

# Upper Room Emmaus

## Of the Greater Fredericksburg Area

www.fredwalk.org

Vol. 3

March 2008

### UPCOMING EMMAUS WEEKENDS

<u>Walk #</u>	<u>Dates</u>	<u>Lay Director</u>
Emmaus 70 (M)	April 3 – 6, 2008	Dan Dietze
Emmaus 71 (F)	May 1 – 4, 2008	Rosemary Blankenship

### ***The next Gatherings***

*(Second Saturday of each month)*

Mar 8th .....Lake of the Woods  
Apr 12th .....Lake of the Woods

Fellowship 5:30-6:00 pm & 8:00–8:30 pm  
Gathering at 6:00 pm  
Chrysalis Steering Committee at 4:45 pm  
Board will meet at 3:30 pm

**Please bring snack food to share  
during fellowship time**

### ***4th Day committee members needed***

Your 4th Day Ministry meets monthly and has working groups that work planning and transformation issues for the Board. Please contact Dick Barnett at k4guj@aol.com if you are interested in serving on the committee.

### ***Help Wanted***

The Fredericksburg Emmaus Community is looking for a volunteer to fill the Childcare Coordinator position. If you are interested, please contact the Gathering Support Coordinator, Jane Carwell, at 703-969-4019 or tjarwell@yahoo.com. We appreciate your assistance!

### ***4<sup>th</sup> Day speakers wanted***

If you have a burning desire to share what the Walk to Emmaus has done for you, please contact me to schedule an opportunity to give a 4<sup>th</sup> day witness.

Mark A. Lawrence 540-373-1110 (w)  
mark@greatuncledad.com

## **Pilgrims are needed for the upcoming Men's Walk FE-70!**

Please see the inserted pilgrim application, pray about sponsorship and turn in the completed form right away to Dick Barnett at k4guj@aol.com  
***Go... Make Disciples (Matthew 28:19)***

### ***AGAPE BAGS... Sew Beautiful!***

Remember when you saw your agape bag for the first time? God filled that eye-catching bag with love letters just for you. Will you help make a pilgrim's walk special? You can buy brightly colored rainbow striped fabric, (check the craft section at your local fabric store or WalMart), cording, and bright shoelaces to donate. Or you can make agape bags; they are sew simple to make, (12" wide and 15" tall, please). Say "I'll help" by calling Diana Farrar at 540-372-7535 or email her at HRHDiana@juno.com

### ***Snack Agape Notice***

Please call Mike Shiflett at 540-371-5585 if you would like to arrange a pick up or drop off of snacks before FE #70.

## *Thoughts from the Community Lay Director...*

As I am writing this, it is February, Fredericksburg Emmaus 70 is halfway through the teaming process and the Fredericksburg Emmaus 71 ladies have had their first team meeting. The theme for Fredericksburg Emmaus 71 is "My grace is sufficient for you" from Second Corinthians 12:9. And He said to me, "My grace is sufficient for you, for My strength is made perfect in weakness." This is a great theme for an Emmaus walk as the primary purpose of Emmaus is to prepare us for a life lived in grace. The grace we receive cannot be purchased and it cannot be earned by us. It is a gift freely given.

This is also the way it is with the agape love and the new insight that you gain on an Emmaus walk. It is given to you as a free gift, generally you do not pay your sponsor back in anyway. In fact the only way that you can pay it back is by participating in the community as a volunteer, or sponsoring someone yourself. It is very much like a movie that came out a couple years ago called "Pay it Forward". The entire idea of the movie was to go and find someone to help that had no way that they could possibly pay you back. So the only way they could pay you back was to help someone else that could not pay them back, therefore paying it forward. According to the movie it caught on so well that the concept spread over many states and eventually came back to the young man who started it, and made a difference in the world in the process.

Now it is time for us to look around our churches and even neighboring churches that do not yet participate in the Emmaus community and for us to pay it forward by sponsoring someone new.

Many of us can relate to the apostle Paul in 2<sup>nd</sup> Corinthians. We may have a health issue or an emotional pain that we just feel we could function better if could get rid of this thing. But the Lord says, my grace is sufficient for you. When it comes time for you to minister his love and caring to someone, you can better understand their situation, because you have been there first. I see this time and again when listening to talks on an Emmaus team. The emotion and passion that comes from the speaker is born of experience and reaches out to the pilgrims and changes them forever.

