

# Upper Room Emmaus

## of the Greater Fredericksburg Area

Vol. 6

June 2005

## PLAN ON ATTENDING THE DAY OF DEEPER UNDERSTANDING

A Day of Deeper Understanding will be held on Saturday, June 11<sup>th</sup>, 2005 beginning at 3:30 pm at Tower of Deliverance Church.

Sponsors and their pilgrims who have walked and not yet attended a DDU are encouraged to attend. Please remember that you must attend a DDU before you can sponsor a pilgrim or team.

A pot luck dinner will held after the DDU and before the Gathering. Community members should bring a dish to share but new pilgrims are our guests at dinner.

Plan on attending this important meeting and gathering to welcome our newest pilgrims!

### The Next Gathering & DDU



When: June 11, 2005

Where: Tower of Deliverance

Time: DDU begins at 3:30  
Gathering at 6:45 PM

Covered Dish Dinner at 6:30 PM  
Bring some food to share!

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## "The Covenant"

*"And God is able to provide you with every blessing in abundance, so that by always having enough of everything, you may share abundantly in every good work." 2 Corinthians 9:8*



"Christ is counting on you!"

As these words are spoken, a cross is placed around my neck. Images from the last three days crowd my thoughts. So many things have happened, so many changes. I need some time to sort it out. But as I kneel, those words are still ringing in my ears... "Christ is counting on you!"

"What more can you expect of me? I have nothing left to offer. I need some time to reflect on all that has happened. I'm not worthy."

I feel a hand on my forehead. "I anoint you with oil with the sign of the cross." "Don't they understand, I'm just not ready?"

Hands are laid on my shoulders, on my head, on my arms. Hands from people I met only three days prior. They press down firmly and I draw strength and reassurance from them. "Lord, did you send them to me for just this moment?"

And then, as if from a distance, I hear my name lifted up in prayer. More memories from the Walk. Prayers as we began; the 72 hour prayer vigil; prayers for the Pilgrims during each of the Talks; prayers we sang before and after meals; prayers in the Chapel; and prayers from my Sponsor, holding the cross that is now around my neck. The prayers are for me. "Lord, thank you for your blessings and for providing all that I need." They are praying for me!

When the prayer is over, those same hands that were just now pressed on my shoulders are lifting me to my feet; supporting me as I regain my balance. For a moment, they continue their support and affirmation, and in that moment comes the first glimmer of understanding. "And I am counting on Christ!"

*DeColores,*

**John Mann**  
Community Lay Director





# Board News



This has been an exciting Spring with three Walks at a new facility. We seem to have fit right in at Camp Happyland with each Walk going smoother than the previous. For those of you that have made it to the Camp, you may have noticed new buildings going up. There will be brand new lodges by the time we resume our Walks in the Fall. One of the wonderful aspects of Camp Happyland is the wide variety of choices we have in the way we conduct our Walks. God has truly blessed our Community.

The Treasurer, Monica Warne, submitted a report with a balance of \$11,781.71 in the bank as of April 30<sup>th</sup>. This is further broken out as \$6,303.37 in Operating Funds, \$2,599.96 in Scholarship funds and \$2,878.38 from Chrysalis. Monica also reported a cost per individual at Camp Happyland of \$146.79 for our first two Spring Walks. This figure only accounts for the facility costs, but not for Pilgrim fees to the Upper Room and for all of the supplies such as the Crosses and Bibles.

During May, Richard and Cheryl Cronin completed and submitted the IRS Section 501(c)(3) application for our Community. The Board would like to express our appreciation to them for taking on this task. The final package was about half an inch thick! Hopefully, our application will be approved by the time you read this in the Newsletter.

At the Board meeting upcoming Weekend Lay Directors Paul Prewitt and Maria Fortune presented their list of names for perspective Cadre members for E60 and E61, respectively. Both lists were unanimously approved.

The Weekend Lay Director Selection Committee reported to the Board with a prioritized list of potential nominees for the Spring 2006 Walks. We plan on making an announcement at the June Gathering.

The schedule for our remaining Calendar Year 2005 Walks is shown below.

E60 (Men's Walk): Oct. 20-23, 2005  
LD: Paul Prewitt - E29

E61 (Women's Walk): Nov. 10-13, 2005  
LD: Maria Fortune - E32

The following Walk dates at Camp Happyland have been confirmed for 2006:

E62: March 30<sup>th</sup> - April 2<sup>nd</sup>, 2006

E63: April 27<sup>th</sup> - 30<sup>th</sup>, 2006

E64: October 5<sup>th</sup> - 8<sup>th</sup>, 2006

E65: November 9<sup>th</sup> - 12<sup>th</sup>, 2006

For the June Gathering and the Day of Deeper Understanding (DDU), we will meet at the Tower of Deliverance Church on Princess Anne Street in Fredericksburg. The DDU will begin at 3:00 pm and the Gathering at 6:45. In between, we'll have a potluck dinner, so bring lots of food because we are going to fill the Tower of Deliverance!

