

Upper Room Emmaus

Of the Greater Fredericksburg Area

www.fredwalk.org

Vol. 2

February 2007

The next Gatherings (Second Saturday of each month)

Feb 10th Wright's Chapel
Mar 10th Wright's Chapel
April 14th Hillcrest UMC
May 12th Hillcrest UMC
June 9th TBD

Gathering at 6:15 pm
Fellowship Time at 5:30 pm
Chrysalis Steering Committee at 4:45 pm
Board will meet at 3:30 pm

**Please bring snack food to share during
fellowship time**

Men's Emmaus #66

Please be in prayer about
sponsoring a Pilgrim for the Spring
walk, (Mar 22-25).

De Colores!

AGAPE BAGS... Sew Beautiful!

Remember when you saw
your agape bag for the first
time? God filled that eye-
catching bag with love letters
just for you. Will you help
make a pilgrim's walk
special? You can buy brightly
colored rainbow striped
fabric, (check the craft section
at your local fabric store or
WalMart), cording, and bright
shoelaces to donate. Or you
can make agape bags; they are
sew simple to make, (12" wide
and 15" tall, please). Say "I'll
help" - just call Diana Farrar
at 540-372-7535 or email her at
HRHDiana@juno.com

UPCOMING RICHMOND CHRYSALIS WEEKENDS

Boy's Chrysalis flight 42 - Feb. 22-25

Girl's Chrysalis flight 43 - Mar 22-25

Young Men's Journey flight (19 to 24) - June (TBD)

Young Ladies Journey flight (19 to 24) - June (TBD)

For more info contact Keith Lauer at klauer@hughes.net or 804-633-0546
Weekends in the Richmond Community are for rising 10th graders
through 18 years of age.

**The Chrysalis Steering Committee is still looking for volunteers. They
will be meeting at 4:45pm before the gathering.**

Thoughts from the Lay Director...

The new year has begun and there is change in the air. There is much change in the Community as we strive to bring it into line with the national model. There are many things we do in this Community that are traditions and not in the manuals or by-laws.

Many people are anxious about these changes, understandably so. There is much prayer and meditation that goes into the changes the Board of Directors approve. Still, there may be some things we will decide were not so great as time goes on. Only time and trial will tell us.

There are some proposed changes that look great on paper, but are going to be difficult to do in a practical way, so I ask for your patience and understanding

Emmaus is a volunteer organization. We often are dissatisfied with the quality of work being done and are tempted to criticize. Sometimes leaders contribute large chunks of time and resources and in the end feel under appreciated. Some people have devoted great effort into projects for the Community such as Chrysalis and have seen little progress and appreciation. If you find yourself in one of these categories, please read this poem below. Remember that we are serving God not just men and women.

Recently I heard the country music star Martina McBride singing a song called "Do it Anyway". It is a pretty song with a great message. The words were hauntingly familiar. So I did a search online and discovered the original poem was attributed to Mother Teresa. Here is her poem:

**People are often unreasonable, illogical and self-centered;
Forgive them anyway.
If you are kind, people may accuse you of selfish, ulterior motives;
Be kind anyway.
If you are successful, you will win some false friends and some true enemies;
Succeed anyway.
If you are honest and frank, people may cheat you;
Be honest and frank anyway.
What you spend years building, someone could destroy overnight;
Build anyway.
If you find serenity and happiness, they may be jealous;
Be happy anyway.
The good you do today, people will often forget tomorrow;
Do good anyway.
Give the world the best you have, and it may never be enough;
Give the world the best you've got anyway**

May you find peace in Jesus Christ today.

Mark Lawrence
CLD 2006-2007

UPCOMING EMMAUS WEEKENDS

<u>Walk #</u>	<u>Dates</u>	<u>Lay Director</u>
Emmaus 66 (M)	Mar 22 - 25, 2007	Pete Schatz
Emmaus 67 (W)	Apr 19 - 22, 2007	Ellen Cowart
*Emmaus 68 (M)	Oct 18 - 21, 2007	Mike Cook
*Emmaus 69 (W)	Nov 15 -18, 2007	Debbie Devine

***New fees will take affect with the Fall walks**



Lead a life
worthy of the calling ...
 making every effort
 to maintain the unity
of the Spirit in
 the bond of **peace.**
 Ephesians 4:1-3

Help Wanted

The Fredericksburg Emmaus Community is looking for a volunteer to fill the Childcare Coordinator position. If you are interested, please contact the Gathering Support Coordinator, Jane Carwell, at 703-969-4019 or email her at tjcarwell@yahoo.com We appreciate your assistance!

