

# Upper Room Emmaus

## Of the Greater Fredericksburg Area

Vol. 4

April 2006

### *Men's Emmaus #62*

**Romans 12:1** "In view of God's mercy...offer your bodies as living sacrifices,  
holy and pleasing to God."

*Please pray for our pilgrims & their families:*

Greg Abernathy - Winding Creek Comm Ch  
 Patrick Belsky - Stafford Crossing Comm Ch  
 Roger Brookes - Ambassador for Christ  
 William Cintron - Bethel UMC  
 Billy Curtis - The Church at White Oak  
 Steve Davis - Shepherds UMC  
 Tony Dempsey - Fredericksburg UMC  
 John Dix - Salem Fields Comm Ch  
 Al Doughty - Chancellor Christian  
 John Garman - Bethel UMC – Hanover  
 Matthew Giotis - Bethel UMC  
 Gorenflo - Crossroads Baptist  
 Chris Holdridge - Ebenezer UMC

Lacey Hughes - Good Shepherd UMC  
 Bill Kail - Round Oak Baptist  
 Scott Lester - Stafford Crossing Comm Ch  
 Craig Preston - Fredericksburg UMC  
 Jerry Schrader - Spotswood Baptist  
 Eddie Scruggs - Shepherds UMC  
 Michael Selph - Bowling Green UMC  
 Abraham Thomas - No Longer Forsaken Int Min  
 Wilfred Usher - Maranatha SDA Church  
 Ward Warren - Spotsy Presbyterian  
 Raymond Washington - Tacoma Bapt Ch Louis  
 John Wilson - Shepherds UMC

*Please pray for our team & their families:*

Mo Moses .....Lay Director  
 Dennis Warne .....Assistant Lay Director (Thu)  
 Rick Dillard .....Assistant Lay Director (Fri)  
 Bob Bonshire .....Assistant Lay Director (Sat)  
 Pete Schatz.....Assistant Lay Director (Sun)  
 Ralph Thomas.....Spiritual Director  
 James Arkord.....Assistant Spiritual Director  
 Bill Curtis.....Assistant Spiritual Director  
 Lynn Wilbur.....Assistant Spiritual Director  
 Bill Walker.....Music Director  
 Vic Larson .....Head Cha

Rocky Warner.....Board Rep

#### **Team Members:**

Ron Bennett           Fredy Calderon  
 Mike Cook            Tony Fortune  
 Ken Hinkle            Keith Lauer  
 Mark Lawrence        Steve Makely  
 Ed McAdam            Bill Moore  
 Dave Olds             Ken Roark  
 Mike Remington       Randy Ross  
 Derek Sharp            Shane Smith  
 Harry Tillman

### Schedule for Men's Emmaus #62

Date	Time	Activity at Camp Happyland
Thur. 3/30/06	6:30 – 7:00 pm	Pilgrim check-in followed by Sponsor's Hour
Sat. 4/1/06	7:30 pm	Candlelight – Community will gather for praise, Communion & fellowship. Please bring flowers for the team to use Sunday morning!
Sun. 4/2/06	4:00 pm*	Closing Service

**\*Please note change of time**

## *From the Community Lay Director...*

*“Now faith is being sure of what we hope for and certain of what we do not see.” Hebrews 11:1*

Have you ever felt that you were living your life in a dense fog? Your eyes seem clouded and your ears muffled. You blink and press your hands against your eyes, hoping to clear your vision. You cup your hand behind your ear and listen carefully, straining for any hint of sound. You think there is something beyond the fog – you certainly want to believe that there is something beyond the fog – but, try as you will, you cannot see anything out there. So you take a deep breath, say a prayer, and take a small step – then another – then another – all the while holding on tightly to the promises of God. You walk by faith rather than by sight.

The eleventh chapter of Hebrews is all about walking by faith. Verse after verse begins with the words; “By faith . . .” The writer acknowledges and commends the faith of Noah, Abraham, Moses, Rahab, David, and many others. None of these men and women could see what was out there. They discovered that not everything that happened to them was what they had planned or anticipated. Yet they persevered through ridicule, uncertainty, persecution, danger, bad decisions and sometimes despair. They held on tightly to the promises of God and acted on the certainty of a joyous future they could not see.

