

August 2011

Upper Room EMMAUS of the Greater Fredericksburg Area

Gatherings *(2nd Saturday of each month)*

August 13th

POC: Michael Selph

September 10th

POC: Pastor Chris Fair

October 8th

POC: Cam Noden

November 12th

POC: Kathleen Holladay

Wright's Chapel UMC

Antioch UMC

Fairview @ River Club

Hillcrest UMC

Board meeting at 1:30 pm

Fellowship at 3:30 pm

Gathering at 4:00 pm

Please bring snack food to share during fellowship time.

We are looking for churches to host Gatherings for 2012.

If you are your church's Point of Contact for hosting, please email our CLD Dawn Kendall at queendawn@juno.com so arrangements can be made.



Directions to Wright's Chapel, Ladysmith, VA

Take I-95 to exit 110. Make a right turn onto Ladysmith Road. In approximately 1 mile, Wright's Chapel is on the right.

Attention Fredericksburg Emmaus Community

The 4th day committee wants your 4th day testimonies. They don't have to be long, just tell us what God's doing in your 4th day, or how teaming, sponsoring, being involved in a reunion group, or attending monthly gatherings has changed your life. We will review it and if accepted, include it in the newsletter on a monthly basis. So if you'd like to share with us how God has used your Emmaus experience in any of these areas, please email your testimony to Cam Noden at: twonodens@juno.com for review. I'll be looking forward to hearing from you!

UPCOMING EMMAUS WEEKENDS

Walk

FE-84 (M)

FE-85 (W)

Dates

Oct 20- 23, 2011

Nov 17 – 20, 2011

Weekend Lay Director

Harry Tillman

Lola McDonald

From the Community Lay Director

HELLO! I hope everyone is finding interesting and fun ways to beat the heat.

PILGRIMS! It is time for our community to submit pilgrim applications for the fall walks. Please think about the people in your life who are active in their churches and consider sponsoring them for the Walk to Emmaus. Sponsors are responsible for submitting the pilgrim application and fees; for pulling personal agape together; to take the pilgrim to Camp Happyland Thursday night; to participate in Sponsor's Hour and Candlelight; to hear the joy at Closing on Sunday; to arrange for the pilgrim to participate in a 4th Day meeting; and to bring the pilgrim to the next Gathering. This is a big task but it is so rewarding. Get those applications in! Let's fill the talk room!

GATHERING! Our August 13 Gathering will be held at Wright's Chapel UMC in Ladysmith. This is another opportunity to visit an out-of-town church and to be in fellowship together. Looking ahead, the September Gathering will be held at Antioch UMC. Mark your calendar and bring a friend.

FALL WALKS! The fall walks will be here before you know it. The Orientation Meeting will be Friday, August 26. The Weekend Lay Directors, Harry Tillman and Lola McDonald, are excited to begin teaming. The walk dates are: October 20-23 (men) and November 17-20 (women). Please consider how you can be in service for these walks.

PRAYERS! Please continue to pray for the Fredericksburg Emmaus community and for FE 84 and 85. If you have a prayer request that needs immediate attention, email our Daily Prayer Chain (FredEmmausPrayers@Yahoo.com) to be lifted up by our prayer warriors. If you would like to be a member of this ministry, contact Dennis Warne (WarneDM@comcast.net).

DECOLORES! Grace and peace to you in the name of our Lord and Savior, Jesus Christ. Blessings to all ya'll.

Dawn Kendall
FE- 54, Table of Peace

From the Community Spiritual Director

Hello from your Community Spiritual Director. Once again I want to state that I am here to serve the community to the best of my ability and each of you are the community. If anyone has a need or a problem please do not hesitate to contact me. I can be reached through North Stafford Baptist Church.

I wanted to write to you this month about something that is critical to our existence as people of God. A little thing that we call "faith" (Hebrews 11:6). The Scriptures say that without faith it is impossible to please God. We are also told that with faith the size of a grain of mustard seed we can command mountains to move and they will obey. Yet many Christians in our world today and even many among us remain mired in depression, doubt, and fear. We are not living victoriously for God, or experiencing breakthrough because we are not living lives of faith. So what is the problem? We believe in God, we have been washed by the blood by grace - through faith, so why are we continually defeated and live in fear of our finances, our health, or any number of other things we count as important in this life?

