

September 2011

# Upper Room EMMAUS of the Greater Fredericksburg Area

## Gatherings *(2nd Saturday of each month)*

**September 10th**

POC: Pastor Chris Fair

**October 8th**

POC: Cam Noden

**November 12th**

POC: Kathleen Holladay

**Antioch UMC**

**Fairview @ River Club**

**Hillcrest UMC**

Board meeting at 1:30 pm

Fellowship at 3:30 pm

Gathering at 4:00 pm

Please bring snack food to share during fellowship time.

We are looking for churches to host Gatherings for 2012.

If you are your church's Point of Contact for hosting, please email our CLD Dawn Kendall at [queendawn@juno.com](mailto:queendawn@juno.com) so arrangements can be made.



**Directions to Antioch UMC**  
**138 Kellogg Mill Rd**  
**Fredericksburg, VA 22406**

From Fredericksburg: Take I-95 North to exit 133, Rt 17 towards Warrenton. Follow Rt 17 approx 5 miles then make a right turn onto Co Rd 616/Poplar Rd. Follow approx 1.5 miles then turn right onto Co Rd 651/Kellogg Mill Rd. Church will be on your left.

## 4th Day Testimonies

The 4th day committee wants your 4th day testimonies. They don't have to be long, just tell us what God's doing in your 4th day, or how teaming, sponsoring, being involved in a reunion group, or attending monthly gatherings has changed your life. We will review it and if accepted, include it in the newsletter on a monthly basis. So if you'd like to share with us how God has used your Emmaus experience in any of these areas, please email your testimony to Cam Noden at: [twonodens@juno.com](mailto:twonodens@juno.com) for review. I'll be looking forward to hearing from you!

## UPCOMING EMMAUS WEEKENDS

**Walk #**

FE-84 (M)

FE-85 (W)

**Dates**

Oct 20- 23, 2011

Nov 17 – 20, 2011

**Weekend Lay Director**

Harry Tillman

Lola McDonald

# From the Community Lay Director

HELLO! What a summer we have had! Earthquakes, hurricanes, oppressive heat... Now it is back-to-school time and we are settling back into another routine. I hope everyone had a safe, healthy, and enjoyable summer,

GATHERING! Our next Gathering is September 10 at Antioch UMC. The Board will be reviewing and signing the Letter of Agreement with the Upper Room. The October 8 Gathering will be at Fairview at River Club; the men's talk room team will be introduced. Please make plans to come out and worship with your Emmaus family.

PILGRIMS! Pilgrim applications are being accepted for both the men's and women's fall walks. Please think about the people in your life who are active in their churches and consider sponsoring them for the Walk to Emmaus. Sponsors have a significant role in the life of a pilgrim; please prayerfully consider how you may bless someone with your sponsorship.

FALL WALKS! The Orientation meeting for both teams was held August 26. By the time this newsletter arrives in your box, both teams will have begun their training. The Weekend Lay Directors, Harry Tillman and Lola McDonald, are excited about what God is going to do. The walk dates are: October 20-23 (men) and November 17-20 (women). Mark your calendar!

PRAYERS! What would we do if we did not have the safety net of prayer in our lives? Please continue to pray for your Emmaus family. So many people need to be lifted up. If you have a prayer request that needs immediate attention, email our Daily Prayer Chain ([FredEmmausPrayers@Yahoo.com](mailto:FredEmmausPrayers@Yahoo.com)) to be lifted up by our prayer warriors. If you would like to be a member of this ministry, contact Dennis Warne ([WarneDM@comcast.net](mailto:WarneDM@comcast.net)).

DECOLORES! May God bless all ya'll in unexpected ways.

Dawn Kendall  
FE- 54, Table of Peace

# From the Community Spiritual Director

Hi, all! What a fun and exciting time. As I write this note I just started teaming with the men of the FE 84 (The Lumber Company) team. I had forgotten how much I enjoy teaming and just being around the men of God as they prepare for a weekend. If you have not yet experienced a team, or if it has been awhile since you were part of a team, let me encourage you to get involved again. Despite some changes that have been made, God is still God, and as long as we keep God central His weekends will never want for His blessings.