If you find yourself in a fog, take comfort in the certainty that there is a joyous future for all who place their trust in Christ. Take comfort, too, in these examples of faith that were left for us by the writer of Hebrews so that we might be strengthened and persevere through the fog into the bright, shining light of Christ and everlasting life in His presence.

*Turn your eyes upon Jesus,  
Look full in His wonderful face,  
And the things of earth will grow strangely dim,  
In the light of His glory and grace.*

De Colores,  
Rosemary Blankenship

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## *Praises & Petitions*

### **PRAISES:**

Randy, my sons, my Emmaus family  
Jackie's steady recovery  
40-50 people saved during a recent revival  
The return of good health for my son  
Improvement in my Father's physical therapy  
The Emmaus community and all it stands for in Christ

Being able to withstand some hard trials  
The way the Lord has provided  
Daily blessing of the Lord  
Each day God keeps my Mom healthy  
God's sustaining love and grace  
My E-62 brothers

## *Praises & Petitions continued...*

### PETITIONS:

Sister-in-law Delores  
Family  
Humanity  
Workload  
Bethel UMC  
My son Charles  
Brian  
Pastor David's health  
Aaron – job  
Josh – cancer  
Ron – cancer  
Sam  
My husband Bill  
My church  
The Mann family  
Jim and Jackie  
Family struggles  
My youth group

My sister Delores for test results  
My love for Jesus to grow & grow  
Decisions concerning the church  
Pastor John – health and job  
Staci, an 18 year old with cancer  
Mary's kidneys and rotator cuff  
Uncle Skip's cancer surgery  
Rosemary's mother  
Salvation for brother Todd  
Wife Linnea's health  
A son's salvation  
My husband's health  
Barbara's grandmother and mother  
Lonnie – back problems  
New job responsibilities  
Jill and Lynn and their families  
Jesse going through a divorce  
Epiphany #13 – team needed

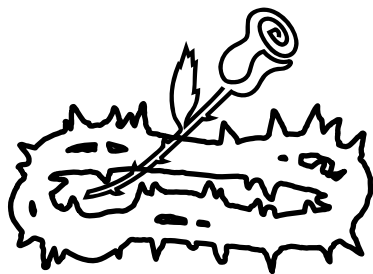
Chrysalis – Board and youth  
Youth and difficult decisions  
Bill, Mara, Paul, Ben  
First Christian Church  
Carter – prostate and bladder cancer  
Going back to work after surgery  
Everyone sick or hurt  
Families of loved ones who are ill  
Healing for my father Anastacio  
The team and pilgrims of E-62 and E-63  
My wife as she cares for her mother  
My family to all become Christian  
My mother & father-in-law  
Salvation for sister and nieces  
My son and daughter's salvation

Abused and neglected children everywhere  
Jackie to be blessed with continued healing  
Jim with continued loving care for Jackie  
Salvation for my children and grandchildren  
College kids during midterms and spring break  
Josh and Justin recovering from alcohol and drugs  
Mickey, Winnie, John, Steve E. and Steve D  
Our sons and daughters, our youth, Chrysalis  
My decision to retire and answer God's call  
Therese as she contends with breast cancer

Gene that he will turn his life over to God  
My granddad Willard, Martha, Carole  
Sophia Tillapaugh for continued healing  
My husband and his weekend coming up as a leader  
Little Wayne's endurance of an incurable disease  
Strength for the journey of the upcoming walks  
Safety for Lindsey and new recruits in Army training  
Salvation and deliverance for friend Paula  
Stacy's brother for physical and spiritual healing