For July, we will meet at Hillcrest United Methodist Church on Lafayette Boulevard.

May God be with you at all times!

**John Mann,**

Community Lay Director



## Dear Brothers & Sisters in Christ,

One of my favorite experiences of life was baby-sitting for three of my grandchildren in Plano, Texas several years ago. I felt like I got to know them in a way rarely experienced by a grandparent. Not only did I learn their moods, fears, likes, dislikes, games, and talents; but I learned how much I really love children.

As much as children like surprises, they also love to know the plan. In other words, they like to know the order of things and what is expected of them. They like to know they are loved, protected, and cared for.

During the several weeks I spent with them that summer in Texas, their favorite activity was playing in the swimming pool. Jack was just learning how to swim and loved to venture to the deep end. Using a water noodle or holding on to the edge of the pool, he would travel spider-like around the pool. This concerned me, so I had to be vigilant in case he got into trouble.

Jack frequently carried small toys to the pool and practiced diving on the shallow end to retrieve them. One day when he was traveling spider-like around the pool, his arms got tired. He fell back into the deeper water, became scared, and called for my help. I quickly swam over to him as he grabbed my neck. Instead of crying, something else caught his attention. He said, "Look Pop Pop." He was pointing to the trash trap built into the side of the pool. The trap was cleaned from a lid by the pool edge. In the opening, there was a shelf that was not visible unless you were right next to it. I explained the purpose of his discovery, and he asked, "Can this be our secret place?" I

curiously and cautiously answered, "Well, yes Jack." He then asked, "Can I leave one of my toys here, and only you and I will know about it?" He pointed to a little red matchbox car he had been playing with. Trying to be enthusiastic I answered, "Sure, then when you come back to the pool, you can play with it again." Happy with my answer, he sat the tiny red car on the shelf and turned to me and remarked, "It's our secret right?" With that, he held out two fingers, asked me to do the same, and a secret hand shake was born.



Have you ever had a secret place as a child? How about as an adult? Do you have sin in your life that is a secret? It is secret because we think no one knows about it but us. We go about our daily lives hiding and guarding this sin, because no one can find out about it. Disclosure could devastate our lives.

The sad part of this is that we run from God, similar to the way Adam and Eve did after they ate the forbidden fruit. It is also similar to when we were children and did something wrong before our mother found out about it. We avoided her, leaving her to wonder what was the problem. In other words, God knows all about us and everything we do. I believe He is everywhere, all knowing and seeing. He is seeking a relationship with us and is wondering why we are choosing to separate ourselves from Him.

In I John 1:9-10 it is written in the bible, "If we confess our sins, He is faithful and just and will forgive us our sins and purify us from all unrighteousness. If we claim we have not sinned,



we make him out to be a liar and His word has no place in our lives."

The next day it rained, and we could not go to the pool. All that day nothing was said about our secret place. The next day, we went to the pool, and as Jack swam next to me, he opened his clenched hand, flashing me the car. He also flashed me a toothy smile as he laughed and swam away to our secret place.

Jack's Secret Place was about our relationship. Attempting to keep secrets from God is also about relationship, my relationship with God. I believe a relationship with a child in it's purest form is only available to me if I am honest with him, myself and with God. There is freedom in this surrender.

*Your Brother in Christ,*

**Dennis Perkins**

### Fredericksburg Emmaus Board of Directors 2005 - 2006

Blankenship, Rosemary	Community Lay Director
	Asst Com Lay Director
Shiflett, Diana	Secretary
Staddan, Gary	Comm. Spiritual Director
Warne, Monica	Treasurer

Carwell, Jane  
Cook, Terry  
Dunn, Mark  
Lawrence, Mark

LiCalzi, Vonda  
Makely, Steve  
Reed, Joe  
Shiflett, Mike

Shutlock, John  
Thomas, Ralph  
Warner, Richard

## Fredericksburg Emmaus Board of Directors *Farewell and Welcome*

The Board of Directors for the Fredericksburg Emmaus Community is made up of 15 elected members from the Community; six lay men, six lay women and three clergy. We each serve for a three year term and normally five members rotate off each year. Our Community calendar extends from July 1<sup>st</sup> to June 30<sup>th</sup> the following year.

