

# Upper Room Emmaus

## Of the Greater Fredericksburg Area

www.fredwalk.org

Vol. 2

February 2008

### UPCOMING EMMAUS WEEKENDS

<u>Walk #</u>	<u>Dates</u>	<u>Lay Director</u>
Emmaus 70 (M)	April 3 – 6, 2008	Dan Dietze
Emmaus 71 (F)	May 1 – 4, 2008	Rosemary Blankenship

#### ***The next Gatherings***

*(Second Saturday of each month)*

Feb 9th .....Tabernacle UMC  
Mar 8th .....Lake of the Woods  
Apr 12th .....Lake of the Woods

Fellowship 5:30-6:00 pm & 8:00–8:30 pm  
Gathering at 6:00 pm  
Chrysalis Steering Committee at 4:45 pm  
Board will meet at 3:30 pm

***Please bring snack food to share during fellowship time***

#### ***Are you interested in teaming?***

Please submit your application now if you would like to team any time within the next two years. You will no longer need to submit your application after each walk, but you need to give us a fresh application NOW or whenever you are ready to be considered for a team.

Please download a new application off our website, ([www.fredwalk.org](http://www.fredwalk.org)) or see Mark Lawrence at the next gathering.

#### ***4<sup>th</sup> Day speakers wanted***

If you have a burning desire to share what the Walk to Emmaus has done for you, please contact me to schedule an opportunity to give a 4<sup>th</sup> day witness.

Mark A. Lawrence 540-373-1110 (w)  
[mark@greatuncledad.com](mailto:mark@greatuncledad.com)

#### ***4<sup>th</sup> Day committee members needed***

Your 4th Day Ministry meets monthly and has working groups that work planning and transformation issues for the Board. Please contact Dick Barnett at [k4guj@aol.com](mailto:k4guj@aol.com) if you are interested in serving on the committee.

#### ***There is a woman in the house!***

As we prepare for the upcoming men's walk E-70, the Board of Directors would like to inform the Community that Pastor Gail Dietze will be on the team as an Assistant Spiritual Director. This is in keeping with the Upper Room Emmaus model, which states that we should be intentional about having a Lady Spiritual Director on the men's walk and Male Spiritual Directors on the women's walks.

This is meant to be all inclusive of the various faith beliefs that we have with in the Greater Fredericksburg Area Emmaus Community. It has however come to our attention that this is contrary to the beliefs of some of our participating churches. We understand your position on this subject. It is the intention of the Board of Directors to make sure we have at least one all male team each year to accommodate your faith beliefs as well.

It is our prayer that we will show one another grace, tolerance and understanding for our differences, and concentrate on our common belief in our Savior and the forgiving power of Christ our Lord. Agape love is the driving power of this Emmaus community. We thank you for your continued support for this community as we strive to stay united, and still display the many colors of God's love.

De Colores, The Greater Fredericksburg Area Emmaus Board of Directors

### *Thoughts from the Community Lay Director...*

John 15:5 NKJ<sup>5</sup> “I am the vine, you *are* the branches. He who abides in Me, and I in him, bears much fruit; for without Me you can do nothing.<sup>6</sup> If anyone does not abide in Me, he is cast out as a branch and is withered; and they gather them and throw *them* into the fire, and they are burned.<sup>7</sup> If you abide in Me, and My words abide in you, you<sup>2</sup> will ask what you desire, and it shall be done for you.<sup>8</sup> By this My Father is glorified, that you bear much fruit; so you will be My disciples.<sup>1</sup>

Teaming has begun for the next men’s walk Fredericksburg Emmaus E-70. The theme for the walk is “Go make disciples” from Matthew chapter 28:19. During the first team meeting, the sharing question that was asked of the team was, “How do you make disciples?” This was a hard question, which required some thought and self-examination. What was interesting in the answers that were given by several of the men was that they mention their service to Emmaus as one of the means in which they helped make disciples.

