

# Upper Room Emmaus

## Of the Greater Fredericksburg Area

www.fredwalk.org

Vol. 6

June 2008

### UPCOMING EMMAUS WEEKENDS

<u>Walk #</u>	<u>Dates</u>	<u>Lay Director</u>
Emmaus 72 (M)	Oct 16 – 19, 2008	Mark Lawrence
Emmaus 73 (F)	Nov 13 – 16, 2008	Dianne Philipp

### *The next Gatherings*

*(Second Saturday of each month)*

June 14<sup>th</sup> ..... First Christian Ch  
July 12<sup>th</sup> ..... Fairview @ River Club  
Aug 9<sup>th</sup> ..... Fairview @ River Club

Fellowship 5:30-6:00 pm & 8:00–8:30 pm  
Gathering at 6:00 pm  
Chrysalis Steering Committee at 4:45 pm  
Board will meet at 3:30 pm

***Please bring snack food to share  
during fellowship time***

### *Help Wanted*

The Fredericksburg Emmaus Community is looking for a volunteer to fill the Childcare Coordinator position. If you are interested, please contact the Gathering Support Coordinator, Jane Carwell, at 703-969-4019 or [tjcarwell@yahoo.com](mailto:tjcarwell@yahoo.com)

### *4th Day committee members needed*

Your 4th Day Ministry meets monthly and has working groups that work planning and transformation issues for the Board. Please contact Dick Barnett at [k4guj@aol.com](mailto:k4guj@aol.com) if you are interested in serving on the committee.

If you would like to team on the Fall walks FE 72 and 73, PLEASE GET YOUR APPLICATIONS IN NOW!!!

We know you are thinking, "well the walk is not until October or November", but you are looking at 8 weeks of teaming with breaks for holidays. So the men will start teaming August 8<sup>th</sup>. The goal of the WLDs and the Team Selection committee is to have the team selected and in place 4 weeks before the first team meeting. That would put us back to July 8 and it takes about a month to approve the applications and call everyone. That makes it a June 8th deadline for the men and July 8th for the ladies.

This may not be totally realistic, but the point is not to delay putting in your applications. If you have teamed in the past year we have your application on file, but it would not hurt to touch base with the WLD, either Mark Lawrence or Diane Philip to express your desire to team, or submit an updated application.

But do not delay, DO IT NOW! Applications may be downloaded from our web site [www.fredwalk.org](http://www.fredwalk.org).

## *Thoughts from the Community Lay Director...*

Well it's June, and this not only brings in summer, but a new era in the Emmaus Community. I want to congratulate the new members of the Board of Directors, Michael Selph, Mike McDonald, Rosemary Blankenship, Jennifer McDaniel, Ruth Thomas, Maria Fortune and Tom Britt.

I urge the entire community to pray for these people and your current Board members fervently and often. Someone once told me that if you don't believe in the devil, just try opposing him for a while. Believe me, this community is doing the work of God, changing peoples lives for the better, and these people need to be in your constant prayers. Also pray for Ralph Williams, the Community Lay Director elect, Becky Thode, your Assistant Community Lay Director, Rick Dillard, the Community Spiritual Director elect, and all of the board officers.

I also want to thank all the people that have supported me and prayed for me during my two years as Community Lay Director, and hope you will continue to support me as the Weekend Lay Director for FE 72. The Theme is from Philippians 3:10 to know (Christ) Him and the power of His resurrection... If you want to know Christ more, put in a team application, or if you know someone who needs a "resurrection" of the Spirit of Christ in their lives, pray about sponsoring them on the walk.

Your prayers and support are greatly appreciated.

God Bless you all,

Mark Lawrence

## *Chrysalis Update*

After a significant amount of detours, and "political" run-around, Chrysalis is on the move again! We've received a copy of a Letter of Agreement. I need for all volunteers interested in serving on the Steering Committee to be available after the next Gathering. We will have a brief discussion and sign the LOA. We need no fewer than 12 committed laypersons, (especially those who have been to previous Committee Meetings), 2 Clergy, and our youth contingent. Once we have this accomplished, a letter will be drafted, in concert with the Emmaus board, once again outlining our intent to move forward. Having accomplished this, we will conduct initial training for the Steering Committee, Emmaus board, and any Community folks that are interested. After that - we're flying!!

