

# Upper Room Emmaus

## Of the Greater Fredericksburg Area

www.fredwalk.org

Vol. 1

January 2008

### UPCOMING EMMAUS WEEKENDS

<u>Walk #</u>	<u>Dates</u>	<u>Lay Director</u>
Emmaus 70 (M)	April 3 – 6, 2008	Dan Dietze
Emmaus 71 (F)	May 1 – 4, 2008	Rosemary Blankenship

### *The next Gatherings* (Second Saturday of each month)

Jan 12th .....Tabernacle UMC  
Feb 9th .....Tabernacle UMC  
Mar 8th .....Lake of the Woods  
Apr 12th .....Lake of the Woods

Fellowship 5:30-6:00 pm & 8:00-8:30 pm  
Gathering at 6:00 pm  
Chrysalis Steering Committee at 4:45 pm  
Board will meet at 3:30 pm

**Please bring snack food to share during  
fellowship time**

If you think you want to team any time in the next two years, we want to hear from you. Please submit your application now. You will no longer need to submit your application after each walk, but you need to give us a fresh application NOW or whenever you are ready to be considered for a team.

You can download a new application off the web site at [www.fredwalk.org](http://www.fredwalk.org) or see Mark Lawrence at the next gathering.

### Fourth Day Follow-Up Meeting (DDU)

There will be a Fourth Day Follow-Up meeting held at Fairview Baptist Church on January 19, 2008 at 9:30 a.m. going to 12 p.m. This meeting will serve in place of what we formerly called the Day of Deeper Understanding. There will be light refreshments served. Anyone who attended Fredericksburg Emmaus walks 68 and 69 are invited to attend and are encouraged to attend if they would like to sponsor or team any time in the future. This meeting is also open to anyone who would like to gain a better understanding of sponsorship or the team selection process, especially those who may have attended the Day of Deeper Understanding that was combined with the gathering over the past two years.

Your 4th Day Ministry is looking for a few more members to serve on our committee. We meet monthly and have working groups that work planning and transformation issues for the Board. Please contact Dick Barnett at [k4guj@aol.com](mailto:k4guj@aol.com) if you are interested.  
De Colores!

## *Thoughts from the Community Lay Director...*

This is the time of the year when I reflect on the past year and look forward to the new. I don't believe in New Years resolutions, but some healthy reflection helps put things in perspective.

This past year has seen many changes, and many things that have stayed the same, but all in all I think we made many positive gains in the Community. There are a couple places we need to adjust such as the training I mentioned in last months letter. If the membership better understands the way the community works the better we will be able to do what we do.

This thing we call Emmaus has deeply touched the Fredericksburg area. I hear of lives that have been positively changed almost every day. It is this encouraging word that gives me strength and motivation to go on in spite of obstacles and problems that arise. I was explaining to an acquaintance one time what the Emmaus Community was and how it was made up and what we do. Their only comment was that they were amazed that so many different churches and denominations were able to get along and cooperate with one another to work together.

Indeed this has become one of our greatest victories and is our greatest challenge as we forge into the new year. It is only with God's grace and love and mercy that we will continue to make this Community work. We **MUST** remember that this is the body of CHRIST! This is God's Community, God's walk, God's weekend, God's body, God's music, God's Team.

We get in trouble when one person uses the words, I, my, and mine. When it becomes about you instead of the good of the Community we are in trouble. There is no room in our leadership for anyone that puts their own agenda or need for attention ahead of the needs of the Community.

A community is like a choir or an orchestra. As long as everyone follows the music and the conductor they do something wonderful. If one person decides to not follow the conductor, and do their own thing, and draw attention to themselves, they can throw the whole group off.

On a small scale we see this at a gathering or a candlelight service. If the music people arrive late or play too many songs, or a speaker does not follow guidelines or a pastor runs too long on communion devotion, any one of these things can throw a service off and mess up a schedule. Yet if every one does their job and follows their individual guidelines we can see a service well executed and the Holy Spirit still has room to work and move on all of the participants. The same thing is true on the grand scale of an entire walk or the whole Community.

The apostle Paul makes this illustration in 1 Corinthians chapter 12. From the Amplified Bible...

11 All these [gifts, achievements, abilities] are inspired and brought to pass by one and the same [Holy] Spirit, Who apportions to each person individually [exactly] as He chooses.

12 For just as the body is a unity and yet has many parts, and all the parts, though many, form [only] one body, so it is with Christ (the Messiah, the Anointed One).

13 For by [[d]means of the personal agency of] one [Holy] Spirit we were all, whether Jews or Greeks, slaves or free, baptized [and [e]by baptism united together] into one body, and all made to drink of one [Holy] Spirit.

