

December 2010

Upper Room  
**EMMAUS**  
of the Greater Fredericksburg Area

## Gatherings *(2nd Saturday of each month)*

**December 11th**

POC: Rick Dillard

**Chancellor Christian**

**January 8th**

**4th Day Follow-Up**

POC: Joe Reed

**First Christian Church**

9 am - 1 pm

**February 12th**

POC: Rosemary Blankenship

**Fairview at Charlotte St**

**March 12th**

POC: Cam Noden

Men's Team Commission

**Fairview at River Club**

Board meeting at 1:30 pm

Fellowship at 3:30 pm

Gathering at 4:00 pm

Please bring snack food to share during fellowship time.

We are looking for churches to host Gatherings for 2011.

If you are your church's Point of Contact for hosting,

please email our ACLD Dawn Kendall at

[queendawn@juno.com](mailto:queendawn@juno.com) so arrangements can be made.



**Directions to Chancellor Christian:** 540-786-4025  
11409 Brock Road Spotsylvania, VA 22553

Follow Route 3 West from I-95 approximately 11.5 miles. You will see a VALERO on the left at the stop light for Brock Road (Route 613). Turn left and travel six tenths of a mile. Our building is on the left.

## Emmaus Introduction Clergy Forum

Emmaus Introductory Clergy forum is scheduled for Thursday 16 December at First Christian Church starting at 6:30 p.m. This Clergy forum is an introductory meeting for Clergy who have not been on an Emmaus Walk or associated with the Upper Room Emmaus. We extend an invitation to those clergy who have attended a Walk to Emmaus as we seek to emphasize the aims and importance of solid clergy leadership in Emmaus for the sake of the church. A video titled "An Introduction to the Walk to Emmaus" will be shown. Additionally, Faith Weedling, Clergy Regional Leader Northeast Region, will be in attendance with Fredericksburg Emmaus Community Lay and Spiritual Directors. A light dinner will be served. Please send a reply email to Pastor Joe Reed at [pastorjoereed@verizon.net](mailto:pastorjoereed@verizon.net) of your desire to attend.

## UPCOMING EMMAUS WEEKENDS

**Walk #**

FE-82 (M)

FE-83 (W)

**Dates**

Mar 30 - April 3, 2011

Apr 28 - May 1, 2011

**Weekend Lay Director**

Tim Patrick

Susan Dillard

# Thoughts from the Community Lay Director

## Dick Barnett, Fairview at River Club, Fredericksburg Emmaus #7, Table of Mark

The gathering at Antioch UMC on Saturday, November 11, was one of the best I have ever attended! The FE-80 Men's Music Team had the Community rockin!!! We introduced 19 (YES 19!) new Community members from Men's Walk FE-80 who each spoke about their recent 4th day experiences. That is the largest percentage Pilgrim attendance at 1st Gathering EVER. Congratulations SPONSORS and thanks so much for your service to your Pilgrims. Now bring them all to our Fourth Day Follow-up training on January 8th at First Christian Church.

Wow - what a great Women's Walk FE-81!!! We had 23 Pilgrims attend and complete the Weekend. I hear the music was great, the Talks were great, the food was great and the surprises were WONDERFUL! Sponsor's Hour, Candlelight and Closing were fantastic! (For those of you who are reading this and did not participate in any of these events, please don't miss out in the future on the excitement, joy and worship opportunities afforded those who Team, Sponsor, Serve on the Weekend and attend the special events.)

Let me again say 'WELCOME' to our new Women's FE-81 Community members now in their 4th Day!

See YOU at your 1st Gathering, December 11, at Chancellor Christian Church!

Sponsors for Women's FE-81: At our Closing event for Women's FE-81 you agreed to bring your Pilgrim, (our new Community member), to the next Gathering and to the next 4th Day Follow-up training. Our December 11th Gathering at Chancellor Christian will be at 3:30 pm and include an introduction of your Pilgrim to her new Community and give her the opportunity to describe her 4th Day so far. Our 4th Day Follow-Up training will be on January 8, 2011, at 1st Christian Church at 9am and give your Pilgrim the opportunity to Sponsor and Team. If YOU bring your Pilgrim to these two events it will be transformational - they will engage, participate and help the Community conduct our Father's business through Emmaus. If you do not bring your Pilgrim, chances are we will not see them again.

