

Upper Room Emmaus

Of the Greater Fredericksburg Area

www.fredwalk.org

Vol. 7

July 2007

UPCOMING EMMAUS WEEKENDS

<u>Walk #</u>	<u>Dates</u>	<u>Lay Director</u>
Emmaus 68 (M)	Oct 18 – 21, 2007	Mike Cook
Emmaus 69 (W)	Nov 15 – 18, 2007	Debbie Devine
Emmaus 70 (M)	April 3 – 6, 2008	TBD
Emmaus 71 (F)	May 1 – 4, 2008	TBD

New fees will take affect with the Fall walks



New Walk fees to take affect with the 2007 Fall Walks:

Teaming & Pilgrim Sponsorship
\$175.00

Pilgrim Application
\$25.00

The new fees are due to price increases from Camp Happyland and the 10% deposit required to hold facilities for all scheduled Walk dates.

The next Gatherings (Second Saturday of each month)

July 14th Fairview Baptist Ch
August 11th North Stafford Baptist
Sept 8th North Stafford Baptist

Gathering at 6:15 pm
Fellowship Time at 5:30 pm
Chrysalis Steering Committee at 4:45 pm
Board will meet at 3:30 pm

Please bring snack food to share during fellowship time

*Please note: there will be a new time format starting in August.

If you think you want to team any time in the next two years, we want to hear from you. Please submit your application now. You will no longer need to submit your application after each walk, but you need to give us a fresh application NOW or whenever you are ready to be considered for a team.

You can down load a new application off the web site at www.fredwalk.org or see Mark Lawrence at the next gathering.

From the Community Lay Director...

(v14) if my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then will I hear from heaven and will forgive their sin and will heal their land. (v15) Now my eyes will be open and my ears attentive to the prayers offered in this place. 2 Chronicles 7:14,15

This month I would like to encourage the Community to pray. I feel that we, the membership of the Greater Fredericksburg Emmaus Community, are called for such a time as this. This community touches every aspect of the Greater Fredericksburg area. We are workers, business owners, mothers, fathers, Pastors, teachers and coaches. We truly are the light and salt of Jesus Christ in the Christian community as well as the secular community and we need to be praying for each other and our neighbors.

As we start a new year, or era in this Emmaus Community I ask that you pray for the board and the weekend lay directors. Pray for the leaders that have stepped up to serve God and you. Pray that we will have wisdom and discernment and we will do the will of God and glorify Him and not seek the glory given by men and women. Pray that the Holy Spirit will open the eyes of our hearts and give us spiritual ears.

Personally I find it hard to stay in the habit of prayer. I'll go through a period when I will pray regularly and then I get busy and lax and then a crisis will come into my life and I'll get back to it. I am struggling to make it a part of my life, to continually draw closer to God. As Paul says in Philippians chapter 3, knowing Jesus and the power of his resurrection. All else I have done in my life is as trash or garbage compared to knowing Him!

In the life of piety talk I have often heard the speaker ask the question, "What would happen if we spent the same amount of time with our spouse or our friends that we spend with God?" If you only spend five minutes a day in prayer, that would mean you would spend only five minutes a day talking to your spouse. I don't know about some of you but I would soon be in divorce court.

Then begs the question if you only spend five minutes a day, or worse five minutes every two or three days in prayer, how does God feel about that?

I've heard some people say, "I just don't know how to pray." Or "I'm not called to a prayer ministry." I believe that the Bible teaches we are all called to a relationship with our Heavenly Father. I am reminded of a story that I heard some years ago, I'm not sure of its origin or even if it is true. But it makes a point.

There was an elderly man who had a terminal illness. He had been sent home from the hospital to spend his last days with his family, and was staying at the home of his daughter. His Pastor came to see him one day, and the patient asked the man of God to teach him how to pray. The elderly man explained that he just never felt comfortable praying. The wise pastor looked at an empty chair by the bed, and asked the man if he gets any old friends that come to visit, and he replied that he did. The pastor further asked, "Do you have any problem talking with them?" The patient replied that he did not. The pastor suggested that he would close his eyes and try to imagine that Jesus was sitting in that chair. He told the man to talk to Jesus just like one of his old friends, after all Jesus has walked every step of your life with you. Share your hopes dreams and disappointments. Share your fears and concerns, your love and your loneliness.