Guidance and closer relationship with Christ for Reymar  
Me to continue in my much needed exercise program  
For me to better understand what God wants me to do  
John that his frame of mind continues to be good after suffering 3 years ALS  
God to keep his hand on my life as I struggle with the forces of evil  
Stacey for her family and especially baby Laura with medical problems  
Our daughter, her husband, and our grandson as they deal with grief and disappointment of a miscarriage. We pray, if it is God's will, that a healthy pregnancy will occur soon.  
Meagan, daughter of Lou and Kim, with a serious health problem  
My daughter and her fiancé as they may become instant parents of his 4 year old niece  
God's presence with me as I go through chemotherapy, surgery, and more chemo  
The Fox family for the death of John who was killed in Iraq  
My brother Glenn whose divorce is final – may God's spirit be upon him as he goes through this difficult time.  
Carolyn & Sean that they will turn their lives over to God and let Him take care of justice for them  
My 6-month-old great grandson to be healed of his congestion and cold so he can have his minor surgery  
A friend who is having trouble putting God first in her life and has other needs  
Jesus would be allowed to return to our public school system





## Woman's Emmaus #63 Team

*And let the beauty of the Lord our God be upon us, And establish the work of our hands.*

*Psalm 90:17*

Debbie Avis - Woodbridge Christian  
 Sandra Coney - Tower of Deliverance  
 Kate Cook - Beaverdam UMC  
 Terry Cook - Fredericksburg UMC  
 Sandra Crossley - All Saints Episcopal  
 Terri Davies - Chancellor Christian  
 Donna Devericks - Fairview Baptist Ch  
 Debbie Devine - Lake of the Woods  
 Susan Dillard - Chancellor Christian  
 Christopher Fair - Antioch UMC  
 Cindy Flickinger - Ebenezer UMC  
 Maria Fortune - Shepherd's UMC  
 Kathryn Gorenflo - Fishersville Baptist Ch  
 Dawn Kendall - Fredericksburg UMC  
 Jody Lewandowski - Fredericksburg UMC  
 Vonda LiCalzi - Prince of Peace UMC  
 Sandie Makely - Trinity UMC  
 Lola McDonald - Woodbridge Christian  
 Becky Patrick - Fairview Baptist Ch  
 Susan Perkins - Prince of Peace UMC  
 Dianne Philipp - First Christian Church  
 LaZalia Richardson - Shilo Bapt New Site  
 Gary Staddan - First Christian Church  
 Mary Sudduth - Ebenezer UMC  
 Becky Thode - Chancellor Christian  
 Charles Tillapaugh - Wrights Chapel UMC  
 Christine Tillman - Stafford Crossing  
 Monica Warne - First Christian Church  
 Monica Weadon - Fairview Baptist Ch  
 Sandy Williams - Fairview Baptist Ch  
 Valerie Wiss - Fairview Baptist Ch  
 Sandy Yates - Fairview Baptist Ch

Music Team & "Grow through Study" Talk on Sat  
 Asst. Table Leader at Indubitable Iris Table & "Body of Christ" Talk on Sun  
 Asst. Table Leader at Laudable Lily Table & reading John 14:1-14 on Thur  
 Board Rep and reading Psalm 51: 10-17 on Sat  
 Table Leader at Cherishing Crocus Table & "Changing our World" Talk on Sun  
 Asst. Table Leader at Trusting Tulip Table & reading Joshua 24:14-15 on Fri  
 Asst. Table Leader at Cherishing Crocus Table & Luke 24:13-25 on Thur  
 Cha Coordinator & reading Acts 1:1-8 on Fri  
 Asst. Cha Coordinator & "Life of Piety" Talk on Fri  
 Spiritual Director & "Prevenient Grace" Talk on Fri  
 Music Team & reading Ecclesiastes 3:1-15 on Sat  
 Music Team & reading Prayer of St. Francis on Sun  
 Spiritual Director & "Obstacles to Grace" Talk on Sat  
 Table Angel & reading Psalm 23 on Sun  
 Sat ALD & "Priesthood of all Believers" Talk on Fri  
 Fri Asst. Lay Director, reading "Who, Me?" on Sun & Teaming Talk at DDU  
 Weekend Lay Director & "Perseverance" Talk on Sun  
 Lead Music Director & telling DeColores Story on Friday  
 Table Leader at Indubitable Iris Table & "Discipleship" Talk on Sat  
 Table Leader at Trusting Tulip Table & "Grouping" Talk at DDU  
 Sun ALD & "Priority" Talk on Fri  
 Asst. Table Leader at Determined Daisy Table & "Christian Action" Talk on Sat  
 Spiritual Director & "Justifying Grace" Talk on Fri  
 Asst. Table Leader at Victorious Violet Table & reading Psalm 62 on Thur  
 Table Leader at Victorious Violet Table & "Lord, I Have Time" on Sat  
 Lead Spiritual Director, "Means of Grace" on Sat & "Sanctifying Grace" on Sun  
 Table Angel & reading "Please Hear What I'm Not Saying" on Sat  
 Asst. Lay Director for Thur & "Fourth Day" Talk on Sun  
 Table Leader at Determined Daisy Table & reading 1 John 1:5-9 on Sat  
 Table Leader at Laudable Lily Table & "History" Talk at DDU  
 Co-Agape Coordinator & reading Romans 8:31-39 on Sat  
 Co-Agape Coordinator & reading Psalm 100 on Sun