New Walk fees to take affect with the 2007 Fall Walks:

- Teaming & Pilgrim Sponsorship..... \$175.00
- Pilgrim Application..... \$25.00

The new fees are due to price increases from Camp Happyland and the 10% deposit required to hold facilities for all scheduled Walk dates.

From the Board Treasurer:

Did you know...in the Spring 2005, Fredericksburg Emmaus was granted a 501(c)3 tax exempt status? That means...all contributions made to Fredericksburg Emmaus are tax deductible from the taxable income of the donor. The Internal Revenue Service requires that Fredericksburg Emmaus provide a separate receipt be given for each gift or contribution of \$250.00 or more. The receipt must include the amount of any money contributed and a description (but not value) of any property donated. It must also indicate whether you received any goods or services for this contribution. Thanks for all your hard work and support of the Fredericksburg Emmaus Community! De Colores! Monica

Board News...

The Board of directors met just prior to the gathering on January 13, 2007 at the Tower of Deliverance Church. This was the first meeting of the new year.

Most of our time was spent looking at progress and discussing work that we have done in the past two months.

We discussed the need for childcare at gatherings. No one has stepped up to help us with that. We are wondering if this is something that the host churches may help us with.

The music people need help to set up before the gatherings. Apparently there is a small number that end up doing this each time and they could use some help.

Board representatives were chosen to assist the WLDs for the fall walks. Updates were given on the current walk teams in progress.

The 4th day liaison Terry Cook gave a report on the Team selection committee recommendations from the 4th day work group. We learned that the way things have been done are nowhere near the way the national organization intended.

A great deal of change is necessary to bring us in line with the Upper Room Handbook on Emmaus. We can see many advantages to following the National model here and also see some problems in the practical application. After considerable discussion the recommendations were tabled until the next meeting as we want to do some reading and prayer before making a final decision.

There has been some discussion about updating or developing tools to help us educate people better about the Emmaus movement and generate interest in sponsorship. In some cases we could do a better job of promoting ourselves within the churches that are currently participating. We need to develop relationships that will help us to reach out to churches that are not currently involved.

It has also been noted that some military chaplains have expressed an interest in participating in our community, as they have no such mechanism available to them within the armed forces. Some logistical problems for sponsorship need to be worked on.

The next Gathering will be at Wright's Chapel, in Ladysmith, VA.

Mark Lawrence
CLD 2006-2007

PRAYERS

Health
Me, a sinner
Charles, my son
My wife
My mother-in-law
The un-churched
Pat and Celina
A 30 year marriage in trouble.
New daughter-in-law's beliefs.
Johnny and Mildred and their continued perseverance.
Kate – health issues
Stephanie, who is undergoing cancer treatments.
God's grace and mercy for Brenda who is recovering from a stroke.
Rick's health, a lung tumor.
Mary and Wilfred – for faith.
John, Grace, Christopher to hear God's voice.
Glenn as he continues to battle tough times.
David, my son's health.
Strength and growth for my church
Ryan, for his sadness to be replaced with joy in the Lord.
Bill's health.
Cleveland's health and healing
That my two sisters are led to an Emmaus Walk.
Leaders of local and national government.
Lindsey's safety
Our troops
My grandfather's health.
My sister-in-law with kidney cancer.
James and Barbara, Terrie, Mary and Anne.
Harmony among families.
Betty and Bill – that God would surround them.
Heather and the difficult decisions she has recently made.
Our children and their families – that God would surround them with his love and healing grace.
FCC associate pastor search committee
Judy and her marriage situation
Charlie for healing from a blood disease
Leroy's health
Nick, my grandson, to stay in remission
Upcoming Epiphany weekend in Culpeper
Helen, my 95 year old mother who will have a biopsy for possible lung cancer
My son to let him realize how much we love him and how our family enjoys his presence with us and that God loves him.
Anne and her birthday
Our church community @ Bethel UMC, Caroline Co.
My success in private real estate investing.
Trin – health problems

PRAISES

Kate completed licensure for teaching
For my family support
Caryl, Kristy, and Dawn
Grace and Drew
Chrysalis and Epiphany



“Lord,
teach us to
pray...”

