# Upper Room Emmaus

## Of the Greater Fredericksburg Area

www.fredwalk.org

Vol. 8 August 2007

UPCOMING EMMAUS WEEKENDS		
Walk #	<u>Dates</u>	Lay Director
Emmaus 68 (M) Emmaus 69 (W) Emmaus 70 (M) Emmaus 71 (F)	Oct 18 – 21, 2007 Nov 15 –18, 2007 April 3 – 6, 2008 May 1 – 4, 2008	Mike Cook Debbie Devine TBD TBD

New fees will take affect with the Fall walks

## New Walk fees to take affect with the 2007 Fall Walks:

Teaming & Pilgrim Sponsorship \$175.00

Pilgrim Application \$25.00

The new fees are due to price increases from Camp Happyland and the 10% deposit required to hold facilities for all scheduled Walk dates.

## The next Gatherings

(Second Saturday of each month)

August 11<sup>th</sup> ......North Stafford Baptist Sept 8<sup>th</sup> .....North Stafford Baptist

\*Gathering at 6:00 pm

\*Fellowship Time at 8:00 pm Chrysalis Steering Committee at 4:45 pm Board will meet at 3:30 pm

Please bring snack food to share during fellowship time

\*Please note the new time format

If you think you want to team any time in the next two years, we want to hear from you. Please submit your application now. You will no longer need to submit your application after each walk, but you need to give us a fresh application NOW or whenever you are ready to be considered for a team.

You can down load a new application off the web site at www.fredwalk.org or see Mark Lawrence at the next gathering.

## From the Lay Director...

When the music fades, all is stripped away, and I simply come / Longing just to bring something that's of worth that will bless your heart... / I'm coming back to the heart of worship, and it's all about You, Jesus (Matt Redman)

The song dates back to the late 1990s, born from a period of apathy within Matt's home church, Soul Survivor, in Watford, England. Despite the country's overall contribution to the current worship revival, Redman's congregation was struggling to find meaning in its musical outpouring at the time. "There was a dynamic missing, so the pastor did a pretty brave thing," he recalls. "He decided to get rid of the sound system and band for a season, and we gathered together with just our voices. His point was that we'd lost our way in worship, and the way to get back to the heart would be to strip everything away."

Reminding his church family to be producers in worship, not just consumers, the pastor, Mike Pilavachi, asked, "When you come through the doors on a Sunday, what are you bringing as your offering to God?"

If you read last month's newsletter, and again this month, you know we are about to change the layout of our gathering. This is causing some uneasiness in the community, as a fear of the unknown sets in.

We have rearranged the schedule, and we have eliminated the "administration" from the gathering. We will now start at 6:00 PM with the worship service. Food, fellowship and administration will come later. I believe things will flow better this way.

Another thing which is related, but different has been the discussion about the music, and music equipment. Which is one of the reasons I have led into this letter with the Matt Redman story. I believe we need to stop as a community and remember what our purpose is!

What is the purpose of Emmaus? What is the purpose of a walk or a weekend? And what is the purpose of a gathering? We need to remember above everything else, this is about Jesus Christ, Lord and Savior. Without Him there would be no Walk to Emmaus. This is not about petty rules, food, music, or making sure we have the order of the gathering nice and professional looking. It is about worshiping and glorifying God and furthering His kingdom, and His purposes.

From our By-Laws: The purpose of the Fredericksburg Emmaus shall be to inspire, challenge, and equip church members for Christian action, in their homes, churches, places of work, and the world community through the Emmaus experience.

From our 4th Day Ministry: What is the purpose of the Emmaus Gathering? Answer: Attending Emmaus Gatherings sustains our ecumenical Community in close relationship in order to encourage, inspire, and educate each other throughout our 4th Day. The Gathering is the monthly reunion of all the members of the local Emmaus community. Its objectives are as follows:

- 1. To make visible the Christian community persons of various churches and Denominations (ecumenical) who are united in pursuing transformation in the calling of "one Lord, one faith, one baptism".
- 2. To encourage one another to continue our walk with the Lord and to persevere in grace through the practice of piety, study, action; through membership in a Group Reunion; and through participation in one's own church.
- 3. To inspire one another to make profound changes in our own lives and in the environment in which we live.
- 4. To maintain relationships with other Emmaus pilgrims in order to build a vital community of persons to support future Walk to Emmaus weekends.
- 5. To educate the Emmaus community in the Walk to Emmaus Movement, weekends, and method for living the 4th Day.