I believe the answer can be found in a close examination of Hebrews 11. We look at the patriarchs and heroes of the

faith in Scripture and many of us think, "Oh if only I could have their faith, if only I could be like them, I wouldn't struggle through the problems I have." We tend to set these men and women up on pedestals simply because they are written about in the Bible. Yet as we examine each of them we find that they were ordinary folks beset by ordinary temptation and sin. Noah, after being used by God to save humanity, shortly after coming off the Ark, was found drunk and naked in his tent. Abraham lied about his relationship with Sarah because he was afraid for his life. Then his son Isaac did the same thing with Rebekah. David, a man after God's own heart, was an adulterer and murderer. Each of these Bible heroes were men and women just like you and me.

You see, there was nothing in them that made them great. They did none of the things that they did under their own power or will. Rather, they were ordinary men and women being directed and used by an extraordinary God to accomplish His purposes. You do not have to be extraordinary to do extraordinary things, you simply have to trust God and follow Him unconditionally wherever He leads.

Jim Muhlenkamp

Prayer Requests from July Gathering

PRAYERS

Howie—healing
Fields family in the death of their 3 year old
Healing for Kelly and Charles
New United Methodist district
Ellen’s last year of school
Mission weeks
Andrea—hole in her heart
Brian—deploying Oct 28
Our troops and the families left behind
Karen—hospitalized with kidney problems
People going on upcoming mission trips
Our children and grandchildren
Beth—family
Howie’s recovery
Niece with liver disease
Charles’s cancer
Pastor Allen—new course of study: fortitude
Marc—job
Music ministry
FE 84 and 85
Grace—move
Carey—a young mother recovering from a stroke

Angel Food ministry
Kevin
Kathy’s health
Beth’s foot
Sweet redemption
Katie and Kevin
The Walker family
The Uzel family
To accept God’s seeming adversity as His blessings and grace
Joshua
Kelley
Daphne and George
Trina and Ken
The unchurched
Mattie Ethel Flynt, 90 years old—double amputation of her legs
NSBC VBS

PRAISES

New grandbaby on the way
The new Emmaus Board members
The fall walks

Fourth Day Testimony

As most of you are aware the purpose of the Emmaus weekend experience is to provide a time of spiritual renewal and discipleship development to support us in our Fourth Day lives. For me the weekend did just that. It helped me connect more closely with God through the Holy Spirit, it motivated me to reconnect with ministries within my local church, and it provided the opportunity to connect with other believers throughout the area.

Although there are many Fourth Day ministry venues, for me the monthly gatherings are the most vital in helping maintain these “connections.” It is through the Gatherings that I am reminded of the importance of my reunion group; it is through the Gatherings that I have learned new songs of praise and experienced new forms of worship; it is through the Gatherings that others have prayed for me and I have prayed for them; it is through the Gatherings that I have been encouraged by hearing of others’ struggles and blessings

experienced in their Fourth Day journeys; it is through the Gatherings that I have maintained and developed personal friendships; it is through Gatherings that I have learned of servant opportunities such as teaming, sponsoring, providing agape, board membership, prayer support, weekend service, etc.

For me Gatherings are the staging ground to witness and experience the Body of Christ in action. Gatherings provide that drink of water I need to help keep me refreshed in my Fourth Day. I hope and pray to see you at future Gatherings, so you can be a part of my Fourth Day and I yours.

Art Blankenship
Fairview Baptist Church
FE-33
Table of John

Elected Community Officers: (Thru June 30, 2012)

Community Lay Director.....Dawn Kendall
Assistant Community Lay DirectorRichard Leeper
Community Spiritual Director.....Jim Muhlenkamp

Dick Barnett	Tom Dempsey	Joe Reed
Judy Britt	Lisa Green	Mike Remington
Carol Burke	Ava Hanger	Bill Walker
Chris Campbell	Cam Noden	

Agape Coordinator.....Tom Dempsey
Secretary.....Vacant
Treasurer.....Carol Burke
Manuals Coordinator/Historian.....Mike Remington