During June, we say goodbye to four members of the Board; myself, Kitti Mann, Ellen Schertz and Dennis Warne. Gary Staddan was also due to step down from the Board but was reelected to fill out the term of another member of the clergy who can no longer serve. I would like to express my sincere appreciation and thanks to those members who are finishing their term this year. Three years is a very long commitment, but they have given generously of their time and energies and have been wonderful in representing the greater Emmaus Community.

During the May Gathering, the following individuals from our Community were elected to the 2005-2006 Board. Congratulations to each of them. Lay Persons: Terry Cook, Vonda LiCalzi, Mark Lawrence and Steve Makely. Clergy: Ralph Thomas and Gary Staddan. We will all be blessed by their service to the Community.

The Board would like to thank all of those who allowed their names to be placed on the ballot. The annual election of new Board members is vital to the health of our Community.

The 2005 - 2006 Board will consist of the following members: Rosemary Blankenship (Community Lay Director), Jane Carwell, Terry Cook, Mark Dunn (Spiritual Director), Mark Lawrence, Vonda LiCalzi, Steve Makely, Joe Reed, Diana Shiflett (Secretary), Mike Shiflett, John Shutlock, Gary Staddan (Community Spiritual Director), Ralph Thomas (Spiritual Director), Monica Warne (Treasurer) and Rocky Warner.

We look forward with great anticipation to the coming year and to the leadership of Rosemary Blankenship as our new Community Lay Director. Please extend your thanks to all of the Board members for their service.

DeColores,

**John Mann**

Community Lay Director





PLEASE REMEMBER  
THESE FRIENDS IN  
**PRAYER**

Healing for Anne  
Unborn grandchild  
My daughter's wedding  
David for his wedding  
Puppet ministry  
Youth of our church  
My marriage  
Job changes  
Epiphany  
Healing for Kathy  
Wife's problems with job

Gerard, Chuck, and Monroe and their call to service

My daughter's allergist appointment  
Aleta having cancer surgery on 6/3  
Brittany, a 16 yr old with brain cancer  
My children to rejoice with me for the Lord  
My husband to spend more time with me and the girls as a family.

My supervisor to have a kinder spirit  
Healthy weight loss  
Disconnected youth  
Myrtle for healing  
Stephanie's anger at God to give way to understanding

The work situation to improve  
My daughter's marriage to be blessed  
Guidance of work direction  
Brian to see Jesus and find direction as he graduates

My husband's search for a new job  
My pastor's health  
My husband and circumstances at home  
Team members of E-59 that God will work through them to show His unconditional love  
Our church in transition as we get a new pastor  
My husband to continue to come back to church and to grow in his relationship with the Lord  
My meeting with a member of S.C.O.R.E. to lead to a manufacturer & patent agent/attorney  
Mother-in-law Ellen  
Older daughter and her sons  
Team and pilgrims of E-59

My daughter's unborn baby girl that God will keep her strong and healthy  
Our Emmaus brother Greg as he undergoes cancer surgery  
Cija, Gir and Zim that they will have a wonderful life in their new home  
Everyone who is taking part in E-59  
The things that are happening in my church  
My precious friend Angel  
My grandsons Tyler & Rocco  
My daughter Melissa & her husband Todd to show good judgment in raising Tyler  
Work decisions for wife and self  
The Lord's will be done in whatever concerns us  
Newlyweds Nathan & Heather for safe return home from Aruba  
Struggling marriages  
Our young people & those called to work with them  
Emily who is recovering from surgery  
Unsaved loved ones  
A friend to find the Lord  
A 93 year old who has had a stroke  
A person losing control of hands  
A wayward son  
Bobby, Pete, John, & Steve  
Family members with health issues  
Our children  
Comfort for Atkins family  
Strength for my grandfather and healing for my grandmother  
Reconciliation for marriages  
Healing for my niece & sister  
Pastor Jean  
Susannah  
Healing in our church family  
Dicky's recovery from cancer  
Fred & Flo's safe journey to Puerto Rico  
Best friend's health  
Our grandson Dylan who has speech problems  
Job decision  
Wisdom & peace for Rehoboth Church's building program