The elements of the Gathering are singing, prayer, small groups, 4th Day talk, and Communion.

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Please join with me in getting back to the heart of Emmaus. Let's get about the business of building Fredericksburg Emmaus up, to do God's work. Let us keep our purpose in front of us and not stray off the path God has set for us. Is this not how Satan works, but to cause us to miss our mark? To distract us in the details that do not matter. Let's come back to the Heart of Worship and remember this is about Jesus.

#### **DeColores**

Mark Lawrence CLD 2007-2008

## Recommended Gathering Agenda (Emmaus Guidelines – Format A)

6:00 PM	Call to Gather
	Praise Band —Rousing —3 Traditional Songs (I'll Fly Away, God is Good, Now is the Time to Worship)
6:15 PM	CLD Prayer & Welcome Various Categories of Attendees
6:20 PM	Small Group Sharing
0.20114	Pass out cards, CLD advise on discussion question and encourage weekly contact with your group. Form in Groups of 5, collect name, church, email, & phone info, discuss one Reunion question and share prayer concerns.
6:45 PM	Call to Gather
	Praise Band –Spiritual -3 Traditional Songs (Including 4th Day Talk Song)
	Pass out Prayer Concern Cards
7:00 PM	4th Day Talk
	Followed by Praise Band – 1 Song of Celebration
7:25 PM	CSD comments regarding 4th Day Talk & introduction of Spiritual Director
	leading communion
7:30 PM	Communion & Closing Prayer
7:45 PM	Meet for Fellowship:
	Sharing matters of importance from the local Emmaus Board, Activity Tables –
	Clip Boards, Small Group Sign-up, Sign Agape, share food, launch teams and meet pilgrims

#### IRS Changes for 2007

Starting in January, to claim a deduction on your itemized tax return, the IRS is making it complicated. Taxpayers will need to provide backup in order to claim a deduction on their tax return; no more "lists" will be accepted. The taxpayer must provide a canceled check(s), bank record or a receipt from the charity listing the organization's name, the date of the donation and the amount. Beginning January 2007, we began tracking and recording all checks received as donations to the General and Scholarship funds. Please consult with your accountant or tax preparer on the deductibility of your Team and Sponsorship fees for charitable contributions. Monthly letters or annual statements will be mailed regardless of the donation amount.

If you would like credit for your cash donations made at Gatherings, Candlelight, Sponsors Hour, and Closings, please place the cash in an envelope marked with your name, address and amount.

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## From the Community Spiritual Director...

#### What have we given to Jesus?

am continually amazed and inspired by those who have given all that they have in service to the King of Kings and Lord of Lords. I recently came across the story of C.T. Studd, the famous missionary to South Africa. One of his daughters—speaking before missionary meeting at Church in Chicago in April 1984 described her father's last hours. As he lay on his cot with his children present at his bedside he gazed around the little hut at his few possessions and said to his children "I wish I had something to leave each of you but I gave it all to Jesus long ago."

Paul reminds us in 1 Corinthians 7:17 that each of us are to walk as the Lord has called us. distributed to each of us gifts and abilities to use for His service. Paul also tells us in 1 Corinthians 7:20 that we are to "abide in the same calling wherein [we] are called." That means that we are to work diligently for the cause of Christ, right where He has planted us—in our neighborhoods, places of work, and our Church. While we may not be called to missionary work in Africa we too are called to "give it all to Jesus."

On October 28, 1949, Jim Elliot, missionary to Ecuador's <u>Quechua</u> Indians, and subject of the movie *End of the Spear*" wrote in his journal "He is no fool who gives what he cannot keep in order to gain that which he cannot lose". I pray that each of you knows the joy of giving to the Master all that He requires of you.

