

# Upper Room Emmaus

## Of the Greater Fredericksburg Area

www.fredwalk.org

Vol. 10

October 2006

*Fredericksburg Emmaus Walk #64 is fast approaching!*  
*Please see our lists of pilgrims and teamers as we cover this weekend in prayer. To*  
*God be the glory!!!*

### AGAPE BAGS... Sew Beautiful!

Remember when you saw your agape bag for the first time? God filled that eye-catching bag with love letters just for you. Will you help make a pilgrim's walk special? You can buy brightly colored rainbow striped fabric, (check the craft section at your local fabric store or WalMart), cording, and bright shoelaces to donate. Or you can make agape bags; they are sew simple to make, (12" wide and 15" tall, please). Say "I'll help" - just call Diana Farrar at 540-372-7535 or email her at HRHDiana@juno.com

### *The next Gatherings* (Second Saturday of each month)

Oct 14<sup>th</sup> ..... Tabernacle United Methodist  
\*Nov 18<sup>th</sup> ..... Tabernacle United Methodist  
\*3<sup>rd</sup> Sat of the month & DDU

Gathering at 6:15 pm  
Fellowship Time at 5:30 pm  
Board will meet at 3:30 pm

**Please bring snack food to share during fellowship time**

### Help Wanted

The Fredericksburg Emmaus Community is looking for a volunteer to fill the Childcare Coordinator position. If you are interested, please contact the Gathering Support Coordinator, Jane Carwell, at 703-969-4019 or email her at pjcarwell@wahoo.com  
We appreciate your assistance!

### UPCOMING WEEKENDS

| Walk #        | Dates             | Lay Director |
|---------------|-------------------|--------------|
| Emmaus 64 (M) | Oct 5 - 8, 2006   | Dennis Warne |
| Emmaus 65 (W) | Nov 9 -12, 2006   | Monica Warne |
| Emmaus 66 (M) | Mar 22 - 25, 2007 | Pete Schatz  |
| Emmaus 67 (W) | Apr 19 - 22, 2007 | Ellen Cowart |
| Emmaus 68 (M) | Oct 18 - 21, 2007 | tbd          |
| Emmaus 69 (W) | Nov 15 -18, 2007  | tbd          |

## *Thoughts from the Lay Director...*

Someone recently emailed one of those cute stories to me that you just don't know whether to believe or not. Whether it is true or not, may not be important, because in this case and in some others they teach a good lesson or give us something to ponder about our own lives. Such was the case this time. This one was called the Ant and the Contact lens.

If you haven't seen the story, I'll give you the short version. A young lady went rock climbing for the first time with some friends. About half way up the rock face she is taking a break on a ledge and the rope strikes her in the face causing her contact lens to become dislodged and it falls apparently back to the base of the cliff. This causes her great distress because now, what had started as a beautiful experience has been clouded by her loss. Not only the expense of replacing the lenses but now everything is blurry and a big part of this trip was enjoying the beauty of nature. So she prays, "Lord help me find my contact lens."

It is not until she has descended to the ground and the next group of rock climber's approach that her prayer is answered. Someone notices that an ant is carrying a contact lens across the face of a boulder. Well sure enough it is her contact lens. But then the story gets better. The author switches to what the ant might be thinking... God, why do you want me to carry this thing? I can't eat it; it doesn't make good nesting material and weighs more than I do. But if you want me to carry it I will.

The moral of the story is clear. Sometimes God asks us to do tasks that we really would rather leave to someone else. But in His infinite wisdom He has selected you or me to participate in His plan. We will receive a blessing or be a blessing to someone else if we are just obedient and stop complaining and do what is asked. Are you carrying a burden today that you just don't know why? No matter how much you try God won't let you out of it? Your not alone, many of us are. Look around; you might be surprised who is being blessed by it.

Emmaus can be like this sometimes. We just don't quite understand why we are doing some of the things we are doing, but people are getting blessed by it, in spite of us, not necessarily because of us.

Mark Lawrence  
CLD 2006-2007

### **Check out our website!**

[www.fredwalk.org](http://www.fredwalk.org)

- Find Community, Board, Walk & Gathering information.
- Post prayer concerns & praises for all of the community to see.
- View and/or download the monthly Newsletter.

