

# Upper Room Emmaus

## Of the Greater Fredericksburg Area

www.fredwalk.org

Vol. 1

January 2009

### ***Important News from the Board – New meeting times start in January***

The board has voted to change the time of the gatherings to begin at 4:00 pm with fellowship time at 3:30. We hope that the earlier time will make it easier for our Emmaus brothers and sisters who must travel a long way for gatherings in Fredericksburg to join us. The new time will begin with the January 10<sup>th</sup> gathering at Bragg Hill Family Life Center. The board will meet at 1:30 pm

### ***The next Gatherings***

*(Second Saturday of each month)*

Jan 10<sup>th</sup> ..... Bragg Hill Family Life Ctr  
Feb 14<sup>th</sup> ..... Wrights Chapel Ladysmith  
Mar 14<sup>th</sup> ..... Wrights Chapel Ladysmith

**\*New meeting times start in January**

Fellowship 3:30 pm  
Gathering at 4:00 pm  
Board will meet at 1:30 pm

**Please bring snack food to share during fellowship time**

### ***4<sup>th</sup> Day Follow Up Meeting***

**January 17<sup>th</sup>** at Fairview Baptist Church  
on Charlotte St.

This training session is for new pilgrims who have not attended and others that need a refresher on Sponsorship and Teaming. Coffee will be available from 9:00 am to 9:30 am. Training begins at 9:30 am and will run for about two hours

### ***To receive your Emmaus newsletter, please do one of the following:***

To subscribe to electronic delivery, please email us at [listserv@list.fredwalk.org](mailto:listserv@list.fredwalk.org) and type "subscribe news" in the body of the email. We cannot add your address to our email list without your request.

To receive the newsletter by mail, complete the form below and return to:

Upper Room Emmaus of the Greater Fredericksburg Area  
PO Box 42094  
Fredericksburg, VA 22404



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Please add my name to the list for mail delivery of the Emmaus newsletter.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

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## *Thoughts from the Community Lay Director...*

Happy New Year. Did you make your new year's resolution to change something for 2009? It appears that the buzzword here lately is "Change". We will have a new president, and hopefully a new economy. Emmaus is not without change either. The board voted in November to change the time of the gatherings to begin at 4:00 pm. Fellowship time will be from 3:30 to 4:00. The board will meet at 1:30. The idea behind the change in time was two-fold. One, try and get the Emmaus members from areas outside of the immediate Fredericksburg area to attend and be able to travel home at a reasonable hour. Two, we realize that most Emmaus members have obligations at their own churches on Sunday mornings. The plan is to try this new time and re-evaluate it after six months.

Another change that has taken place is the switch to predominantly electronic newsletter delivery. We want you to be informed on what is happening in the Emmaus community. We will continue to circulate the sign-up sheets for electronic and paper copies of newsletters if needed at the gatherings.

The team of E-74 led by WLD, Randy Ross is in place. Teaming will begin in mid-January. The team selection committee is currently working with Vonda LiCalzi, WLD for E-75. We are still looking for first-time team members for the ladies team. If you would like to team and have not attended a 4<sup>th</sup> Day Follow-up meeting you still have time. The next 4<sup>th</sup> Day Follow-up training session will be January 17<sup>th</sup> at 9:00 am at Fairview Baptist Church on the corner of Charlotte and Littlepage St. in Fredericksburg. Please pray for the teams as they prepare to be God's servants and be in prayer for the forty-eight pilgrims that will be attending these two walks.

Come join us at Bragg Hill Family Life Center for the January gathering. Come see how God's work is being done in the community in the Bragg Hill area.

