

# Upper Room Emmaus

## Of the Greater Fredericksburg Area

www.fredwalk.org

Vol. 10

October 2008

### UPCOMING EMMAUS WEEKENDS

<b>Walk #</b>	<b>Dates</b>	<b>Lay Director</b>
Emmaus 72 (M)	Oct 16 – 19, 2008	Mark Lawrence
Emmaus 73 (W)	Nov 13 – 16, 2008	Dianne Philipp
Emmaus 74 (M)	Mar 26 – 29, 2009	Randy Ross
Emmaus 75 (W)	Apr 30 – May 3, 2009	Vonda LiCalzi

### ***The next Gatherings***

*(Second Saturday of each month)*

Oct 11<sup>th</sup> ..... Hillcrest UMC

Nov 8<sup>th</sup> ..... Hillcrest UMC

Fellowship 5:30-6:00 pm & 8:00–8:30 pm

Gathering at 6:00 pm

Board will meet at 3:30 pm

**Please bring snack food to share  
during fellowship time**

### ***AGAPE BAGS... Sew Beautiful!***

Remember when you saw your agape bag for the first time? God filled that eye-catching bag with love letters just for you. Will you help make a pilgrim's walk special? You can buy brightly colored rainbow striped fabric, (check the craft section at your local fabric store or WalMart), cording, and bright shoelaces to donate. Or you can make agape bags; they are sew simple to make, (12" wide and 15" tall, please). Say "I'll help" by calling Diana Farrar at 540-372-7535 or email her at HRHDiana@juno.com

**The December newsletter will be the last you receive unless you do one of the following:**

To subscribe to electronic delivery, please email us at [listserv@list.fredwalk.org](mailto:listserv@list.fredwalk.org) and type "subscribe news" in the body of the email. We cannot add your address to our email list without your request.

To continue to receive the newsletter by mail, complete the form below and return to:

Upper Room Emmaus of the Greater Fredericksburg Area

PO Box 42094

Fredericksburg, VA 22404



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Please add my name to the list for mail delivery of the Emmaus newsletter.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

***“Do You Love Me...Tend My Sheep.”***  
***Just a thought from the Community Spiritual Director***

At a recent team meeting the question of the night was, “If you were able to be face to face with Jesus and able to ask Him a question, what would the question be?” That was a very simple but impacting question. Something else happened though, at least for me. Throughout the following week I kept coming back to that team question. If I asked Jesus a question, it would only be fair for Jesus to ask one back. This is what I heard Him ask me, “Do you love me?”

Why would Jesus ask me that? Doesn't He realize how I am serving Him these days? My time and gifts are used for Him. “Yes Lord I love you.”

Then I asked myself by what measuring stick I was measuring my love for my Savior. It hit me that our time and gifts are things we need to strive in using, things we need to do better at using and things we need to use more often; but, these things alone are not a measure of the love I have for my Lord.

There is a story about a granddaughter who says; “Grandpa, I love you very much” He was smiling, and asked, “How much do you love me?” She stretched her hands out as far as they could and said, “That much.” He smiled and told her that he loved her too. And then she added, “I love you even more than that (as she was stretching her arms out again), but my arms are not long enough.”

Isn't love an amazing thing? Love is something that really cannot be bought. So how do we measure if we really love Jesus? Remember in John 21:15-17, Jesus tells Peter "Tend my sheep." I believe if we will really try to understand what Jesus meant, we will be able to measure at least a portion of our love for Christ. So how do we do what Jesus said to do, "Tend my sheep?"

In Matthew 22:37-39 (NIV) the Bible reads, “Jesus replied, “Love the Lord your God with all your heart and with all your soul and with all your mind.’ This is the first and greatest commandment. And the second is like it: 'Love your neighbor as yourself.' When you and I change our thoughts from seeking what we need, and put others first, we “Tend His Sheep.”

I see Emmaus as a way for all of us to “Tend His Sheep.” We know through personal experiences the importance of Emmaus. We know that people can experience Jesus in ways that they haven't before. We don't have too much difficulty in the forming of teams, praise the Lord, but I do have a concern when it comes to sponsoring. What do I mean? Sponsoring is something that has been looked at as, “I pray for God to show me who I should approach, I get them to walk, I see them through to closing and my sponsoring is complete”. As we all know sponsoring does begin with the prayer for God showing you, giving you the one to sponsor. What I believe we miss is the fact that sponsoring never ends. It is very much like discipleship. So how do we “Tend His Sheep” in Emmaus? We sponsor of course, but then we stay in touch, we send cards of encouragement, we call, we visit, we find ourselves living in Acts 2:42 (NIV)... “They devoted themselves to the apostles' teaching and to the fellowship, to the breaking of bread and to prayer.” We see each other, love on each other, and fellowship with each other at the monthly gatherings. Sponsoring begins with the prayer, but it never ends... “Tend His Sheep.” If Jesus asked you “Do You Love Me.” How would you answer?

