

Upper Room Emmaus

Of the Greater Fredericksburg Area

www.fredwalk.org

Vol. 2

February 2009

Important News from the Board – New meeting times start in January

The board has voted to change the time of the gatherings to begin at 4:00 pm with fellowship time at 3:30. We hope that the earlier time will make it easier for our Emmaus brothers and sisters who must travel a long way for gatherings in Fredericksburg to join us. The new time will begin with the January 10th gathering at Bragg Hill Family Life Center. The board will meet at 1:30 pm

The next Gatherings

(Second Saturday of each month)

Feb 14th Wrights Chapel Ladysmith
Mar 14th Wrights Chapel Ladysmith

Fellowship 3:30 pm
Gathering at 4:00 pm
Board will meet at 1:30 pm

**Please bring snack food to share during
fellowship time**

AGAPE BAGS... Sew Beautiful!

Remember when you saw your agape bag for the first time? God filled that eye-catching bag with love letters just for you. Will you help make a pilgrim's walk special? You can buy brightly colored rainbow striped fabric, (check the craft section at your local fabric store or WalMart), cording, and bright shoelaces to donate. Or you can make agape bags; they are sew simple to make, (12" wide and 15" tall, please). Say "I'll help" by calling Diana Farrar at 540-372-7535 or email her at HRHDiana@juno.com

Volunteers Needed

The Fredericksburg Emmaus Community is looking for volunteers. We need a Gathering Support Coordinator and a Childcare Coordinator for the gatherings. Please be in prayer for these positions and your involvement in the community. Please call Ralph Williams at 540 898-7952 if you would like more detailed information about these positions.

Snack Agape Notice

There will be a sign-up sheet for Snack Agape for FE-74 at the next Gathering. For those who can not attend, please contact Rick Thode at rkthode@comcast.net or call 540-548-2201 if you would like to donate snacks.

UPCOMING EMMAUS WEEKENDS

<u>Walk #</u>	<u>Dates</u>	<u>Lay Director</u>
Emmaus 74 (M)	Mar 26 – 29, 2009	Randy Ross
Emmaus 75 (W)	Apr 30 – May 3, 2009	Vonda LiCalzi
Emmaus 76 (M)	Oct 22 – 25, 2009	TBD
Emmaus 77 (W)	Nov 19 – 22, 2009	TBD

Thoughts from the Community Lay Director...

I am happy to report to you that we had great attendance at the January gathering at Bragg Hill Family Life Center. This was our first gathering with the new time change beginning at 4:00 pm. There were at least 100 people there. Even though it seemed later, we finished up just after 6:00 pm. Thanks goes out to Ralph Thomas and the members at Bragg Hill for allowing us to take up time that is normally used for recreation with the youth in the area.

We are gearing up for the spring. E-74 men’s team will be halfway through teaming by the February gathering. E-75 women’s team will just be getting started. The Team Selection committee will start the process of selecting team members for the two fall walks E-76 and E-77. The Pilgrim Selection committee will be actively calling perspective pilgrims to walk on E-74 and E-75. We are also seeking individuals who would be interested in being nominated to serve on the Emmaus board. Please pray on what your involvement will be in the Emmaus community for the upcoming year.

There was good attendance at the 4th Day Follow-up training in January. There were 27 new pilgrims that attended for the first time and are now eligible to team and sponsor. We need pilgrim applications now, especially for the men’s walk. We know God is going to send 24 men, but let’s help out and not wait until the last minute. We are anticipating the cutoff to be two weeks before the walk. Applications can be printed from the Emmaus website, Fredwalk.org.

The February gathering will be at Wright’s Chapel in Ladysmith. Remember the gathering starts at 4:00 pm. See you there.

DeColores
Ralph Williams

To receive your Emmaus newsletter, please do one of the following:

To subscribe to electronic delivery, please email us at listserv@list.fredwalk.org and type “subscribe news” in the body of the email. We cannot add your address to our email list without your request.

To receive the newsletter by mail, complete the form below and return to:

Upper Room Emmaus of the Greater Fredericksburg Area
PO Box 42094
Fredericksburg, VA 22404



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Please add my name to the list for mail delivery of the Emmaus newsletter.

Name: _____

Address: _____

Please pray for:

For son and husband with anger issues.

Husband to come to the Lord

Bob Bonshire to have stress test on Jan 22nd

Prayer for those out of work

Danny Griffin just graduated from high school, God's guidance for his future, school or goals that God has in store for him

Pray for a clear direction on our church missions

Prayer for the job God has for me

Pray that my faith remains strong in my request for healing

Wilfred & Mary's health, Maranatha

Joe, John, Christopher, Christian, Shari, Langston, Tamara, Gerald, Keisha

Jill & Lynn

David M. Vance promoted to glory 12/23/08

Mark Lewis shoulder surgery 1/28/09

Rocky Warner loss of friend

Family issues

Randy Ross's wifes health

Mary with blood clots for her to keep faith strong

Friends out of work

Tera Stanly cars broke down

Dakota Gianniny

Emelda pray for Gods wisdom and peace

Neice Rondi backslider, divorced parents

Deb & Charlie

Wellness business will continue to grow and prosper

Up coming board elections

Please pray for Wesley needs a job

Healing for Bill, strength and peace for Peggy

Guidance & Godly wisdom for Lindsey and Sequoyah

God send men pilgrims

Anointing for E74 & E75

Brenda Arritt with cancer

Congregation at Wallers Baptist Church

Pray for my children to follow the narrow path

Cija's health

My dad Allan Miller has to stop smoking, pray that God removes the desire to smoke

Emmaus 75 team and pilgrims

Pray for the future pilgrims of Stafford Crossing Community Church on E74 & E75

Bethel UMC

Pilgrims

Richard & Deb

Fredericksburg Christian Church

Gary & Judy Stadden

Mens and womens walks

My son and my job

Ben McDaniel motivation and an open heart

Alida McDaniel heal hurting heart, patience

My mother Anna Mitchell broken hip

Fredericksburg teens that are flying on Richmond Chrysalis flight #50 and need prayers to open the hearts of the youth.