Luke 11:1

Community Volunteers & Board of Directors

Community Lay Director **Mark Lawrence***

Lead Gatherings & Candlelight

Host Weekend Sponsors' Hour/Closing

Chair Emmaus Board

Chair Pilgrim/Team Selection Committee

Assign Nominating Committee Coordinator

Assistant Community Lay Director **Terry Cook***

Gathering Location Coordinator

Community Spiritual Director **Ralph Thomas***

Treasurer **Monica Warne***

Secretary **Sandie Makely***

Manuals Coordinator **Gene Philipp**

Records/By-Laws Historian **Gene Philipp**

Communications Coordinator **Dennis Warne**

Newsletter **Brooke Ferguson**

Database Coordinator **John Mann**

Team Registrar **Barbara Simpson**

Pilgrim Registrars **Pat & Dick Barnett**

Gathering Support Coordinator **Jane Carwell***

Community Music Director **Lola McDonald**

Community Baker **Kitti Mann**

Childcare Coordinator **Vacant**

Music Coordinator for Gatherings **Steve Makely***

Weekend Support Coordinator **Brian Lewis**

Comm. Cha Coordinator **Richard Warner**

General Agape Coordinator **Monica Warne**

Prayer Vigil Coordinators **Jane Carwell**

Placemat Coordinator **Margaret Filler**

Snack Agape Coordinator **Mike Shiflett**

Agape Bag Coordinator **Diana Farrar**

Transportation Coordinator **Mo Moses**

Supplies Coordinator **Wes Pryce**

Name Badge Coordinator **Dave Olds***

Fourth Day Packets **Rick* and Susan Dillard**

Fourth Day Coordinator **Dick Barnett**

Reunion Group Coordinator **Sandy Crossley**

Additional Board Members

Mark Dunn*

Jim Muhlenkamp*

Sharon Smith*

Ralph Williams*

***Board of Directors 2006-2007**

Active Reunion Groups in the Fredericksburg Emmaus Community

SUNDAY

Bethel UMC Men's Group 7:30 am
Bethel UMC
Woodbridge
Brian Lewis 703-590-9343
bb3253@aol.com

Interested in joining or starting a new reunion group?

Call Sandy Crossley at 703-221-6977 or email her at slcrossley13@msn.com

TUESDAY

Great Is Thy Faithfulness 7:30 pm
Prince of Peace UMC
6299 Token Forest Drive
Manassas, VA
Lloyd Biller 703-590-1512

Pastor's Weekly Meeting 7:30 am
Call for location
Mark Dunn 540-786-4025

Lakeside Reunion Group (Men) 8:00 pm
Lake of the Woods – Call for location
Vic Larson 540-972-1928

WEDNESDAY

Lord's Lions & Lambs Reunion Group 6:30 pm
First Christian Church
Gary Staddan 540-373-7716
firstchristianchurch@verizon.net

THURSDAY

Amazing Grace Reunion Group 8:30 pm
Hillcrest UMC
Ed McAdam 540-898-3625
emcadam@cox.net

His Joyful Croakers 9:00 am
Hillcrest UMC
June Riel 540-710-5949

(ALTERNATE THURSDAYS)
Rainbow Reunion Group (Women) 10:00 am
Lake of the Woods – Call for location
Barbara Miller 540-972-7418

His Seekers (Women) 7:30 pm
Home of Jane Carwell – Woodbridge
Sandy Crossley 703-221-6977 or
Jane Carwell 703-969-4019 or email: tjcarwell@yahoo.com

FRIDAY

Koinonia Women's Reunion Group 9:00 am
Lake of the Woods – Call for location
Barbara Larson 540-972-1928

Upper Room Emmaus of the
Greater Fredericksburg Area
PO Box 42094
Fredericksburg, VA 22404

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Directions to Wright's Chapel:

8063 Ladysmith Road
Ladysmith, Virginia

From I-95 South: Take **Exit 110**

Turn **RIGHT** (West) onto State Route 639 (Ladysmith Road)
Wright's Chapel is on the **RIGHT** (Approximately 1/2 mile)

From Route 1 South: At Ladysmith,

Turn **LEFT** (East) onto State Route 639 (Ladysmith Road)
Wright's Chapel is on the **LEFT** (Approximately 1/2 mile)