

# Upper Room Emmaus

## Of the Greater Fredericksburg Area

Vol. 7

July 2006

### ***TEAM APPLICATION SUBMISSION***

It time to pray and submit your Team Application for consideration to the upcoming Men's FE-64 and Women's FE-65 fall Walks. Wouldn't you like to share with a Pilgrim that agape love that you enjoyed on your walk? Each Team Application submitted will be reviewed by the Team Selection Committee and from that approved list the Weekend Lay Directors will start assembling their teams. The time is growing short so do not delay much longer. The first FE-64 Team meeting will be August 4th. The first FE-65 Team meeting will be September 16th. To obtain a Team Application, go to the Fredericksburg Emmaus Web Page link:

<http://www.fredwalk.org/walks.htm>

De Colores!

Dennis Warne, WLD FE-64

Monica Warne, WLD FE-65

### ***UPCOMING WEEKENDS***

<b>Walk #</b>	<b>Dates</b>	<b>Lay Director</b>
Emmaus 64 (M)	Oct 5 – 8, 2006	Dennis Warne
Emmaus 65 (W)	Nov 9 – 12, 2006	Monica Warne
Emmaus 66 (M)	Mar 22 – 25, 2007	Pete Schatz
Emmaus 67 (W)	Apr 19 – 22, 2007	tbd
Emmaus 68 (M)	Oct 18 – 21, 2007	tbd
Emmaus 69 (W)	Nov 15 – 18, 2007	tbd



## *From the Community Lay Director...*



I would like to extend my heartfelt thanks to those that have served on the Board of Directors and are now rotating off. Keith Lauer, Diana Shiflett, Mike Shiflett, Dennis Warne, Gary Staddan, and Rosemary Blankenship.

Thank you for your service and sacrifice during these past three years. The Community has grown and matured under your leadership. You have been leaders, friends and mentors to the junior membership of the Board and many in the community.

I would also like to extend a warm welcome to those that are coming on to the Board of Directors. Rick Dillard, Sandy Makely, Dave Olds, Sharon Smith, Ralph Williams, and Jim Muhlenkamp. I am looking forward to serving with each of you.

There are many challenges ahead as I see this community in transition. I also see much potential ahead as I look at these people who have stepped forward to serve. I hope that you will take time to thank these people for their willingness to serve the next time you see them.

We are looking forward to great year, God Bless.

Mark Lawrence

## *Board News...*

The Board of Directors met on June 10 at 3:30 pm at Hillcrest UMC. Thirteen current members and six newly elected board members were present.

Secretary Diana Shiflett distributed the minutes from the May meeting. The minutes were approved. Treasurer Monica Warne reported a checking account balance of \$5,944.91. All pilgrim fees from E-63 and all but one pilgrim fee from E-62 are paid.

Sandie Makely, WLD for E-63, presented the team's evaluation of the weekend. The evaluation contained many positive comments and several good suggestions for future weekends.

Margaret Filler and John Mann reported to the board details of their volunteer duties. John Mann presented a report from the Teaming and Training work group of the 4<sup>th</sup> Day Team.

The August and September gatherings were tentatively scheduled for Fairview Baptist Church.

### *The next Gatherings (Second Saturday of each month)*

**Time:** Gathering at 6:15 pm  
Fellowship Time at 5:30 pm  
Board will meet at 3:30 pm

**Please bring snack food to share during fellowship time**

<b>When:</b>	<b>Where:</b>
July 8 <sup>th</sup> .....	Tappahannock Memorial Church
Aug 12 <sup>th</sup> .....	Fairview Baptist Church
Sept 9 <sup>th</sup> .....	Fairview Baptist Church
Oct 14 <sup>th</sup> .....	Tabernacle United Methodist
*Nov 18 <sup>th</sup> .....	Tabernacle United Methodist
	*3 <sup>rd</sup> Sat of the month & DDU

## ***TESTIMONY OF A FIRST TIME "TEAMER"***

The closer we got to Fredericksburg that day, my breathing was short, hundreds of butterflies filled my chest cavity, my hands were trembling, and I burst out these words to my husband: "Oh, honey, I am so excited, but I am also so nervous!" Actually, I could not believe that these feelings had come upon me, for I have co-pastored with my husband for years and have been a speaker and leader for a long time. There was just something "ultra special" about this Emmaus Women's Walk #63 and I wanted so much to be all that God desired me to be. Our Team had prayed, worked hard, practiced, worshiped together, and believed together that God would do awesome things on this walk. But, as I drove closer, I had to proclaim once again, "Honey, I am so jittery and I feel sick!" After a few moments, my husband laid his hand on my arm and said very gently, "Honey, His grace is sufficient for thee." Ahhhhh! His Peace descended upon me at last!

