

Upper Room Emmaus

Of the Greater Fredericksburg Area

www.fredwalk.org

Vol. 12

December 2006

The next Gatherings

(Second Saturday of each month)

Dec 9th..... Tower of Deliverance Church
 *Jan 13th..... Tower of Deliverance Church
 *DDU to be held in Jan

Gathering at 6:15 pm
 Fellowship Time at 5:30 pm
 Board will meet at 3:30 pm

**Please bring snack food to share during
 fellowship time**

AGAPE BAGS... Sew Beautiful!

Remember when you saw your agape bag for the first time? God filled that eye-catching bag with love letters just for you. Will you help make a pilgrim's walk special? You can buy brightly colored rainbow striped fabric, (check the craft section at your local fabric store or WalMart), cording, and bright shoelaces to donate. Or you can make agape bags; they are sew simple to make, (12" wide and 15" tall, please). Say "I'll help" - just call Diana Farrar at 540-372-7535 or email her at HRHDiana@juno.com

UPCOMING WEEKENDS

Walk #	Dates	Lay Director
Emmaus 66 (M)	Mar 22 - 25, 2007	Pete Schatz
Emmaus 67 (W)	Apr 19 - 22, 2007	Ellen Cowart
Emmaus 68 (M)	Oct 18 - 21, 2007	tbd
Emmaus 69 (W)	Nov 15 -18, 2007	tbd



Thoughts from the Community Lay Director...



During this time of Holiday celebration, one of the things I personally love the most is the music. I was recently listening to some Christmas carols, and even some songs that our church choir was working on for the Christmas cantata. These songs are filled with so much celebration and joy. Many have meaning that goes far beyond a surface celebration. Some bring back personal memories that incite great emotion.

Thinking about all of this, I realized that without the death on the cross, which is a horrific event, and the resurrection of Easter, the birth of Christmas would be meaningless. Some Christmas songs speak of how all creation celebrated the birth of the Christ. Did the sheep somehow sense as much as the shepherds what was going on that night? I remember when I was in a high school choir we performed a song at Easter time about the resurrection that asked; "Did the grass sing?" This truly is a time of celebration. While playing Christmas carols on the stereo my granddaughter's pet cockatiel often sings and chirps with great joy. This may seem silly, but her chirping and antics are much different than with any other type of music. So I ponder, does all of creation celebrate the birth and resurrection of the Lord? Do we fully understand how important the event of the resurrection is? I doubt it.

Is it a coincidence that we are not told by the scriptures exactly when Christ was born, but we know almost to the hour when He died and rose again?

This Christmas, remember that Jesus is the reason for the season. Giving gifts is a great tradition. The big meals are wonderful, but remember the real reason for our celebrating is that we can have life everlasting with our Lord and Savior. It is His work and His sacrifice that made it possible.

Have a Wonderful Holiday and God Bless all of you.

Mark Lawrence
CLD 2006-2007

Check out our website!

www.fredwalk.org

- Find Community, Board, Walk & Gathering information.
- Post prayer concerns & praises for all of the community to see.
- View and/or download the monthly Newsletter.

Subscribe to our email list!

Email: listserv@list.fredwalk.org

In the email body, type: *subscribe news*

- Receive the monthly Newsletter via email about a week before your copy arrives in the mail.
- Receive other information such as the final Pilgrim roster for each Walk.

Help keep our mailing costs down!

Email: webmaster@fredwalk.org

- Update any changes to your mailing address.
- Opt to just receive an email copy of the Newsletter in lieu of both the electronic & paper copy.

Board News...

The Board of Directors met just prior to the gathering and DDU held at Tabernacle UMC on November 18th 2006.

Most of the meeting consisted of dealing with old business. Monica Warne reported that we now have prospective dates for Weekends that Camp Happyland is available to us through 2009. It was decided that we would lock in these dates as we have funds available for the required deposits.

We discussed candidates for Board representative for the up coming Spring walks. There was also some discussion on current work being done by the 4th Day ministry on the WLD training recommendations.

The critique report for FE-64 was submitted by Dennis Warne, and we discussed the highlights, looking at those things that may require board action to correct, or improve training.

Pete Schatz (WLD for FE-66) was visiting to get more information concerning his teaming and organization process for the up coming walk.