### **Subscribe to our email list!**

Email: [listserv@list.fredwalk.org](mailto:listserv@list.fredwalk.org)

In the email body, type: *subscribe news*

- Receive the monthly Newsletter via email about a week before your copy arrives in the mail.
- Receive other information such as the final Pilgrim roster for each Walk.

### **Help keep our mailing costs down!**

Email: [webmaster@fredwalk.org](mailto:webmaster@fredwalk.org)

- Update any changes to your mailing address.
- Opt to just receive an email copy of the Newsletter in lieu of both the electronic & paper copy.

## **Board News...**

The Board of Directors met at Fairview Baptist Church immediately before the Gathering on September 9th 2006.

Monica Warne reported we needed to get our dates for 2008 penciled in for Camp Happyland as the camp is becoming better known and a popular meeting place. The following dates were chosen on contingency:

2008 Spring Men's Walk March 6-9 or 27-30 as second choice

2008 Spring Women's Walk April 24-27

2008 Fall Men's Walk October 16-19

2008 Fall Women's Walk November 13-16

Deposits will have to be made to Camp Happyland in February as they open their 2008 calendar.

The Board gave approval to act on an earlier vote to purchase wireless microphones for the speakers and music teams to use on the upcoming walks and gathering. Monica reported we had funds set aside in the budget for the purchase of that equipment and it was now available. The Board agreed not to exceed \$800.00 on the purchase.

We continued receiving reports from volunteers so the Board could see how they might help them and to understand what is involved in each volunteer position. Brooke Ferguson gave a report on the newsletter.

Dick Barnett and Terry Cook gave reports from the 4th Day Ministry. Terry Cook gave the overview and recommendations of the Teaming and Training work group. The Board voted to accept those as presented. We believe this will help all future Weekend Lay Directors to better prepare for their walks and give more uniformity to the process.

Dick Barnett gave the Gathering and DDU work group report and recommendations. The Board also voted to accept these as presented. We will be incorporating DDU into the Gathering and making it a more streamlined process giving much of the information in printed handout form. Also we are going to present a DDU once each calendar quarter to give everyone a chance to attend one to fulfill teaming and sponsoring requirements.

I believe some of these changes might be a little difficult to get into place at first; but once the "bugs" get worked out they will have a very positive affect on the Community.

DeColores

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*Fredericksburg Emmaus #64 (partial) Pilgrim List\**

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|                     |                              |
|---------------------|------------------------------|
| Al Bliss            | Hillcrest UMC                |
| Mike Brennan        | Lake of the Woods Church     |
| Bob Brooks          | The Church at White Oak      |
| Harry Brown         | Lake of the Woods Church     |
| Warren Fletcher     | Grace UMC - Hartwood         |
| Bruce Hopfengardner | Fredericksburg UMC           |
| Rick Jacobs         | The Lord's Church            |
| Aaron Monroe        | Promised Land Praise Ctr     |
| Joe Muller          | Mechanicsville Christian Ctr |
| Charlie Olivieri    | Promised Land Praise Ctr     |
| John Rutledge       | Morrisville UMC              |
| Daniel Schofield    | Lake of the Woods Church     |
| Charles Stacy       | Remington UMC                |
| Mark Taylor         | The Church at White Oak      |
| John Tokar          | Ferry Farm Baptist Church    |

***\*This partial list will be updated on our website, ([www.fredwalk.org](http://www.fredwalk.org)), as pilgrims are added. Please prepare agape for 25 pilgrims and remember them in your prayers. Thanks!***

**Snack Agape Notice**

Please call Mike Shiflett at 540-371-5585 if you would like to arrange a pick up or drop off of snacks before FE #64.

*Fredericksburg Emmaus #64 Team List*  
*TO GOD BE THE GLORY GREAT THINGS HE HATH DONE (KJV)*  
*Psalm 115:1 & 126:3*

