

Upper Room Emmaus

Of the Greater Fredericksburg Area

www.fredwalk.org

Vol. 10

October 2009

UPCOMING EMMAUS WEEKENDS

<u>Walk #</u>	<u>Dates</u>	<u>Weekend Lay Director</u>
E-76 (M)	Oct 22 – 25, 2009	Tony Fortune
E-77 (W)	Nov 19 – 22, 2009	Christine Tillman
E-78 (M)	Mar 18 – 21, 2010	To be officially announced at the closing for E-76
E-79 (W)	Apr 22 – 25, 2010	To be officially announced at the closing for E-77

The next Gatherings

(Second Saturday of each month)

Oct 10th **Grace UMC – Hartwood**

Fourth Day Speaker will be Jay McDaniel and Music Leader will be Dennis Warne

Nov 14th **Stafford Crossing Community Church**

Fourth Day Speaker will be Daphne Masten and Music Leader will be Lola McDonald

Fellowship at 3:30 pm

Gathering at 4:00 pm

Board will meet at 1:30 pm

Please bring snack food to share during fellowship time

We are looking for churches to host Gatherings for 2009/10. If you are your church's Point of Contact for hosting, please email our ACLD Dick Barnett at k4guj@aol.com so arrangements can be made."

Help Wanted

The Fredericksburg Emmaus Community is looking for volunteers to fill several vacant coordinator positions, (please see Page 4). The Supplies Coordinator position will be open after the Fall Walks. If you are interested in serving in this capacity, please contact Becky Thode at beckythode@comcast.net.

AGAPE BAGS...Sew Beautiful!

Remember when you saw your agape bag for the first time? God filled that eye-catching bag with love letters just for you. Will you help make a pilgrim's walk special? You can buy brightly colored rainbow striped fabric, (check the craft section at your local fabric store or WalMart), cording, and bright shoelaces to donate. Or you can make agape bags; they are sew simple to make, (12" wide and 15" tall, please). Say "I'll help" – just call Diana Farrar at 540-372-7535 or email her at HRHDiana@juno.com

COMING SOON – HANOVER EPIPHANY #20

Greetings Fredericksburg Emmaus Community!

You may or may not be aware, but the next Hanover Epiphany adventure is about to begin! Hanover Epiphany #20 is underway and we are bubbling over with excitement and anticipation for how our loving God will work in the lives of those incarcerated youth. Our last adventure into the prison was filled with great joy at seeing so many accepting the Word and committing their lives to Christ. We are excited to serve and plant the seeds of faith and hope in the hearts of the young men God will send for this upcoming walk.

In Matthew 25, Jesus told us that as we feed, visit and clothe the hungry, needy, sick and those in prison we are doing for Him. I totally understand that not everyone can or is called to visit those in prison – I've always thought that wasn't for me! But there are so many ways you can be a vital part of this ministry without having to actually go into the prison, and you can touch the lives of these young men in a way that will blow them away! Here are 3 ways:

PRAYER: The most important way is to pray – and while I know that so many of you do every time you hear of upcoming Epiphany walks, I would ask you to go one step further and commit to praying for a half hour or hour at a specific time, just as we do for Emmaus walks. Usually we simply ask each of you to pray at some time during the weekend. For Hanover #20 as the Agape and Prayer Coordinator, I'm stepping out on faith believing that God will fill a Prayer Vigil for every ½ hour between midnight October 10th and midnight October 12th. Please either see me at the Gathering or e-mail me with your promise to pray during the weekend.

Each person who prays will be a "link" in a paper chain that is constructed to show visually to the boys how many people are praying for them. This is a mighty tool in helping these young men know just how much God loves them.

I believe that seeing some of those names assigned to a specific time will sink in even deeper with them – to know that "Joe" will pray for them in the middle of the night while they sleep – do you remember what that was like when you learned that amazing fact on your Emmaus walk? My e-mail is below.

AGAPE: Another amazing thing you can do is send agape – remember how that touched each of us on our walk? It does the boys as well. Please e-mail me for prison facility regulations, but prayerfully consider what you might do to bless these boys through cards or notes.