Community Volunteers: (Sept 1, 2010 - Aug 31, 2011)

Communications Support Coordinator.....Vacant
Website AdministratorDennis Warne
Web Designer.....Chris Campbell
NewsletterBrooke Ferguson
Database CoordinatorDennis Warne
Daily Prayer Chain Coordinator.....Teresa Smith

Fourth Day Support Coordinator.....Cam Noden
Fourth Day Advisory Committee.....Art Blankenship
Fourth Day Follow-Up/Reunion Group Coordinator ..Richard Leeper

Upper Room Guidelines ImplementationDawn Kendall

Pilgrim/Team Support CoordinatorCarol Burke
Team Selection Committee.....Dawn Kendall
Team Registrar.....Dick Barnett
Pilgrim RegistrarsRalph and Sandy Williams

Gathering Support Coordinator.....Ava Hanger
Childcare CoordinatorJacob Riley
Community BakerSandie Makely
Hospitality CoordinatorVacant
Transportation CoordinatorChris Campbell

Music/Equipment Coordinator.....Lola McDonald

Weekend Support Coordinator.....Vacant
Community Servant Coordinator.....Richard Leeper
Supplies CoordinatorChris Campbell
Prayer Vigil Coordinators.....Vacant
Placemat CoordinatorTom Wells
Snack Agape Coordinator.....Judy Britt
Agape Bag CoordinatorDiana Farrar
Name Badge Coordinator.....Gary Adkins
Fourth Day Packets.....Wilfred and Mary Usher

Daily Internet Prayer Chain

We have Prayer Warriors praying daily for the needs and praises of the Emmaus Community. Our Daily Prayer Chain Coordinator is Teresa Smith, Fairview at River Club, FE-37, Table of Patience. Simply email Teresa at fredemmausprayers@yahoo.com with your prayer request and our Prayer Warriors will be in prayer for you! Urgent prayer requests will be handled as quickly as we receive them. If you would like to be a Daily Prayer Warrior, email our website administrator Dennis Warne at warnedm@comcast.net and ask to be included as a Prayer Warrior.

HELP WANTED

Our Emmaus Community is looking for volunteers to fill several vacant coordinator positions, (please see the Volunteer Page). If you are interested in serving in any capacity, please contact Dawn Kendall at queendawn@juno.com.

REUNION GROUPS

Sunday	Wednesday	Friday
<p>Bethel UMC Men's Group 7:30 am Bethel UMC Woodbridge, Va POC: Brian Lewis 703-590-9343 bb3253@aol.com</p>	<p>Lord's Lions & Lambs Group 6:30 pm First Christian Church POC: Joe Reed 540-373-7716 first.christian.church@verizon.net</p>	<p>Koinonia Group (Women) 9:00 am Lake of the Woods Call for location POC: Barbara Larson 540-972-1928</p>
Monday	Thursday	Varies
<p>Ladies in Waiting Meets every other Monday in Falmouth POC: Vonda LiCalzi 540-446-2682</p>	<p>His Joyful Croakers 9:00 am Hillcrest UMC POC: June Riel 540-710-5949</p> <p>His Seekers (Women) 7:30 pm Home of Jane Carwell POC: Sandy Crossley 703-221-6977 POC: Jane Carwell 703-969-4019 tjcarwell@yahoo.com</p> <p>Amazing Grace Group 8:30 pm Hillcrest UMC POC: Ed McAdam 540-898-3625 emcadam@cox.net</p> <p>Rainbow Group (Women) Alternate Thursdays 10:00 am Lake of the Woods Call for location POC: Barbara Miller 540-972-7418</p>	<p>His Footprints Various schedule: call for time and meeting place POC: Phyllis Howze 540-582-6739</p>
Tuesday		
<p>Great Is Thy Faithfulness 7:30 pm Prince of Peace UMC Manassas, Va POC: Lloyd Biller 703-590-1512</p> <p>Lakeside Group (Men) 8:00 pm Lake of the Woods Call for location POC: Vic Larson 540-972-1928</p>		

Are you interested in joining or starting a new reunion group?

Contact Cam Noden at twonodens@juno.com