Jim Muhlenkamp

### Chrysalis Update

The Steering Committee for the Fredericksburg Chrysalis Community continued has to meet the requirements of the National Chrysalis board and is in the process of planning dates for training for both Chrysalis Steering Committee and the Emmaus board. Training for Chrysalis committee is mandatory and several key representatives from the Emmaus board must also be present. The training will be open to all of the community and will be conducted on a Friday evening for about 4 hours followed by an all day session the next day. Please keep your eyes open for the upcoming dates and if possible, attend and help us get this off the ground.

We also are in the process of looking for facilities that can host the Chrysalis flights. Camp Happyland is definitely in the running. If you are aware of any other possible locations that are cost effective please Lauer via contact Keith email (kalauer2@verizon.net). Margaret Stout is in the process of setting the group up a Yahoo group account that we hope to link from our Emmaus site. This will enable the group to be much more accessible and proactive in communicating within the group.

Please start getting youth in 8th and 9th grade involved in our community by bringing them with you to the gatherings. Worship with them, get them engaged, take them out for a snack after, and let's get growing!

Fly with Christ - Keith

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## Please pray for:

Me a sinner

Robert Fulkerson, Health

Team Members for Walks 68-69

Pilgrims for both walks

Our house sells quickly

Health for our daughters

Our divided church to forgive & refocus on winning souls for Jesus.

Bethel UMC Church (Dawn VA)

Justin, Lois, Connie, Jane M

Our youth

Unchurched family members

Nancy G

**Epiphany** 

My son Charles

Perrin

Andy Summer, Chuck

E-68, Mike and Terry & family

Help me to serve you better in my job place

Daughter who is having a baby

God's guidance for career path and clear revelation of my ministry

Derick and Mickey Sharp

Teams & Pilgrims for fall walks

Youth of our nation

God has called me to the ministry but my spouse says no, pray for me

Son and girlfriend and their unborn baby

Daughter and husband and marriage challenges

Healing of daughters eyes because of lasiks surgery

Sophia Tillapaugh

Bethel UMC and God's will

Chrysalis Steering committee

God's hand on my pastoral journey

Prayers for my pastor

Little Ellie Clark who's in the hospital with E-coli

Wife Laura for her health issues, crippling pain through out her body

Daughter Heather who is having her second child

Derek, Mickey, and Matt Sharp. Jill, Lynn, Barry, Mark for relationship with Jesus

For daughter and her children. For Trisha my wife, best friend and source of love and strength

For a brother-in-law- as he searches for a new job

Teddy, and his family, Richard and Sandra

Craig and Barbara, summer mission trip

Bridgette's health

Spiritual growth and career success for my children

Safe travel for Christian

Ella Clark child in Minnesota that contracted E-coli, and has had surgery, and kidney dialysis, is fighting for recovery

John, Christopher, Christian, Shari, DeFontis, Mary and Wilfred

Work for Mary

Pray for Larry D

August 2007

Much needed work on my

house Stephanie who needs healing

Wisdom and direction for NSBC

Health Ray Sales

Tablemate's husband separated

from her

Wellness business to keep growing

Unsaved Family members

Nephew Chris, headed for Iraq with Marines in September

Jessica Johnson

Children Patrick, Megan, Edward, for them to do well in summer school & school this fall

Courtney, Allison and Ryan to be in church more and building a relationship with Jesus, pulling their lives together

Troy, Shannon, and Summers to continue to learn of Jesus

Pray for God's direction for my life and resources

Strength for the new direction God is taking me

Whatever it takes for my family to have a great relationship with God

To listen to and follow God wherever He is leading me

Financial blessing for business

Sons Mike, John & Paul to develop a relationship with Jesus

Chrysalis and our Emmaus Board

## Please give praises for:

Sister Lori who had no sign of cancer at last Pet scan

Spiritual refocusing

Brooke's Son

Job my mother received

Opportunity to serve on a mission team

Thank you God

Praise God for my wonderful

husband

Polly C. found a place to live thanks for your prayers

Thank God for His divine Favor

Thanks to Fred Walk for

working

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### **Community Volunteers & Board of Directors**