### Schedule for Women's Emmaus #63

Date	Time	Activity at Camp Happyland
Thur. 5/4/06	6:30 – 7:00 pm	Pilgrim check-in followed by Sponsor's Hour
Sat. 5/6/06	7:30 pm	Candlelight – Community will gather for praise, Communion & fellowship. Please bring flowers for the team to use Sunday morning!
Sun. 5/7/06	4:00 pm*	Closing Service

**\*Please note change of time**

## Cha Training

Think of us in this way,  
as servants of Christ  
and stewards of  
God's mysteries.



**All service to the community should be done with our Purpose in mind.**

### Our Purpose:

**From the Upper Room:** The Walk to Emmaus is a spiritual renewal program intended to *strengthen the local church* through the *development of Christian disciples and leaders*. The program's approach seriously considers the model of Christ's servant hood and encourages Christ's disciples to act in ways appropriate to being "a servant of all."

**From our By-Laws:** The purpose of the Fredericksburg Emmaus shall be to *inspire, challenge, and equip church members for Christian* action, in their homes, churches, places of work, and the world community through the Emmaus experience.

Our goal, our common goal is to have pilgrims attend a weekend and to have the best experience possible from doing so. Where we have problems is that we sometimes disagree on the way that should be done. I am going to take much of my material from the Emmaus manual because, even though we may not agree with it, the people who wrote it have had a lot of experience in putting on weekends and working with large groups of diverse people.

The very thing that makes Emmaus wonderful, the diversity of its people, is also the very thing that can cause deep disagreements. So please listen to my heart. We are not trying to make a bunch of rules. We as a board do not want to legislate the community to death. But we want to educate it to life. I take this as my mandate. The things I am about to outline are not hard fast rules; they are suggestions to help the whole community toward our purposes and goals.

Remember that people that are giving behind the scenes support are channels of grace and love. Your behind the scene service is an offering of living agape. The basic guideline for persons serving in any support role is to serve humbly, selflessly and invisibly, insofar as that is possible. These roles are exercises in anonymous servant hood. While the roles bring great personal satisfaction and are among the favorite avenues of service, they are not occasions for outward recognition by the team or by the pilgrims. The reward for these acts of service comes in giving and the reward is great.

It is suggested that Chas keep their contact with pilgrims in the dining hall in the role of servants. Interaction should be kept to a minimum, and should only be initiated by the pilgrims. Having said that, the manual also says the staff should be kind, courteous, warm and cheerful. So when spoken to, you do not respond by saying, "I'm not allowed to talk to you". What they are trying to avoid is having a cha trying to start a conversation by saying something like... "How is your weekend going?" Everyone has a different response to a weekend. We don't want a pilgrim to be made uncomfortable if they are not having "a good time".