There was some discussion about how we can keep better track of Board transactions. Once a motion is made and passed, unless acted on immediately it can fall into obscurity never to be seen again.

It was announced that our next two gatherings and Board Meetings would be held at the Tower of Deliverance Church on Princess Ann Street at the regular time.

We ended with a brief discussion on next month's agenda, and the agenda for the DDU later that evening. We also looked at when the next DDU/Gathering should be held. It was decided that we would do that in January to provide a make-up date for those who could not attend the November DDU and still allow them to attend in time to team or sponsor on the spring walks.

As of the October Board meeting, Lola McDonald will be responsible for arranging music for the Gatherings and Walk Closings, unless the Walk Music Director takes care of Closing music.

Steve Makely will be responsible for delivering and setting up, "with assistance", the Community sound equipment for Gatherings and Walks.

Praises:

My team won!
 My loving husband.
 For the blessings in my life.
 For my beautiful wife, Jackie!
 Thank you Jesus for your love!
 Mary U. – Retired- Praise the Lord!

Thanks for all the miracles around us!!
 Praise for God's blessing in our finances.
 Praise for the birth of a beautiful grandson!
 Thank you Jesus for bringing my wife and me together.
 Prayer of praise for the spirit filled walk of E-64 and E-65.

Praise God for the Emmaus Community. Bless each worker at E-64 & E-65.
 After 8 ½ months of treatments for breast cancer, it appears I am cancer-free. Alleluia!
 Praise God for becoming a greater presence in my life and making His voice more heard.
 I praise God for E65 and how I saw Him working all weekend as a first time teamer.
 That God provided for my presence on the weekend. That he gave me a great peace with the burdens I was carrying.
 Praise for my wonderful experience on the Emmaus Walk #65!! May I be able to spread this spirit wherever I am.
 Praise for a blessed mission trip to Louisiana. Keep those on the Gulf Coast in our prayers or thoughts and hearts.

Please pray for:

Robin – health
 Lynn – health
 Carol – health
 My health
 Protection of a child
 Mary who retired
 Rodriguez family
 Jimmy's salvation
 Orphans
 Refugees
 Foster Children
 Our Dad and Crystal
 Michael
 Our Youth
 Shanna
 Sophia T. – healing
 Those who hunger
 Crystal B's Digestive
 Please pray for him.
 My husband's health.

For Bobbie with cancer.
 Prayer for Mr. Akers.
 My daughter's salvation.
 The family that needs help.
 Pray for Jeanie Boggs health.
 For Bobbie with cancer.
 Prayer for Mr. Akers.
 Prayer for Kitti and John.
 Pray for my buddy, Bob.
 That our house will sell!
 Pray for Janet's health.
 Need for Pilgrims for E-66.
 God's hand as I enter the ministry.
 My husband's health/addictions.
 Pray for my health, Holley.
 Pray for my son, Jacob's health.
 Pray for my mom, Susan's health.
 Ark Ministries Church growth.
 Wayne and Angela for salvation.
 Wendy and Vincent for salvation.

Jill and Lynn and their families.
 Gary C. to come closer to God.
 Family – Husband and 3 kids.
 All the U.S.A., mainly our leaders.
 That parents will go on next walk.
 Wife's health issues (Crystal B. E-65).
 Grandmother – lonely widow.
 Pray for my health – Susan J.
 Pray for my son-in-law, James.
 A friend and her marriage.
 Harold's pancreatic cancer.
 Teaming members headed for Culpepper.
 Epiphany state committee for guidance.
 Pray for my dad when he has surgery.
 Pop Coates in the Burn Unit at MCV.
 Pray for the unity of all families.
 Pray for my granddaughter.
 Prayers for Amy in her new job.
 Prayer for Tracey for recovery of illness.
 Protection for our military world-wide.

E66 & E67 for Pilgrims and Teams.
 Randy – Does not know the Lord as his Savior.
 Our friend Paul, healing him of his cancer.
 Elliott and Temple, Lisa, Caryl and Dawn.
 Albert in the Beverly Nursing Home on Rt. 3.
 Guidance for a friend and her marriage.
 Special prayers for my mother in law, Mattie Lee G.
 E-60 – 65 and everyone else. Tables of Luke and Mary.
 Prayers for Karen as she searches for a job.
 Prayer for a co-worker named Wendy – health issues.
 Pray for my Dad who keeps losing weight.