|                 |                |                                 |                |
|-----------------|----------------|---------------------------------|----------------|
| Dennis Warne    | WLD            | Perseverance                    | Sunday         |
| Pete Schatz     | ALD - Thursday | Fourth Day                      | Sunday         |
| Mark Lawrence   | ALD - Friday   | Changing Our World              | Sunday         |
| Mike Cook       | ALD - Saturday | Body of Christ                  | Sunday         |
| Steve Makely    | ALD - Sunday   | Priority                        | Friday         |
| Gary Staddan    | LSD            | Justifying Grace                | Friday         |
| Ralph Thomas    | SD             | Means of & Obstacles to Grace   | Saturday       |
| Bob Lewandowski | SD             | Sanctifying Grace               | Sunday         |
| Bill Curtis     | SD             | Prevenient Grace                | Friday         |
| Mike Remington  | Lead CHA Coord |                                 |                |
| Bill Walker     | Music Dir.     | Life of Piety/Luke 24:13-25     | Fri & Thurs PM |
| Rocky Warner    | Board Rep      | Joshua 24:14-15                 | Friday AM      |
| Gene Philipp    | Agape CHA      | Psalm 23                        | Sunday AM      |
| Wes Pryce       | TL - Matthew   | Acts 1:1-8                      | Friday AM      |
| Jesse Blythe    | ATL - Matthew  | Who Me?                         | Sunday AM      |
| John Mann       | TL - Mark      | Please Hear What I'm Not Saying | Saturday PM    |
| Dave Kreider    | ATL - Mark     | 1 John 1:5-9/Psalm 100          | Sat PM/Sun     |
| Dick Barnett    | TL - Luke      | Lord, I have Time               | Saturday AM    |
| Louis Gorenflo  | ATL - Luke     | Ecclesiastes 3:1-15             | Saturday AM    |
| Randy Ross      | TL - John      | Christian Action/Rom8:31-39     | Sat (2)        |
| Larry Jenkins   | ATL - John     | Psalm 51: 10-17                 | Saturday PM    |
| Art Blankenship | TL - Peter     | Discipleship                    | Saturday       |
| Bud Orcutt      | ATL - Peter    | Prayer (Page 8)                 | Friday AM      |
| Dan Dietze      | TL - Paul      | Priesthood of all Believers     | Friday         |
| Mike McDonald   | ATL - Paul     | Prayer (Page 9-10)              | Saturday AM    |
| Rick Dillard    | Music Team     | John 14:1-14/Prayer St. Francis | Thurs PM/Sun   |
| Mike Iden       | Music Team     | Psalm 62                        | Thursday PM    |
| Bill Moore      | Music Team     | Grow Through Study              | Saturday       |
| Ken Roark       | Music Team     | James 1:2-15                    | Thursday PM    |
| Ed Taylor       | Asst Cha       |                                 |                |
| Randy Harding   | Asst Cha       |                                 |                |

**Schedule for Men's Emmaus #64**

| <b>Date</b>   | <b>Time</b>    | <b>Activity at Camp Happyland</b>  |
|---------------|----------------|--|
| Thur. 10/5/06 | 6:30 – 7:00 pm | Pilgrim check-in followed by Sponsor's Hour  |
| Sat. 10/7/06  | 7:30 pm        | Candlelight – Community will gather for praise, Communion & fellowship. Please bring flowers for the team to use Sunday morning! |
| Sun. 10/8/06  | 4:00 pm        | Closing Service  |

## Our Praises

Thank God for His divine favor

Praise God for the work he does in my life

Praise God for His grace, mercy, and provisions for myself and three young children as husband and myself go through separation and divorce

Praises for the amazing amount of mission work done after Hurricane Ernesto

## Our Petitions

Our Pastors

For Job decisions

Sophia Tillapaugh

For youth movements

Heart problems

Epiphany #14

Bible study with Women of faith

Pilgrims for FE-64

The unchurched

Jamie salvation

Traveling mercies

Epiphany Hanover #14

Keep Ron Brian in prayer

Jill and Lynn and their families

For the Kline family, Bill Mabe

Prayer for the Bennett family

Brad, for healing of heart problem

Becky new job, strength and stamina

Claude Dunn, for health issues

Carol Bennett, and Doug Brown

Relationship with my mother

For John and his fight with ALS

Mark to be focused on what to do for a job

Pray for Bob and his family for comfort

Kendia to do well in school, and Ashley to have a good delivery

For God to bless me with tuition for my second session in school

For Eliot, Carlton, Becky and the Spicer family

That God will move in this world & bring peace

Angela's father who is recovering from back surgery

Guidance and healing; Church growth and Peace for all

For the Fredericksburg Emmaus walk #65

For Christopher, John, the Usher family

For Stephanie who is undergoing chemotherapy

For Emmaus Community, the Board & FE 64 & FE 65

Our wayward children, youth and adult

Billy Jean for God's intervention in her life

Families, marriages of this Community May they be witnesses for Christ

For Jen's mom who is recovering from surgery to remove a tumor

For Katie and the family as they heal from the loss of twin boys

Our youth, Chrysalis The Community and the Board of Directors

For our granddaughter Cassidy who will have surgery this month

For those God is calling to step forth and serve Him in Chrysalis and Epiphany

For the Lords Church for healing and changes taking place Briggs Family

For Jackie and family, whose mom recently went home to be with the Lord. Margaret was such a blessing and is very missed