The Emmaus board will need to select nominees for the rejuvenated community after our first or second flight. We will need to train a Community Lay Director and elect a board of approximately 17 other folks willing to serve. They will pattern the Emmaus board with commitments of 3 year cycles or classes.

Please pray for God's hand to be on this effort and that He will be glorified in all that we do. I appreciate all the efforts of those who have helped and especially all your prayers. Please get in touch with me if you are interested in getting involved. God's richest blessings...

Keep Flying for Christ!

Keith Lauer

E-43

ph. 804.752.7713

email - kalauer2@verizon.net



## Application for Teaming

Return application to:  
Fredericksburg Emmaus  
P.O. Box 42094  
Fredericksburg, VA 22404

For completion by Emmaus Team Registrar:  
Date received: \_\_\_\_\_ Status: \_\_\_\_\_  
Date asked: \_\_\_\_\_  
Accepted: \_\_\_\_\_ Declined: \_\_\_\_\_

### ◆ SUBMIT A NEW APPLICATION FOR EACH WALK ◆

Today's date: \_\_\_\_\_

Name: \_\_\_\_\_ Sex: \_\_\_\_\_ DOB: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Home Phone: (\_\_\_\_\_) \_\_\_\_\_ Work/School Phone: (\_\_\_\_\_) \_\_\_\_\_

Email Address: \_\_\_\_\_

Name of church you attend: \_\_\_\_\_

Church Phone: (\_\_\_\_\_) \_\_\_\_\_ Pastor's Name: \_\_\_\_\_

Why do you want to be on an Emmaus Team? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Where and when did you make your first Emmaus/Chrysalis/Cursillo weekend? \_\_\_\_\_

\_\_\_\_\_

Have you attended a "Day of Deeper Understanding"? \_\_\_\_\_

What other involvement have you had with Emmaus/Chrysalis/Cursillo? \_\_\_\_\_

\_\_\_\_\_

Previous team service (list teams by number, when, where, jobs held, talks given): \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Medical Conditions of Concern: \_\_\_\_\_

\_\_\_\_\_ Do you smoke? (For room placement): \_\_\_\_\_

Does your pastor approve of you serving on this weekend? \_\_\_\_\_

Pastor's approval: \_\_\_\_\_  
(Signature) / (Date)



## Application for Teaming

---

My signature below indicates that I have read and accept the terms for teaming as described below:

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### TERMS FOR APPLYING AND BEING SELECTED FOR A TEAM

**TEAM MEMBERS ARE ASKED TO CONTRIBUTE THE COST OF THE WEEKEND.** If you are not able to do so, you still need to make arrangements to cover the cost. Talk to your pastor and/or the Weekend Lay Director.

A majority of us would like to serve on a team and it is a wonderful experience for most. Serving on a team is not for everyone who has attended an EMMAUS weekend, however remember that team members must be active in their local churches to better enable them to share and model that Fourth Day experience with the Pilgrims. It is mathematically impossible for everyone to be selected as each weekend there are more new members of the EMMAUS community produced than would be required for a future team. The team selection committee earnestly tries to insure that everyone has an opportunity. One of the team selection guidelines is that a team will have built-in experience. One third of the members will have served on one or more teams previously; one third key leaders should have been on two or more teams. One third will be first time team members. An effort will be made not to have too many members from the same church. This is sometimes difficult, but the effort is still made.

In addition to the guidelines that the committee follows, there are factors to be considered. Beyond the lay director, assistant lay directors, music director and spiritual directors, team members are not selected for specific jobs. No one has authority to promise you a particular responsibility. Everyone must be willing to serve in whatever capacity is needed. If you accept a team assignment, you are making a commitment to be available for that weekend, and for a team meeting once each week for eight-to-ten weeks prior to that weekend. AVAILABILITY AND SACRIFICE OF TIME ARE THE PRIMARY REQUIREMENTS.

Each of us must take into consideration the physical or emotional strain that is sometimes encountered while serving on a team. The joy of being on a team is there, but the work and strain are there, too. Team members routinely are the first up in the morning and the last in bed at night. Working under pressure is also routine. Everyone on a team must carry his/her full load and be ready to pick up part of someone else's work when something unexpectedly happens – and it always does. Every team member must be ready, willing, and able to share his/her faith and love with any and all others on the weekend – literally at any time.