Make sure that you support these upcoming walks in every way you can. Come to the gathering and send off the team, participate in candlelight and closing. They always need prayer, food and agape. If you feel called, pay it forward and sponsor someone too.

DeColores

Mark Lawrence

### ***There is a woman in the house!***

As we prepare for the upcoming men's walk E-70, the Board of Directors would like to inform the Community that Pastor Gail Dietze will be on the team as an Assistant Spiritual Director. This is in keeping with the Upper Room Emmaus model, which states that we should be intentional about having a Lady Spiritual Director on the men's walk and Male Spiritual Directors on the women's walks.

This is meant to be all inclusive of the various faith beliefs that we have with in the Greater Fredericksburg Area Emmaus Community. It has however come to our attention that this is contrary to the beliefs of some of our participating churches. We understand your position on this subject. It is the intention of the Board of Directors to make sure we have at least one all male team each year to accommodate your faith beliefs as well.

It is our prayer that we will show one another grace, tolerance and understanding for our differences, and concentrate on our common belief in our Savior and the forgiving power of Christ our Lord. Agape love is the driving power of this Emmaus community. We thank you for your continued support for this community as we strive to stay united, and still display the many colors of God's love.

De Colores, The Greater Fredericksburg Area Emmaus Board of Directors

### ***Attention all Volunteers***

Hurry, we need you! There are immediate openings available for you to use your talents for the glory of God! The Fredericksburg Emmaus Community is once again looking for volunteers. Remember the colored placemats that were at your table each mealtime that so touched your hearts? Volunteers did that! Remember the telephone call that you received asking if you were ready for your walk? Volunteers did that, along with the registrations, the database for the community, and countless other endeavors. In fact, the lion share of the work accomplished in this community and that made your weekend happen and made it so special is accomplished by volunteers. Now we need your help to ensure that the same blessing you received is passed on to those who follow after you. Recently the Fredericksburg Emmaus Board has received word from a number of our volunteers who expressed a desire to be replaced in their current positions. Some of these volunteers have been serving the community faithfully for five years or more and feel that it is time to share the wealth with others in need of a blessing. We appreciate the hard work and faithful service of these who have toiled for so long.

We wish to commend these who have served faithfully for so long without complaint; however, we realize that volunteering for so long can lead to burn out and apathy. Therefore, the board is currently exploring the possibility of setting term limit's on volunteer positions. At the very least we believe that we should survey these volunteer positions on an annual basis. Additionally, due to the details involved in some of these volunteer positions, the board feels that it would be prudent to have current volunteers mentor their future replacements over a period of time. This would also ensure that we have someone capable of filling the gap if one of our current volunteers should become ill or move without notice.

Accordingly, if you are one of our current volunteers the board would like to hear from you. Specifically, the board would like to know if you are satisfied with your position and if you are willing to continue on in your current position.

Moreover, we would like for each of you—whether remaining in your position or not—to become intentional about training someone else to fill your position. Finally, if you are currently not serving the community we ask that you prayerfully consider filling one of our many volunteer positions and notify the board of your intentions.

### ***The Next Generation: Being a Good Sponsor***

The strength of any Emmaus community is a direct result of that community's recruiting practices. If the community is committed to recruiting strong church leaders for the purpose of strengthening the local church, then the community will be a strong, vital force in the renewal movement. If, on the other hand, the Walk to Emmaus is looked upon as a hospital where every human ill can be cured, it will have a weakened effect on the entire community. Emmaus is designed to spiritually renew church members who, in turn, can Christianize their environments. The church is a vital part of this renewal effort. If strong church members are recruited to attend Emmaus Walks, the Emmaus community will provide authentic spiritual renewal.

The overriding purpose of Emmaus is to Christianize environments such as home, business, friendships, and churches. As people have an opportunity to consider the reorientation of their priorities, to experience the grace of God in a loving community, to be wooed by the Holy Spirit to be disciples, and to participate in a supportive group following the weekend, it is only natural that they will want to change the most important things in their lives according to this new experience of love.

