

Upper Room EMMAUS of the Greater Fredericksburg Area

Gatherings *(2nd Saturday of each month)*

September 11th

POC: Rosemary Blankenship

Fairview at Charlotte St.

October 9th

POC: Kathleen Holladay
Men's Team Commission

Hillcrest UMC

November 13th

POC: Chris Fair
Women's Team Commission

Antioch UMC

December 11th

POC: Rick Dillard

Chancellor Christian

Board meeting at 1:30 pm

Fellowship at 3:30 pm

Gathering at 4:00 pm

Please bring snack food to share during fellowship time.

We are looking for churches to host Gatherings for 2011.

If you are your church's Point of Contact for hosting, please email our ACLD Dawn Kendall at queendawn@juno.com so arrangements can be made.



Snack Agape for Men's Walk:

Per Judy Britt, Snack Agape Coordinator, non-perishable items for the Men's Walk may be brought to the October Gathering (October 9, 2010). Perishable and nonperishable items may be brought to her house Wednesday, October 20th or at the breakfast at Shoney's on Thursday, October 21st. She lives at 2604 Salem Church Rd. (across from Salem Church Library). You can also reach her at 540-972-6383. Thank you!

HELP WANTED

Our Emmaus Community is looking for volunteers to fill several vacant coordinator positions, (please see the Volunteer Page). If you are interested in serving in any capacity, please contact Dick Barnett at k4guj@aol.com.

UPCOMING EMMAUS WEEKENDS

Walk

FE-80 (M)
FE-81 (W)

Dates

Oct 21- 24, 2010
Nov 18 – 21, 2010

Weekend Lay Director

Mike Remington
Gerri Bartman

Thoughts from the Community Lay Director

What a great August Board meeting we had! The highlight for me was Board approval of the Community Volunteer positions and the Volunteers to fill many of those positions. I was particularly pleased that every Board member has volunteered for a service position! Please review carefully the Community Volunteer page in this Newsletter – note who is serving already and prayerfully consider where you might be willing to serve. Contact me at k4guj@aol.com if you want to volunteer – I will gladly submit your name to the Board for approval.

What a wonderful Gathering we had this month! It was well attended, much color was on display and the singing was fantastic. Those present were enthusiastic in their worship and the closing altar call and Communion were much to His glory. I smile in my recollection and look forward to our September 11th Gathering when the music will be lead by the Men's FE-80 Music Team at Fairview at Charlotte Street. My prayer is I see you there.

By God's Grace, we have our Team's identified for our Fall Walks! The Men's and Women's Weekend Lay Directors and Lead Spiritual Directors have been working for the last 6 months with your Team Selection Committee to accomplish Leader Training, to select and recruit their Leadership Team and Team members, and make their Team assignments. All this preparation will culminate in ten weeks of Teaming and then.....the WEEKENDS!

What about after the Weekends? What about the critical few months early in the new Community member's 4th Day? What about the first Gathering when the Pilgrims join together one last time to greet the Community? What about the 4th Day Follow Up training when the new Community member learns how to Sponsor, Team and Serve on the Board? I think we all agree that the 1st Gathering and 4th Day Follow Up are essentials in the 4th Day experience of our new Community members and dramatically effect whether they will bond and integrate with the Community. So how are we doing as a Community in this critical area of service to our new members?

Well....over the past year's four Walks we have had 85 pilgrims become new members of our Community. Of those 85

new members, only 30 have come to the Gathering following their Walk – roughly 1/3 of our new members attended that 1st Gathering and even fewer have continued to attend. That's not so good, but even more serious is the attendance at 4th Day Follow Up – an essential in order to Sponsor, Team and serve on the Board. Only 6 new members have attended the last two 4th Day Follow Up sessions held in May and August. While it is the responsibility of Pilgrim Sponsors to bring their new members to these important activities, it is also the responsibility of the larger Community to encourage both the Sponsors and the new members to make the effort to attend in order to bond, benefit and progress in their 4th Day.

On an encouraging note, on recent Walks our WLDs have been reaching out to new Community members to Team and the Spring and Fall Walks this year have seen many new faces. The Team Selection Committee has been stressing that at least 1/3 of each Team be Teamers with 2 Walks or less experience. For Example, our Spring Men's Walk had 8 Teamers who hadn't teamed before. That's great!