Again, the joy and the mountain top experience are there, but so is the sacrifice. If you decide that being a team member is not for you, there are many other areas of service in the EMMAUS and CHRYSALIS communities. You may want to put more effort into agape, cha, serve on a committee, or accept another important job that are necessary for a successful EMMAUS weekend. There is so much to be done that there is no limit to the opportunity for service. Being on a team may or may not be the best way that you can serve – only you know this. If, after prayerful consideration your answer is YES, please complete the above application and forward it to EMMAUS at the address above. Serving on a team will be a blessing to you, and you will be a blessing to others. You are needed!

(Updated 11/01/05) – PLEASE DISCARD ALL OTHERS

***Please pray for:***

My schooling completion  
Work for my husband  
Ben & Alida direction on where to move next  
Rondi backslider, divorced parents  
Chris, nephew in Iraq  
Wesley (my cat) is recovering from foreleg amputation  
Peace in Jerusalem  
Persecuted church in the world  
The USA in these last days to turn back to the one true GOD  
Epiphany #17  
Daughter and son-in-law's family situation  
Wellness business will continue to grow and prosper/ I will stay focused on it  
Joan Bowman-cancer  
Family reconciliations  
Fairview at River Club  
People affected by tornado  
Wanda with bacterial infection  
Pray for all our brethren in the newsletter  
The upcoming election  
The table of Sarah  
The Parrish household  
Daughter Becky and new baby  
Hanover Epiphany 17  
Keith as he pursues the ministry  
Jane as she keeps family together  
George for his health and welfare  
Richard to attend the walk in the fall and get his application in immediately so we can start dating again and continue our walk with God together.  
Son Jeff for perseverance to finish OCS and healing for stress fracture  
Randy's healing both leg and wrist  
New building at Melrose  
New high school graduates  
Becca with chorine poisoning

Sarah and Bao in California  
Dan and Brenda Boatright - missionaries to Nicaraguan refugees in Costa Rico destruction of property and threats to lives.  
Healing for Bill  
Safe return home for Lindsey and Leah from Germany  
Nancy and Chris  
Ranee & Andy - their walk  
Allen-Michael's anger  
My family's grieving process  
Patricia Decatur and her family  
Salem United Methodist Church for strength and endurance to go forth  
Tony that he may walk again  
Henry & Peggy - important decisions  
Physical healing for Jeff W and strength and stamina for Claude W.  
Freedom from financial worries  
For Gene and his family  
Brandon as he begins his career in the US Navy  
My husband's health issues  
Heather to make right decisions regarding personal relationships  
Gods blessing on new business start-up, Time & Pam  
Earline - medical issues  
Jill, Lynn, Barry, Mark, Brian, Kurt, Hayley & Emmy  
Dan and Sally  
Epiphany 17  
Edmundo and Caroline  
For a decrease in physical pain  
God's will to be done in a relationship  
Spiritual revival in the churches of the Fredericksburg area  
Brad's heart surgery  
Tom M and his wife suffering grief from a miscarriage  
Fee's loss of her mother and their grief

***Please pray for:***

Jason W and the impending birth of their child  
Peggy to join her husband soon and a job when she arrives  
My 2 sons, granddaughter in DC, my health  
Paul, Sara, Adain, Andrew, Brian  
Non-believers to be led to Jesus  
Healing for Alan  
Lynn Vanselow lost her husband, pray for her continued peace and strength  
Jamie, Angela, Jamie Scott that they will feel God's loving arms wrapped around them  
Jeff Thode-Ashe continues his military training  
Sister Lisa diagnosed with cancer  
Mary, John, Tease, Christopher, Shari, Christian, Langston, Wilfred, Maranatha  
Grandson Kary in Arizona  
Son Karl to grow close to God  
Lester & Reggie to find a close walk with God  
For Conner's mom  
Amanda's grandma  
Brian

Stephen's mom  
Bill for healing  
Lindsey and Leah safe travel  
Cheryl who has cancer  
Daughter and family leaving Germany for California  
My son and new daughter-in-law and family  
My job  
Epiphany 17  
Bethel UMC (Caroline)  
My wife  
The un-churched  
Ron makes a good recovery from operation  
Shirley forgives  
Grandchildren appreciate each other  
Emily who is battling lung cancer  
Daughter & son-in-law's finances  
Daughter to find job  
Randy and for Deborah  
Peace in the world  
Mother's continued recovery from hip surgery