This was fitting, as we look at the purpose of Emmaus to build up church leadership and to strengthen the local church. This is exactly what we are called to do, is to make disciples, to strengthen the followers of Christ. As we look ahead to the coming walks in this Emmaus community, as we think about those that we feel led to sponsor as pilgrims. As we pray about service on a team, this should be one of the things that is on our mind. Are we one of the branches attached and growing through Christ? How are we making disciples?

The American Heritage dictionary shows one definition of disciple(s) this way: The followers of Jesus, who adhered to his teaching and transmitted it to others. The Twelve Apostles were the disciples closest to Jesus.

I have been shown many times that a person cannot give away that which he does not possess himself. It is pretty tough to disciple someone if you are not a disciple yourself. So, this causes us to ask ourselves, are we followers of Christ?

Do we know and understand Christ ourselves? Are we reflecting the One whom we profess to follow? Are we transmitting His teaching to others? As you read the Bible, it becomes obvious that this is our calling. This is what we are called to do as the followers of Jesus, and not just at Emmaus, but also at our jobs or workplace, our churches and in our home. I understand that there are days that we do this better than others. Some days I wish people didn’t even know my name, let alone that I profess to be a Christian, because I was very much in the flesh that day.

So as you consider your participation in the Emmaus community, whether it be as a sponsor, as a team member or as background support, I encourage you to ask yourself, “Why are you doing this?” And don’t be too hard on yourself. If the Holy Spirit has put it in you to serve, rejoice. It is a wonderful thing to be part of God’s plan. To reflect the love of Christ to others that may not have seen that side of Christianity for a while, if ever. In doing so you may not only change a person, but also change the world!

Recently I saw a book and film being promoted whose title was, “Lord, save us from your followers,” a documentary By Dan Merchant. You might be offended by the title but it is highly recommended by many church leaders. Did you know that according to recent polls, most people, (something like 90% of Americans), have a very positive view of Jesus Christ? Yet about half of them have a very negative view of church and church going people. There is something wrong with that! Church attendees are often seen as obnoxious, pushy hypocrites. A good example of this was one church that “evangelized” by walking on a public beach with bullhorns telling people to repent of their wicked ways on Saturday and Sunday afternoon. How many people do you think they converted to Christ with that tactic? The drawing power of Jesus is His agape love, and forgiving grace. This is what draws people to Emmaus. This is what causes people to want to know what you have and how did you get it.

Christ is depending on you! De Colores!

<sup>1</sup>The New King James Version. 1996, c1982 (Jn 15:5-8). Nashville: Thomas Nelson.

***Please pray for:***

My husband to walk on Fredericksburg Emmaus 70, my husband's job situation.

E70 and 71, pray for Epiphany 17.

The changes happening in our church this year.

Comfort for Daphne and George after the death of her sister Joyce.

Marc, direction & guidance and perseverance, for our youth & God's grace manifesting itself through them.

Gene, that he find peace and comfort in his life, For Meem that she knows how much I love her, and for Healing for Peggy Nielsen.

God's wisdom and financial matters.

Jill and Lynn for Barry Mark and Brian and for our mission teams.

Healing for Allen and prayers that he invites Jesus into his heart, Elizabeth and Jess to accept Jesus.

Christina Sokolowski, thyroid cancer.

Phyllis' daughter and husband

A daughter for asthma

My daughter that she will find a job in her field.

My husband John, that his job will get better.

Salvation of all family members and relatives.

Salvation for all homeless persons of this area.

Loretta Goss, healing from surgery, our marriage.

Anger and teenage issues.

Mike and Anne-Marie Tipton in the early stages of adoption process.

Mary Kaminsky, Ethel Huff, Rose Henderson, Francis and Lauer family.

Family reconciliation.

My daughter needs to know that God exists.

My husband's health problems.

Prayers for daughter's family situation

Spirit and health of this Emmaus community.

Prayer for grandchildren.

Prayers for good health.

Brian Chadwick, who is in prison he is supposed to get out January 23.