Teaming: Our Spring Walks will be March 31 - April 3 for Men's FE-82 and April 28 - May 1 for Women's FE-83. If you wish to Team and your application isn't current, please submit a new Teaming Application as soon as possible. For those of you who have NOT attended a 4th Day Follow-up training session, (and we know there are many of you!), please mark your calendar for 9am January 8, 2011 - same day as our January Gathering - and attend a training session so you can Team and Sponsor. If you are new to the Community and plan to attend the 4th Day Follow-up on January 8th, go ahead and submit your Teaming application - just note your intent to attend.

### November Board Actions:

(1) The Board approved a clarification on the Weekend Lay Director (WLD) requirement to attend a Reunion Group. To

be selected, the WLD must be able to answer in the affirmative to this question, "Can you in good conscience give the Perseverance Talk, describe your weekly grouping activity as including piety, study, action and accountability, and be clearly consistent when you promote the Emmaus Reunion Grouping concept?"

(2) The Board empowered the Weekend Board Representative, in consultation with the Weekend Lay Director and Lead Spiritual Director, to approve Teaming Scholarships. The Board Representative is responsible for advising the Board Treasurer and together they are to insure the Scholarship is not a repeat occurrence.

(3) The Board approved the Board Nominating Committee for Board Elections in the Spring, 2011. Off-going Board member Mike McDonald will chair and Tim Patrick, Gene Philipp, Gerri Bartman, and Pat Weinhardt will be Community members.

(4) The Board approved the FE-81 Leadership Team candidates.

(5) The Board empowered the Fourth Day Advisory Committee to establish, organize, define goals and solicit members, (direct contact or Newsletter), for new Gathering, Training, Weekend Follow-Up and Pastor Survey Working Groups. (CLD COMMENT - THESE ARE GREAT! GET INVOLVED! CONTACT ART BLANKENSHIP, TOM BRITT or CAM NODEN TO ENGAGE.)

Upcoming Board Actions: At the November Board meeting the following items of business were identified for December Board action.

(1) Decide whether to use Facebook - Ken Roark recommendation.

(2) Decide upon January Gathering Childcare implementation, curriculum, leaders and support needs - Ava Hanger recommendation.

(3) Decide upon January/February Spring 2011 FE-82/83 Walk Orientation meeting implementation, curriculum and leaders - Dawn Kendall recommendation.

(4) Approve Women's FE-83 Leadership Team candidates - Dick Barnett recommendation.

Lastly, I am really excited about the December 11th Gathering! Not only will we be introducing the new Community members from Women's FE-81, we will also have a SPECIAL CHRISTMAS PROGRAM lead by our Community Spiritual Directors and supported by our Music Coordinator. This will be the first time we have done an event like this and it should be a wonderful beginning to our joyous Christmas season. PLEASE PLAN TO ATTEND!

De Colores,  
Dick

# From the Community Spiritual Director

## THE CHRISTMAS SEASON

Greetings, Fredericksburg Emmaus Community! Another wonderful weekend was experienced in our Community recently. The pilgrims of Fredericksburg Emmaus Women's Walk #81 shared many powerful personal testimonies. Each one shared feelings of joy, apprehension, and doubt and finished with magnification of God's goodness. Their testimonies touched all within earshot and plenty of tissues were passed throughout the group. As your Community Spiritual Director, I challenge our new community members to plug into a weekly reunion group. It was stated during the Perseverance Talk that participating in a weekly reunion group is the premium we all pay to persevere as disciples. Reunion groups provide mutual support, encouragement, and accountability. This is crucial to developing committed disciples of Christ. Attendance at regularly monthly gatherings is another way we develop as disciples. Gatherings provide opportunities for each pilgrim to meet, to share, and to celebrate the presence of God in their lives.