The  Grace  
of God is  
with you!

So many of the Team Members had suffered so many trials, troubles and tribulations during our teaming preparations and even just after many of us

returned home new ones arose. Cancer, family deaths, accidents, the loss of precious pets, church family challenges, tremendous parent and children needs, job problems.....the list went on and on.

However, by the GRACE OF GOD, we all made it safely to Camp Happyland. Thus began this "first-time-teamer's" experience of watching God use His people in mighty ways, perform miracles, healings, deliverances, and to see Him literally perform "Heavenly transformations" for the pilgrims and for the team, before our very faces! And, I saw Our Father, over and over. His Spirit Alive was evidenced in all the talks and presentations, the music, the table discussions, the "dying and defining" moments, and in late night confessions in the chapel. I was blessed on one occasion, to "see" in my mind's eye God's Heavenly Messengers, His ministering angels, hovering over each table, the pilgrims and the leaders!

I thank God for the blessed experience of being on His team for Emmaus #63 and for the Divine privilege of seeing Him answer prayer after prayer. We had all prayed that God would use us, would work through us, that our arms, our hearts, our actions, and our words would be His, so that every pilgrim present would be blessed. And, it was so, abundantly! Surely, "The beauty of the Lord was upon us, and He did establish the work of our hands," as our Scripture for the weekend proclaims.

De Colores!

Kathy Gorenflo  
E-61  
Table of Gentleness

God allowing me to resign from my job so that I may spend that time writing and ministering to others  
 Graduation from seminary  
 The awesome weekend of Epiphany Hanover 13  
 The prayers of this community  
 Serving a glorious God



A wonderful family  
 New home  
 My mom healing so rapidly  
 God's grace  
 God's calling  
 God's work in my marriage

***Please Pray for:***

Epiphany Hanover 14  
 My mom  
 Nick and Jason  
 Abused children  
 North Stafford Baptist Ch  
 Jim for God's direction  
 Our youth  
 All 2006 school graduates  
 Odgen family  
 My two sons

Job stress  
 Healing  
 Joe and Marylin  
 Son and wife to find a home  
 Daughter's move  
 Friend with hives  
 Growth on vocal cords  
 The Cook family  
 My mother-in-law Anne  
 My son Charles

Bethel UMC, Hanover  
 Epiphany  
 Me a sinner  
 Forgiveness  
 John's health  
 Surgery success  
 E-64 and E-65  
 E064 team and pilgrims  
 Sister-in-law Margaret  
 Hillcrest UMC ASP trip

Jullia's healing and salvation  
 Chrysalis steering committee  
 Daughter and son-in-law  
 Mother and father-in-law  
 Jill and Lynn and their families  
 My relationship with my mother  
 My son's health and well being  
 My mom and her husband's health  
 My mother's pain to be eased  
 Fredericksburg Community  
 Healing for a very sore big toe  
 Cliff to see the Lord more clearly  
 Safe travel for our family over July 4  
 Pastor John in his new life adventure  
 Keith, Andy and the Lauer family  
 Rocky's health and family issues

Emmaus board of directors  
 Donnie who has a blockage in a heart artery  
 Granddaughter Kayla, 11 years old, with diabetes  
 My daughter, Abbie, and her health concerns  
 My nephew who has been diagnosed as bipolar  
 My brother and upcoming heart tests  
 A co-worker undergoing cancer treatments  
 Our community to remain in God's will  
 Continued healing for Jackie Weadon  
 Earl for a speedy recovery from a stroke  
 Mommy and Daddy to come to church  
 Healing for Ruth's father and brother  
 Continued healing for June and Elizabeth  
 Tracey and the medical issues she is experiencing  
 Ruth's healing and strength during sickness in family  
 Juan Carols, a one month old with a heart problem

Sale of our house and completion of removing our possessions  
 Marie who is exhausted from preparation, moving, mopping up, and waiting  
 President George Bush and Laura Bush and all White House workers  
 God to allow me to attend school this fall and to be able to team in November  
 My husband who has a lot on his plate with work, church, home and yard work  
 My adult children to make good holy choices and for God to provide Godly mates  
 Strength to hear and follow where God is calling me, even if it means leaving my current position

Dear Brothers and Sisters In Christ:

The clear waters of the canal shimmer and ripple as the spring wind blows eastward. Splashes of blue, gray, and white sky are separated from the water only by quaint dockside homes. Sail, motor, and fishing boats line the bulkheads. Sparrows peck the ground searching for crumbs. Mama duck skims across the water's surface as ten ducklings follow. She breaks formation only to steer one of her little ones back on course.