Another issue that comes up on a weekend is that some people are not comfortable being served. They want to get their own water or their own brownie. Do not slap the pilgrim's hand and tell them they can't do that! You might smile and say, "It is my privilege to be here to serve you, may I bring you something?"

Another item is volunteering to cha while a spouse, family member, or a pilgrim you have sponsored is on a weekend. The manual simply states that this should be discouraged, however if you want to serve you should talk to the cha coordinator and see if you can serve in areas where you will not be seen. The purpose of this is to avoid distractions and to allow the pilgrim to have their own experience on the weekend. Then they would not feel the need to respond to activities a certain way to please a spouse or sponsor.

## Cha Training continued...

I will remind you that this should go for Team members as well or even more so. Many times during weekends I have witnessed ALDs needing to go and drag table leaders out of the dining room away from their families so the weekend could continue. This is not appropriate for team members to be talking to and hugging on family members in the presence of pilgrims who are cloistered from their families. Nor is it appropriate to delay the schedule for such things.

There is no childcare provided for Chas, so if you bring children with you they should be old enough to be responsible for themselves and respectful of the environment they are in.

Again remember that these are guidelines designed to help us have the best weekend possible.

Come with a willing heart, open hands and a servant attitude. Keep your purpose in mind and in front of you. The reminder What Would Jesus Do is appropriate here.

Mark Lawrence



## LIFE CHANGE AT DAWN!

She arose before dawn, dressed, gathered her spices, and began the long walk. Soon other women such as Mary, the mother of James; Salome and Joanne joined her on the journey through the narrow, winding streets of Jerusalem. They traveled through the city gate, across the Kidron Valley and into the garden. How would the stone be moved aside? They arrived at the garden tomb before dawn.

Mary Magdalene had witnessed the death of her Lord and friend who had performed miracles, upbraided the religious leaders, raised the dead and feared no man. She had seen the limp body, covered with blood and dirt, taken gently from the cross. At a distance she had traced the steps of Joseph of Arimathea and Nicodemus to the tomb. Seemingly Mary's world had totally collapsed. There was no hope.

Fortunately the stone had been rolled away. Unfortunately there was no body. Who took it? A visit by Peter and John to the tomb confirmed it to be empty, but did not produce a body. They went home.

Mary Magdalene, either now alone or the leader of the group, stood perplexed by the open grave with tears streaming down her cheeks. Two angels appeared from nowhere and one asked the penetrating question: "Why do you seek the living among the dead?" Soon, thereafter, she saw another figure whom she mistook to be the gardener. They talked briefly. In the next moment her life was changed forever! She would never be the same! Her gloom, depression and bereavement were replaced by the experience of the resurrection! Unspeakable joy was instantaneously hers! Radiance filled her soul! Her heart bubbled over! The Master had come back to life! Her Lord was alive forever more!

It is interesting to note that Jesus had actually been out of the tomb for an hour or two prior to this life changing face-to-face confrontation. However, the resurrection of Jesus was meaningless until she saw with her own eyes. He was dead as far as she was concerned until that meeting. Friend, have you experienced the risen Christ or is He still dead for you?



May her experience be ours,

Gary  
Community Spiritual Director

Dear Brothers and Sisters in Christ,

Have you ever seen the cartoon with the two buzzards sitting on a tree limb? One says to other, "Hey Mac, do you think we will ever eat again?" Mac replies with encouragement, "You have to have patience Lenny, and a meal will come along." Lenny thinks for a moment and replies, "Forget about patience, I am going to Taco Bell!"

Isn't waiting the worst? It seems we all have to wait for something every day. We go to work in the morning and wait for traffic lights and traffic to move. We wait in line at the store for a cashier to ring up our purchases. We wait for phone calls, emails, cards, and letters. We wait for news. We take an aspirin for a headache and have to wait for that to work. It seems unfair. In this day of, "Having it my way," and "instant gratification," one would think that someone would create a way to cut out some of the waiting.

When I began working for an airline, I was informed that I would have to work nights, weekends, and even holidays. I really wanted this job, so I accepted the terms willingly. The idea of working a holiday did not seem appealing, but I figured that I would celebrate with my wife and family the day before or after the holiday. I had to tell myself that it would not bother me to be away on a holiday. It was just another day.