For church founder, Son in prison, Healing for blood condition & friend who needs a kidney transplant

God's grace and mercy for myself, young children and family going through separation and divorce

For Fredericksburg Emmaus 64, team and Pilgrims as they prepare. Pray for the WLD for FE-64 recovery from kidney stone

Bethel UMC (down), My son Charles, My Family, Me a sinner, The unchurched and Our Community

My mom Ann My church and the people there in to see that we must be the hands and feet of Christ

For our son that he finds the door that the Lord has opened for him, and that he takes advantage of it to get to know the Lord and be close to Him

## Fredericksburg Emmaus Expense Budget July 1, 2006 – June 30, 2007

| <b>Inflow</b>                | <b>Budget</b> | <b>Actual - YTD</b> | <b>Difference (\$)</b> | <b>Difference (%)</b> |
|------------------------------|---------------|---------------------|------------------------|-----------------------|
| Income: Offerings            | \$ 6,900      | \$ 3,124            | \$ (3,776)             | -54.7%                |
| Income: Camp fees            | \$ 38,000     | \$ 750              | \$ (37,250)            | -98.0%                |
| Income: Application Fees     | 3,200         | 765                 | (2,435)                | -76.1%                |
| Income: Other (Manuals)      | 50            | 10                  | (40)                   | -80.0%                |
|                              | 48,150        | 4,649               | (43,501)               | -90.3%                |
| <b>Operating</b>             | <b>Budget</b> | <b>Actual</b>       | <b>Difference (\$)</b> | <b>Difference (%)</b> |
| Bulletin-Closings            | \$ 100        |                     | \$ (100)               | 0.0%                  |
| Camp Facility Fees           | 38,000        | 3,761               | (34,239)               | -90.1%                |
| Copyright License            | 170           | 170                 | -                      | 0.0%                  |
| Corporation Fee              | 25            | 25                  | -                      | 0.0%                  |
| Insurance                    | 1,400         | 1,378               | (22)                   | -1.6%                 |
| Photos (Weekend)             | 100           |                     | (100)                  | 0.0%                  |
| Manuals                      | 150           |                     | (150)                  | 0.0%                  |
| Music Equipment              | 1,000         |                     | (1,000)                | 0.0%                  |
| Nashville Fees               | 1,600         |                     | (1,600)                | 0.0%                  |
| Newsletter                   | 600           |                     | (600)                  | 0.0%                  |
| Placemats                    | 100           |                     | (100)                  | 0.0%                  |
| Post Office Bulk Rate Permit | 170           |                     | (170)                  | 0.0%                  |
| Postage                      | 1,800         | 184                 | (1,616)                | -89.8%                |
| Printing (Newsletter)        | 1,600         | 263                 | (1,337)                | -83.6%                |
| Weekend Supplies             | 1,200         |                     | (1,200)                | 0.0%                  |
| <b>Total Expenses</b>        | <b>Budget</b> | <b>Actual</b>       | <b>Difference (\$)</b> | <b>Difference (%)</b> |
|                              | \$ 48,015     | \$ 5,781            | \$ (42,234)            | -88.0%                |

From the Board Treasurer:

**Did you know...**in the Spring 2005, Fredericksburg Emmaus was granted a 501(c)3 tax exempt status? That means...all contributions made to Fredericksburg Emmaus are tax deductible from the taxable income of the donor. The Internal Revenue Service requires that Fredericksburg Emmaus provide a separate receipt be given for each gift or contribution of \$250.00 or more. The receipt must include the amount of any money contributed and a description (but not value) of any property donated. It must also indicate whether you received any goods or services for this contribution. Thanks for all your hard work and support of the Fredericksburg Emmaus Community! De Colores! Monica