SPONSORSHIP: I realize in these tough times, this may be a VERY difficult request, but we have a form of Agape that is really powerful to these boys. Sponsoring a "Star" ("pilgrim" equivalent) for a lunch meal (\$5) or a dinner meal (\$10) or purchasing a bible for them (\$25) or sponsoring their entire weekend (\$50) is a tangible way that they understand immediately. We hand the boys a "bookmark" that says "Susie" paid for your lunch today or "Bill" bought this bible for you. They look at us in disbelief asking why someone would do that for them. They anxiously look around the room to find "Susie" and "Bill" thinking it must be someone who is teaming. When they learn that someone who doesn't even know them cared enough to feed them or give them God's word, they are moved in a way that can't be described. What a blessing you can be!!!

Thank you so much for reading this article – and I pray that you will support this ministry and "visit" these young men through prayer and any other way you may have time or opportunity to do! Thank you in advance for your participation with us in Hanover Epiphany #20!!

God bless you richly!
Lots of Love,
Lola McDonald
lolasmyname@comcast.net

From the Community Spiritual Director

The past few weeks have seen trials for many of us. I must admit that I don't enjoy going through trials. But I have found that time and time again I have come through trials stronger. I recall Peter's letter to the early Christian church: "You greatly rejoice, though now, for a little while, if need be, you have been grieved by various trials, that the genuineness of your faith, being much more precious than gold that perishes, though it be tested by fire, may be found to praise, honor, and glory at the revelation of Jesus Christ". Such trials can bring us closer to God, the source of our strength. Paul prayed that the church at Ephesus would know the greatness of the power of God toward those who believe. It is the same power that "raised Christ from the dead and seated Him at the right hand in the heavenly places". When adversity comes, plug into the source of power! Remember, the one who kneels to the Lord can stand up to anything. Amen.

Tom Britt

Board Notes

Several items of interest to our Emmaus community:

- The Board has signed the yearly letter of agreement with The Upper Room.
- The Team Selection Committee was tasked to work with the WLDs, SDs and cadres to select teams and make team assignments. The process is complete for E-76 and E-77. The committee will continue to refine the team selection and assignment process to ensure that community members are given opportunities to participate on teams and to progress to team leadership.
- The Upper Room has released new worship booklets ("purple books") that will be used in future walks.
- The Board continues to look for a new venue for walks. Several options are being considered for Spring 2010.

Men's Emmaus #76 Team List

"God opposes the proud, but gives grace to the humble" James 4:6

Gary Adkins	Fairview Baptist Ch	TL - Matthew	Christian Action Talk
Greg Akers	Lake Anna Comm	SD	Justifying Grace Talk
Jim Biche	Rehoboth UMC	ATL - Matthew	Reading
Art Blankenship	Fairview Baptist Ch	ALD	Fourth Day Talk
Chris Campbell	Fairview at River Club	ATL - Luke	Reading
Richard Dean	Woodbridge Christian Ch	Prayer Chapel	Reading
Rick Dillard	Chancellor Christian Ch	LSD	Prevenient & Means Talks
Tony Fortune	Shepherd's UMC	WLD	Perseverance Talk
David Garland	Fairview Baptist Ch	Asst Cha	Reading
Matt Green	Salem UMC	Music Team	Reading
Randy Harding	Melrose UMC	TL - Luke	Changing Our World Talk
Ken Hinkle	Stafford Crossing Comm	TL - Thomas	Grow Through Study Talk
Ron Jennings	Fairview Baptist Ch	TL - Mark	Life in Piety Talk
Richard Leeper	Bethel UMC - Caroline	ATL - Mark	Reading
George Masten	Bethel UMC	Board Rep	
Hank McCaslin	Grace UMC - Hartwood	SD	Sanctifying Grace Talk
Mike McDonald	Stafford Crossing Comm	ALD	Priority Talk
Mo Moses	Stafford Crossing Comm	TL - Peter	Body of Christ Talk
Spence O'Connor	Promised Land Praise	Agape Cha	
Mike Remington	First Christian Ch	ALD	Discipleship Talk
Ken Roark	Wrights Chapel UMC	Music Team	
Daniel See	Stafford Crossing Comm	ATL - John	Reading
Richard Thode	Chancellor Christian Ch	ATL - Peter	Reading
Wilfred Usher	Maranatha SDA Ch	SD	Obstacles to Grace Talk
Dennis Walsh	The Master's House	ATL - Thomas	Reading
Dennis Warne	Chancellor Christian Ch	Music Director	Reading
Rocky Warner	Chancellor Christian Ch	TL - John	Priesthood of all Believers Talk
Ralph Williams	Fairview at River Club	Head Cha	
Greg Yeamans	Fairview at River Club	Asst Agape Cha	Reading