The 2002 Christmas season was in full swing. Our home was completely decorated, including the family Christmas tree. The presents were under the tree. It was Christmas Eve, and holiday plans were in motion. My wife, Susan and I were both at home and we were finishing last minute preparations.

Then the phone rang! I had almost forgotten I was on call. Picking up the receiver, I pressed it to my ear and heard, "This is airline scheduling. I have a four-trip for you Mr. Perkins, and it begins in two hours." My heart sank as I acknowledged the caller. I watched as disappointment spread across Susan's face. In shock and disbelief, I put on my uniform, grabbed my flight bags, and headed for the airport.

Once in the airport crew-room, I heard the story of how the flight attendant I was replacing had become sick on the airplane and had to leave by ambulance. Some said it was food poisoning and others said it was a severe case of the flu. I was a little envious as I watched my co-workers clocking out to leave for the holiday.

That night, I sat in my hotel room thinking about what everyone was doing back home. They would be crowded around the television in the family room, watching Christmas movies. They would begin with "The Christmas Story" and "Nester the Long Eared Donkey." Afterwards, they would all mimic the puppets, as they watched, "Emmett Otter's Jug Band Christmas." I always pretended I did not like Emmett Otter, but it has grown on me throughout the years. I missed being at church as the Christ candle is lit and voices in unison sing "Silent Night." Engulfed in sadness, I turned out the lights.

I awoke and realized instantly it was Christmas morning! It was too quiet! There were no excited children running and yelling. There was no smell of "Monkey Bread," baking in the oven. There was no nudge on the shoulder or kiss on the cheek to waken me saying, "Merry Christmas Dennis." It was just me. I was alone, and it was time to get ready for work. A voice inside me screamed, "Wait a minute! This is not fair. People do not work on Christmas Day! I have never worked on Christmas."

As I was getting dressed, I envisioned everyone sitting around the tree, opening presents. I wanted to be there. I wanted to see the faces of everyone as they opened their gifts; and I must confess, I wanted to open the ones that I knew were for me. Once again, the silent voice echoed, "How am I going to wait three more days?"

It was a busy day. Most of the North and East Coast was blanketed in snow. There were high winds that tossed the small aircraft without mercy. Flights were delayed, but none were canceled. The airline had a hot dinner for all of us to enjoy in the crew-room, and I pretended to be sitting at home with everyone around the table, as I ate turkey, gravy, stuffing, cranberry sauce, and mashed potatoes. I tried to disguise the fact that I was home sick.

Days seemed like weeks as I worked the additional flight days. Even though I enjoy flying and working as a flight attendant, I could not escape the sick feeling just below the surface. I felt like a hole had formed in my chest, and it was rapidly growing.

Finally, the fourth day of ups and downs was over. It was time to go home. I was ecstatic to see everyone and to be home. In my joy, I also realized that time spent away from family and friends cannot be replaced. I realized then how important it is to have a good relationship with my family, my wife, and with God. These relationships withstand the test of time. I need to be prepared and ready at all times. I need to make the best out of the time I have with them.

In Luke 35-40, the bible talks about waiting and being ready: "Be dressed ready for service and keep your lamps burning, like men waiting for their master to return from a wedding banquet, so that when he comes and knocks they can immediately open the door for him.

It will be good for those servants whose master finds them watching when he comes. I tell you

the truth, he will dress himself to serve, will have them recline at the table and will come and wait on them. It will be good for those servants whose master finds them ready, even

if he comes in the second or third watch of the night. But understand this: If the owner of the house had known at what hour the thief was coming, he would not have let his house be broken into. You also must be ready, because the Son of Man will come at an hour when you do not expect him."

I imagine when Jesus called His disciples, they also longed for home. By example Jesus taught them to serve and teach others to be ready while they waited. Are you ready or just dreading the wait?