Christmas is the most popular holiday of the year. It is a holiday replete with dreams of presents, candy, great food, family, brightly-decorated stores and homes, holiday music, and lots of fellowship and laughter. Above all though, Christmas is about Christ. It is the celebration of the birth of our Savior, the prophesied Messiah, and the born and anointed King of the Jews and light of the world. As you go about your daily preparation, don't overlook the true meaning of Christmas. The world is so consumed with commerce and the need to show a profit, that they sometimes fail to capture the true beauty of the Christmas spirit. As Christians, we must constantly guard against getting "caught up" in the lure of commercialism, especially during this time of year. Christmas is the celebration of the incarnation of God in Jesus the Christ and as such we are called to respond appropriately.

Our December gathering will feature four skits lead by your Spiritual Directors. Each skit will tell the Christmas story: Mary's encounter with the Angel, Joseph's strange dream, the shepherds in the field, and the Wise men visiting the Christ child. I promise you won't want to miss this!

Finally, The Upper Room Handbook on Emmaus encourages each community to hold annual Emmaus Introductory meetings for local clergy. The Spiritual Directors (Board), in partnership with community lay leadership, have established a date of Thursday, 16 December. We will meet at 6:30 p.m. at First Christian Church. This Emmaus Introductory forum is suitable both for clergy who have and those who have not attended a Walk to Emmaus. It is our desire to educate, inspire, reinvigorate and remove misconceptions of the Emmaus movement. All pastors are highly encouraged to attend. Invitation letters have been mailed out; however, it was deemed appropriate to utilize our monthly newsletter to reach a wider audience. Those pastors desiring to attend are requested to send an email reply to [pastorjoereed@verizon.net](mailto:pastorjoereed@verizon.net). A light meal will be provided. Faith Weedling - Clergy Regional Leader Northeast Region will be attending as well. We covet your prayers and solicit your help in reaching pastors who may not be aware of this event. I love you more!

Pastor Joe Reed

FE #23

Table of Paul

Community Spiritual Director

# December Reports from your Board Members/Coordinators:

## Fourth Day Support Coordinator – Cam Noden

The 4th day ministry got board approval for two very useful tools we feel will help improve 4th day involvement from pilgrims who have recently walked/will be walking in the future. One being a sponsor's checklist given out at sponsor's hour to help them remember all they need to do for their pilgrim during the weekend and beyond. And also a colorful checklist magnet for pilgrims starting their 4th day, to remind them of what they can do to keep their Emmaus experience alive and be more active in the community. These tools were implemented starting with FE-81. We also have board approval for several working groups, one of which is actively working on improving participation from area churches partially active in our community and churches who are not active in our community. To begin with a Pastor's Forum has been scheduled for Dec. 16, 2010 at First Christian Church to discuss and get feedback from pastors on the 4th Day contributions of returning pilgrims and exchange ideas on how to get greater involvement from clergy not active in the Emmaus Community. We hope to have even more great news to report in January!

## Gathering Coordinator – Ava Hanger

We are planning to hold our first ever "Children's Gathering" during the January gathering for kids ages 4 to 84. We would like to be able to plan for the number of children likely to be present. We are also looking for kid friendly snack agape and drinks to share with our littlest community members during their gathering as well as musicians willing to come spend a little time sharing their music. Please contact Ava Hanger at ahanger@va.metrocast.net or 540-775-0010.

## Pilgrim/Team Support Coordinator – Carol Burke

With the E80 and E81 walks now recorded in the history books, focus has shifted to the preparation of the Leadership Teams for E82 and E83. The Team Selection Committee has sent out e-mails to the Fredericksburg Emmaus community members whose teaming applications have expired. Only community members with a current application on file will be considered for the Spring teams.

