

December 2011

Upper Room  
**EMMAUS**  
of the Greater Fredericksburg Area

## Gatherings *(2nd Saturday of each month)*

**December 10th**

**North Stafford Baptist Church**

**January 14th**

**Antioch UMC - Hartwood**

Fourth Day Follow Up

9:00 am - 12:00 pm

Board meeting at 1:30 pm

Fellowship at 3:30 pm

Gathering at 4:00 pm

Please bring snack food to share during fellowship time.

We are looking for churches to host Gatherings for 2012.

If you are your church's Point of Contact for hosting,  
please email our CLD Dawn Kendall at  
queendawn@juno.com so arrangements can be made.



### Directions to North Stafford Baptist Church

11 Meadowood Dr  
Stafford, Virginia

From Fredericksburg:

Take I-95 North to Exit 143 B. Take Rt 610 W towards Garrisonville for approximately 2.5 miles. Turn left onto Meadowood Dr. Church will be on the left.

## Fourth Day Follow Up on January 14, 2012

**Where:** Antioch United Methodist Church  
138 Kellogg Mill Rd  
Fredericksburg, VA 22406

**When:** 9 am - 12 pm

From Fredericksburg: Take I-95 North to exit 133, Rt 17 towards Warrenton. Follow Rt 17 approx 5 miles then make a right turn onto Co Rd 616/Poplar Rd. Follow approximately 1.5 miles then turn right onto Co Rd 651/Kellogg Mill Rd. Church will be on your left.

## UPCOMING EMMAUS WEEKENDS

**Walk #**

FE-86 (M)

FE-87 (W)

**Dates**

March 22 - 25, 2012

April 26 - 29, 2012

**Weekend Lay Director**

Ralph Williams

Sharon Smith

# From the Community Lay Director

HELLO. What a joy it is to serve our Lord today!

**GATHERING.** North Stafford Baptist Church is hosting the December 10 Gathering. We will be welcoming the women from FE-85 into our community. There will be special holiday music; if you would like to join the "choir," please contact our Community Music Director, Mitch Mitchell.

**4TH DAY FOLLOW UP MEETING.** The next meeting will be Saturday, January 14 at Antioch UMC (Hartwood) from 9-12. All new community members are encouraged to attend. We will be discussing the ways you can be an active community participant and how you can renew and refill your spirit within the Emmaus community. If you would like to be considered for the spring teams, please submit a signed application by January 8 and indicate your intention to attend the 4th Day meeting.

**THE WOMEN'S WALK.** Praises for the women of FE-85! Their testimonies showed that God continues to love His children, even when His children are unsure of His presence. We thank God for His mighty work in our lives. Come meet these wonderful women at the December Gathering.

**PRAYERS.** We have prayer warriors praying daily for the needs and praises of the Emmaus community. Email our

Prayer Chain Coordinator Teresa Smith at [fredemmausprayers@yahoo.com](mailto:fredemmausprayers@yahoo.com) with your prayer request and our prayer warriors will be in prayer for you. Urgent prayer requests will be handled as quickly as they are received. If you would like to be a prayer warrior, email our website administrator, Chris Campbell, at [chris@ewg.org](mailto:chris@ewg.org) to be included.

FE-86 and FE-87 teams are forming. Please be in prayer for the leadership of these teams, for the community as we say "yes" to God through our Emmaus service, and for the pilgrims, still unnamed, who will be joining us.

**MERRY CHRISTMAS.** As we celebrate the birth of the One whose death gives us life, please take the time to reflect on the true meaning and power of Christmas. "And suddenly there was with the angel a multitude of the heavenly host praising God and saying, 'Glory to God in the highest, and on earth peace, good will toward men!'" (Luke 2: 13-14).

DECOLORES! .Merry Christmas, ya'll!

Dawn Kendall  
FE-54, Table of Peace

## 4th Day Testimonies

The 4th day committee wants your 4th day testimonies. They don't have to be long, just tell us what God's doing in your 4th day, or how teaming, sponsoring, being involved in a reunion group, or attending monthly gatherings has changed your life. We will review it and if accepted, include it in the newsletter on a monthly basis. So if you'd like to share with us how God has used your Emmaus experience in any of these areas, please email your testimony to Cam Noden at: [twonodens@juno.com](mailto:twonodens@juno.com) for review. I'll be looking forward to hearing from you!

# From the Community Spiritual Director

In John 12:48 Jesus is speaking following His triumphal entry into the city of Jerusalem and just prior to entering in to celebrate the Passover feast with His disciples. He is speaking of His purpose for entering the world—to save the world and to bring the light. Jesus then declares: “The one who rejects me and does not receive My words has a judge; the word that I have spoken will judge him on the last day.”