After a week or so the pastor came back to visit and asked the man how his prayer life was. The response was that it was going well, except that he had to be careful of his daughter seeing him talking to an empty chair. She may think I have lost my mind and send me to the mental hospital. Another week or so went by and the old man went to his home in heaven to be with the Lord. The pastor was talking to the daughter about her father's passing. The daughter said her father seemed to be at peace, but there was one thing that puzzled her. On the morning he passed away he had crawled out of bed and put his head on the seat of the chair where his visitors always sat.

From the Community Lay Director continued...

This is where they found him. The pastor knew then that he had developed a relationship with Jesus and he went home with his head on Jesus' lap.

I challenge each one of you to spend more time with God this month. Talk to Him as an old friend, but don't forget that He is also King and treat Him with the reverence due Him.

I am attaching a list of the board members and people that I encourage you to pray for. Many people have told me how they read the praise and prayer list and make that part of their prayer routine. Pray about it, and do what God is calling you to do.

Board members are Sandra Coney (Treasurer), Donna Devericks, Rick Dillard, Tony Fortune, Mark Lawrence (Community Lay Director), Marcy Liepelt, Steve Makely, Sandie Makely (Secretary), Jim Muhlenkamp (Community Spiritual Director), Sharon Smith, Becky Thode, Ralph Thomas, Wilfred Usher, Bill Walker and Ralph Williams (Assistant Community Lay Director). Also, pray for Mike Cook WLD for FE 68 and Debbie Devine WLD for FE 69.

Respectfully submitted,
Mark Lawrence



Board News

The Board of Directors met on June 9, 2007 just prior to the gathering at Fairview Baptist Church. A quorum was present and six of the seven new members were also in attendance.

During the treasurer's report, Monica Warne stated that Camp Happyland requires a copy of CPR Certificates on file before the walks begin. Also, first aide certificates are desirable and may be required. We need to know who in the community can fill this requirement and are serving on the teams so we can fax in their certifications.

Steve Makely reported on the repair of the community sound system. It was also suggested that the community purchase a Fender sound system to supplement the one we have. Some of the discussions for why we need another system are as follows. The community system is cumbersome to set up and move, we need a back up for when we have problems and during the walks we need two systems. In the past Lola McDonald or Bill Walker have loaned the community their systems. These may not always be available in the future.

The new members were welcomed to the board and given the required books and manuals and copy of the by-laws. Two of the ladies are needed only for a one-year term. It was determined that Marcy Liepelt and Donna Devericks will be the members fulfilling the one year terms for members who could not finish their elected three year terms.

The cadre lists were approved for both of the upcoming teams E68 and E69.

Dick Barnett gave a report on the 4th day ministry recommendation for gathering format. It was adopted as presented, by the board.

I also asked the 4th day ministry to take another look at the Day of Deeper Understanding (DDU). There have been a number of concerns voiced about our current format. Basically several people feel that it is a failed experiment and we need to learn from it and take another look.

There has been an ongoing interest in setting up a Business directory of businesses and services offered by Emmaus members in the Greater Fredericksburg Area. Rick Dillard offered to look at the acceptable practices and format for such a directory. We will likely post the information to the Fredwalk web site to save the community printing costs.

Mark Lawrence

Praises & Prayer Requests

Praise God for:

Praise God for his blessings
 Thank you for Epiphany
 Summer with the kids!
 For the new joy in worship that I've experienced
 Praise God for his grace and healing power
 Healing of nephew in car accident – praise God!
 Mary and Wilfred thank God for his blessings

Praise you and thank you Lord, for your love and forgiveness
 Closing on property that's been tied up with Spotsy County for 2+ years
 I thank God for his divine favor and for the growth opportunities he has placed in my life
 I would like to thank God for the many job opportunities and his grace and blessings

Please pray for:

CYT	Healing for Bill	Joel – shoulder surgery
CCC	Bethel UMC (Dawn)	Lydie – heart/breast cancer
Fredcamp	Architect (pro bono)	Prayer for E-68 and E-69
FE-68	Briggs family	Cindi and Warren – growth
For church unity	Nancy – healing	My family in Biloxi, MS
Natalie	Culpeper Epiphany	Scott & Meaghan find the Lord
Guidance	Hanover Epiphany	Harmony to the Snell family
Our children	Annie and Alfred Robinson	Jack and Betsy Bullock
This nation	The Church of White Oak	Shelby Lawhorn and family
Justin	Paul and Sara and Adian	Pray for everyone's salvation
Me a sinner	Pray for the unsaved	John, Christopher, Defontas, Tamora
Meg, Alan	Caroline Redmund – health	Pray that God will bless my ministry
My son	Jill and Lynn – salvation	Bob & Linda traveling mercies
Janice, Tom	Mark and Barry – salvation	Jeff, Dena, Danielle, Taylor
Epiphany	Daughter's marriage	Mary Beth, Rob, Katin, Jordan
Perrin	Grandson's well being	Prayers for Bill - heart and cancer
Randy	Salvation for family	Salvation for Stephanie and Brian
Michael	Martin – healing	Peace and healing for Tammy
Church	My boss and family	Safety and peace for our troops
Ed and Ann	Comfort for our widows	The church and the unchurched
Ralf speech	Wisdom for our youth	Pray for people in different countries
Chris and Nancy	Salvation for loved ones	Kristen – overcoming challenge in life
Nancy's healing	Fred Vanselow – health issues	Our servicewomen and servicemen
Bethel UMC/dawn	Lynn Vanselow – caregiver	Guidance for my mother in her job search
Son's salvation	Jamie, Angela, Jamie Scot	Sophia Tillapaugh – continued healing
Physical healing	Anyone with depression	Chrysalis – pray for leaders to help
For my son – Larry	Baby Josh – miracle healing	Pray for me as I prepare for walk 69

Our soldiers, President & people around President; people to desire God with their heart, soul & mind
 Our church leaders to focus, receive instruction & provide guidance from the Holy Spirit to instill a fire in the congregation
 God's covering grace and mercy as I go to camp meeting residing in a tent for 10 days in PA–hot days cold nights
 Chrysalis in Fredericksburg Emmaus, that it continues to be successful; that all the steps are completed soon
 Maranatha Ch- we have a volunteer organization helping us with remodeling but we need an architect pro bono

Prayer Requests continued...

Polly Cunningham to find a house by July
 Prayers for our church and church leaders
 My husband's commute to and from work
 The Emmaus community, the board, Chrysalis
 Brother Don, atheist, divorced wife and 6 kids
 Prayer for Coley West and his son's family
 For emotional depression over their baby's crib death
 Pray for Uncle Jack healing mind, body and soul
 Prayer and praise for children and grandchildren
 Peace and comfort Peggy and the family
 My ministerial pursuit – may paths be cleared
 Church at White Oak – continued strength
 Prayers for my son – Damian health and well-being
 My mother – Carmen and Terry mission trip to Jamaica
 Wellness business will continue to grow and prosper
 Nephew Chris, a marine being sent to Iraq in September
 My Emmaus tablemate recently separated from husband
 Martina Getty 80 year old diagnosed with cancer
 Pray for my Christian youth theater production to go well
 For my work/job in that I may be able to serve the Lord
 Bethel UMC–God's hand to work through issues

North Stafford Baptist Ch–follow God's leading
 Healing for Bill Clark & strength for Peggy
 God to send the right person to buy our house
 Safety of all those who will be traveling for the summer
 Prayer for the upcoming walks 68 & 69 for teamers and pilgrims
 God's guidance in my life and the direction God wants me to go
 Prayers for Keith and family for healing and continued love from their friends
 Pray the life of Jesus into my son – Michael and also for Jason and Noah
 Pray for the wellness of Susan and how her illnesses can glorify God
 Pray for the church at White Oak and for all of God's lost sheep to come home
 Continue healing for Derek Sharpe as he recovers from 5 way by-pass surgery
 Prayer for my son and his protection and guidance as he starts college this fall



Business Directory

Is that old air conditioner about give up? Do you need a family room built onto your home? Have you needed a sign or a T-shirt printed and wondered who in the Emmaus Community does that?

In an effort to answer those questions we have decided to develop a Fredericksburg Emmaus Business Directory. If you offer a service or own a business we invite you to place an entry in the directory. It will only be posted on the web site, so we will not have a printing cost involved.

Participation is strictly voluntary, and you WILL NOT be added unless you present the text you want to appear. Send all entries to Rick Dillard at: thedillards76@verizon.net

If you need a service and would like to spend your money with a Christian brother or sister instead of a stranger, we hope this will give you that opportunity.