If you have never teamed but want to find out what the teaming process is all about, plan to attend the 4th Day Follow-up training on January 8, 2011 at 1st Christian Church at 9 am. Have you ever wondered what the steps are to becoming a WLD? How the teams are selected? Who decides who gives what talk? For the answer to these questions and much, much more come to 4th Day Follow-Up!

## Weekend Support Coordinator – Mike McDonald

Tom Wells has stepped forward to fill the position of Placemats Coordinator. Congratulations and many thanks to Tom for his service. Vonda LaCalzi has stepped forward to fill the position of Prayer Vigil Coordinator. Congratulations and many thanks to Vonda for her service.

The following people were named to the Board Nominating Committee: Tim Patrick, Gene Phillipp, Gerri Bartman, and Pat Weinhardt. Congratulations and many thanks to them for their service. In the coming months we will begin the procedure for taking nominations for our Board elections in 2011. If you have any questions or suggestions please feel free to see one of us.

## Upper Room Guidelines Implementation Committee – Dawn Kendall

The Guidelines Implementation Committee continues its work to align the Fredericksburg Community to the Emmaus model. The committee is focusing on creating a general schedule that can be passed from one WLD to another. Roles and responsibilities for the Support Committee and Weekend Support Team are being defined. The agenda for the Orientation meeting is being set for use on the upcoming Spring walks. Committee members are Dawn Kendall, Ava Hanger, Ken Roark, Tom Britt, and Ralph Thomas.

## Manuals Coordinator – Mike Remington

Emmaus Books and Manuals will be available for purchase before and after the Gathering – see me...Mike Remington.

## Daily Internet Prayer Chain

Would the Community like to have a Daily Internet Prayer Chain? A Prayer Chain Coordinator would receive your daily prayer requests and distribute them to the Community members who have signed up to receive and pray for them. Would someone like to be the Prayer Chain Coordinator? This would be a demanding ministry but 'powerful and effective.' Please contact Dick Barnett at k4guj@aol.com if you are interested.

# Prayer Requests from November Gathering

Our Country and Leader; FE-81 Team and Pilgrims; Morgan surgery on back;

Bandar knee surgery

Family; Thanksgiving travel; Matt – a new job

Continue w/wellness; full time job; FE-81

The Medical Staff to open their eyes and to God and heal our sister in need; praise t God for our son; Betty to be healed and free of pain and cancer, pray for her husband Don as he cares for his wife

Sister, Gloria, returning to Alzheimer's Masonic Home in NJ this week; A blessed experience for our 24 new sisters – in - Christ; All to let go and let God and allow Him to work on all those Camp Happyland this week

Support for newest members of the Community who Walked on FE-80

Our soldiers and their families

Praise the Lord! Jesus is our Lord and Savior! Pray for our Church family at Epworth UMC!

The new Epworth UMC Men's Group that just started.

Melissa, my daughter, going through a difficult personal problem. Has 2 children. Trying to get away from domestic problems.

Ken bring message; Phyllis' recovery; marital and financial problems; new job

FE-81 – unity of Team and Pilgrims; Chris- energy for Weekend service and Pilgrim focus; Bill – church structure; Beth – switching from contractor to government employee; Marc – job seeking; Bob – job seeking

Safety of my middle son Joseph, who leaves for Army Ranger school in 2 months

Harry "Joe" family – Harry passed away on Veteran's Day

Wellness ministry will grow, prosper, and provide income; Niece Rondi, backslidden; FE-80 Team/Pilgrims

Brother with family struggles – strained relationships

Jobs for Joe and Brian

One church in two sites; Orphanages in Cambodia

Mother-in-Law Irene – age 85-possible cancer, will know next Friday; Wife Vicki – anxiety over her mother's unknown

Church Budgets; sound decision by stepdaughter; Jen money loss; my Father and Brother; Drew and his continued walk w/you; Michael and Rebecka to continue their walk and make good decisions

Our troops; FE-81; Nation; New Congress!