Jim and Courtney to be able to attend an Emmaus.

Jim and Mildred, health situation.

Lee-Ella, Hulon and Margerie.

The Lauers, E70, the Dietze's, Me a Sinner, the Gower family, Bethel United Methodist Church in Hanover, Daphne and George, Andy, Summer, Haley, my son Charles, my job, the unchurched and churched, Hanover Epiphany, Otto, Susan, Ned an Ellen.

People with agendas, will become aware it is about God, not them.

Daughter's asthma problems.

Prayers for guidance about starting a new business.

Mother-in-law's health.

Jack as he recovers from prostate cancer surgery, pray for Glenn.

Health, pray for my college school and help me stay focused.

Pray that we follow his will and not our will.

Pray for Fredericksburg Emmaus 70, pray for our children, pray for the pilgrims at E70.

Terry and Carmen who lost all in the Illinois floods.

Holly for a car and a job.

Chris cancer treatments.

Mom and husband flooded in Illinois.

Son and hope that his safety and health is good.

Coworker's daughter Amber.

Family relationships.

My mommy and daddy.

Healing for shoulder, spiritual healing, healing from stroke, relationships.

Our three sons.

Those who have Alzheimer's, and their caregivers.

Prayers for our dad with cancer.

***Please give praises for:***

The people God has put in my life.

I am grateful for my new job.

Glasses were not damaged this afternoon.

Give thanks for my wonderful family.

The way God has worked in my life.

In praise of my daughter's boyfriend survived Iraq for one year.

## Community Volunteers & Board of Directors

**Community Lay Director**..... **Mark Lawrence\***  
Lead Gatherings & Candlelight, Host Weekend Sponsors' Hour/Closing, Chair Emmaus Board &  
Assign Nominating Committee Coordinator

**Assistant Community Lay Director** ..... **Ralph Williams\***  
Gathering Location Coordinator & Chair Pilgrim/Team Selection Committee

**Community Spiritual Director** ..... **Jim Muhlenkamp\***  
Board Spiritual Director ..... **Rick Dillard\***  
Board Spiritual Director ..... **Ralph Thomas\***

**Treasurer** ..... **Sandra Coney\***

**Secretary** ..... **Sandie Makely\***  
Manuals Coordinator..... **Gene Philipp**  
Records/By-Laws Historian ..... **Sandie Makely**

**Communications Coordinator** ..... **Vacant**  
Website Administrator ..... **John Mann**  
Newsletter..... **Brooke Ferguson**  
Database Coordinator..... **Bill Moore**  
Team Registrar ..... **Barbara Simpson**  
Pilgrim Registrars ..... **Pat & Dick Barnett**

**Gathering Support Coordinator** ..... **Jane Carwell**  
Community Music Director..... **Lola McDonald**  
Community Baker..... **Kitti Mann**  
Childcare Coordinator..... **Vacant**  
Music Coordinator for Gatherings..... **Lola McDonald**  
Music Equipment Coordinator ..... **Steve Makely\***

**Weekend Support Coordinator** ..... **Brian Lewis**  
Comm. Cha Coordinator ..... **Richard Warner**  
General Agape Coordinator..... **Monica Warne**  
Prayer Vigil Coordinators ..... **Jane Carwell**  
Placemat Coordinator..... **Margaret Filler**  
Snack Agape Coordinator ..... **Mike Shiflett**  
Agape Bag Coordinator..... **Diana Farrar**  
Transportation Coordinator ..... **Mo Moses**  
Supplies Coordinator..... **Mike & Terry Cook**  
Name Badge Coordinator..... **Dave Olds**  
Fourth Day Packets..... **Rick and Susan Dillard**  
Fourth Day Coordinator ..... **Dick Barnett**  
Reunion Group Coordinator..... **Sandy Crossley**

**\*Board Members**

(Serving on the Board July 1, 2007- June 30, 2008)

**Sharon Smith\***      **Donna Devericks\***      **Marcy Liepelt\***      **Becky Thode\***  
**Tony Fortune\***      **Wilfred Usher\***      **Bill Walker\***

### Help Wanted

The Fredericksburg  
Emmaus Community is  
looking for a volunteer to  
fill the Childcare  
Coordinator position. If  
you are interested, please  
contact the Gathering  
Support Coordinator, Jane  
Carwell, at 703-969-4019  
or email her at  
tjcarwell@yahoo.com  
We appreciate your  
assistance!