Please pray with me... “Lord, I would ask you now to keep us mindful of our complete dependence on You. Help us to stay mindful of how each of us can tend your sheep. May we be mindful at the entrance to our heart and minds our ability to so easily sin. Lord, when we do, help us to know that You already knew it was going to happen. You love us, even knowing our flaws, and You are always ready to restore us to fellowship. Thank you for that wonderful grace and mercy. Amen.”

DeColores,  
Rick Dillard FE-53

## Volunteers Needed

The Fredericksburg Emmaus Community is looking for volunteers. We need a Gathering Support Coordinator, a Snack Agape Coordinator and we are still looking for a Childcare Coordinator for the gatherings. Please be in much prayer for these positions and your involvement in the community. Please call Ralph Williams at 540 898-7952 if you would like more detailed information about these positions.

## *Men's Emmaus #72 Partial Pilgrim List\**

*"I want to know Him and the Power of His resurrection..."      Philippians 3:10*

Greg Akers .....	Lake Anna Comm Fellowship
Mike Barker .....	FUMC
Bill Brown .....	Providence UM
Bob Curtis .....	Lake of the Woods Church
Kevin Fowler .....	First Christian Church
David Garland.....	Fairview Baptist
John Groner .....	Bethel UMC
Warren Harding.....	Fairview Baptist
Mark Hendershot.....	Stafford Crossing CC
John W. Hilling .....	Stafford Crossing CC
Tom Jewell .....	Bethlehem UMC
Perry Marshman.....	Bethlehem UMC
Bro. Bob Martin.....	Ladysmith Baptist Church
Clint Scott.....	Waller's Baptist Church
Tony Vinson .....	Faith Christian Fellowship
Greg Yeamans .....	Fairview Baptist

\*Please check our website at [www.fredwalk.org](http://www.fredwalk.org) for updates to this pilgrim list as the walk approaches. Please prepare agape for 20 pilgrims. Thank you!

### **Snack Agape Notice**

Please call Mike Shiflett at 540-371-5585 if you would like to arrange a pick up or drop off of snacks before FE #72.

### **Schedule for Men's Emmaus #72**

Date	Time	Activity at Camp Happyland
Thur. 10/16/08	6:30 – 7:00 pm	Pilgrim check-in followed by Sponsor's Hour
Sat. 10/18/08	7:30 pm	Candlelight – Community will gather for praise, Communion & fellowship. Please bring flowers for the team to use Sunday morning!
Sun. 10/19/08	4:00 pm	Closing Service

## ***Women's Emmaus #73 Team List***

***"...He gathers the lambs in his arms and carries them close to his heart..."***      ***Isaiah 40:11***

Dianne Philipp.....	First Christian.....	WLD
Vonda LiCalzi .....	Prince of Peace UMC .....	ALD Thu
Phyllis Howze .....	Rehoboth UMC .....	ALD Fri
Colleen McGrath.....	Bowling Green UMC.....	ALD Sat
Gerri Bartman .....	Holy Family.....	ALD Sun
Lola McDonald.....	Woodbridge Christian.....	Music Dir
Trina Roark.....	Wright's Chapel UMC.....	Cha Coord
Sandie Makely .....	First Christian.....	Asst Cha
Emelda August.....	Holy Family Catholic.....	Asst Cha
Michelle Fowler .....	First Christian.....	Agape Coord
Judy Britt .....	Chancellor Christian.....	Asst Agape
Gary Staddan.....	First Christian.....	LSD
Carol Grimes .....	Promise Land P&W Ctr.....	SD
Tom Britt.....	Chancellor Christian.....	SD
Gail Dietze.....	Salem UMC .....	SD
Marcy Liepelt.....	Chancellor Christian.....	BrdRep/TblAngl
Christine Tillman.....	Stafford Crossing .....	Music Team
Monica Warne.....	Chancellor Christian.....	Music Team
Kathy Neiswander .....	Woodbridge Christian.....	Music Team
Debbie Avis.....	Woodbridge Christian.....	Music/Pryr Cha
Blanca Griffin .....	Chancellor Christian.....	TL Deborah
Hilary Parr.....	Waller's Baptist.....	ATL Deborah
Sharon Smith.....	Waller's Baptist.....	TL Elizabeth
Debbie Powell.....	Wesleyan UM.....	ATL Elizabeth
Pat Weinhardt.....	Chancellor Christian.....	TL Mary
Cam Noden .....	Fairview Baptist .....	ATL Mary
Jennifer Taylor.....	Ebenezer UMC-Oldhaus .....	TL Miriam
Polly Cunningham .....	Promise Land P&W Ctr.....	ATL Miriam
Janet McCaslin .....	Grace UMC Hartwood.....	TL Ruth
Ava Hanger .....	Dahlgren UMC .....	ATL Ruth
Kate Cook .....	Beaverdam UMC .....	TL Sarah
Virginia Johnson .....	First Christian.....	ATL Sarah