There are several qualities in a Pilgrim that this expectation would suggest. First, the prospective Pilgrim should already be on a pilgrimage, willing to grow and move forward in his or her journey of faith. Second, the person should have a Christian orientation—no, a Christian fervor. The Pilgrim knows God can make and has made a difference in life. Third, the prospective Pilgrim is not so consumed by other situations that he or she will not be able to give full attention to the message and experience of the Walk to Emmaus during the seventy-two-hour experience and all the follow-up activities.

**Men's Emmaus #70 Team List**

Gary Adkins.....	Fairview Baptist.....	ATL, Reading
Art Blankenship.....	Fairview Baptist.....	ALD Sat, Priesthood of All Believers
Bob Bonshire.....	FUMC.....	ATL, Reading
Lake Cowart, Jr. ....	Melrose UMC.....	ALD Sun, Priorities
Dan Dietze.....	Salem UMC.....	WLD, Perseverance
Gail Deitze.....	Salem UMC.....	ASD, Justifying Grace
Tony Fortune.....	Shepherds UMC.....	ALD Fri, Body of Christ
Willie Guill.....	Hillcrest UMC.....	LSD, Means of Grace
Randy Harding.....	Melrose UMC.....	Agape Cha, Reading
Larry Jenkins.....	Melrose UMC.....	TL, Discipleship
Ron Jennings.....	Fairview Baptist.....	ATL, Reading
Mark Lawrence.....	Grace UMC – Hartwood.....	ALD Thu, Fourth Day, Reading
Bob Lewandowski.....	Rehoboth UMC.....	ASD, Obstacles to Grace
George Masten.....	Bethel UMC – Hanover.....	Music Team, Reading
Mark McDonald.....	Woodbridge Christian.....	TL, Music Team, Reading
Mike McDonald.....	Woodbridge Christian.....	Asst. Agape & Cha, Reading
William Mitchell.....	Stafford Crossing Community.....	ATL, Reading
Bill Moore.....	Melrose UMC.....	Cha Coordinator, Reading
Charlie Olivieri.....	Promise Land Praise & Worship.....	ASD, Prevenient Grace
Michael Selph.....	Bowling Green UMC.....	TL, Life in Piety, Reading
Bill Simpson.....	FUMC.....	TL, Reading
Ralph Thomas.....	Tower of Deliverance.....	ASD, Sanctifying Grace
Harry Tillman.....	Stafford Crossing Community.....	TL, Christian Action
Larry Tubbs.....	FUMC.....	TL, Growth Through Study, Reading
Bill Walker.....	Grace UMC – Hartwood.....	Music Dir, Changing our World. Reading
Roy Werner.....	Saint Matthias UMC.....	ATL, Reading
Ralph Williams.....	Fairview Baptist.....	ATL, Board Rep, Reading

**Men's Emmaus #70 Partial Pilgrim List\***

Bob Christian.....	FUMC
John Edgar.....	Salem UMC
Walker George.....	Chesterfield Baptist
Greg Sokolowski.....	New Hope UMC
Rob Williams.....	Bethel UMC



\*Please see our website ([www.fredwalk.org](http://www.fredwalk.org)) for an updated list

**Go.... Make Disciples (Matthew 28:19)**

<b>Schedule for Men's Emmaus #70</b>			
<b>Date</b>	<b>Time</b>	<b>Activity at Camp Happyland</b>	
Thur. 04/03/08	6:30 – 7:00 pm	Pilgrim check-in followed by Sponsor's Hour	
Sat. 04/05/08	7:30 pm	Candlelight – Community will gather for praise, Communion & fellowship. Please bring flowers for the team to use Sunday morning!	
Sun. 04/06/08	4:00 pm	Closing Service	

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***Please pray for:***

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Ruben Green, waiting for direction from our Lord as to my back problem.

Matt and Lisa that they will let the Lord lead them in the future decisions regarding spiritual matters.

Pilgrims for Fredericksburg Emmaus 70 and Fredericksburg Emmaus 71.

The unreached people groups around the world.

That God will send missionaries to take his gospel of salvation. That they too may be saved..

The President elect 2008.

A friend's grandson for their parents to be parents and for their family.

Doctor's appointment.

Jill and Lynne, Mark and Barry and Brian.