## Active Reunion Groups in the Fredericksburg Emmaus Community

### SUNDAY

**Bethel UMC Men's Group** 7:30 am  
 Bethel UMC  
 Woodbridge  
 Brian Lewis 703-590-9343  
 bb3253@aol.com

**Interested in joining or starting a new reunion group?**

Call Sandy Crossley at 703-221-6977 or email her at [slcrossley13@msn.com](mailto:slcrossley13@msn.com)

### TUESDAY

**Great Is Thy Faithfulness** 7:30 pm  
 Prince of Peace UMC  
 6299 Token Forest Drive  
 Manassas, VA  
 Lloyd Biller 703-590-1512

**Pastor's Weekly Meeting** 7:30 am  
 Call for location  
 Mark Dunn 540-786-4025

**Lakeside Reunion Group (Men)** 8:00 pm  
 Lake of the Woods – Call for location  
 Vic Larson 540-972-1928

### WEDNESDAY

**Lord's Lions & Lambs Reunion Group** 6:30 pm  
 First Christian Church  
 Gary Staddan 540-373-7716  
[firstchristianchurch@verizon.net](mailto:firstchristianchurch@verizon.net)

### THURSDAY

**Amazing Grace Reunion Group** 8:30 pm  
 Hillcrest UMC  
 Ed McAdam 540-898-3625  
[emcadam@cox.net](mailto:emcadam@cox.net)

**His Joyful Croakers** 9:00 am  
 Hillcrest UMC  
 June Riel 540-710-5949

(ALTERNATE THURSDAYS)  
**Rainbow Reunion Group (Women)** 10:00 am  
 Lake of the Woods – Call for location  
 Barbara Miller 540-972-7418

**His Seekers (Women)** 7:30 pm  
 Home of Jane Carwell – Woodbridge  
 Sandy Crossley 703-221-6977 or  
 Jane Carwell 703-969-4019 or email: [tjcarwell@yahoo.com](mailto:tjcarwell@yahoo.com)

### FRIDAY

**Koinonia Women's Reunion Group** 9:00 am  
 Lake of the Woods – Call for location  
 Barbara Larson 540-972-1928

Upper Room Emmaus of the  
Greater Fredericksburg Area  
PO Box 42094  
Fredericksburg, VA 22404

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**RETURN SERVICE REQUESTED**

**Check out our website!**

[www.fredwalk.org](http://www.fredwalk.org)

- Find Community, Board, Walk & Gathering information.
- Post prayer concerns & praises for all of the community to see.
- View and/or download the monthly Newsletter.

**Subscribe to our email list!**

Email: [listserv@list.fredwalk.org](mailto:listserv@list.fredwalk.org)

In the email body, type: *subscribe news*

- Receive the monthly Newsletter via email about a week before your copy arrives in the mail.
- Receive other information such as the final Pilgrim roster for each Walk.

**Help keep our mailing costs down!** Email: [webmaster@fredwalk.org](mailto:webmaster@fredwalk.org)

- Update any changes to your mailing address.
- Opt to just receive an email copy of the Newsletter in lieu of both the electronic & paper copy.

Directions to Tabernacle UMC:

7310A Old Plank Road  
Fredericksburg, VA 22407  
(540) 786-6162

From Fredericksburg: Take Route 3 West to left onto Route 626 (Andora Drive). Go to the stop sign and take a right onto Old Plank Rd. Tabernacle is about 100 yards on the left.