Uplift the team as Fredericksburg & Richmond join forces Feb 19-22. Pray that Fredericksburg Chrysalis start soon

Richard & Deb for their walks

Gary & Judy Stadden

Please give praise for:

That Richmond Chrysalis community wants to help in a major role with Fredericksburg

Pray that the Fredericksburg Community will support Chrysalis through prayer, encouragement and action.

Praise God for what he is doing at Fairview at River Club

Community Volunteers & Board of Directors

Community Lay Director..... **Ralph Williams***
Lead Gatherings & Candlelight, Host Weekend Sponsors' Hour/Closing, Chair Emmaus Board & Assign Nominating Committee Coordinator

Assistant Community Lay Director **Becky Thode***
Gathering Location Coordinator & Chair Pilgrim/Team Selection Committee

Community Spiritual Director **Rick Dillard***
Board Spiritual Director **Wilfred Usher***
Board Spiritual Director **Tom Britt***

Treasurer **Mike McDonald**

Secretary **Rosemary Blankenship***
Manuals Coordinator..... **Richard Thode**
Records/By-Laws Historian **Sandie Makely**

Communications Coordinator **Vacant**
Website Administrator **John Mann**
Newsletter..... **Brooke Ferguson**
Database Coordinator..... **Bill Moore**
Team Registrar **Vacant**
Pilgrim Registrars **Ruth* & Ralph Thomas**

Gathering Support Coordinator **Jane Carwell**
Community Music Director..... **Lola McDonald**
Community Baker..... **Kitti Mann**
Childcare Coordinator..... **Vacant**
Music Coordinator for Gatherings..... **Lola McDonald**
Music Equipment Coordinator **Vacant**

Weekend Support Coordinator **Brian Lewis**
Comm. Cha Coordinator **Richard Warner**
General Agape Coordinator..... **Monica Warne**
Prayer Vigil Coordinators **Daphne & George Masten**
Placemat Coordinator..... **Margaret Filler**
Snack Agape Coordinator **Rick Thode**
Agape Bag Coordinator..... **Diana Farrar**
Transportation Coordinator **Mo Moses**
Supplies Coordinator..... **Mike & Terry Cook**
Name Badge Coordinator..... **Steve Makely**
Fourth Day Packets **Wilfred and Mary Usher**
Fourth Day Coordinator **Dick Barnett**
Reunion Group Coordinator **Sandy Crossley**

***Board Members**

(Serving on the Board July 1, 2008- June 30, 2009)

Jennifer McDaniel*
Bill Walker*

Marcy Liepelt*
Michael Selph*

Tony Fortune*
Maria Fortune*

Active Reunion Groups in the Fredericksburg Emmaus Community

S U N	Bethel UMC Men's Group 7:30 am Bethel UMC Woodbridge, Va Brian Lewis: 703-590-9343 bb3253@aol.com
T U E S D A Y	Pastor's Weekly Meeting 7:30 am Call for location Mark Dunn 540-786-4025
	Great Is Thy Faithfulness 7:30 pm Prince of Peace UMC Manassas, Va Lloyd Biller 703-590-1512
	Lakeside Group (Men) 8:00 pm Lake of the Woods Call for location Vic Larson 540-972-1928
W E D	Lord's Lions & Lambs Group 6:00 pm First Christian Church Gary Staddan 540-373-7716 first.christian.church@verizon.net
	New Song (Women) 6:30 pm Fairview at River Club Cam Noden 540-846-1866
T H U R S D A Y	His Joyful Croakers 9:00 am Hillcrest UMC June Riel 540-710-5949
	His Seekers (Women) 7:30 pm Home of Jane Carwell Woodbridge, Va Sandy Crossley 703-221-6977 Jane Carwell 703-969-4019 tjcarwell@yahoo.com
	Amazing Grace Group 8:30 pm Hillcrest UMC Ed McAdam 540-898-3625 emcadam@cox.net
	Rainbow Group (Women) 10:00 am (Alternate Thursdays) Lake of the Woods Call for location Barbara Miller 540-972-7418
F R I	Koinonia Group (Women) 9:00 am Lake of the Woods Call for location Barbara Larson 540-972-1928

Interested in joining or starting a new reunion group?

Call Sandy Crossley at
703-221-6977 or email her at
slcrossley13@msn.com

Upper Room Emmaus of the
Greater Fredericksburg Area
PO Box 42094
Fredericksburg, VA 22404

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U.S. POSTAGE PAID
FREDERICKSBURG, VIRGINIA
PERMIT NO. 347

RETURN SERVICE REQUESTED

Directions to Wrights Chapel UMC:

8063 Ladysmith Road
Ruther Glen, VA 22546
(804) 448-1251

From Fredericksburg: Take I-95 South to Exit 110 for VA-639 towards
Ladysmith. Turn right at Ladysmith Rd; church will be on your right.