We need to take extreme advantage of the teaming opportunities and monthly gatherings to help us in our own spiritual walk and growth. Charles H. Spurgeon notes that we are "sustained by feeding." In John 6:57, John writes, "As the living Father sent Me, and I live because of the Father, so he who feeds on Me will live because of Me." Jesus Christ is our source of nourishment and strength, but one of the places where we find that feast is in the fellowship of believers. Mark, in Mark 16:7 wrote, "Go, tell His disciples—and Peter—that He is going before you into Galilee; there you will see Him, as He said to you." Where God promised to meet His disciples there was nothing that would keep Him away from His appointed place. Jesus keeps His promises. Spurgeon

states, "If He promises to meet us at the mercy seat, or in public worship, we may depend upon it that He will be there. We may stay away from the appointed meeting place, but He never does, 'Where two or three are gathered together in My name, I am there' Matthew 18:20."

Friends, we should hunger for the fellowship of fellow believers. It should absolutely become a balm to our souls. But Spurgeon notes that Jesus is always first in fellowship. His heart is with His people and He delights in them. God is never slow to meet with us and goes before us into each Bible Study, Church Service, and Gathering to greet us at the door and welcome us there.

Then, as if that was not enough, He speaks to us, teaches us, calms our fears, rejoices with us in our victories, and gives to us an unreasonable peace even in the midst of tribulation. Therefore, let it be a constant source of joy to you to gather in the name of Jesus in every manner that He provides, most especially, your local Church service, and the Emmaus Community.

Decolores  
Rev. Jim Muhlenkamp

# Prayer Requests from August Gathering

## PRAYERS

Roger's cancer  
MHUMC Reunion Groups  
Chris—patience and perseverance  
Al—full time work and heart health  
Master Life I class  
Directory to be finalized in God's glory  
Successful coordination of Sunday School volunteers  
Dot Atkinson  
Ennis Parrish  
The Roark family  
Daphne to be able to retire  
Bethel UMC church family  
Phyllis to be stronger  
William & Char Centron  
George & Daphne  
Ken—to be stronger and have travel mercies  
Emmaus community  
Charles family  
That my brother Joe may come to know the freedom of  
Christ Jesus  
My brother Dick to find Jesus and honesty  
The Usher family  
Home repair needs  
Billy Mason—leukemia  
Mark for peace in the death of a friend  
Drew and Heather going back to college  
Ryan Smith  
Chandler as she prepares to leave for college  
Lee & family  
Prayer for Kristy, TJ, Jessica, Kris  
Healing for my knees  
Healing for Wilford

Walt's son  
Ryan Smith—Wounded in Afghanistan  
New business for Jim  
Our military  
Ryan & Austin  
Kris—languages  
People returning to school  
Jenny and her baby  
Brother John & Nancy—that they know Jesus as Savior  
Jeanne, Sam, and Doug—health problems  
Teen mothers  
People living with damaged homes  
Bobby Hall—Cancer  
Kathleen's MRI  
FE-84 and FE-85—Pilgrims  
The economy and people out of work  
Wellness ministry  
Kelly—Health  
Blake & Ashley—That God will be honored in their  
marriage  
Joey Osborne—Stage 4 lung cancer & his parents, Sandy  
and Eddie

## PRAISES

Rain  
John's daughter  
Chris was not hurt in the accident  
Phyllis—Joy for good result for treatment  
Thankful for family and friends  
Thankful for safe trip to WVA for bookbag distribution  
Every day is a Fourth Day  
That God is always with us

# Community Notes

As the fall walks approach, there are a few things that we, as a community, should keep in mind.

Please PRAY for the walks, for the leadership, for the pilgrims and sponsors, for the Camp Happyland staff. But most importantly, please pray that we are able to be used by God as He wants, without condition.

Please VOLUNTEER to serve. The walks cannot run smoothly without us being the hands and feet of Christ. Please speak with the Lead Servants, Tim Patrick and Rosemary Blankenship, to see how you can best serve during the weekends.

Please SUPPORT the weekend events. Come out to greet the pilgrims on Thursday night, bless them with your love at Candlelight, and come hear their joy at Closing.