Two of the great realities central to the Christian existence is the promised presence of God among us and the testimony of His eternal Word. By the “Word of God” I am speaking, not just of the Holy Scriptures that we carry with us on Church on Sundays, but to the entire expression of the Word of God. More specifically, to the still small voice that is within us that speaks to us of God’s will for us as individuals. The voice that warns us when we are creeping a little too close to the edge of worldliness, or that illuminates areas in our lives displeasing to God. I am speaking of the booming voice of God that speaks of His great power in the sound of the rolling thunder, or in the brilliance of a streak of lightning. I am speaking of the voice of God present in the hugs of a child or grandchild or heard through the testimony of one touched by the presence of God.

A.W. Tozer notes, “Most of the things men and women talk about cannot be counted among the great realities of life.

In October, people talk a great deal about the World Series as a great reality, but by December they have forgotten who pitched and who struck out. People spend their entire lives in the pursuit of those things that can only perish and fade away. But when it is all over, they are still going to be faced with the reality of the eternal Word of God, the revelation of Truth which God has given us!”

This time of year, as we are nearing Christmas, there are so many things, so many voices that would drown out the voice of God. Things that would seek to distract us concerning what is really important, not only now, but throughout the year. Things that seem important for the moment, but will fade into obscurity over time.

There are many around us daily who are hearing the siren song of the commercialism of “the holiday season” or “yuletide”. Yet they too will be held accountable—judged by eternal Word of God. Think of the changes that would come to this world—think of the truly awesome Christmas season we could have if all people everywhere would stop and hear the Word of God! It can happen! And it starts with each of you doing your part to spread the true gift of Christmas—the gift of salvation. Won’t you do your part?

Jim Muhlenkamp

## Fourth Day Testimony

To ask what my 4th day has been like in a nutshell, is difficult beyond description, but let me say this. My life would never be the same without Emmaus and the love and grace I discovered on my walk. My relationship with Jesus is so precious to me. Nothing could have made my life more complete than the opening of my eyes as I saw Him break the bread on E26. My heart was burning as I was on the road with Him, and it hasn’t stopped! I can make it through the valleys because of the strength He fills me with and the friends I’ve found along the way - not the least of which is my amazing husband. I cannot imagine how much more I can be blessed in serving and being a part of Emmaus, but I sure do aim to find out! As I said to an Emmaus sister this morning when asked if I miss coming down from the mountain, “yes, but the really awesome thing is, God doesn’t leave me in the valley...and there’s another weekend on the horizon!” God willing, I might meet you somewhere along that journey! De Colores!

Lola McDonald, Stafford Crossing Comm. Church, FE-26, Faithfulness

# Prayer Requests from November Gathering

Kris And JB—ill health  
Jackson's surgery; he is 8 months old  
Penn State victims  
Kathleen—health and healing  
Hillcrest veterans' dinner  
For God's healing hands to touch my sister Michelle; she may be the youngest but we need her the most  
Susan—cancer in lymph nodes  
Mom—health  
Michele—health  
Robin  
Chad & Brandy  
Ed—wife and job  
Bonnie & Tom  
Becky & Rich  
Tyler—court-appointed drug rehab  
Pilgrims of FE-85  
Greg  
My family  
Direction & provision for my wellness ministry  
Financial improvement  
For justice  
Rocky's recovery  
Boys of Epiphany  
Hope 3  
Claudine's recovery from breast cancer  
Rose's family  
Youth and young adult groups  
Marilyn's family following her death  
Ron's sister's brain surgery  
Gloria & Lloyd  
Debbie's healing

Bonita's medical test  
Mary's spinal surgery  
Clint's back and safety while working on ladders  
FE-86 & FE-87  
That the Lord's will be done in marriage  
Resolve employment challenges  
Safe travels for Tim, Sandy, Lee, & Ella  
Father's back surgery  
New ministry start up  
Tyler's rehab  
Revival of city of Fredericksburg  
Safe travels for Becky & family to Disney World  
Friend who passed  
Carver family in the death of their aunt  
Israel  
My sister's salvation  
For my wife Betty, that the doctors find what is causing her illness and healing for her  
That the Lord blesses Ed & his family  
For Ashley and Cija to grow closer to Jesus  
FE-85 leadership  
The Livingston family  
Felicia's aunt's family  
Employment opportunities  
Travel mercies for daughter  
Recovered wallet  
Illness of a friend  
Renewal of the Emmaus community  
Tom—new job

Bethany Baptist children and teens—for God to touch their lives  
Heather  
Healing for Kelly  
Healing for Bobbie—Parkinson's disease  
For the men of FE-85 to remain active in our community  
Prayers for Jeter  
Prayers for Bible Study  
For Paul's job search  
Thanksgiving blessings  
For our troops, military, & politicians  
Susan—cancer  
Michele—illness  
Anita—pneumonia  
That Robin will Fully Rely On God  
Chad & Brandy's marriage  
Ed  
For guidance in making difficult decisions  
For God to be glorified through FE-85  
Justin—a child gone astray  
Christmas pageant

## Praises:

FE-84 & FE-85  
For the love and support of good friends  
For Harry and Lola  
Enjoy fellowship's love all to your glory, God