Early risers are beginning to gather at a little café for coffee, fresh-baked pastries and the morning paper. Boat captains are checking their supplies one last time before they shove off. On a cottage steps, a baby sleeps on his mother's arm as she kisses her husband Godspeed. Dad straddles his bicycle, slings his backpack over his shoulder, and begins to peddle off to work. He circles back to the front steps of his home to pick up his forgotten lunch and one last kiss.

As I sit outside a little coffee shop by the canal, a eureka thought came to me, "The world I see in the news, view on reality television, and talk-shows is not the world in which I seem to live. It is a world that I have self-created in my mind by positive thinking, dreams, hopes, and prayers through my personal relationship with God."

"Whoa Dennis, that seems to be a little too deep of a thought". To sum it up in simpler terms, I try to live in God's world through the experiences where He guides me. If I dwell in the negative, I see the ugliness of the world. If I live in the positive, God removes the scales from my eyes and allows me to see the beauty of His creation.

Wouldn't it be wonderful if we could always live in the positive! Speaking for myself, I am often guilty of running off course.

The negative often creeps up on me, and I see the world through foggy lenses. Nothing goes my way. I expect the worst out of people, and God's Kingdom seems to pass me by.

For example, this morning I woke up as a man on a mission. I showered, shaved, dressed and left the house to run errands. I went to the drug store, grocery store, produce market and the cleaners. I completed my mission without a single smile or a "good morning."

I had parked my truck on the street at a parking meter. I made my way back to the truck with my laundry over my shoulder and plastic grocery bags in both hands. I encountered a man leaning against a car with what appeared to be leaflets in his hand. He asked, "Do you have the time?" In my hurried, "man on a mission" mind, I thought he was selling something. I thought he wanted my time to give his best sales pitch. I replied, "Not at the moment". I kept walking and noticed a very puzzled and disappointed look on the man's face. He mumbled something back as I opened the truck door and stashed my purchases.

The look on the man's face haunted me. I asked myself, "Dennis, what is wrong with you?" I closed the vehicle door, turned around, and retraced my steps. I walked up to the man and apologized. All he wanted from me was the time of day. I quoted the time and chatted with him for a few moments. I found that in his hand was a stack of papers he needed for a meeting. The person he was waiting for was late.

God had stopped me in my tracks. He sent me a messenger, and pointed out to me my injustice. He removed my blinders and gave me a way out. He allowed me an opportunity to say that I was sorry and to change my course.

I am reminded of Saul, who was also on a mission. He had set out to kill as many Christians as he could. A light from Heaven struck him blind and Jesus spoke to him. In Acts 9:17-19, the Lord sent Ananias to Saul. "Then Ananias went to the house and entered it. Pacing his hands on Saul, he said, "Brother Saul, the Lord Jesus, who appeared to you on the road as you were coming here, has sent me so that you may see again and be filled with the Holy Spirit." Immediately, something like scales fell from Saul's eyes, and he could see again. He got up and was baptized, and after taking some food, he regained his strength."

I'm across the street at the coffee shop now writing these words on a tablet I purchased at the drug store. My world looks very different now as I realize everything looks brighter now. I had risen this morning and began my day without my usual prayer time. I was too busy and had too many things to accomplish.

The scene I described at the beginning is not in New England or anywhere you might have guessed. It is in Queens, New York. God surrounds me with His paradise in the least expected places. He is my loving father and all I have to do is believe, remain willing to change, and to talk with Him. It all seems to work out better when I have a positive outlook.

May your world become larger, brighter, and more beautiful today because of your personal relationship with Him.

Your Brother in Christ,

Dennis Perkins  
nothinglikeflyin@aol.com



**Check out our website!**

[www.fredwalk.org](http://www.fredwalk.org)

- Find Community, Board, Walk & Gathering information.
- Post prayer concerns & praises for all of the community to see.
- View and/or download the monthly Newsletter.

**Subscribe to our mailing list!**

Email: [listserv@list.fredwalk.org](mailto:listserv@list.fredwalk.org)

In the email body, type: *subscribe news*

- Receive the monthly Newsletter via email about a week before your copy arrives in the mail.
- Receive other information such as the final Pilgrim roster for each Walk.

**Help keep our mailing costs down!**

Email: [webmaster@fredwalk.org](mailto:webmaster@fredwalk.org)

- Update any changes to your mailing address.
- Opt to just receive an email copy of the Newsletter in lieu of both the electronic & paper copy.