Did you see the request in last Month's Newsletter for a volunteer for a daily Internet prayer chain? The Board has wholeheartedly endorsed this position and you will see the request again this month. If you have a passion for prayer and the time to do a daily Internet prayer posting of shared cares, concerns and praises from the Emmaus Community, please contact me and I will recommend you to the Board.

Be in prayer as Teaming begins for the Men's FE-80 and the Pilgrims whom God will send. Pray also for the Women's Team FE-81 that will begin Teaming shortly.

De Colores,

Dick Barnett
Fairview at River Club
Fredericksburg Emmaus #7, Table of Mark

Emmaus Manuals & Booklets:

Emmaus Manuals & Booklets will now be available for purchase or loan at the Gatherings. They will be on display during the Fellowship time where the snacks are set up. For further information see Mike Remington – Manuals Coordinator.

From the Community Spiritual Director

SPONSORSHIP – “The Forever Agape”

Simply amazing! Last month’s gathering was simply amazing! Several members commented on the “many bright colors” worn by community members. Comments such as “tonight was special” and “did you see Lola having others join her with all the different hand movements?” Again, all I could say was – amen to that! What was reassuring to me and to the Community Lay Director was evidence that people actually took the time to read the monthly newsletter. Attendance was up and the bright colors were everywhere. I thank God for this.

For some time now, the topic of sponsorship has been on my heart and I feel compelled to share my thoughts with the greater Fredericksburg Emmaus Community. The Upper Room Handbook on Emmaus states that “good sponsorship is vital to the Emmaus Movement in every community.” Amen....amen....amen! To this day, I remember when Don McArthur invited me to attend an Emmaus weekend. He arrived at my house, grabbed my suitcase and told Kim that I would be in good hands and that if she needed anything, all she had to do was call him. Although I did not see Don during the weekend, I do remember receiving a letter from him which holds a special place in my heart even to this day. Don shared a “special” joy with me and I have, in turned, shared that same joy with others who I have had the privilege to sponsor.

The Day of Deeper Understanding, (known as 4th Day Follow-up), was as impressive to me as the gatherings. Food, fun, and fellowship were experienced by all as we came to understand the behind-the- scene activities associated with putting on such a weekend. This was vital to me being able to sponsor, serve on the team and the board. Those were the good old days!

What I and others have noticed lately is a marked decrease in pilgrim attendance at gatherings after their weekend is completed. It is my belief that pilgrims are being robbed of or simply passing up the opportunity to publicly share how their 4th Day is progressing.

Our sponsorship must be based on our desire to make a sacrificial commitment on behalf of a pilgrim. Sponsorship is the most important act of agape – sacrificial love on behalf of the one sponsored. Sponsorship does not end when your pilgrim completes their walk; it is actually just beginning.

It is incumbent upon us, as sponsors, to remain close to our pilgrims following a weekend. This ensures that the “next” step will be completed – attendance at their first gathering. Pilgrims have a chance to reunite with their table “families” and other pilgrims on their walk. This next step also includes sponsors bringing their pilgrims to the 4th Day Follow-up where the complete picture of the Emmaus Movement is revealed. Good sponsorship helps to sustain the Walk to Emmaus and provides spiritual and numerical growth of our community. Sponsorship begins with inviting a pilgrim to a weekend and ends when God calls us home.

Above all, remember that continuous prayer is essential to good sponsoring because it prepares the heart of the pilgrim to hear what the Spirit of God is conveying. Pray for the pilgrims! Pray for our community members!

And oh, by the way, don’t forget to wear more of the many bright colors! De Colores!

Joe Reed
FE #23
Table of Paul

Upper Room Guidelines Implementation Committee

The Upper Room Guidelines Implementation Committee is seeking 3-4 long standing community members to participate in aligning the Fredericksburg Emmaus community with the international Emmaus model. The committee’s objectives are to glorify God in our service to Him, to honor our covenant with the Upper Room, and to maintain the integrity of the Fredericksburg Emmaus experience. This committee will examine the Emmaus manual to determine the differences between its direction and our traditions. We will offer our findings and recommendations to the Board for the resolutions of those differences. The committee meets twice a month in Fredericksburg. Ava Hanger and Ken Roark are the Board representatives and Pastor Greg Akers is serving as Spiritual Director for the committee. Please pray for this effort. If you have any questions, want more details, or want to serve, please contact me at: queendawn@juno.com

De Colores,
Dawn Kendall
FE-54 Table of Peace
Assistant Community Lay Director

Prayer Requests from August Gathering

Daily Internet Prayer Chain

Would the Community like to have a Daily Internet Prayer Chain? A Prayer Chain Coordinator would receive your daily prayer requests and distribute them to the Community members who have signed up to receive and pray for them. Would someone like to be the Prayer Chain Coordinator? This would be a demanding ministry but 'powerful and effective.' Please contact Dick Barnett at k4guj@aol.com if you are interested.