Please REMEMBER that the community is asked to follow a few guidelines during the weekend:

Do not wear your cross until Closing. The pilgrims will receive their crosses on Sunday afternoon. Until then, please just wear your name button.

Take advantage of the Community Room. The room is established so that community volunteers may have a place to rest and socialize during times when they are not directly working. Please do not hang out in the Dining Hall or on the porch, where pilgrims can see and hear us.

There are various ways to pray during the walks.

Pray on your own, in your own way. There can never be enough prayer.

Pray during weekend activities. Come out and pray for your brothers and sisters, neighbors, and church friends on Thursday night, Saturday night, and Sunday afternoon.

Pray as part of the 72-Hour Prayer Vigil. Sign up for the time that you desire and pray wherever you are at that time. The Prayer Vigil record is presented to the pilgrims as a form of agape. Please sign up so that every hour of each walk is covered in prayer.

Please be a Prayer Partner. Prayer Partners come to Camp Happyland and pray for specific speakers. Prayer Partners remain in the Prayer Chapel until the speaker has completed his or her talk. This is a wonderful form of agape for our team members.

Remember, the weekend needs all of us. Let's bless our talk room and servant teams and the pilgrims with our service.

## Fourth Day Testimony

I remember with fondness my own Emmaus walk. I had known about Emmaus for a number of years and had asked my Pastor—an Emmaus alum—to sponsor me on a walk. He agreed, but, thereafter there were a number of circumstances that prevented me from going for a couple more years. When it was finally my time to go on the walk I discovered why all of those obstacles had been raised. God had scheduled me—and each of you—for a specific walk. The weekend touched me in a profound way that will remain with me for the rest of my life.

Christ told His disciples that He would build His Church and the gates of hell would not prevail against it. In speaking of the Church He was not speaking of a physical building or a specific fellowship. Rather, He was speaking about the entire body of Christians throughout time and place. That includes Emmaus! Thus, we should understand that each walk is constructed by God in His time for His purpose.

In the same manner, each community is His special design. God has saved you and brought you into the community for a purpose and a service. While your attendance and service at your local congregation is a

priority it is not by accident that you are part of the Fredericksburg Emmaus Community. It is our responsibility, in accordance with our gifts and talents, to find where God has called us to serve and, get busy.

Moreover, God has told each of us to “forsake not the gathering of yourselves together.” By God’s design the Church is constructed to gather with one another to encourage, exhort, and, as necessary, rebuke or correct one another. The Emmaus Community is part of the Church, and one of the tools God uses to grow us and draw us closer to Him. There are people in the community who need you to encourage them, exhort them, or even correct them. The thing is, we cannot do any of these things, or be encouraged ourselves, if we are not there. Therefore, let me strongly exhort each of you to not forsake the [Emmaus] gathering of yourselves together.

Jim Muhlenkamp  
North Stafford Baptist Church  
FE-40, Table of Luke

## Elected Community Officers: (Thru June 30, 2012)

Community Lay Director.....Dawn Kendall  
 Assistant Community Lay Director .....Richard Leeper  
 Community Spiritual Director.....Jim Muhlenkamp

Dick Barnett	Tom Dempsey	Joe Reed
Judy Britt	Lisa Green	Jake Riley
Carol Burke	Ava Hanger	Mike Remington
Chris Campbell	Cam Noden	Bill Walker

Agape Coordinator.....Tom Dempsey  
 Secretary.....Vacant  
 Treasurer.....Carol Burke  
 Manuals Coordinator/Historian.....Mike Remington

## Daily Internet Prayer Chain

We have Prayer Warriors praying daily for the needs and praises of the Emmaus Community. Our Daily Prayer Chain Coordinator is Teresa Smith, Fairview at River Club, FE-37, Table of Patience. Simply email Teresa at [fredemmausprayers@yahoo.com](mailto:fredemmausprayers@yahoo.com) with your prayer request and our Prayer Warriors will be in prayer for you! Urgent prayer requests will be handled as quickly as we receive them. If you would like to be a Daily Prayer Warrior, email our website administrator Dennis Warne at [warnedm@comcast.net](mailto:warnedm@comcast.net) and ask to be included as a Prayer Warrior.