Physical healing for my children; healing for Phyllis; help me to get out of God's way; safety for our Armed Forces

FE-81 Women's Walk; Our Country – USA; Angel's Grand Daughter (baby); Friend Martha Healing; Anderson's Family (Justin/Kelly); Griffin's family; Castillo's family

Holy Spirit pour out into the whole world to remove our temple to enable your Spirit to build a new temple made by your heavenly hands in our bodies...praise be your Holy name. Amen

James – my walk with God

Bill – God's financial blessing; relationship w/son's mother-in-law

Son Christopher and his girlfriend Kim – both who are lost in this world

Mark and Pat – each struggling with cancer in their mid-50s. Mark is stage 4 and pat is stage 3; Melanie

Tyler and Marianne – that the Lord touch and lead them in the way He wants them to go; Thanksgiving for those serving our country

Al for healing; Father and son for healing from bonfire burning; Zack – chest pains; Joe and Brian – employment; Angelia – relationship w/Christ; FE-81 Team and Family

Bill – Financial blessing; Father and Son relationship; Butch's mother-in-law

Irene healing cancer; Wife needs healing

Bill, David, and Peggy – financial blessing; Father and son relationships; Peggy – healing; Family healing

Rocky – marriages, FE Community doing Chrysalis; Diane health

FE-81 Team and Family members - preparation and stamina; praise for retirement; Pilgrims on FE-81; praise for great Teaming on FE-81

My children and grandchildren; leaders in my church; our country and its return to Christian values

Daughter and family financial trouble and marital problems; Ken – work; son and family – marriage; my mother's health

Jackie; Vickie's mom

Donna's daughter Heather – kidney stone; mark – health and find a good doctor; Jennifer and hunter; Benita – stress at work

My ill health

Phyllis – health; my son Charles and his family; Ken and Trina's son and daughter; Dick's granddaughter Delaney; Ken and Trina's jobs; Daphne's job and health; Bethel UMC, Pastor Ellan

Praise for great outcome of knee surgery; Malachi's situation; health; children in college and on their own; ten more pounds (you can have mine!); players for Emmaus Community; Patti and Charlie

My sister; Michelle to have mercy on her that she comes to know Jesus!

Helen, June, Al, Zach, Joe, Brian – jobs; Mike and Angela – Relationship with Jesus; FE-81 Team and families

Help being a better steward of what God has given me

Wayne had knee surgery

My health; Son – has finances and home repairs; our salvation

Mary, Wilfred, John, Christopher, Maranatha, health, healing, Power of the Holy Spirit, home repairs

# Community Volunteers (Sept 1, 2010 - Aug 31, 2011):

(Approved By Emmaus Board)

## Elected Community Officers (Thru June 30, 2011):

**Community Lay Director**.....**Dick Barnett\***  
Chair Emmaus Board and Various Standing Committees  
Lead Gatherings & Candlelight, Host Weekend Sponsors' Hour/Closing

**Assistant Community Lay Director** .....**Dawn Kendall\***  
Gathering Location Coordinator  
Chair Upper Room Guidelines Implementation Committee  
Act for Community Lay Director when necessary

**Community Spiritual Director**.....**Joe Reed\***  
Various Standing Committees & Hosting  
Board Spiritual Director.....Tom Britt\*  
Board Spiritual Director.....Greg Akers\*

**Treasurer** .....**Carol Burke\***  
Financial Advisory Committee.....George Masten\*

**Secretary**.....**Jennifer McDaniel\***  
Manuals Coordinator.....Mike Remington\*  
Records/By-Laws Historian.....Mike Remington\*

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## Community Volunteers:

**Communications Coordinator** .....**Ken Roark\***  
Website Administrator.....Dennis Warne  
Newsletter.....Brooke Ferguson  
Database Coordinator.....Dennis Warne

**Fourth Day Support Coordinator**.....**Cam Noden\***  
Fourth Day Advisory Committee.....Art Blankenship  
Upper Room Guidelines Implementation.....Dawn Kendall\*  
Fourth Day Follow-Up Training.....Dick Barnett\*  
Reunion Group Coordinator.....Vacant  
Identify/Obtain Literature & Reference Material.....Vacant