## Community Volunteers & Board of Directors

Community Lay Director ..... **Mark Lawrence\***

Lead Gatherings & Candlelight

Host Weekend Sponsors' Hour/Closing

Chair Emmaus Board

Chair Pilgrim/Team Selection Committee

Assign Nominating Committee Coordinator

Assistant Community Lay Director ..... **Terry Cook\***

Gathering Location Coordinator

Community Spiritual Director ..... **Ralph Thomas\***

Treasurer ..... **Monica Warne\***

Secretary ..... **Sandie Makely\***

Manuals Coordinator ..... **Gene Philipp**

Records/By-Laws Historian..... **Gene Philipp**

Communications Coordinator ..... **Dennis Warne**

Newsletter ..... **Brooke Ferguson**

Database Coordinator ..... **John Mann**

Team Registrar ..... **Barbara Simpson**

Pilgrim Registrars ..... **Pat & Dick Barnett**

Gathering Support Coordinator ..... **Jane Carwell\***

Community Music Director ..... **Lola McDonald**

Community Baker..... **Kitti Mann**

Childcare Coordinator ..... **Vacant**

Music Coordinator for Gatherings..... **Steve Makely\***

Weekend Support Coordinator ..... **Brian Lewis**

Comm. Cha Coordinator..... **Richard Warner**

General Agape Coordinator..... **Monica Warne**

Prayer Vigil Coordinators..... **Jane Carwell**

Placemat Coordinator ..... **Margaret Filler**

Snack Agape Coordinator..... **Mike Shiflett**

Agape Bag Coordinator ..... **Diana Farrar**

Transportation Coordinator ..... **Mo Moses**

Supplies Coordinator ..... **Wes Pryce**

Name Badge Coordinator ..... **Dave Olds\***

Fourth Day Packets..... **Rick\* and Susan Dillard**

Fourth Day Coordinator..... **Dick Barnett**

Reunion Group Coordinator ..... **Sandy Crossley**

### Additional Board Members

**Mark Dunn\***

**Vonda LiCalzi\***

**Jim Muhlenkamp\***

**Sharon Smith\***

**Ralph Williams\***

**\*Board of Directors 2006-2007**



### Active Reunion Groups in the Fredericksburg Emmaus Community

#### SUNDAY

**Bethel UMC Men's Group** 7:30 am  
 Bethel UMC  
 Woodbridge  
 Brian Lewis 703-590-9343  
 bb3253@aol.com

**Interested in joining or starting a new reunion group?**

Call Sandy Crossley at 703-221-6977 or email her at [slcrossley13@msn.com](mailto:slcrossley13@msn.com)

#### TUESDAY

**Great Is Thy Faithfulness** 7:30 pm  
 Prince of Peace UMC  
 6299 Token Forest Drive  
 Manassas, VA  
 Lloyd Biller 703-590-1512

**Pastor's Weekly Meeting** 7:30 am  
 Call for location  
 Mark Dunn 540-786-4025

**Lakeside Reunion Group (Men)** 8:00 pm  
 Lake of the Woods – Call for location  
 Vic Larson 540-972-1928

#### WEDNESDAY

**Lord's Lions & Lambs Reunion Group** 6:30 pm  
 First Christian Church  
 Gary Staddan 540-373-7716  
[firstchristianchurch@verizon.net](mailto:firstchristianchurch@verizon.net)

#### THURSDAY

**Amazing Grace Reunion Group** 8:30 pm  
 Hillcrest UMC  
 Ed McAdam 540-898-3625  
[emcadam@cox.net](mailto:emcadam@cox.net)

**His Joyful Croakers** 9:00 am  
 Hillcrest UMC  
 June Riel 540-710-5949

(ALTERNATE THURSDAYS)  
**Rainbow Reunion Group (Women)** 10:00 am  
 Lake of the Woods – Call for location  
 Barbara Miller 540-972-7418

#### FRIDAY

**Koinonia Women's Reunion Group** 9:00 am  
 Lake of the Woods – Call for location  
 Barbara Larson 540-972-1928

**His Seekers (Women)** 7:30 pm  
 Home of Jane Carwell – Woodbridge  
 Sandy Crossley 703-221-6977 or  
 Jane Carwell 703-969-4019

Upper Room Emmaus of the  
Greater Fredericksburg Area  
PO Box 42094  
Fredericksburg, VA 22404

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**RETURN SERVICE REQUESTED**

Directions to Tabernacle UMC:

7310A Old Plank Rd  
Fredericksburg, Virginia

From 95/Central Park Exit:

Head west on Route 3 for approximately 5 miles. Turn left onto Andora Drive and take to end. Turn right onto Old Plank Road. The church will be within 100 yards ahead.