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***Please pray for:***

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Pray for God's direction for the Usher family, new roof, John, Mary, Chris, Tese, Christian, Langston, Shari..

Spiritual Director E-72

Judy and family

Lynda needs car

Brother Joe

Ladysmith Baptist church  
E72 & 73

Mike's salvation

Epiphany 18

Son Scott going to Peru for 8 months

Orndorf family lost daughter

Pastor Gary Staddan and his health concerns

FCC search for an associate pastor

Kin's salvation

Joe to finish seminary (semester)

Salvation of family members

Discernment of future activities

My sister who's had brain surgery and is having more problems with post-op pain

Scott travel mercies and mission support

Guidance for self and family

Son and his family who live on the Texas coast

John Bradhair to be freed from jail and false charges

My children

Mary Usher whom I love has a cyst on her kidney

Myself for finances

Our Troops in Afghanistan and Iraq

Our young men in Hanover Youth Prison- Epiphany Oct 11,12,13

Kairos men's prison ministry Oct 24-27

Wife peace in ministry

Grandchildren

Ethan to turn his heart back to the Lord

Texas

Your sister in Christ needs God's healing touch and your prayers

Daughter's marriage and two children

Pray for Cija's health

Pray for all the unsaved

Ashley as she teaches in a high school for the 1<sup>st</sup> time

For my dad who will turn 80 this month

Myers family healing and salvation

Annie & Alfred for salvation

Bethel United Methodist Church in Dawn for peace and unity

Mike prayers for new job and goal to get out of debt

Hanover Epiphany #18 Team & Stars

New direction service to reach un-churched

Pray for Lloyd & Audrey health issues

Rondi-backslidden, divorced parents

Deb & Charlie he is an alcoholic and unsaved

Wellness business will continue to grow and prosper

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***Please give praise for:***

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Nephew Chris home safe from Iraq

All God is doing in my life

For our daughter and son-in-law celebrating 7 yrs of marriage

For our new home

For grandchildren's health and salvation

## Community Volunteers & Board of Directors

**Community Lay Director**..... **Ralph Williams\***  
Lead Gatherings & Candlelight, Host Weekend Sponsors' Hour/Closing, Chair Emmaus Board & Assign Nominating Committee Coordinator

**Assistant Community Lay Director** ..... **Becky Thode\***  
Gathering Location Coordinator & Chair Pilgrim/Team Selection Committee

**Community Spiritual Director** ..... **Rick Dillard\***  
Board Spiritual Director ..... **Jim Muhlenkamp\***  
Board Spiritual Director ..... **Tom Britt\***

**Treasurer** ..... **Mike McDonald**

**Secretary** ..... **Rosemary Blankenship\***  
Manuals Coordinator..... **Richard Thode**  
Records/By-Laws Historian ..... **Sandie Makely**

**Communications Coordinator** ..... **Vacant**  
Website Administrator ..... **John Mann**  
Newsletter..... **Brooke Ferguson**  
Database Coordinator..... **Bill Moore**  
Team Registrar ..... **Barbara Simpson**  
Pilgrim Registrars ..... **Ruth\* & Ralph Thomas**

**Gathering Support Coordinator** ..... **Jane Carwell**  
Community Music Director..... **Lola McDonald**  
Community Baker..... **Kitti Mann**  
Childcare Coordinator..... **Vacant**  
Music Coordinator for Gatherings..... **Lola McDonald**  
Music Equipment Coordinator ..... **Vacant**