Schedule for Men's Emmaus #76

Date	Time	Activity at Camp Happyland
Thur. 10/22/09	6:30 – 7:00 pm	Pilgrim check-in followed by Sponsor's Hour
Sat. 10/24/09	7:30 pm	Candlelight – Community will gather for praise, Communion & fellowship. Please bring flowers for the team to use Sunday morning!
Sun. 10/25/09	4:00 pm	Closing Service

Men's Emmaus #76 Partial* Pilgrim List

"God opposes the proud, but gives grace to the humble"

James 4:6

- Chris Alexander.....The Church at White Oak
- David Alexander.....The Church at White Oak
- Tom Dempsey.....First Christian Church
- Eldon Doubet.....Lake of the Woods Church
- Steve Gall.....Lake of the Woods Church
- Dwaine Grimes.....Remington UMC
- Roland Hairston.....Tower of Deliverance
- Joseph Henderson.....Tower of Deliverance
- Doc HolladayHillcrest UMC
- Wallace LemonsShepherds UMC
- Ned Massie.....Bethel UMC
- Billy ParrCalvary UMC
- Mark RyeThe Church at White Oak



***Before the Men's Walk, please check our website, www.fredwalk.org, for any updates to the pilgrim list. A final list will be emailed by Oct 9th and copies will be available at the Gathering. Thank you for your prayers and support!**

ATTENTION: E-76 SNACK AGAPE NEEDED

Please remember the Pilgrims on the Men's walk and provide Snack Agape. Non-Perishables can be brought to the October Gathering and given to Rich Thode. Perishables can be brought to the Shoney's on Rte 3. I will be there on Wednesday Oct 21st from 6pm – 7pm. If you can not make those dates, I will be @ Shoney's for the Team send-off or you may get them to the walk on October 22-24. Thank you!
 Rich Thode - Walk Snack Agape Coordinator
 540-548-2201

Please pray for:

Travel Mercies

Men's Retreat

Men's Walk

Randi

Chris in Afghanistan

Direction for Ministry

Mary – Health

John - Freedom

Bob – Health

Tony – E77

Susie – killed 2 yr. old son & Mother

Mary

Linnea - Health

Pray for Bob

Pray for Tony

Pray for good attitude for youth

Prayers for my Mother, Maria, who has been sick for 6 months – Just a miracle from God!
Thanks

God, thanks for everything even in trials/say thanks – You are an awesome God!

Prayers to God for Danny to guide him to his life.

Prayers to our soldiers & families!

Daphne – Slow down

FE76 & Pilgrims & Team

HE20 Epiphany

Jane – Depression

Joyce - Healing Sickness

Praise God/Creations

Walk site

My son Charles

Mary, John, Christopher, Shari, Christian, Langston, Wilfred, E76 & 77

My Grandmother has been in the Hospital w/congestive heart failure. She will be 104 in October and doesn't want to be in the Hospital – She wants to be home.

Prayers for a new Service, for Naomi & her daughter, Virginia's healing

Walk for 76, all team leaders

Pray for niece Di

Pray for Peggy Mom

Pray for Service Mom

Pray for Joyce

Pray for Richard

Jobs for the jobless

Pray for Debbie and Stephanie, that the Lord's healing powers will be with them.

Community Volunteers & Board of Directors

Community Lay Director **Becky Thode***
Lead Gatherings & Candlelight, Host Weekend Sponsors' Hour/Closing, Chair Emmaus Board & Assign Nominating Committee Coordinator

Assistant Community Lay Director **Dick Barnett***
Gathering Location Coordinator & Chair Pilgrim/Team Selection Committee

Community Spiritual Director **Tom Britt***
Board Spiritual Director..... **Joe Reed***
Board Spiritual Director..... **Rick Dillard***

Treasurer **Mike McDonald***

Secretary **Rosemary Blankenship***
Manuals Coordinator **Rich Thode**
Records/By-Laws Historian..... **Rich Thode**

Communications Coordinator **Vacant**
Website Administrator..... **Dennis Warne**
Newsletter **Brooke Ferguson**
Database Coordinators..... **Bill Moore, Dennis Warne & Dick Barnett**
Team Registrar **Dick Barnett**
Pilgrim Registrars..... **Ralph Thomas**