Community Volunteers & Board of Directors

Community Lay Director **Mark Lawrence***

- Lead Gatherings & Candlelight
- Host Weekend Sponsors' Hour/Closing
- Chair Emmaus Board
- Chair Pilgrim/Team Selection Committee
- Assign Nominating Committee Coordinator

Assistant Community Lay Director **Ralph Williams***

- Gathering Location Coordinator

Community Spiritual Director **Jim Muhlenkamp***

- Board Spiritual Director **Rick Dillard***
- Board Spiritual Director **Ralph Thomas***

Treasurer **Sandra Coney***

Secretary **Sandie Makely***

- Manuals Coordinator **Gene Philipp**
- Records/By-Laws Historian..... **Sandie Makely**

Communications Coordinator **Vacant**

- Newsletter **Brooke Ferguson**
- Database Coordinator **John Mann**
- Team Registrar **Barbara Simpson**
- Pilgrim Registrars **Pat & Dick Barnett**

Gathering Support Coordinator **Jane Carwell**

- Community Music Director **Lola McDonald**
- Community Baker..... **Kitti Mann**
- Childcare Coordinator **Vacant**
- Music Coordinator for Gatherings..... **Lola McDonald**
- Music Equipment Coordinator **Steve Makely***

Weekend Support Coordinator **Brian Lewis**

- Comm. Cha Coordinator..... **Richard Warner**
- General Agape Coordinator..... **Monica Warne**
- Prayer Vigil Coordinators..... **Jane Carwell**
- Placemat Coordinator **Margaret Filler**
- Snack Agape Coordinator..... **Mike Shiflett**
- Agape Bag Coordinator **Diana Farrar**
- Transportation Coordinator **Mo Moses**
- Supplies Coordinator **Mike & Terry Cook**
- Name Badge Coordinator **Dave Olds**
- Fourth Day Packets..... **Rick and Susan Dillard**
- Fourth Day Coordinator..... **Dick Barnett**
- Reunion Group Coordinator **Sandy Crossley**

***Board Members**

(Serving on the Board July 1, 2007- June 30, 2008)

- | | | | |
|----------------------|-------------------------|-----------------------|---------------------|
| Sharon Smith* | Donna Devericks* | Marcy Liepelt* | Becky Thode* |
| Tony Fortune* | Wilfred Usher* | Bill Walker* | |

Help Wanted

The Fredericksburg Emmaus Community is looking for a volunteer to fill the Childcare Coordinator position. If you are interested, please contact the Gathering Support Coordinator, Jane Carwell, at 703-969-4019 or email her at tjcarwell@yahoo.com We appreciate your assistance!

Active Reunion Groups in the Fredericksburg Emmaus Community

SUNDAY

Bethel UMC Men's Group 7:30 am
Bethel UMC
Woodbridge
Brian Lewis 703-590-9343
bb3253@aol.com

Interested in joining or starting a new reunion group?

Call Sandy Crossley at 703-221-6977 or email her at slcrossley13@msn.com

TUESDAY

Great Is Thy Faithfulness 7:30 pm
Prince of Peace UMC
6299 Token Forest Drive
Manassas, VA
Lloyd Biller 703-590-1512

Pastor's Weekly Meeting 7:30 am
Call for location
Mark Dunn 540-786-4025

Lakeside Reunion Group (Men) 8:00 pm
Lake of the Woods – Call for location
Vic Larson 540-972-1928

WEDNESDAY

Lord's Lions & Lambs Reunion Group 6:30 pm
First Christian Church
Gary Staddan 540-373-7716
firstchristianchurch@verizon.net

THURSDAY

Amazing Grace Reunion Group 8:30 pm
Hillcrest UMC
Ed McAdam 540-898-3625
emcadam@cox.net

His Joyful Croakers 9:00 am
Hillcrest UMC
June Riel 540-710-5949

(ALTERNATE THURSDAYS)
Rainbow Reunion Group (Women) 10:00 am
Lake of the Woods – Call for location
Barbara Miller 540-972-7418

His Seekers (Women) 7:30 pm
Home of Jane Carwell – Woodbridge
Sandy Crossley 703-221-6977 or
Jane Carwell 703-969-4019 or email: tjcarwell@yahoo.com

FRIDAY

Koinonia Women's Reunion Group 9:00 am
Lake of the Woods – Call for location
Barbara Larson 540-972-1928

Upper Room Emmaus of the
Greater Fredericksburg Area
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Directions to Fairview Baptist Church:

900 Charlotte Street
Fredericksburg, VA 22401

From I-95: Take Exit 130A (Rt. 3 East). Go to the stop light that intersects Route 3 and William St and turn Left onto William Street. Go to the second stop light and turn Right onto Littlepage Street. Fairview Baptist Church is on the right at the corner of Littlepage St & Charlotte St