Families and Churches that support the above.
 For God's continued work in the hearts of my parents.
 For our homeless friends in Fredericksburg.
 Will's school and general mental health.
 Complete healing for Steve's medical issues.
 Continued strength for William in his walk toward Christ.
 Heather's thyroid surgery on December 6th.
 I pray that my son is resting in peace with the Lord.
 Marital problems of my daughter and her husband.
 Our church through their research and building process.
 Help in my walk of Faith to know where I'm being called.

Please pray for:

Pray for my friend, Barb, that God will bless her.
 Pray for our Pastor (Rob C.) at The Lord's Church.
 Pray for my brother, Rob, for his safety while in Iraq.
 Pray that he will find the inner peace in himself that he lacks.
 Pray for Joan as she recently lost her husband to cancer.
 Pray for our children, that they be drawn closer to the Lord.

Pray for Jesse and Donna and their new beginning together.
 Pray that God's will be done as far as my going back to work.
 My dearest friend's health – that she can take care of herself.
 Pray for Wilford, Mary, Christopher, Christian, John and Shari.

Epiphany #10 – New Teamers and experience Teamers and Pastors.
 Please pray that God will bless my mother and she will return to health.
 Pray for my sister in lay, Mary, that God will heal her of her cancer.
 Pray for my daughter's (Holly) health and grandson's (Jacob) health.
 Unsaved loved ones – Howard, my father in law, Henry C. my father.
 Pray for our finances while I am out on short term disability – Susan J.
 Pray for Jan – Liver cancer – She does not know the Lord as her Savior.
 Prayer for Mark K., my 10 year old friend with cancer of the sinuses.
 Pray for my Emmaus walk to continue to bless me and my walk with Jesus.
 Pray for the return of my grandson, Kory, to come back to the family of Jesus Christ.
 Our daughter, Sara, and our granddaughter's travel to Alabama for Thanksgiving.
 I pray for Morrisville UM Church's new Contemporary Service on every 3rd Sat night.
 My grandson, Zak, is in danger of being expelled from school for behavior problems.
 Pray for Pastor Rob Crum that everything will work out okay on his buying a new home.
 Pray for my (Susan J.) and my husband's (Rick J.) walk with the Lord to become closer.
 Please pray for my 95 year old mom, Helen L., difficulty breathing and unwilling to use oxygen.
 For our granddaughter, Shayla, may her new life be filled with God's grace, health and happiness.
 Please pray that God will give me the strength necessary to face whatever the future holds.
 Pray for my plans to retire in 15 months to go as well as planned and that God keeps me walking straight.
 My mother is very close to catching the train to glory. Pleas pray that God will give us strength and peace.
 Prayer for all of us to have a blessed Thanksgiving and all to remember what we are really thankful for – God's Love!
 I would like you to pray for my own family for strength in order for God to continue guiding me to raise my children.
 Please pray that God will bless the marketing of my booklet and use me daily for the uplifting of His Kingdom.
 Please pray for the successful blending of our family and for my wife and I to work as a team while raising our children.
 There are members of my church who have denied the opportunity of attending an Emmaus Walk. I ask for prayers because I believe the Walk would benefit these individuals & strengthen our church bold. In God's time and per God's will.
 Meghan J., age 26, recent blood tests show possible cancer. Will see oncologist on Monday. Please lift her in prayers of healing and for good news.
 Pray for our daughter with problems. She is having problems with making wise decisions on the big changes in her life.
 Pray for the Smith family who has been living in a motel room since September with 3 kids. Pray for the possibility of them moving into a townhouse. Pray to remove the antagonism between the husband and wife. Lift up their children in Christian fellowship.