Gathering Support Coordinator **Jane Carwell**
Community Music Director **Lola McDonald**
Community Baker **Kitti Mann**
Childcare Coordinator **Vacant**
Music Coordinator for Gatherings **Lola McDonald**
Music Equipment Coordinator..... **Ralph Williams**

Weekend Support Coordinator..... **Vacant**
Comm. Cha Coordinator..... **Richard Warner**
General Agape Coordinator **Monica Warne**
Prayer Vigil Coordinators..... **Daphne & George Masten**
Placemat Coordinator **Margaret Filler**
Snack Agape Coordinator..... **Rich Thode**
Agape Bag Coordinator **Diana Farrar**
Transportation Coordinator..... **Vacant**
Supplies Coordinator **Mike & Terry Cook**
Name Badge Coordinator **Steve Makely**
Fourth Day Packets..... **Wilfred and Mary Usher**
Fourth Day Coordinator..... **Dick Barnett**
Reunion Group Coordinator..... **Sandy Crossley**

***Board Members**

(Serving on the Board July 1, 2009- June 30, 2010)

Judy Britt*	Maria Fortune*	Tony Fortune*	George Mastin*
Jennifer McDaniel*	Cam Noden*	Spence O'Connor*	Michael Selph*

Active Reunion Groups in the Fredericksburg Emmaus Community

S U N	Bethel UMC Men's Group	7:30 am	
	Bethel UMC	Woodbridge, Va	
	Brian Lewis:	703-590-9343	bb3253@aol.com

T U E S D A Y	Pastor's Weekly Meeting	7:30 am	
	Call for location		
	Mark Dunn	540-786-4025	
	Great Is Thy Faithfulness	7:30 pm	
	Prince of Peace UMC	Manassas, Va	
	Lloyd Biller	703-590-1512	
	Lakeside Group (Men)	8:00 pm	
	Lake of the Woods	Call for location	
	Vic Larson	540-972-1928	

Interested in joining or starting a new reunion group?

Call Sandy Crossley at 703-221-6977 or email her at slcrossley13@msn.com

W E D	Lord's Lions & Lambs Group	6:00 pm	
	First Christian Church		
	Gary Staddan	540-373-7716	first.christian.church@verizon.net

T H U R S D A Y	His Joyful Croakers	9:00 am	
	Hillcrest UMC		
	June Riel	540-710-5949	
	His Seekers (Women)	7:30 pm	
	Home of Jane Carwell	Woodbridge, Va	
	Sandy Crossley	703-221-6977	
	Jane Carwell	703-969-4019	tjcarwell@yahoo.com
	Amazing Grace Group	8:30 pm	
	Hillcrest UMC		
	Ed McAdam	540-898-3625	emcadam@cox.net
	Rainbow Group (Women)	10:00 am	(Alternate Thursdays)
	Lake of the Woods	Call for location	
	Barbara Miller	540-972-7418	

F R I	Koinonia Group (Women)	9:00 am	
	Lake of the Woods	Call for location	
	Barbara Larson	540-972-1928	

Upper Room Emmaus of the
Greater Fredericksburg Area
PO Box 42094
Fredericksburg, VA 22404

NON-PROFIT ORG.
U.S. POSTAGE PAID
FREDERICKSBURG, VIRGINIA
PERMIT NO. 347

RETURN SERVICE REQUESTED

Directions to Camp Happyland:

21457 Happyland Drive
Richardsville, VA 22736

From Central Park in Fburg: Drive 7.5 miles west on Route 3. Turn right (North) on Route 610, Elys Ford Road. Drive 9 miles north on Route 610. Just prior to the green Richardsville sign, turn right (East) on Route 619, Richards Ferry Road. Drive 1.3 miles to Happyland Drive. You will see a large Camp Happyland sign on the right side of the road. Turn right into the Camp and proceed to the parking area. Total distance from Central Park is about 18 miles.

Directions to Grace UMC Hartwood:

13056 Elk Ridge Rd
Fredericksburg, VA 22406

From Fredericksburg: Take I-95 N to Exit 133 Rt 17 towards Warrenton. Continue for approximately 7 miles and turn right at Hartwood Rd/Rt 612. Take a slight right at Hartwood Rd and continue for 6 ½ miles then take a slight left at Poplar Rd. After 1 ½ miles, turn left at Elk Ridge Rd VA-614. Church will be on your right.