## *Community Volunteers & Board of Directors*

Community Lay Director.....**Mark Lawrence\***

Lead Gatherings & Candlelight

Host Weekend Sponsors' Hour/Closing

Chair Emmaus Board

Chair Pilgrim/Team Selection Committee

Assign Nominating Committee Coordinator

Assistant Community Lay Director .....**Terry Cook\***

Gathering Location Coordinator

Community Spiritual Director .....**Ralph Thomas\***

Treasurer .....**Monica Warne\***

Secretary .....**Sandie Makely\***

Manuals Coordinator .....**Gene Philipp**

Records/By-Laws Historian.....**Gene Philipp**

Communications Coordinator .....**Dennis Warne**

Newsletter .....**Brooke Ferguson**

Database Coordinator .....**John Mann**

Team Registrar .....**Barbara Simpson**

Pilgrim Registrars .....**Pat & Dick Barnett**

Gathering Support Coordinator .....**Jane Carwell\***

Community Music Director .....**Lola McDonald**

Community Baker.....**Kitti Mann**

Childcare Coordinator .....**Vacant**

Music Coordinator for Gatherings.....**Steve Makely\***

Weekend Support Coordinator.....**Brian Lewis**

Comm. Cha Coordinator.....**Richard Warner**

General Agape Coordinator.....**Monica Warne**

Prayer Vigil Coordinators.....**Jane Carwell**

Placemat Coordinator .....**Margaret Filler**

Snack Agape Coordinator.....**Mike Shiflett**

Agape Bag Coordinator .....**Diana Farrar**

Transportation Coordinator .....**Mo Moses**

Supplies Coordinator .....**Wes Pryce**

Fourth Day Packets.....**Rick\* and Susan Dillard**

Fourth Day Coordinator.....**Dick Barnett**

Reunion Group Coordinator .....**Sandy Crossley**

### Additional Board Members

**Mark Dunn\***

**Vonda LiCalzi\***

**Jim Muhlenkamp\***

**Dave Olds\***

**Sharon Smith\***

**Ralph Williams\***

**\*Board of Directors 2006-2007**



### Active Reunion Groups in the Fredericksburg Emmaus Community

#### SUNDAY

**Bethel UMC Men's Group** 7:30 am  
 Bethel UMC  
 Woodbridge  
 Brian Lewis 703-590-9343  
 bb3253@aol.com

**Interested in joining or starting a new reunion group?**

Call Sandy Crossley at 703-221-6977 or email her at [slcrossley13@msn.com](mailto:slcrossley13@msn.com)

#### TUESDAY

**Great Is Thy Faithfulness** 7:30 pm  
 Prince of Peace UMC  
 6299 Token Forest Drive  
 Manassas, VA  
 Lloyd Biller 703-590-1512

**Pastor's Weekly Meeting** 7:30 am  
 Call for location  
 Mark Dunn 540-786-4025

**Lakeside Reunion Group (Men)** 8:00 pm  
 Lake of the Woods – Call for location  
 Vic Larson 540-972-1928

#### WEDNESDAY

**Lord's Lions & Lambs Reunion Group** 6:30 pm  
 First Christian Church  
 Gary Staddan 540-373-7716  
[firstchristianchurch@verizon.net](mailto:firstchristianchurch@verizon.net)

#### THURSDAY

**Amazing Grace Reunion Group** 8:30 pm  
 Hillcrest UMC  
 Ed McAdam 540-898-3625  
[emcadam@cox.net](mailto:emcadam@cox.net)

**His Joyful Croakers** 9:00 am  
 Hillcrest UMC  
 June Riel 540-710-5949

(ALTERNATE THURSDAYS)  
**Rainbow Reunion Group (Women)** 10:00 am  
 Lake of the Woods – Call for location  
 Barbara Miller 540-972-7418

#### FRIDAY

**Koinonia Women's Reunion Group** 9:00 am  
 Lake of the Woods – Call for location  
 Barbara Larson 540-972-1928

**His Seekers (Women)** 7:30 pm  
 Home of Jane Carwell – Woodbridge  
 Sandy Crossley 703-221-6977 or  
 Jane Carwell 703-969-4019

Upper Room Emmaus of the  
Greater Fredericksburg Area  
PO Box 42094  
Fredericksburg, VA 22404

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**RETURN SERVICE REQUESTED**

**Directions to Tappahannock Memorial Church:**

From Fredericksburg: Take U.S. 17 South all the way to Tappahannock.  
Proceed about 4 blocks past the divergence of U.S. 17 and 360. The church is behind  
Lowery's Restaurant on the left.

From Richmond: Take U.S. 360 East from I-295 all the way to Tappahannock,  
from there follow directions above.