## Prayers Continued . . .

Shepherd UMC as we step out in faith to do  
God's will  
My daughter Lindsey as she prepares for the  
Army reserves  
Bomb threats in Caroline County schools  
The heavy burdens on my husband's heart to  
be lessened  
Matthew to continue to follow Jesus and truly  
accept Him into his heart  
My daughter's graduation from high school  
and the start of a new chapter in her life  
Our granddaughter Brittany with health  
problems  
My mother-in-law Mildred  
Renewed faith in the Lord  
Jill & Lynn and their families  
Jim & Barb whose home was totally burned  
My wife Linda to accept Christ in her life  
Continued healing for Myrtle  
Our children  
Buddy as he deals with his mother's final days  
due to cancer  
My friend Harriett as she adjusts to new  
living arrangements  
Two very special music people and their  
search to do God's will  
Jim who is dealing with medical problems  
Me to listen to God's will and follow Him  
Michael, Heather & family  
Lola - 20 more students  
Salvation for my Aunt Glad & Uncle Ken  
Violeta's health  
The Emmaus family  
My parents Bill & Dona for health relief &  
spiritual peace  
The forgotten, lonely, and those suffering in  
nursing homes  
Mary for comfort  
Stephanie for salvation  
My husband who seems depressed  
Doris to make a full recovery with her  
treatment

Martha in the loss of Ted  
Frank & Joan as they move to Raleigh  
The Lord's Church to find a music minister  
Pastor Pete  
Margaret to stay in good health  
Salvation for Shama  
Mara as she starts a new career  
Nathan & Andrea that God will bless their  
lives together  
Jennifer as she awaits results of an MRI  
Lynette for healing of a rare kidney disease  
Janet for healing from cancer  
My father John  
Caroline County youth  
Our son-in-law to seek God's will for his life  
Laila  
John  
The ladies walking on E-59 to feel the love of  
Jesus and come to know Him even deeper  
My son's problem with alcohol  
Healing of my 91 year old mother's broken  
left hip & wrist  
Healing of our land  
Natalie  
My children  
All our soldiers  
Job for brother-in-law  
Healing from cancer for brother-in-law

For the Word of God  
is sharper than any  
two-edged sword -  
is a lamp unto my feet and  
a light unto my path

**the Bible** 





Three new deacons at The Lord's Church -  
Gerard, Chuck and Monroe  
God drawing me closer to Him  
The Lord looking over me at my job  
What Jesus is doing in my life  
Harry and all his love and support during E-59  
teaming  
The engagement of our daughter Becky  
My daughter's wedding  
My new job  
My wonderful friends and family  
The closeness of the Fredericksburg Emmaus  
community and for the love of God  
Wife's safe return from Australia  
God for the shifting in my life  
My husband coming back to church 3 weeks in  
a row  
Making it to another Emmaus gathering  
Gail & Dan  
Maria & Tony  
John & Kittie  
Friends from Emmaus - there are none better  
God being so faithful  
God's wisdom and direction in my life  
My E-59 pilgrims  
My brother Doug being baptized  
Team E-59 as they serve the Lord  
Intercession for Chris  
My daughter's marriage  
Grace & Drew, my beautiful babies  
Those who serve selflessly  
Answered prayer  
The blessing the Lord gives every day

## INFORMATION CORNER

### Next Gathering

*July 9<sup>th</sup> Hillcrest UMC*

### Date for July Newsletter Submissions

**DEADLINE** for submissions to the  
July newsletter is June 18<sup>th</sup>.  
Please send your articles to editor:  
Barbara Simpson, 9 Lockhart Cir.,  
Fredericksburg, VA 22401.  
Email: bnbsimpson@aol.com

### UPCOMING WEEKENDS

Emmaus 60	Oct. 20 <sup>th</sup> - 23 <sup>rd</sup>
Emmaus 61	Nov. 10 <sup>th</sup> - 13 <sup>th</sup>
Emmaus 62	Mar. 30 <sup>th</sup> - Apr. 2 <sup>nd</sup>
Emmaus 63	Apr. 27 <sup>th</sup> - 30 <sup>th</sup>