14 For the body does not consist of one limb or organ but of many.

15 If the foot should say, because I am not the hand, I do not belong to the body, would it be therefore not [a part] of the body?

16 If the ear should say, because I am not the eye, I do not belong to the body, would it be therefore not [a part] of the body?

17 If the whole body were an eye, where [would be the sense of] hearing? If the whole body were an ear, where [would be the sense of] smell?

18 But as it is, God has placed and arranged the limbs and organs in the body, each [particular one] of them, just as He wished and saw fit and with the best adaptation.

19 But if [the whole] were all a single organ, where would the body be?

20 And now there are [certainly] many limbs and organs, but a single body.

21 And the eye is not able to say to the hand, I have no need of you, nor again the head to the feet, I have no need of you.

Can the eye say to the hand I have no need of you???? Can we say to one another, in this body of Christ, I am more important than you?? Do my needs or wants out weigh yours?

Again we have this reminder in Romans 12:3 For I say, through the grace given unto me, to every man that is among you, not to think of himself more highly than he ought to think; but to think soberly, according as God hath dealt to every man the measure of faith.

Ponder these things as we enter into the coming year. We do not know what the year holds, but we should be willing to give one another grace, love and mercy as Christ has given it unto each one of us.

DeColores  
Mark Lawrence

### ***4<sup>th</sup> Day Speakers Wanted***

If you have a burning desire to share what the Walk to Emmaus has done for you, please contact me to schedule an opportunity to give a 4<sup>th</sup> day witness.

Mark A. Lawrence  
mark@greatuncledad.com  
540-373-1110 (work)

### **Help Wanted**

The Fredericksburg Emmaus Community is looking for a volunteer to fill the Childcare Coordinator position. If you are interested, please contact the Gathering Support Coordinator, Jane Carwell, at 703-969-4019 or email her at [tjcarwell@yahoo.com](mailto:tjcarwell@yahoo.com)  
We appreciate your assistance!

### **Please give praises for...**

Blessing on a new home and land.

Robbi's full restoration.

Abundant and overflowing blessing.

God for all I am and can be and for his mercy, grace, and love of all.

God's Blessings in regard to debt.

Thanks for Mom and Dad-in-law helping with kids in a pinch.

My wonderful life with God.

God's leading on the Emmaus walk for the leaders and the pilgrims! WOW! Wow, wow, wow....!

God's divine favor has been outstanding.

God for His many blessings.

Our Lord who never ceases to bless us with His love.

My life even through the toughest of trials.

Derek Sharp's healing and out of the hospital!

The body of God putting their hand to the plow.

Thank you Jesus and my Emmaus Community for my healing and restoration. God is truly a loving Father. Derek Sharp

My new job at GMW.

Healing for relationships.

Faithfulness and hard work of the Emmaus music team.

My new son and daughter-in-law having their first child.

I give thanks for Linda, our kids, and our grandbaby.

Thank you, Jesus.

## Please pray for:

A housing situation for Anthony & the Marcais family.

That God would lift the feelings of guilt.

For restoration, for our young people, for relationships between our youth and adults.

Jan and Doug.

A new job.

Needed prayer for healing and health.

This Emmaus community.

All God's children. Pray for peace filled new year.

The Griffin family, Lopez family and Castillo family.

The Usher family.

Continued healing for Derek Sharp

Finances.

My family and His blessing while I'm in Kenya.

Marriage, neck pain and sleep.

Danniel & for relationships.

Resolution in a beach house issue. Pray for Tammy, Joshua and Hunter as they struggle through hard times. Pray for Alfred and Annie for their salvation. Pray for our servicemen in Iraq.

Those who suffer from after baby depression.

Three sons who are not serious about their faith and underestimate God.

A relative who has mental issues.

An aunt with Alzheimer's.

An uncle who is hospitalized and will now enter a nursing home.

Those practicing homosexuality.

Our friends with breast cancer.

Rifts that occur in churches.

Will for a job in school, Warren and Jeannette for stability and peace, William for insight and wisdom, and Chris for strength.

God to put enamel on Lee Ella's teeth, bless my son and daughter-in-law to repair their marriage.

Steve, whose wife has passed, Carmen for health and Holly for peace Dawn for comfort from sorrow.

Lee Ella, pray for Ralph and Sandy.

My worker compensation claim to be approved.

Jill, Lynn, Berry, Mark and Brian for salvation.

Mark Lewis recovering from shoulder surgery. Pray for the Emmaus board and pray for the upcoming walks E70 and he E71.

Help Tais and Teresa they are in a foreign country prayer requests for a whole and food in the USA Bible. Jesus Christ, God bless you with a mommy and daddy warm close and for some people I could not name them all. God bless you, submitted by one of our younger members.