Prayer for my son Charles & Family, Bethel UMC, Pastor Ellen, Trina's test, Trina & Ken's Daughter and Son, Phyllis to be healed, Daphne fall plans from God, George - God is good all the time, Lola's daughter and family, Kathy's daughter and job.

Prayer for your will for Phyllis - stage 4, Trina for test for State Boards, for Daughter's sickness and son's trip to Myrtle Beach, Heather and family, Kathy's daughter to find a job in teaching.

Prayer for Aunt's health is bad, Mary Lou and Kenny's marriage, my work, a mom.

Prayer for mom with congestive heart failure, Amy's delivery, Chelsea's heart problem, Chris' gall bladder surgery, Jason in Iraq, Joan.

Prayer for Chris and Karen - oldest child going to college.

Prayer for Richie, Sheila Jean and Frederick.

Prayer for niece Dianna as she recovers from surgery.

Prayer for my brother Bruce and his new job, Ralph for health and rest.

Prayer for Phyllis' health, Kate's family, Mary's shelter, FE-80 & 81, the Staddan family.

Prayer for mother - depression and health issues.

Prayer for Billy's critically ill father, teaming on FE-80 - God's help to resolve work conflict, daughter Becky having baby in September.

Prayer for Ralph - stress at work, God's direction for my mentoring program with one of youth a River Club, Nora's hip and job requirements, challenges of budget.

Prayer in memory of our sister Kate Cook.

Healing prayers for Dianne.

Prayer for my healing from skin cancer, John's comfort and healing if it is God's will, FE-80 team, Debbie's mom with health problems.

Prayer for Jodie - baby due, Steve- energy for work, Chris - Kate memorial, Joe - FE-80/81 Team & Pilgrims, Dennis - double knee surgery, Jake - more work/better job, Michael - double lung transplant, B.T. - mission field in Macedonia and expecting child.

Pray for Vicki as she battles MS.

Prayer for mentoring program, Nora for healing and job stress, Ralph for safe job travel.

Pray for FE-80, my work, patience with my co-worker.

Pray for my mother's knee surgery, Michael's lung transplant.

Pray for daughter's healing for chiggers and sinus infection, Lee - travel mercies, my State Board test.

Prayers of thankfulness - thank you God.

Community Volunteers (Sept 1, 2010 - Aug 31, 2011):

(Approved By Emmaus Board at August 2010 Board Meeting)

Elected Community Officers (Thru June 30, 2011):

Community Lay Director.....**Dick Barnett***
Chair Emmaus Board and Various Standing Committees
Lead Gatherings & Candlelight, Host Weekend Sponsors' Hour/Closing

Assistant Community Lay Director**Dawn Kendall***
Gathering Location Coordinator
Chair Upper Room Guidelines Implementation Committee
Act for Community Lay Director when necessary

Community Spiritual Director.....**Joe Reed***
Various Standing Committees & Hosting
Board Spiritual Director.....**Tom Britt***
Board Spiritual Director.....**Greg Akers***

Treasurer**Carol Burke***
Financial Advisory Committee.....**George Masten***

Secretary.....**Jennifer McDaniel***
Manuals Coordinator.....**Mike Remington***
Records/By-Laws Historian.....**Mike Remington***

Community Volunteers:

Communications Coordinator**Ken Roark***
Website Administrator.....**Dennis Warne**
Newsletter.....**Brooke Ferguson**
Database Coordinator.....**Dennis Warne**

Fourth Day Support Coordinator**Cam Noden***
Fourth Day Advisory Committee.....**Art Blankenship**
Upper Room Guidelines Implementation.....**Dawn Kendall***
Fourth Day Follow-Up Training.....**Dick Barnett***
Reunion Group Coordinator.....**Vacant**
Identify/Obtain Literature & Reference Material.....**Vacant**