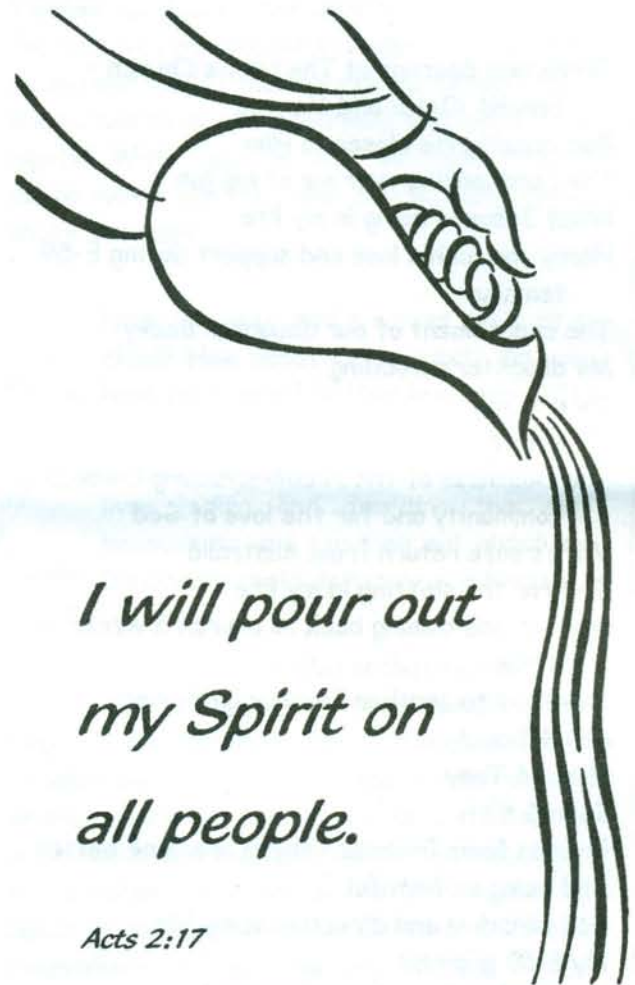
## AGAPE BAGS . . Sew Beautiful!



Remember when you saw your agape bag for the first time? God filled that eye-catching bag with love letters just for you. Will you help make a pilgrim's walk special? You can buy brightly colored rainbow striped fabric (check the craft section at your local fabric store or WalMart), cording, bright shoelaces to donate. Or you can make agape bags; they are sew simple to make (12" wide and 15" tall, please). Say "I'll help!" - just call Diana Farrar at 540-372-7535 or e-mail her at [HRHDiana@juno.com](mailto:HRHDiana@juno.com).

## New Placemat Coordinator

Can you decorate 5 or 10 or 20 or 100 place mats for an upcoming weekend? Maybe you'd like to help, but have no idea how to start or where to get great ideas! Please call Margaret Filler, Place Mat Coordinator at (540) 582-59073 or e-mail her at [mfiller@adelphia.com](mailto:mfiller@adelphia.com) to get set up. You may also buy and donate blank white or solid color place mats. There's room for your gifts at whatever level you choose to serve in the Emmaus place mat ministry.



*I will pour out  
my Spirit on  
all people.*

*Acts 2:17*





## Reunion Groups

Listed below are the reunion groups active in the Fredericksburg Emmaus Community. Please send new group information to Barbara Simpson, editor.

### Great Is Thy Faithfulness

Meets 7:30 PM Tuesdays  
Prince Of Peace UMC  
6299 Token Forest Drive  
Manassas, Virginia  
Contact: Lloyd Biller (703) 590-1512

### Pastor's Weekly Meeting

Meets 7:30 AM Tuesdays  
Rotates - call for location  
Contact: Mark Dunn (540) 786-4025

### Lakeside Reunion Group (Men)

Meets 8:00 PM Tuesdays  
Lake Of the Woods - call for location  
Contact : Vic Larson (540) 972-1928

### Rainbow Reunion Group (Women)

Meets 10:00 AM Alternate Thursdays  
Lake Of the Woods - call for location  
Contact : Barbara Miller (540) 972-7418

### His Seekers (Women)

Meets 7:30 PM Fridays  
Woodbridge - Home of Jane Carwell  
Contact: Sandy Crossley (703) 221-6977 or  
Jane Carwell (703) 969-4019 for directions

### Koinonia Women's Reunion Group

Meets 9:00 AM Fridays  
Lake of the Woods - call for location  
Contact: Barbara Larson (540) 972-1928

### Amazing Grace Reunion Group

Meets 8:30 PM Thursdays  
Hillcrest UMC  
Contact : Ed McAdam (540) 898-3625  
e-mail to emcadam@cox.net

### Bethel UMC Men's Group

Meets 7:30 AM Sundays  
Bethel UMC, Woodbridge  
Contact: Brian Lewis (703) 590-9343  
e-mail to bb3253@AOL.com

### Lord's Lions & Lambs Reunion Group

Meets 6:30 PM Wednesdays  
First Christian Church  
Contact: Gene Philipp (540) 898-4917  
e-mail GeneDiPhil@aol.com

### Remington Gathering

Meets 7:00 PM First Saturday  
Remington UMC  
Every 3<sup>rd</sup> month:  
March, June, September, December  
Contact: Dawn Borja (540) 825-1587 or  
email: dborja@marykay.com

### **Interested in joining or starting a new reunion group?**

Call Sandy Crossley at 703-221-6977 or email  
her at slcrossley13@msn.com