## Community Volunteers: (Sept 1, 2011 - Aug 31, 2012)

Communications Support Coordinator.....Vacant  
 Website Administrator .....Dennis Warne  
 Web Designer.....Chris Campbell  
 Newsletter .....Brooke Ferguson  
 Database Coordinator .....Dennis Warne  
 Daily Prayer Chain Coordinator.....Teresa Smith

Fourth Day Support Coordinator.....Cam Noden  
 Fourth Day Advisory Committee.....Art Blankenship  
 Fourth Day Follow-Up/Reunion Group Coordinator ..Richard Leeper

Upper Room Guidelines Implementation .....Dawn Kendall

Pilgrim/Team Support Coordinator .....Carol Burke  
 Team Selection Committee.....Dawn Kendall  
 Team Registrar.....Dick Barnett  
 Pilgrim Registrars .....Ralph and Sandy Williams

Gathering Support Coordinator.....Ava Hanger  
 Childcare Coordinator .....Jacob Riley  
 Community Baker .....Sandie Makely  
 Hospitality Coordinator .....Kathleen Holliday  
 Transportation Coordinator .....Chris Campbell

Music/Equipment Coordinator.....Mitch Mitchell

Weekend Support Coordinator.....Vacant  
 Community Servant Coordinator.....Richard Leeper  
 Supplies Coordinator .....Chris Campbell  
 Prayer Vigil Coordinators.....Lisa Green  
 Placemat Coordinator .....Tom Wells  
 Snack Agape Coordinator.....Judy Britt  
 Agape Bag Coordinator.....Vacant  
 Name Badge Coordinator.....Gary Adkins  
 Fourth Day Packets.....Wilfred and Mary Usher

## HELP WANTED

Our Emmaus Community is looking for volunteers to fill several vacant coordinator positions, (please see the Volunteer Page). If you are interested in serving in any capacity, please contact Dawn Kendall at [queendawn@juno.com](mailto:queendawn@juno.com).

# REUNION GROUPS

Sunday	Wednesday	Friday
<p>Bethel UMC Men's Group 7:30 am Bethel UMC Woodbridge, Va POC: Brian Lewis 703-590-9343 <a href="mailto:bb3253@aol.com">bb3253@aol.com</a></p>	<p>Lord's Lions &amp; Lambs Group 6:30 pm First Christian Church POC: Joe Reed 540-373-7716 <a href="mailto:first.christian.church@verizon.net">first.christian.church@verizon.net</a></p>	<p>Koinonia Group (Women) 9:00 am Lake of the Woods Call for location POC: Barbara Larson 540-972-1928</p>
Monday	Thursday	Varies
<p>Ladies in Waiting Meets every other Monday in Falmouth POC: Vonda LiCalzi 540-446-2682</p>	<p>His Joyful Croakers 9:00 am Hillcrest UMC POC: June Riel 540-710-5949</p> <p>His Seekers (Women) 7:30 pm Home of Jane Carwell POC: Sandy Crossley 703-221-6977 POC: Jane Carwell 703-969-4019 <a href="mailto:tjcarwell@yahoo.com">tjcarwell@yahoo.com</a></p> <p>Amazing Grace Group 8:30 pm Hillcrest UMC POC: Ed McAdam 540-898-3625 <a href="mailto:emcadam@cox.net">emcadam@cox.net</a></p> <p>Rainbow Group (Women) Alternate Thursdays 10:00 am Lake of the Woods Call for location POC: Barbara Miller 540-972-7418</p>	<p>His Footprints Various schedule: call for time and meeting place POC: Phyllis Howze 540-582-6739</p>
Tuesday		
<p>Great Is Thy Faithfulness 7:30 pm Prince of Peace UMC Manassas, Va POC: Lloyd Biller 703-590-1512</p> <p>Lakeside Group (Men) 8:00 pm Lake of the Woods Call for location POC: Vic Larson 540-972-1928</p>		

Are you interested in joining or starting a new reunion group?

Contact Cam Noden at [twonodens@juno.com](mailto:twonodens@juno.com)