not to make a Walk: The Emmaus weekend is a special time. If someone feels it is not their time or in their interest to attend, respect that decision. Let God work in His time.

Prayer Requests from January Gathering

Brothers and Sisters	John, Christopher, Natasha, Bryan,	For my daughter to meet a Christian
Good health	Vivian, Dan	man who will cherish her
Rob Kelly	Monica and children	For college classes
Kris in Ukraine	Bea and her son	Husband of co-worker whose leukemia
Judith—having relationship problems	Olivia and daughter	is in remission
Debbie’s drinking problem	Al and Elise	Connie’s daughter
Carol in jail	Josh in prison	Matt and Summer—new house
Billy having a difficult time finding work	Lucas, Jennifer, Jessica, John	Resolution of VA issues for hearing tests
My mom who is not doing well	A youth event	Mission trip
Prayers for our troops and their	For my son John	For apathy in churches
families	My mission work for God	Couples with marital problems
Our government	FE-86 & 87	Hope 3
Husband preparing for surgery	The Chittum family in the loss of their	Old friends and new love
Employees of Bloom and Bottom Dollar	daughter	Rob, Joshua, the Spicer family
Paige—having her second back surgery	Granddaughter at college	The Curtis family
David—having a tough time	Deaf ministry at Salem Baptist Church	
For Donna and Wayne	Son’s deployment to Afghanistan	PRAISES
For our new healing prayer study on	Parents’ health	Salem Baptist’s deaf ministry
Monday evening	For those with medical needs not	The Peaceful Point Bible study group
For men from our church to attend the	covered by insurance	The start of teaming for the spring
next Emmaus walk	For employment opportunities for those	walks
Mary and Wilfred	in need	
Health	For God’s word to take root in our	
	children’s hearts	

Directions to: Camp Happyland
21457 Happyland Drive
Richardsville, VA 22736

From Central Park in Fredericksburg: Drive 7.5 miles west on Route 3. Turn right (North) on Route 610, Elys Ford Road. Drive 9 miles north on Route 610. Just prior to the green Richardsville sign, turn right (East) on Route 619, Richards Ferry Road. Drive 1.3 miles to Happyland Drive. You will see a large Camp Happyland sign on the right side of the road. Turn right into the Camp and proceed to the parking area. Total distance from Central Park is about 18 miles.

Elected Community Officers: (Thru June 30, 2012)

Community Lay Director.....	Dawn Kendall	
Assistant Community Lay Director	Richard Leeper	
Community Spiritual Director.....	Jim Muhlenkamp	
Dick Barnett	Lisa Green	Cam Noden
Judy Britt	Ava Hanger	Jake Riley
Chris Campbell		
Agape Coordinator.....	Tom Dempsey	
Secretary	Vacant	
Treasurer.....	Carol Burke	
Manuals Coordinator/Historian	Mike Remington	
Spiritual Director.....	James Arkord	
Spiritual Director.....	Joe Reed	

Community Volunteers: (Sept 1, 2011 - Aug 31, 2012)

Communications Support Coordinator.....	Dick Barnett
Website & Database Administrator.....	Chris Campbell
Newsletter.....	Brooke Ferguson
Daily Prayer Chain Coordinator	Teresa Smith
Fourth Day Support Coordinator	Cam Noden
Fourth Day Advisory Committee	Art Blankenship
Fourth Day Follow-Up/Reunion Group Coordinator.....	Richard Leeper
Upper Room Guidelines Implementation.....	Dawn Kendall
Pilgrim/Team Support Coordinator.....	Carol Burke
Team Selection Committee	Dawn Kendall
Team Registrar	Dick Barnett
Pilgrim Registrars.....	Ralph and Sandy Williams
Gathering Support Coordinator.....	Ava Hanger
Childcare Coordinator.....	Jacob Riley
Hospitality Coordinator.....	Kathleen Holladay
Transportation Coordinator.....	Chris Campbell
Music/Equipment Coordinator.....	Mitch Mitchell
Weekend Support Coordinator.....	Jake Riley
Community Servant Coordinator.....	Richard Leeper
Community Baker.....	Sandie Makely
Supplies Coordinator.....	Chris & Karen Campbell
Prayer Vigil Coordinators	Lisa Green
Placemat Coordinator.....	Tom Wells
Snack Agape Coordinator.....	Lisa Green
Agape Bag Coordinator.....	Karen Campbell
Name Badge Coordinator	Gary Adkins
Fourth Day Packets.....	Wilfred and Mary Usher

Daily Internet Prayer Chain

We have Prayer Warriors praying daily for the needs and praises of the Emmaus Community. Our Daily Prayer Chain Coordinator is Teresa Smith, Fairview at River Club, FE-37, Table of Patience. Simply email Teresa at fredemmausprayers@yahoo.com with your prayer request and our Prayer Warriors will be in prayer for you! Urgent prayer requests will be handled as quickly as we receive them. If you would like to be a Daily Prayer Warrior, email our website administrator Chris Campbell at chris@ewg.org and ask to be included as a Prayer Warrior.

4th Day Testimony Request

The 4th day committee wants your 4th day testimonies. They don't have to be long, just tell us what God's doing in your 4th day, or how teaming, sponsoring, being involved in a reunion group, or attending monthly gatherings has changed your life. We will review it and if accepted, include it in the newsletter on a monthly basis. So if you'd like to share with us how God has used your Emmaus experience in any of these areas, please email your testimony to Cam Noden at: twonodens@juno.com for review. I'll be looking forward to hearing from you!

REUNION GROUPS

Sunday	Wednesday	Thurs (cont'd)
<p>Bethel UMC Men's Group 7:30 am Bethel UMC Woodbridge, Va POC: Brian Lewis 703-590-9343 bb3253@aol.com</p>	<p>Lord's Lions & Lambs Group 6:30 pm First Christian Church POC: Joe Reed 540-373-7716 first.christian.church@verizon.net</p>	<p>Uptown Bristersburg Believers 2nd and 4th Thursdays 7:00 pm Mt. Horeb UMC POC: Chris Wells 540-788-3068</p>
Monday	Thursday	Friday
<p>Ladies in Waiting Meets every other Monday in Falmouth POC: Vonda LiCalzi 540-446-2682</p>	<p>His Joyful Croakers 9:00 am Hillcrest UMC POC: June Riel 540-710-5949</p> <p>His Seekers (Women) 7:30 pm Home of Jane Carwell POC: Sandy Crossley 703-221-6977 POC: Jane Carwell 703-969-4019 tjcarwell@yahoo.com</p> <p>Amazing Grace Group 8:30 pm Hillcrest UMC POC: Ed McAdam 540-898-3625 emcadam@cox.net</p> <p>Rainbow Group (Women) Alternate Thursdays 10:00 am Lake of the Woods Call for location POC: Barbara Miller 540-972-7418</p>	<p>Koinonia Group (Women) 9:00 am Lake of the Woods Call for location POC: Barbara Larson 540-972-1928</p>
Tuesday		Varies
<p>Great Is Thy Faithfulness 7:30 pm Prince of Peace UMC Manassas, Va POC: Lloyd Biller 703-590-1512</p> <p>Lakeside Group (Men) 8:00 pm Lake of the Woods Call for location POC: Vic Larson 540-972-1928</p>		<p>His Footprints Various schedule: call for time and meeting place POC: Phyllis Howze 540-582-6739</p>
		<p>Are you interested in joining or starting a new reunion group?</p> <p>Email Richard Leeper at richardleeper@netscape.net</p>