Continued prayer for the launch of the River club site at Fairview Baptist Church.

Wellness business will continue to grow and prosper Marcy Liepelt's health, Deb and Charlie

Daughter's marriage, healing for families.

Tiffany, a GEICO supervisor for work, all that correcting with people at church choir and praise teaming.

Healing of relationships and strength in the need for a reunion group.

Our families for a cloak of protection from the evil that is surrounding color beach house & for surgery.

Healing for relationships.

Dawn, healing, Beatrice and Kevin healing and guidance, Sharon healing.

My son Charles, Bethel United Methodist Church, Caroline for Becky and Mike and family for Meg Allam, my job, me a sinner, Daphne, Keith, Jane, Chuck, Andy, Summer, Haley, Justin, Anita, Matthew, Alex, Epiphany 17 and the Emmaus community

Solidarity and purpose for our church families and to stand strong.

## Community Volunteers & Board of Directors

**Community Lay Director**..... **Mark Lawrence\***  
Lead Gatherings & Candlelight, Host Weekend Sponsors' Hour/Closing, Chair Emmaus Board &  
Assign Nominating Committee Coordinator

**Assistant Community Lay Director** ..... **Ralph Williams\***  
Gathering Location Coordinator & Chair Pilgrim/Team Selection Committee

**Community Spiritual Director** ..... **Jim Muhlenkamp\***  
Board Spiritual Director ..... **Rick Dillard\***  
Board Spiritual Director ..... **Ralph Thomas\***

**Treasurer** ..... **Sandra Coney\***

**Secretary** ..... **Sandie Makely\***  
Manuals Coordinator..... **Gene Philipp**  
Records/By-Laws Historian ..... **Sandie Makely**

**Communications Coordinator** ..... **Vacant**  
Website Administrator ..... **John Mann**  
Newsletter..... **Brooke Ferguson**  
Database Coordinator..... **Bill Moore**  
Team Registrar ..... **Barbara Simpson**  
Pilgrim Registrars ..... **Pat & Dick Barnett**

**Gathering Support Coordinator** ..... **Jane Carwell**  
Community Music Director..... **Lola McDonald**  
Community Baker..... **Kitti Mann**  
Childcare Coordinator..... **Vacant**  
Music Coordinator for Gatherings..... **Lola McDonald**  
Music Equipment Coordinator ..... **Steve Makely\***

**Weekend Support Coordinator** ..... **Brian Lewis**  
Comm. Cha Coordinator ..... **Richard Warner**  
General Agape Coordinator..... **Monica Warne**  
Prayer Vigil Coordinators ..... **Jane Carwell**  
Placemat Coordinator..... **Margaret Filler**  
Snack Agape Coordinator ..... **Mike Shiflett**  
Agape Bag Coordinator..... **Diana Farrar**  
Transportation Coordinator ..... **Mo Moses**  
Supplies Coordinator..... **Mike & Terry Cook**  
Name Badge Coordinator..... **Dave Olds**  
Fourth Day Packets..... **Rick and Susan Dillard**  
Fourth Day Coordinator ..... **Dick Barnett**  
Reunion Group Coordinator..... **Sandy Crossley**

**\*Board Members**

(Serving on the Board July 1, 2007- June 30, 2008)

**Sharon Smith\***      **Donna Devericks\***      **Marcy Liepelt\***      **Becky Thode\***  
**Tony Fortune\***      **Wilfred Usher\***      **Bill Walker\***

Upper Room Emmaus of the  
Greater Fredericksburg Area  
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Fredericksburg, VA 22404

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**Check out our website!**

[www.fredwalk.org](http://www.fredwalk.org)

- Find Community, Board, Walk & Gathering information.
- Post prayer concerns & praises for all of the community to see.
- View and/or download the monthly Newsletter.

**Subscribe to our email list!**

Email: [listserv@list.fredwalk.org](mailto:listserv@list.fredwalk.org)

In the email body, type: *subscribe news*

- Receive the monthly Newsletter via email about a week before your copy arrives in the mail.
- Receive other information such as the final Pilgrim roster for each Walk.

**Help keep our mailing costs down!** Email: [webmaster@fredwalk.org](mailto:webmaster@fredwalk.org)

- Update any changes to your mailing address.
- Opt to just receive an email copy of the Newsletter in lieu of both the electronic & paper copy.

Directions to Tabernacle UMC:

7310A Old Plank Road  
Fredericksburg, VA 22407  
(540) 786-6162

From Fredericksburg: Take Route 3 West to left onto Route 626 (Andora Drive). Go to the stop sign and take a right onto Old Plank Rd. Tabernacle is about 100 yards on the left.