Your Brother in Christ,

Dennis Perkins  
nothinglikeflyin@aol.com

## The next Gathering

(Second Saturday each month)

**When:** April 8th, 2006  
**Where:** First Christian Church  
**Time:** Gathering at 6:15 pm  
 Fellowship Time at 5:30 pm  
 Board will meet at 3:30 pm

**Please bring snack food to share during fellowship time**

May Newsletter  
Submissions Deadline is  
4/15/06

Please send to:  
 brooke@fergumungus.com



# Board News...

The Board of Directors met on March 11, 2006, at 3:30 pm. Gary Staddan led in opening devotion and prayer. Diana Shiflett presented the minutes of the February meeting and the minutes were approved. Monica Warne presented the finance report. The operating fund shows a deficit of \$1,987.73. This deficit is due in part to the cancellation of the February gathering and the deposits paid to Camp Happyland for the 2006 walks.

All board members signed the letter of agreement for 2006 with The Upper Room, necessary to conduct the Walk to Emmaus.

The nominating committee is working on a slate of candidates for the May election. Names of nominees appear elsewhere in this newsletter. Nominations will also be taken from the floor at the April gathering.

The board received a report from the 4<sup>th</sup> Day Ministry team. The team is taking a look at the current DDU program and will make recommendations to the board on ways to make DDU more effective. The team is also continuing to work with the pastor survey initiative.

The May and June gatherings will be at Hillcrest United Methodist Church.

## \*\*\*UPCOMING WEEKENDS\*\*\*

Walk #	Dates	Lay Director
Emmaus 62 (M)	March 30 – April 2, 2006	Mo Moses
Emmaus 63 (W)	May 4 – May 7, 2006	Sandie Makely
Emmaus 64 (M)	Oct 5 – Oct 8, 2006	Dennis Warne
Emmaus 65 (W)	Nov 9 – Nov 12, 2006	Monica Warne

Please visit the Fredericksburg Emmaus Community's new website. The address is <http://fredwalk.org>. You'll find lots of information about our Community and our Walks. You'll be able to interactively post your prayer concerns and praises for the entire community to see.

We are now posting the monthly Newsletters on the website so you may download them at any time.

We would also encourage you to sign up for the Community's mailing list. When you do, you'll receive the monthly Newsletter via email and you'll be able to read it about a week before the regular copy arrives in the mail. Signing up for email delivery won't stop your paper copy unless you request us to stop. You will also receive other information such as the final Pilgrim roster for each Walk.

To subscribe to our mailing list, send an email to:

[listserv@list.fredwalk.org](mailto:listserv@list.fredwalk.org) <<mailto:listserv@list.fredwalk.org>>

In the body of the email type: *subscribe news*

That's all there is to it. You will be immediately added to the Newsletter mailing list using the email account that you used to subscribe.