Gathering Support Coordinator.....**Ava Hanger***
Childcare Coordinator.....**Vacant**
Community Baker.....**Sandie Makely**
Gathering Location Coordinator.....**Dawn Kendall***
Music Coordinator for Gatherings.....**Lola McDonald**
Music Equipment Coordinator.....**Vacant***

Pilgrim/Team Support Coordinator**Carol Burke***
Pilgrim Selection Committee.....**Dick Barnett***
Pilgrim Registrars.....**Ralph and Sandy Williams**
Team Selection Committee.....**Dick Barnett***
Team Registrar.....**Dick Barnett***

Weekend Support Coordinator.....**Dick Barnett (acting)***
Community Servant Coordinator.....**Vacant**
General Agape Coordinator.....**Vacant**
Prayer Vigil Coordinators (Vacant Dec 2010)**Daphne & George* Masten**
Placemat Coordinator (Vacant Dec 2010)**Margaret Filler**
Snack Agape Coordinator.....**Judy Britt***
Agape Bag Coordinator.....**Diana Farrar**
Transportation Coordinator.....**Vacant**
Supplies Coordinator.....**Mike McDonald***
Name Badge Coordinator.....**Vacant**
Fourth Day Packets**Wilfred and Mary Usher***

***Board Members** (Serving July 1, 2010- June 30, 2011)

Churches Hosting Gatherings

Over the past couple years the following churches have hosted Gatherings and we lift them up in thankfulness!

First Christian Church
Chancellor Christian Church
Fairview at River Club
Fairview at Charlotte Street
Stafford Crossing
Community Church
Lake of the Woods Church
Tabernacle UMC

Hillcrest UMC

Tower of Deliverance

Wright's Chapel UMC

Antioch UMC

Shepherd's UMC

We are looking for churches to host Gatherings for 2011 starting in January.

If you would like to volunteer your church for a Gathering please contact our Community ACLD Dawn Kendall, queendawn@juno.com, with your church's point of contact and the month(s) your church would be available.

De Colores!

REUNION GROUPS

Sunday

Bethel UMC Men's Group
7:30 am
Bethel UMC Woodbridge, Va
POC: Brian Lewis
703-590-9343
bb3253@aol.com

Monday

Ladies in Waiting
Meets every other Monday in
Falmouth
POC: Vonda LiCalzi
540-446-2682

Tuesday

Pastor's Weekly Meeting
7:30 am
Call for location
POC: Mark Dunn
540-786-4025

Great Is Thy Faithfulness
7:30 pm
Prince of Peace UMC
Manassas, Va
POC: Lloyd Biller
703-590-1512

Lakeside Group (Men)
8:00 pm
Lake of the Woods
Call for location
POC: Vic Larson
540-972-1928

Wednesday

Lord's Lions & Lambs
Group
6:00 pm
First Christian Church
POC: Gary Staddan
540-373-7716
first.christian.church@
verizon.net

Thursday

His Joyful Croakers
9:00 am
Hillcrest UMC
POC: June Riel
540-710-5949

His Seekers (Women)
7:30 pm
Home of Jane Carwell
POC: Sandy Crossley
703-221-6977
POC: Jane Carwell
703-969-4019
tjcarwell@yahoo.com

Amazing Grace Group
8:30 pm
Hillcrest UMC
POC: Ed McAdam
540-898-3625
emcadam@cox.net

Rainbow Group (Women)
Alternate Thursdays
10:00 am
Lake of the Woods
Call for location
POC: Barbara Miller
540-972-7418

Friday

Koinonia Group (Women)
9:00 am
Lake of the Woods
Call for location
POC: Barbara Larson
540-972-1928

Varies

His Footprints
Various schedule: call for
time and meeting place
POC: Phyllis Howze
540-582-6739

Are you
interested in
joining or
starting a new
reunion group?

Contact Cam
Noden at
twonodens@
juno.com

Upper Room Emmaus

of the Greater Fredericksburg Area
P.O. Box 42094
Fredericksburg, VA 22404

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RETURN SERVICE REQUESTED

Directions to Fairview Baptist Church:

900 Charlotte Street

Fredericksburg, VA 22407

From I-95:

Take Exit 130A (Rt. 3 East). Go to the stop light that intersects Route 3 and William St and turn Left onto William Street. Go to the second stop light and turn Right onto Littlepage Street. Fairview Baptist Church is on the right at the corner of Littlepage St & Charlotte St.