Community Lay Director..... Mark Lawrence\*

Lead Gatherings & Candlelight

Host Weekend Sponsors' Hour/Closing

Chair Emmaus Board

Chair Pilgrim/Team Selection Committee

Assign Nominating Committee Coordinator

Assistant Community Lay Director ...... Ralph Williams\*

Gathering Location Coordinator

<u>Community Spiritual Director</u> Jim Muhlenkamp\*
Board Spiritual Director Rick Dillard\*

Board Spiritual Director Ralph Thomas\*

<u>Treasurer</u> ...... Sandra Coney\*

<u>Secretary</u> Sandie Makely\*
Manuals Coordinator. Gene Philipp

Records/By-Laws Historian Sandie Makely

Communications Coordinator ...... Vacant

Newsletter Brooke Ferguson

Gathering Support Coordinator ...... Jane Carwell

Community Baker ...... Kitti Mann

Music Coordinator for Gatherings...... Lola McDonald

Music Equipment Coordinator Steve Makely\*

Weekend Support Coordinator ...... Brian Lewis

Prayer Vigil Coordinators Jane Carwell

Snack Agape Coordinator ...... Mike Shiflett

Agape Bag Coordinator...... Diana Farrar

Fourth Day Packets Rick and Susan Dillard

\*Board Members (Serving on the Board July 1, 2007- June 30, 2008)

Sharon Smith\* Donna Devericks\* Marcy Liepelt\* Becky Thode\*

Tony Fortune\* Wilfred Usher\* Bill Walker\*

Help Wanted

The Fredericksburg
Emmaus Community is
looking for a volunteer
to fill the Childcare
Coordinator position. If
you are interested,
please contact the
Gathering Support
Coordinator, Jane
Carwell, at 703-9694019 or email her at
tjcarwell@yahoo.com
We appreciate your

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## Active Reunion Groups in the Fredericksburg Emmaus Community

#### SUNDAY

Bethel UMC Men's Group 7:30 am

Bethel UMC Woodbridge

Brian Lewis 703-590-9343

bb3253@aol.com

#### **TUESDAY**

**Great Is Thy Faithfulness** 7:30 pm

Prince of Peace UMC 6299 Token Forest Drive Manassas, VA

Lloyd Biller 703-590-1512

Interested in joining or starting a new reunion group?

.....

Call Sandy Crossley at 703-221-6977 or email her at slcrossley13@msn.com

**Pastor's Weekly Meeting** 7:30 am

Call for location

Mark Dunn 540-786-4025

Lakeside Reunion Group (Men) 8:00 pm

Lake of the Woods – Call for location Vic Larson 540-972-1928

#### **WEDNESDAY**

Lord's Lions & Lambs Reunion Group 6:30 pm

First Christian Church Gary Staddan 540-373-7716

firstchristianchurch@verizon.net

#### THURSDAY

**Amazing Grace Reunion Group** 8:30 pm

Hillcrest UMC

Ed McAdam 540-898-3625

emcadam@cox.net

His Joyful Croakers

9:00 am

Hillcrest UMC

June Riel 540-710-5949

(ALTERNATE THURSDAYS)

Rainbow Reunion Group (Women)

10:00 am

Lake of the Woods – Call for location Barbara Miller 540-972-7418

His Seekers (Women)

7:30 pm

Home of Jane Carwell – Woodbridge Sandy Crossley 703-221-6977 or

Jane Carwell 703-969-4019 or email: tjcarwell@yahoo.com

#### FRIDAY

Koinonia Women's Reunion Group

9:00 am

Lake of the Woods – Call for location Barbara Larson 540-972-1928 Upper Room Emmaus of the Greater Fredericksburg Area PO Box 42094 Fredericksburg, VA 22404

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Directions to North Stafford Baptist Church: 11 Meadowood Dr.

Stafford, VA 22554 (540) 659-6901

North Stafford Baptist Church (NSBC) is located in Stafford, VA, at exit 143B approximately 2 miles west on Route 610/Garrisonville Road, one-half mile west of Meadows Farms Nursery.