DeColores,  
Ralph Williams

### **UPCOMING EMMAUS WEEKENDS**

<b><u>Walk #</u></b>	<b><u>Dates</u></b>	<b><u>Lay Director</u></b>
Emmaus 74 (M)	Mar 26 – 29, 2009	Randy Ross
Emmaus 75 (W)	Apr 30 – May 3, 2009	Vonda LiCalzi
Emmaus 76 (M)	Oct 22 – 25, 2009	TBD
Emmaus 77 (W)	Nov 19 – 22, 2009	TBD

### **Volunteers Needed**

The Fredericksburg Emmaus Community is looking for volunteers. We need a Gathering Support Coordinator and a Childcare Coordinator for the gatherings. Please be in much prayer for these positions and your involvement in the community. Please call Ralph Williams at 540 898-7952 if you would like more detailed information about these positions.

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***Please pray for:***

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Amanda Curtis	Correct focus on Christmas	Joe Reed as he starts ministry at First Christian
Direction in ministry	Decisions regarding my job	Judy for strength
Christmas Ministry-Denise Vogt	Pilgrims of E-74 & E-75	Juggling study and childcare
Greg Vogt	Continue to pray for Brother Glenn	Pastor Gary's health
Mary Usher	Rhonda as she deals with difficult times	Pastor Bob Lewandowski health
John Bradham	Ken Hinkle as he recovers from heart surgery	Lee- struggling
Gary Curtis Jr and family	Paul's leg operation and recovery	Mt Olivet-recovery from break-in
Our church with teens	Niece Natakas legal problems especially for her children	Maureen
Carol Curtis and family	Family health and happiness	Country's economy
Griffin family for guidance and health	Safe travel for loved ones	Servicemen and women
Pray for our soldiers and families	Cija's health	The Lord's Church and Faith Christian Fellowship as they share space
Our Young generation	Neice Rondi-backslidden, divorced parents	Family- God's protection of our children
Terry that she would find her joy and peace in God	Deb & Charlie	John's upcoming surgery
Lester to bring God in his life	Wellness business will continue to grow and prosper	Boone Snider (2) continuous mysterious sickness
Alice to find God peace	John Bradham to come back to Jesus	Emmaus Community
Mark to let God change his life style	Mary's health	Joe Reed-Senior pastor First Christian Church
Nola with breast cancer	Wilfred strength and comfort	Personal finances
Katie persistent cough	Daughter with high risk pregnancy	Pray for hearts of men and women pilgrims
Roger and Crystal recovery		Pray for boldness in sharing the Emmaus experience

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***Please give praises for:***

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FE-73 Women  
 Rain  
 Daughter got full time employment  
 Son has full-time employment  
 Phyllis feeling better  
 St Michael's high school  
 Good grades  
 Accepted to LPN program  
 Thank God for allowing my family to include brothers/sisters to walk in Emmaus  
 Thanks and praise for our Emmaus Community and all they do

## Community Volunteers & Board of Directors

**Community Lay Director**..... **Ralph Williams\***  
Lead Gatherings & Candlelight, Host Weekend Sponsors' Hour/Closing, Chair Emmaus Board & Assign Nominating Committee Coordinator

**Assistant Community Lay Director** ..... **Becky Thode\***  
Gathering Location Coordinator & Chair Pilgrim/Team Selection Committee

**Community Spiritual Director** ..... **Rick Dillard\***  
Board Spiritual Director ..... **Jim Muhlenkamp\***  
Board Spiritual Director ..... **Tom Britt\***

**Treasurer** ..... **Mike McDonald**

**Secretary** ..... **Rosemary Blankenship\***  
Manuals Coordinator..... **Richard Thode**  
Records/By-Laws Historian ..... **Sandie Makely**

**Communications Coordinator** ..... **Vacant**  
Website Administrator ..... **John Mann**  
Newsletter..... **Brooke Ferguson**  
Database Coordinator..... **Bill Moore**  
Team Registrar ..... **Barbara Simpson**  
Pilgrim Registrars ..... **Ruth\* & Ralph Thomas**

**Gathering Support Coordinator** ..... **Jane Carwell**  
Community Music Director..... **Lola McDonald**  
Community Baker..... **Kitti Mann**  
Childcare Coordinator..... **Vacant**  
Music Coordinator for Gatherings..... **Lola McDonald**  
Music Equipment Coordinator ..... **Vacant**