***Please give praises for:***

All God is doing in my life  
Emmaus -71  
Successful E-71  
Praise for my wonderful parents, Meem and Kong  
George's new job  
Praise for E-71 was awesome  
Praise-Fairview at River Club is a reality  
Salem UMC & having had 6 people walk and 2 whose applications have been submitted for the fall women's walk.  
E-71 what a blessing (Thank you, Thank you)  
Fairview at River Club Launch and outreach to the community  
After 5 years being diagnosed with ALS my dad is still going strong  
Thank you for all the prayers, agape and hard work to make FE-71 such a powerful experience. Asking for continued prayer in ministry direction.  
Praise and thanks for Mark Lawrence and his leadership of the community.

### Active Reunion Groups in the Fredericksburg Emmaus Community

#### SUNDAY

**Bethel UMC Men's Group** 7:30 am  
 Bethel UMC  
 Woodbridge  
 Brian Lewis 703-590-9343  
 bb3253@aol.com

**Interested in joining or starting a new reunion group?**

Call Sandy Crossley at 703-221-6977 or email her at [slcrossley13@msn.com](mailto:slcrossley13@msn.com)

#### TUESDAY

**Great Is Thy Faithfulness** 7:30 pm  
 Prince of Peace UMC  
 6299 Token Forest Drive  
 Manassas, VA  
 Lloyd Biller 703-590-1512

**Pastor's Weekly Meeting** 7:30 am  
 Call for location  
 Mark Dunn 540-786-4025

**Lakeside Reunion Group (Men)** 8:00 pm  
 Lake of the Woods – Call for location  
 Vic Larson 540-972-1928

#### WEDNESDAY

**Lord's Lions & Lambs Reunion Group** 6:30 pm  
 First Christian Church  
 Gary Staddan 540-373-7716  
[firstchristianchurch@verizon.net](mailto:firstchristianchurch@verizon.net)

#### THURSDAY

**Amazing Grace Reunion Group** 8:30 pm  
 Hillcrest UMC  
 Ed McAdam 540-898-3625  
[emcadam@cox.net](mailto:emcadam@cox.net)

**His Joyful Croakers** 9:00 am  
 Hillcrest UMC  
 June Riel 540-710-5949

(ALTERNATE THURSDAYS)  
**Rainbow Reunion Group (Women)** 10:00 am  
 Lake of the Woods – Call for location  
 Barbara Miller 540-972-7418

**His Seekers (Women)** 7:30 pm  
 Home of Jane Carwell – Woodbridge  
 Sandy Crossley 703-221-6977 or  
 Jane Carwell 703-969-4019 or email: [tjcarwell@yahoo.com](mailto:tjcarwell@yahoo.com)

#### FRIDAY

**Koinonia Women's Reunion Group** 9:00 am  
 Lake of the Woods – Call for location  
 Barbara Larson 540-972-1928

Upper Room Emmaus of the  
Greater Fredericksburg Area  
PO Box 42094  
Fredericksburg, VA 22404

NON-PROFIT ORG.  
U.S. POSTAGE PAID  
FREDERICKSBURG, VIRGINIA  
PERMIT NO. 347

**RETURN SERVICE REQUESTED**

**Check out our website!**

[www.fredwalk.org](http://www.fredwalk.org)

- Find Community, Board, Walk & Gathering information.
- Post prayer concerns & praises for all of the community to see.
- View and/or download the monthly Newsletter.

**Subscribe to our email list!**

Email: [listserv@list.fredwalk.org](mailto:listserv@list.fredwalk.org)

In the email body, type: *subscribe news*

- Receive the monthly Newsletter via email about a week before your copy arrives in the mail.
- Receive other information such as the final Pilgrim roster for each Walk.

**Help keep our mailing costs down!** Email: [webmaster@fredwalk.org](mailto:webmaster@fredwalk.org)

- Update any changes to your mailing address.
- Opt to just receive an email copy of the Newsletter in lieu of both the electronic & paper copy.

**Directions to First Christian Church:**

1501 Washington Avenue  
Fredericksburg, VA 22407  
Phone: 540-373-7716

From I-95: Take Exit 130-A heading East on Route 3 and follow under the Route 1 Overpass. Turn left at the next light onto William St. Continue on William thru three lights before turning left onto Washington Ave at the Old City & Confederate Cemetery. First Christian Church will be three blocks down on your right.