Community Volunteers & Board of Directors

Community Lay Director **Mark Lawrence***

Lead Gatherings & Candlelight
 Host Weekend Sponsors' Hour/Closing
 Chair Emmaus Board
 Chair Pilgrim/Team Selection Committee
 Assign Nominating Committee Coordinator

Assistant Community Lay Director **Terry Cook***

Gathering Location Coordinator

Community Spiritual Director **Ralph Thomas***

Treasurer **Monica Warne***

Secretary **Sandie Makely***

Manuals Coordinator **Gene Philipp**
 Records/By-Laws Historian **Gene Philipp**

Communications Coordinator **Dennis Warne**

Newsletter **Brooke Ferguson**
 Database Coordinator **John Mann**
 Team Registrar **Barbara Simpson**
 Pilgrim Registrars **Pat & Dick Barnett**

Gathering Support Coordinator **Jane Carwell***

Community Music Director **Lola McDonald**
 Community Baker **Kitti Mann**
 Childcare Coordinator **Vacant**
 Music Coordinator for Gatherings **Steve Makely***

Weekend Support Coordinator **Brian Lewis**

Comm. Cha Coordinator **Richard Warner**
 General Agape Coordinator **Monica Warne**
 Prayer Vigil Coordinators **Jane Carwell**
 Placemat Coordinator **Margaret Filler**
 Snack Agape Coordinator **Mike Shiflett**
 Agape Bag Coordinator **Diana Farrar**
 Transportation Coordinator **Mo Moses**
 Supplies Coordinator **Wes Pryce**
 Name Badge Coordinator **Dave Olds***
 Fourth Day Packets **Rick* and Susan Dillard**
 Fourth Day Coordinator **Dick Barnett**
 Reunion Group Coordinator **Sandy Crossley**

Additional Board Members

Mark Dunn* **Vonda LiCalzi*** **Jim Muhlenkamp***
Sharon Smith* **Ralph Williams***

***Board of Directors 2006-2007**

Help Wanted

The Fredericksburg Emmaus Community is looking for a volunteer to fill the Childcare Coordinator position. If you are interested, please contact the Gathering Support Coordinator, Jane Carwell, at 703-969-4019 or email her at pjcarwell@wahoo.com We appreciate your assistance!

Active Reunion Groups in the Fredericksburg Emmaus Community

SUNDAY

Bethel UMC Men's Group 7:30 am
 Bethel UMC
 Woodbridge
 Brian Lewis 703-590-9343
 bb3253@aol.com

Interested in joining or starting a new reunion group?

Call Sandy Crossley at 703-221-6977 or email her at slcrossley13@msn.com

TUESDAY

Great Is Thy Faithfulness 7:30 pm
 Prince of Peace UMC
 6299 Token Forest Drive
 Manassas, VA
 Lloyd Biller 703-590-1512

Pastor's Weekly Meeting 7:30 am
 Call for location
 Mark Dunn 540-786-4025

Lakeside Reunion Group (Men) 8:00 pm
 Lake of the Woods – Call for location
 Vic Larson 540-972-1928

WEDNESDAY

Lord's Lions & Lambs Reunion Group 6:30 pm
 First Christian Church
 Gary Staddan 540-373-7716
firstchristianchurch@verizon.net

THURSDAY

Amazing Grace Reunion Group 8:30 pm
 Hillcrest UMC
 Ed McAdam 540-898-3625
emcadam@cox.net

His Joyful Croakers 9:00 am
 Hillcrest UMC
 June Riel 540-710-5949

(ALTERNATE THURSDAYS)
Rainbow Reunion Group (Women) 10:00 am
 Lake of the Woods – Call for location
 Barbara Miller 540-972-7418

FRIDAY

Koinonia Women's Reunion Group 9:00 am
 Lake of the Woods – Call for location
 Barbara Larson 540-972-1928

His Seekers (Women) 7:30 pm
 Home of Jane Carwell – Woodbridge
 Sandy Crossley 703-221-6977 or
 Jane Carwell 703-969-4019

Upper Room Emmaus of the
Greater Fredericksburg Area
PO Box 42094
Fredericksburg, VA 22404

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RETURN SERVICE REQUESTED

Directions to Tower of Deliverance Church:

*1808 Princess Anne St Fredericksburg, VA 22401
540-371-8149*

From I-95/Central Park Exit:

*Head East on Route 3 about one mile to Right onto Rt 1 North ramp. Continue on
Rt 1 North for approximately two miles to Right on Princess Anne St. The church
is half mile down on your right.*