The Usher family their need for medical insurance and finances to take care of illness.

The Maratha church, for Mary for healing , for John Christopher.

Mom and Charlie, for Brenda to have peace and to lean on God.

My grandson Devon, that God's grace and mercy would be with him and keep him in his faith to finish his school in March.

Our new associate pastor.

The new church building.

A new job for Kitty. Prayer for the man's house to sell.

Hulon and Chris Hanson.

For the Lauer family, for George and Daphne that God opens new doors.

Me, a sinner, Daphne and George, the Lauers, the McDonald's, Gowers, Giannini's, Fredericksburg Emmaus 70, the Emmaus community, Epiphany number 17, and for God to shows me where he wants me and my son Charles.

Our sister Lori battling cancer, pray for comfort and healing. Son looking for job.

Daughter and husband looking for new job.

Wife's health, back problems.

Financial situations.

A friend struggling with drugs.

Those needing guidance while in college.

Friends to stay close to God. Money problems.

Keith Lauer, Roger Goldsberry, his wife Barbara, George, Kathy's job.

God's protection for my family and God's Holy Spirit leading.

Our young people and their mates.

Healing of my marriage.

To know God's direction for my life.

A permanent job where my husband can retire.

Kathy Neiswander.

Issues that are going on at work, God will need to fight the battle and I need to let him.

John and Mildred Balles, continued good health.

Peace for Kitty.

Elderly neighbors fill and Alice who are dealing with health issues.

Kathy and her health issues.

Alan, Elizabeth, Jessica and Emily to receive Jesus into their hearts.

Salvation for Ryan, Blake, Richard, Terry, Kevin and Joyce.

Brother Glen that the Lord finds a way to enter his life in a stronger way.

Gavin Charlie who are separated.

Wellness business will grow and prosper.

Bill and Peggy Clark, and shepherds youths.

Chris and Nancy Fortune.

For difficult job situation, and possible job change.

Brenda, our daughter moving to Japan.

Our finances, thank you Jesus for supplying all our needs according to your riches in glory.

My school work and that I may persevere and finish this program.

Reconciliation of families. Pray for Carolyn with breast cancer.

The teams of EE 70 and E71.

The hungry and the homeless.

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***Please give praises for:***

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I thank God for his favor and continued blessing in my life and that of my family.

Praise the Lord for my healing for he is wonderful! Derek Sharp.

Thank you Jesus for healing my husband and raising him from the dead.

Praise God for easing me out of my comfort zone so I can experience amazing new things.

Praise God for continued good health.

Praise for God's love going through George's job loss.

For mom and Charlie praise moving to a safer place to live.

## Community Volunteers & Board of Directors

**Community Lay Director**..... **Mark Lawrence\***  
Lead Gatherings & Candlelight, Host Weekend Sponsors' Hour/Closing, Chair Emmaus Board &  
Assign Nominating Committee Coordinator

**Assistant Community Lay Director** ..... **Ralph Williams\***  
Gathering Location Coordinator & Chair Pilgrim/Team Selection Committee

**Community Spiritual Director** ..... **Jim Muhlenkamp\***  
Board Spiritual Director ..... **Rick Dillard\***  
Board Spiritual Director ..... **Ralph Thomas\***

**Treasurer** ..... **Sandra Coney\***

**Secretary** ..... **Sandie Makely\***  
Manuals Coordinator..... **Becky Thode\***  
Records/By-Laws Historian ..... **Sandie Makely**

**Communications Coordinator** ..... **Vacant**  
Website Administrator ..... **John Mann**  
Newsletter..... **Brooke Ferguson**  
Database Coordinator..... **Bill Moore**  
Team Registrar ..... **Barbara Simpson**  
Pilgrim Registrars ..... **Pat & Dick Barnett**

**Gathering Support Coordinator** ..... **Jane Carwell**  
Community Music Director..... **Lola McDonald**  
Community Baker..... **Kitti Mann**  
Childcare Coordinator..... **Vacant**  
Music Coordinator for Gatherings..... **Lola McDonald**  
Music Equipment Coordinator ..... **Steve Makely\***