**Weekend Support Coordinator** ..... **Brian Lewis**  
Comm. Cha Coordinator ..... **Richard Warner**  
General Agape Coordinator..... **Monica Warne**  
Prayer Vigil Coordinators ..... **Daphne & George Masten**  
Placemat Coordinator..... **Margaret Filler**  
Snack Agape Coordinator ..... **Rick Thode**  
Agape Bag Coordinator..... **Diana Farrar**  
Transportation Coordinator ..... **Mo Moses**  
Supplies Coordinator..... **Mike & Terry Cook**  
Name Badge Coordinator..... **Mark Lawrence**  
Fourth Day Packets ..... **Wilfred\* and Mary Usher**  
Fourth Day Coordinator ..... **Dick Barnett**  
Reunion Group Coordinator..... **Sandy Crossley**

**\*Board Members** (Serving on the Board July 1, 2008- June 30, 2009)

<b>Jennifer McDaniel*</b>	<b>Marcy Liepelt*</b>	<b>Tony Fortune*</b>
<b>Bill Walker*</b>	<b>Michael Selph*</b>	<b>Maria Fortune*</b>

## *Active Reunion Groups in the Fredericksburg Emmaus Community*

<b>S U N</b>	<b>Bethel UMC Men's Group</b>	7:30 am	
	Bethel UMC Brian Lewis:	Woodbridge, Va 703-590-9343	bb3253@aol.com
<b>T U E S D A Y</b>	<b>Pastor's Weekly Meeting</b>	7:30 am	
	Call for location Mark Dunn	540-786-4025	
	<b>Great Is Thy Faithfulness</b>	7:30 pm	
	Prince of Peace UMC Lloyd Biller	Manassas, Va 703-590-1512	
	<b>Lakeside Group (Men)</b>	8:00 pm	
	Lake of the Woods Vic Larson	Call for location 540-972-1928	
<b>W E D</b>	<b>Lord's Lions &amp; Lambs Group</b>	6:00 pm	
	First Christian Church Gary Staddan	540-373-7716	first.christian.church@verizon.net
	<b>New Song (Women)</b>	6:30 pm	
	Fairview at River Club Cam Noden	540-846-1866	
<b>T H U R S D A Y</b>	<b>His Joyful Croakers</b>	9:00 am	
	Hillcrest UMC June Riel	540-710-5949	
	<b>His Seekers (Women)</b>	7:30 pm	
	Home of Jane Carwell Sandy Crossley Jane Carwell	Woodbridge, Va 703-221-6977 703-969-4019	tjcarwell@yahoo.com
	<b>Amazing Grace Group</b>	8:30 pm	
	Hillcrest UMC Ed McAdam	540-898-3625	emcadam@cox.net
	<b>Rainbow Group (Women)</b>	10:00 am	(Alternate Thursdays)
	Lake of the Woods Barbara Miller	Call for location 540-972-7418	
<b>F R I</b>	<b>Koinonia Group (Women)</b>	9:00 am	
	Lake of the Woods Barbara Larson	Call for location 540-972-1928	

**Interested in joining or starting a new reunion group?**

Call Sandy Crossley at  
703-221-6977 or email her at  
slcrossley13@msn.com

Upper Room Emmaus of the  
Greater Fredericksburg Area  
PO Box 42094  
Fredericksburg, VA 22404

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U.S. POSTAGE PAID  
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**RETURN SERVICE REQUESTED**

Directions to Bragg Hill Family Life Center:

400 Bragg Hill Dr  
Fredericksburg, VA 22401  
(540) 371-3662

From I-95: Take exit 130B, heading west on Rt 3. Go one light past the Spotsy Towne Ctr and turn right onto Bragg Road. Continue on Bragg Road, (which turns into Fall Hill Ave), for approx 2 miles, (past Central Park), and turn left onto Bragg Hill Dr. The Family Life Center is on the left.