**Gathering Support Coordinator**.....**Ava Hanger\***  
Childcare Coordinator.....Jacob Riley  
Community Baker.....Sandie Makely  
Gathering Location Coordinator.....Dawn Kendall\*  
Music Coordinator for Gatherings.....Lola McDonald  
Music Equipment Coordinator.....Vacant\*

**Pilgrim/Team Support Coordinator** .....**Carol Burke\***  
Pilgrim Selection Committee.....Dick Barnett\*  
Pilgrim Registrars.....Ralph and Sandy Williams  
Team Selection Committee.....Dick Barnett\*  
Team Registrar.....Dick Barnett\*

**Weekend Support Coordinator**.....**Mike McDonald\***  
Community Servant Coordinator.....Mike McDonald\*  
General Agape Coordinator.....Vacant  
Prayer Vigil Coordinator.....Vonda LaCalzi  
Placemat Coordinator.....Tom Wells  
Snack Agape Coordinator.....Judy Britt\*  
Agape Bag Coordinator.....Diana Farrar  
Transportation Coordinator.....Vacant  
Supplies Coordinator.....Mike McDonald\*  
Name Badge Coordinator.....Gary Adkins  
Fourth Day Packets.....Wilfred and Mary Usher\*

\*Board Members (Serving July 1, 2010- June 30, 2011)

## Churches Hosting Gatherings

We are looking for churches to host Gatherings for 2011 starting in January. If you would like to volunteer your church for a Gathering please contact our Community ACLD Dawn Kendall, [queendawn@juno.com](mailto:queendawn@juno.com), with your church's point of contact and the month(s) your church would be available. De Colores!

## HELP WANTED

Our Emmaus Community is looking for volunteers to fill several vacant coordinator positions. If you are interested in serving in any capacity, please contact Dick Barnett at [k4guj@aol.com](mailto:k4guj@aol.com).

# REUNION GROUPS

## Sunday

Bethel UMC Men's Group  
7:30 am  
Bethel UMC Woodbridge, Va  
POC: Brian Lewis  
703-590-9343  
bb3253@aol.com

## Monday

Ladies in Waiting  
Meets every other Monday in  
Falmouth  
POC: Vonda LiCalzi  
540-446-2682

## Tuesday

Pastor's Weekly Meeting  
7:30 am  
Call for location  
POC: Mark Dunn  
540-786-4025

Great Is Thy Faithfulness  
7:30 pm  
Prince of Peace UMC  
Manassas, Va  
POC: Lloyd Biller  
703-590-1512

Lakeside Group (Men)  
8:00 pm  
Lake of the Woods  
Call for location  
POC: Vic Larson  
540-972-1928

## Wednesday

Lord's Lions & Lambs  
Group  
6:00 pm  
First Christian Church  
POC: Gary Staddan  
540-373-7716  
first.christian.church@  
verizon.net

## Thursday

His Joyful Croakers  
9:00 am  
Hillcrest UMC  
POC: June Riel  
540-710-5949

His Seekers (Women)  
7:30 pm  
Home of Jane Carwell  
POC: Sandy Crossley  
703-221-6977  
POC: Jane Carwell  
703-969-4019  
tjcarwell@yahoo.com

Amazing Grace Group  
8:30 pm  
Hillcrest UMC  
POC: Ed McAdam  
540-898-3625  
emcadam@cox.net

Rainbow Group (Women)  
Alternate Thursdays  
10:00 am  
Lake of the Woods  
Call for location  
POC: Barbara Miller  
540-972-7418

## Friday

Koinonia Group (Women)  
9:00 am  
Lake of the Woods  
Call for location  
POC: Barbara Larson  
540-972-1928

## Varies

His Footprints  
Various schedule: call for  
time and meeting place  
POC: Phyllis Howze  
540-582-6739

Are you  
interested in  
joining or  
starting a new  
reunion group?

Contact Cam  
Noden at  
twonodens@  
juno.com