**Weekend Support Coordinator** ..... **Brian Lewis**  
Comm. Cha Coordinator ..... **Richard Warner**  
General Agape Coordinator..... **Monica Warne**  
Prayer Vigil Coordinators ..... **Daphine Mastin**  
Placemat Coordinator..... **Margaret Filler**  
Snack Agape Coordinator ..... **Mike Shiflett**  
Agape Bag Coordinator..... **Diana Farrar**  
Transportation Coordinator ..... **Mo Moses**  
Supplies Coordinator..... **Mike & Terry Cook**  
Name Badge Coordinator..... **Mark Lawrence**  
Fourth Day Packets..... **Wilfred\* and Mary Usher**  
Fourth Day Coordinator ..... **Dick Barnett**  
Reunion Group Coordinator..... **Sandy Crossley**

**\*Board Members**

(Serving on the Board July 1, 2008- June 30, 2009)

**Jennifer McDaniel\***  
**Bill Walker\***

**Marcy Liepelt\***  
**Michael Selph\***

**Tony Fortune\***  
**Maria Fortune\***

***Active Reunion Groups in the Fredericksburg Emmaus Community***

<b>S U N</b>	<b>Bethel UMC Men's Group</b>	7:30 am	
	Bethel UMC	Woodbridge, Va	
	Brian Lewis:	703-590-9343	bb3253@aol.com

<b>T U E S D A Y</b>	<b>Pastor's Weekly Meeting</b>	7:30 am	
	Call for location		
	Mark Dunn	540-786-4025	
	<b>Great Is Thy Faithfulness</b>	7:30 pm	
	Prince of Peace UMC	Manassas, Va	
	Lloyd Biller	703-590-1512	
	<b>Lakeside Group (Men)</b>	8:00 pm	
	Lake of the Woods	Call for location	
	Vic Larson	540-972-1928	

**Interested in joining or starting a new reunion group?**

Call Sandy Crossley at 703-221-6977 or email her at slcrossley13@msn.com

<b>W E D</b>	<b>Lord's Lions &amp; Lambs Group</b>	6:00 pm	
	First Christian Church		
	Gary Staddan	540-373-7716	first.christian.church@verizon.net

<b>T H U R S D A Y</b>	<b>His Joyful Croakers</b>	9:00 am	
	Hillcrest UMC		
	June Riel	540-710-5949	
	<b>New Song (Women)</b>	6:30 pm	
	Fairview at River Club		
	Cam Noden	540-846-1866	
	<b>His Seekers (Women)</b>	7:30 pm	
	Home of Jane Carwell	Woodbridge, Va	
	Sandy Crossley	703-221-6977	
	Jane Carwell	703-969-4019	tjcarwell@yahoo.com
	<b>Amazing Grace Group</b>	8:30 pm	
	Hillcrest UMC		
	Ed McAdam	540-898-3625	emcadam@cox.net
	<b>Rainbow Group (Women)</b>	10:00 am	(Alternate Thursdays)
	Lake of the Woods	Call for location	
	Barbara Miller	540-972-7418	

<b>F R I</b>	<b>Koinonia Group (Women)</b>	9:00 am	
	Lake of the Woods	Call for location	
	Barbara Larson	540-972-1928	

Upper Room Emmaus of the  
Greater Fredericksburg Area  
PO Box 42094  
Fredericksburg, VA 22404

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**RETURN SERVICE REQUESTED**

**Directions to Camp Happyland:**

21457 Happyland Drive  
Richardsville, VA 22736

From Central Park in Fburg: Drive 7.5 miles west on Route 3. Turn right (North) on Route 610, Elys Ford Road. Drive 9 miles north on Route 610. Just prior to the green Richardsville sign, turn right (East) on Route 619, Richards Ferry Road. Drive 1.3 miles to Happyland Drive. You will see a large Camp Happyland sign on the right side of the road. Turn right into the Camp and proceed to the parking area. Total distance from Central Park is about 18 miles.

**Directions to Hillcrest United Methodist Church:**

2208 Lafayette Boulevard  
Fredericksburg, VA 22401  
(540) 898-2180

From I-95: Take the Massaponax Exit 126 heading North on Route 1 to Four-Mile Fork. Turn right onto Lafayette Blvd. Continue approx 1.5 miles on Lafayette Blvd. to Hillcrest UMC on the left.