## *Community Volunteers & Board of Directors*

**Community Lay Director.....Rosemary Blankenship\***

Lead Gatherings & Candlelight

Host Weekend Sponsors' Hour/Closing

Chair Emmaus Board

Chair Pilgrim/Team Selection Committee

Assign Nominating Committee Coordinator

**Assistant Community Lay Director .....Richard Warner\***

Gathering Location Coordinator

**Community Spiritual Director .....Gary Staddan\***

**Treasurer .....Monica Warne\***

**Secretary .....Diana Shiflett\***

Manuals Coordinator .....Gene Philipp

Records/By-Laws Historian.....Gene Philipp

**Communications Coordinator .....Dennis Warne\***

Newsletter .....Brooke Ferguson

Database Coordinator .....John Mann

Team Registrar .....Barbara Simpson

Pilgrim Registrars .....Pat & Dick Barnett

**Gathering Support Coordinator .....Jane Carwell\***

Community Music Director.....Lola McDonald

Community Baker.....Kitti Mann

Childcare Coordinator .....Vacant

Music Coordinator for Gatherings.....Steve Makely\*

**Weekend Support Coordinator.....Brian Lewis**

Comm. Cha Coordinator.....Richard Warner

General Agape Coordinator.....Monica Warner

Prayer Vigil Coordinators.....Jane Carwell

Placemat Coordinator .....Margaret Filler

Snack Agape Coordinator.....Mike Shiflett\*

Agape Bag Coordinator .....Diana Farrar

Transportation Coordinator .....Mo Moses

Supplies Coordinator .....Wes Pryce

Fourth Day Packets.....Rick and Susan Dillard

Fourth Day Coordinator.....Dick Barnett

Reunion Group Coordinator .....Sandy Crossley

### **Additional Board Members**

**Terry Cook\***

**Mark Dunn\***

**Keith Lauer\***

**Vonda LiCalzi\***

**Mark Lawrence\***

**Ralph Thomas\***

**\*Board of Directors 2005-2006**

# Active Reunion Groups in the Fredericksburg Emmaus Community

## SUNDAY

**Bethel UMC Men's Group** 7:30 am  
 Bethel UMC  
 Woodbridge  
 Brian Lewis 703-590-9343  
 bb3253@aol.com

**Interested in joining or starting a new reunion group?**

Call Sandy Crossley at 703-221-6977 or email her at [slcrossley13@msn.com](mailto:slcrossley13@msn.com)

## TUESDAY

**Great Is Thy Faithfulness** 7:30 pm  
 Prince of Peace UMC  
 6299 Token Forest Drive  
 Manassas, VA  
 Lloyd Biller 703-590-1512

**Pastor's Weekly Meeting** 7:30 am  
 Call for location  
 Mark Dunn 540-786-4025

**Lakeside Reunion Group (Men)** 8:00 pm  
 Lake of the Woods – Call for location  
 Vic Larson 540-972-1928

## WEDNESDAY

**Lord's Lions & Lambs Reunion Group** 6:30 pm  
 First Christian Church  
 Gary Staddan 540-373-7716  
[firstchristianchurch@verizon.net](mailto:firstchristianchurch@verizon.net)

## THURSDAY

**Amazing Grace Reunion Group** 8:30 pm  
 Hillcrest UMC  
 Ed McAdam 540-898-3625  
[emcadam@cox.net](mailto:emcadam@cox.net)

**His Joyful Croakers** 9:00 am  
 Hillcrest UMC  
 June Riel 540-710-5949

(ALTERNATE THURSDAYS)  
**Rainbow Reunion Group (Women)** 10:00 am  
 Lake of the Woods – Call for location  
 Barbara Miller 540-972-7418

## FRIDAY

**Koinonia Women's Reunion Group** 9:00 am  
 Lake of the Woods – Call for location  
 Barbara Larson 540-972-1928

**His Seekers (Women)** 7:30 pm  
 Home of Jane Carwell – Woodbridge  
 Sandy Crossley 703-221-6977 or  
 Jane Carwell 703-969-4019

Upper Room Emmaus of the  
Greater Fredericksburg Area  
PO Box 42094  
Fredericksburg, VA 22404

NON-PROFIT ORG.  
U.S. POSTAGE PAID  
FREDERICKSBURG, VIRGINIA  
PERMIT NO. 347

**RETURN SERVICE REQUESTED**

**Directions to Camp Happyland:**

21457 Happyland Drive  
Richardsville, VA 22736

From Central Park in Fburg: Drive 7.5 miles west on Route 3. Turn right (North) on Route 610, Elys Ford Road. Drive 9 miles north on Route 610. Just prior to the green Richardsville sign, turn right (East) on Route 619, Richards Ferry Road. Drive 1.3 miles to Happyland Drive. You will see a large Camp Happyland sign on the right side of the road. Turn right into the Camp and proceed to the parking area. Total distance from Central Park is about 18 miles.

**Directions to First Christian Church:**

1501 Washington Avenue  
Fredericksburg, VA 22407  
Phone: 540-373-7716

From I-95: Take Exit 130-A heading East on Route 3 and follow under the Route 1 Overpass. Turn left at the next light onto William St. Continue on William thru three lights before turning left onto Washington Ave at the Old City & Confederate Cemetery. First Christian Church will be three blocks down on your right.