## Elected Community Officers: (Thru June 30, 2012)

Community Lay Director.....Dawn Kendall  
Assistant Community Lay Director .....Richard Leeper  
Community Spiritual Director.....Jim Muhlenkamp  
Dick Barnett                      Lisa Green                      Cam Noden  
Judy Britt                          Ava Hanger                      Jake Riley  
Chris Campbell  
  
Agape Coordinator.....Tom Dempsey  
Secretary.....Vacant  
Treasurer.....Carol Burke  
Manuals Coordinator/Historian .....Mike Remington  
Spiritual Director.....Bill Walker  
Spiritual Director.....Joe Reed

---

## Community Volunteers: (Sept 1, 2011 - Aug 31, 2012)

**Communications Support Coordinator.....Dick Barnett**  
Website Administrator.....Chris Campbell  
Newsletter.....Brooke Ferguson  
Database Coordinator.....Dennis Warne  
Daily Prayer Chain Coordinator .....Teresa Smith  
  
**Fourth Day Support Coordinator .....Cam Noden**  
Fourth Day Advisory Committee .....Art Blankenship  
Fourth Day Follow-Up/Reunion Group Coordinator.....Richard Leeper  
  
**Upper Room Guidelines Implementation.....Dawn Kendall**  
  
**Pilgrim/Team Support Coordinator.....Carol Burke**  
Team Selection Committee.....Dawn Kendall  
Team Registrar .....Dick Barnett  
Pilgrim Registrars.....Ralph and Sandy Williams  
  
**Gathering Support Coordinator.....Ava Hanger**  
Childcare Coordinator.....Jacob Riley  
Hospitality Coordinator.....Kathleen Holladay  
Transportation Coordinator.....Chris Campbell  
  
**Music/Equipment Coordinator.....Mitch Mitchell**  
  
**Weekend Support Coordinator.....Jake Riley**  
Community Servant Coordinator .....Richard Leeper  
Community Baker.....Sandie Makely  
Supplies Coordinator.....Chris & Karen Campbell  
Prayer Vigil Coordinators.....Lisa Green  
Placemat Coordinator.....Tom Wells  
Snack Agape Coordinator.....Lisa Green  
Agape Bag Coordinator.....Karen Campbell  
Name Badge Coordinator .....Gary Adkins  
Fourth Day Packets.....Wilfred and Mary Usher

## Daily Internet Prayer Chain

We have Prayer Warriors praying daily for the needs and praises of the Emmaus Community. Our Daily Prayer Chain Coordinator is Teresa Smith, Fairview at River Club, FE-37, Table of Patience. Simply email Teresa at [fredemmausprayers@yahoo.com](mailto:fredemmausprayers@yahoo.com) with your prayer request and our Prayer Warriors will be in prayer for you! Urgent prayer requests will be handled as quickly as we receive them. If you would like to be a Daily Prayer Warrior, email our website administrator Chris Campbell at [chris@ewg.org](mailto:chris@ewg.org) and ask to be included as a Prayer Warrior.

# REUNION GROUPS

Sunday	Wednesday	Friday
<p>Bethel UMC Men's Group 7:30 am Bethel UMC Woodbridge, Va POC: Brian Lewis 703-590-9343 <a href="mailto:bb3253@aol.com">bb3253@aol.com</a></p>	<p>Lord's Lions &amp; Lambs Group 6:30 pm First Christian Church POC: Joe Reed 540-373-7716 <a href="mailto:first.christian.church@verizon.net">first.christian.church@verizon.net</a></p>	<p>Koinonia Group (Women) 9:00 am Lake of the Woods Call for location POC: Barbara Larson 540-972-1928</p>
Monday	Thursday	Varies
<p>Ladies in Waiting Meets every other Monday in Falmouth POC: Vonda LiCalzi 540-446-2682</p>	<p>His Joyful Croakers 9:00 am Hillcrest UMC POC: June Riel 540-710-5949</p> <p>His Seekers (Women) 7:30 pm Home of Jane Carwell POC: Sandy Crossley 703-221-6977 POC: Jane Carwell 703-969-4019 <a href="mailto:tjcarwell@yahoo.com">tjcarwell@yahoo.com</a></p> <p>Amazing Grace Group 8:30 pm Hillcrest UMC POC: Ed McAdam 540-898-3625 <a href="mailto:emcadam@cox.net">emcadam@cox.net</a></p> <p>Rainbow Group (Women) Alternate Thursdays 10:00 am Lake of the Woods Call for location POC: Barbara Miller 540-972-7418</p>	<p>His Footprints Various schedule: call for time and meeting place POC: Phyllis Howze 540-582-6739</p>
Tuesday		<p>Are you interested in joining or starting a new reunion group?</p> <p>Email Richard Leeper at <a href="mailto:richardleeper@netscape.net">richardleeper@netscape.net</a></p>
<p>Great Is Thy Faithfulness 7:30 pm Prince of Peace UMC Manassas, Va POC: Lloyd Biller 703-590-1512</p> <p>Lakeside Group (Men) 8:00 pm Lake of the Woods Call for location POC: Vic Larson 540-972-1928</p>		