**Weekend Support Coordinator** ..... **Brian Lewis**  
Comm. Cha Coordinator ..... **Richard Warner**  
General Agape Coordinator..... **Monica Warne**  
Prayer Vigil Coordinators ..... **Jane Carwell**  
Placemat Coordinator..... **Margaret Filler**  
Snack Agape Coordinator ..... **Mike Shiflett**  
Agape Bag Coordinator..... **Diana Farrar**  
Transportation Coordinator ..... **Mo Moses**  
Supplies Coordinator..... **Mike & Terry Cook**  
Name Badge Coordinator..... **Dave Olds**  
Fourth Day Packets ..... **Rick and Susan Dillard**  
Fourth Day Coordinator ..... **Dick Barnett**  
Reunion Group Coordinator..... **Sandy Crossley**

**\*Board Members** (Serving on the Board July 1, 2007- June 30, 2008)  
**Donna Devericks\*** **Marcy Liepelt\*** **Tony Fortune\***  
**Wilfred Usher\*** **Bill Walker\***

## Active Reunion Groups in the Fredericksburg Emmaus Community

### SUNDAY

**Bethel UMC Men's Group** 7:30 am  
 Bethel UMC  
 Woodbridge  
 Brian Lewis 703-590-9343  
 bb3253@aol.com

**Interested in joining or starting a new reunion group?**

Call Sandy Crossley at 703-221-6977 or email her at [slcrossley13@msn.com](mailto:slcrossley13@msn.com)

### TUESDAY

**Great Is Thy Faithfulness** 7:30 pm  
 Prince of Peace UMC  
 6299 Token Forest Drive  
 Manassas, VA  
 Lloyd Biller 703-590-1512

**Pastor's Weekly Meeting** 7:30 am  
 Call for location  
 Mark Dunn 540-786-4025

**Lakeside Reunion Group (Men)** 8:00 pm  
 Lake of the Woods – Call for location  
 Vic Larson 540-972-1928

### WEDNESDAY

**Lord's Lions & Lambs Reunion Group** 6:30 pm  
 First Christian Church  
 Gary Staddan 540-373-7716  
[firstchristianchurch@verizon.net](mailto:firstchristianchurch@verizon.net)

### THURSDAY

**Amazing Grace Reunion Group** 8:30 pm  
 Hillcrest UMC  
 Ed McAdam 540-898-3625  
[emcadam@cox.net](mailto:emcadam@cox.net)

**His Joyful Croakers** 9:00 am  
 Hillcrest UMC  
 June Riel 540-710-5949

(ALTERNATE THURSDAYS)  
**Rainbow Reunion Group (Women)** 10:00 am  
 Lake of the Woods – Call for location  
 Barbara Miller 540-972-7418

**His Seekers (Women)** 7:30 pm  
 Home of Jane Carwell – Woodbridge  
 Sandy Crossley 703-221-6977 or  
 Jane Carwell 703-969-4019 or email: [tjcarwell@yahoo.com](mailto:tjcarwell@yahoo.com)

### FRIDAY

**Koinonia Women's Reunion Group** 9:00 am  
 Lake of the Woods – Call for location  
 Barbara Larson 540-972-1928

Upper Room Emmaus of the  
Greater Fredericksburg Area  
PO Box 42094  
Fredericksburg, VA 22404

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**RETURN SERVICE REQUESTED**

**Directions to Camp Happyland:**

21457 Happyland Drive  
Richardsville, VA 22736

From Central Park in Fburg: Drive 7.5 miles west on Route 3. Turn right (North) on Route 610, Elys Ford Road. Drive 9 miles north on Route 610. Just prior to the green Richardsville sign, turn right (East) on Route 619, Richards Ferry Road. Drive 1.3 miles to Happyland Drive. You will see a large Camp Happyland sign on the right side of the road. Turn right into the Camp and proceed to the parking area. Total distance from Central Park is about 18 miles.

**Directions to Lake of the Woods Church:**

One Church Lane  
Locust Grove, VA 22508

The Lake of the Woods church is located approximately 15 miles west of Fredericksburg and 15 miles east of Culpeper off Route 3. Enter Lake of the Woods, (across from Burger King), and tell the guard at the gate you are attending LOW Church. Turn left inside the gate on Lakeview Parkway. Travel for 2.4 miles until you see the sign at Church Lane, then turn left.